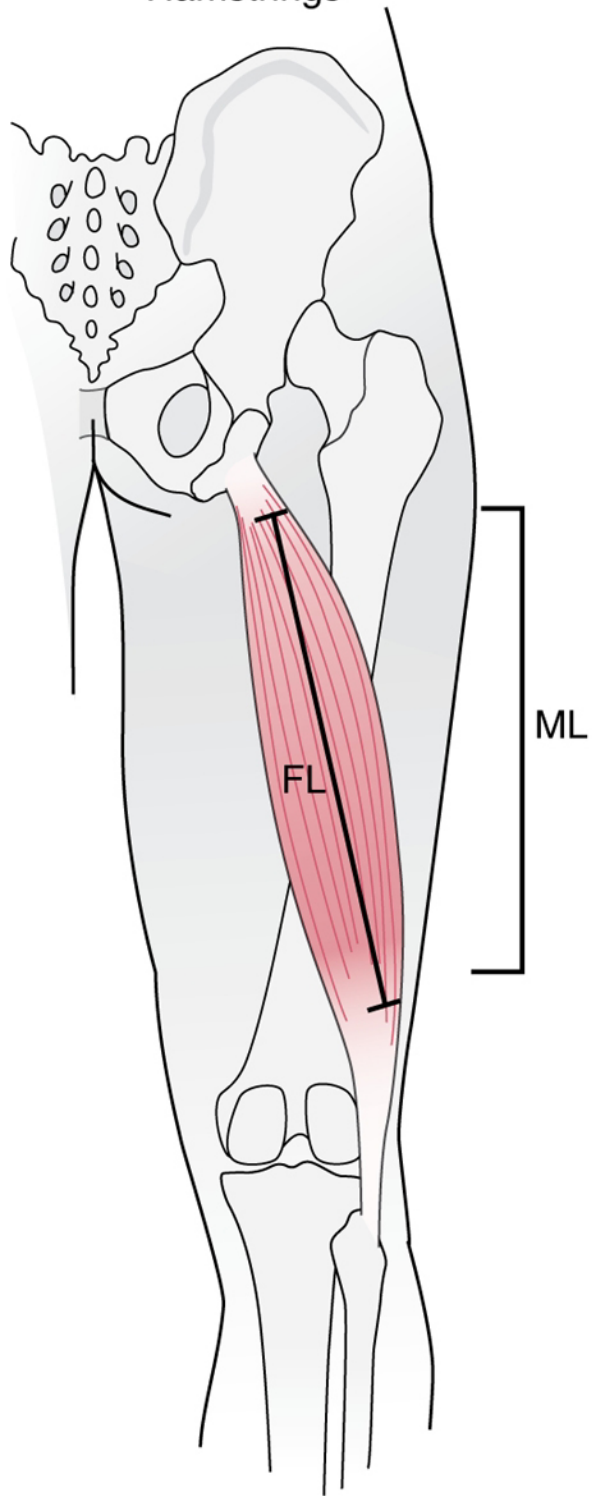
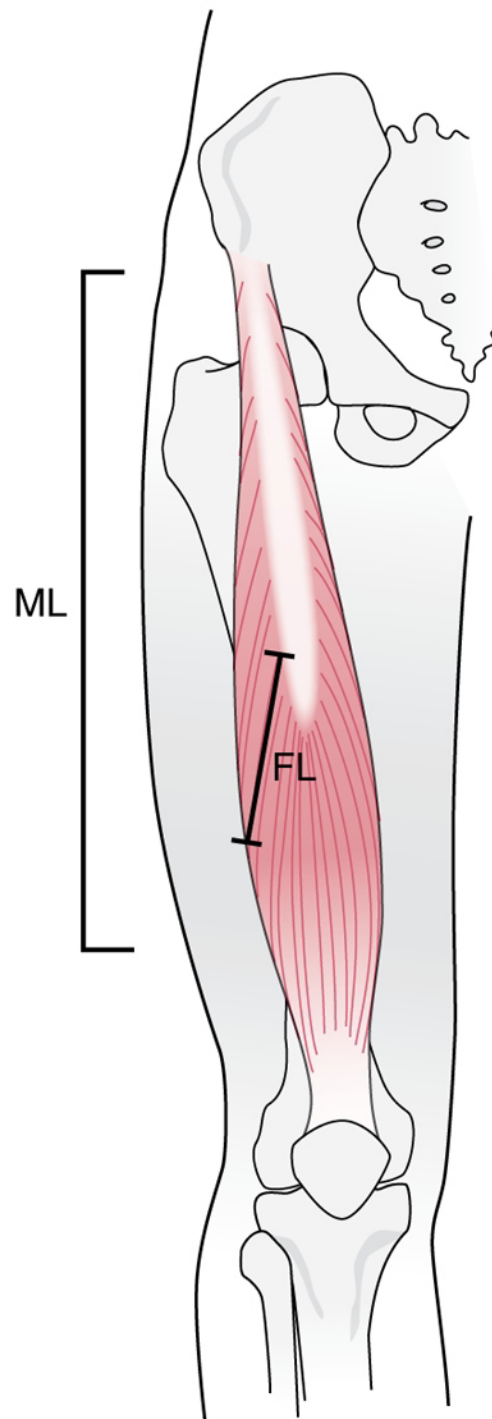


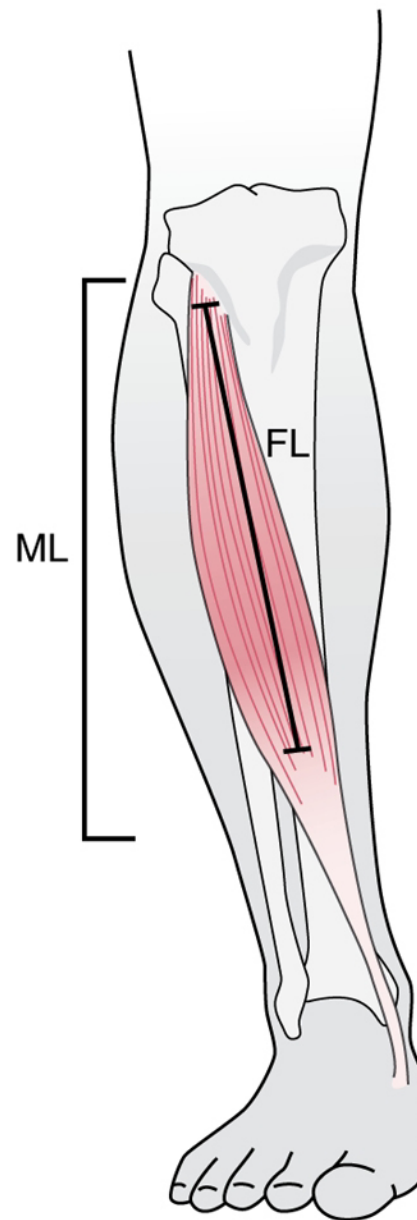
Hamstrings



Quadriceps



Dorsiflexors



Plantarflexors

