

TABLE 3-3

Components of the Phillippson Gait Cycle

Swing Phase		Stance Phase	
<i>F</i>	<i>E</i> ₁	<i>E</i> ₂	<i>E</i> ₃
Flexion phase as foot is lifted from ground	Extension of limb until foot contacts ground	“Yield” phase as foot contacts ground and supports body	Propulsive phase as limb extends and propels body into space