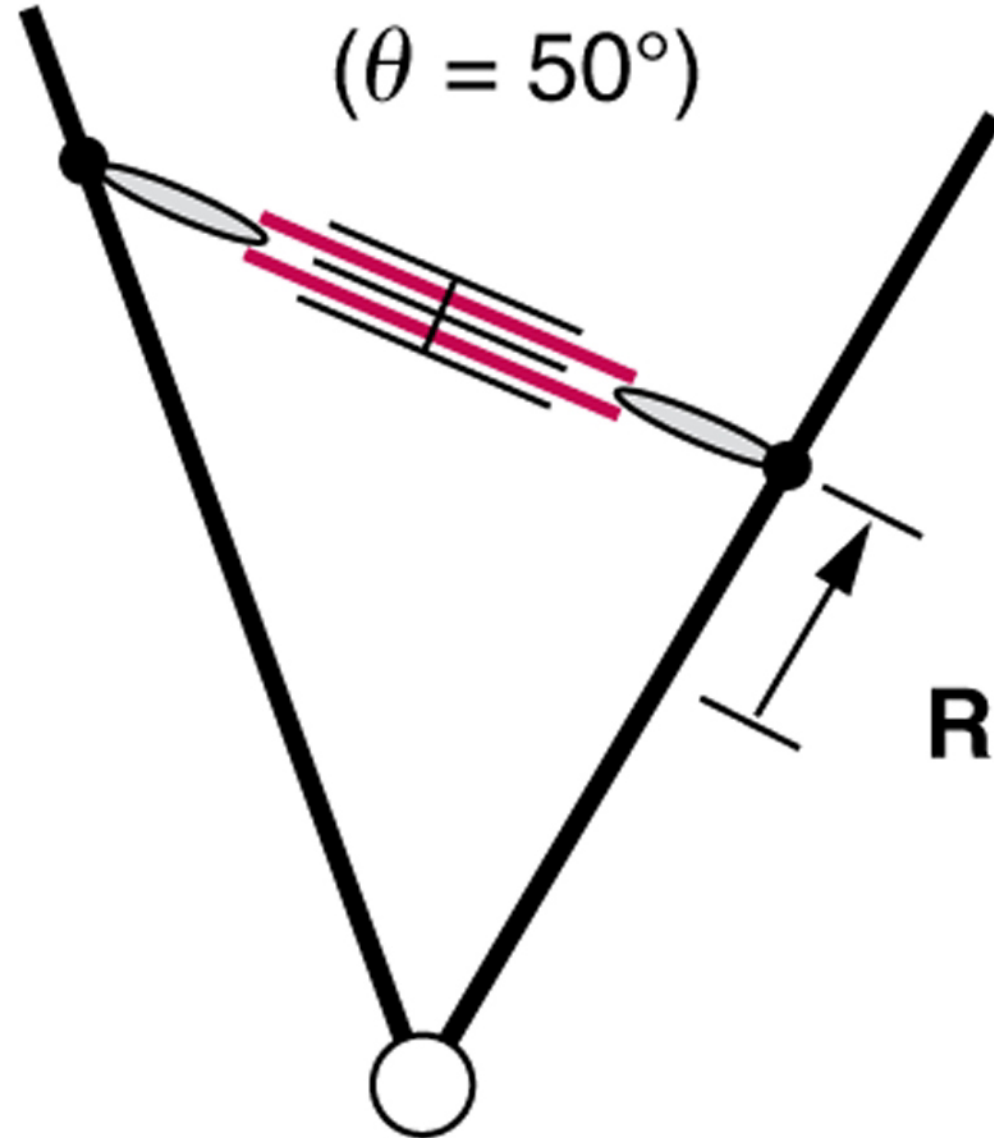


Long Moment Arm

Full Flexion
($\theta = 50^\circ$)



Full Extension
($\theta = 75^\circ$)

