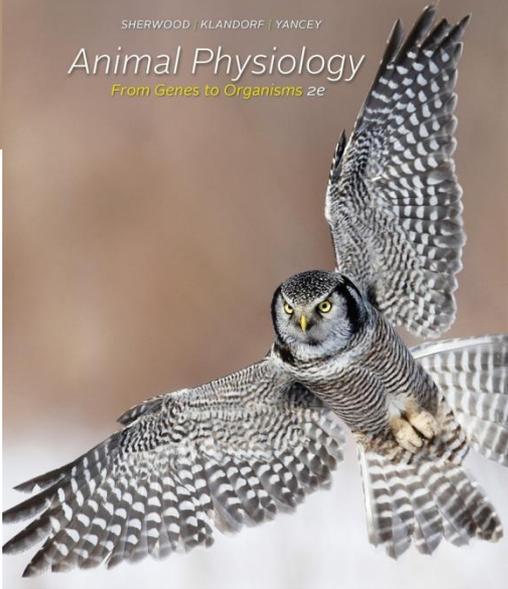


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Animal Physiology
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Chapter 9 Circulatory Systems

Kip McGilliard • Eastern Illinois University

9.1 Evolution of Circulation



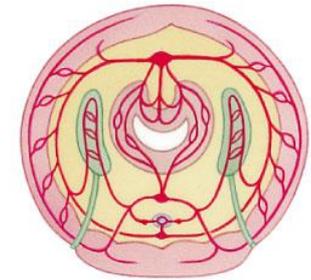
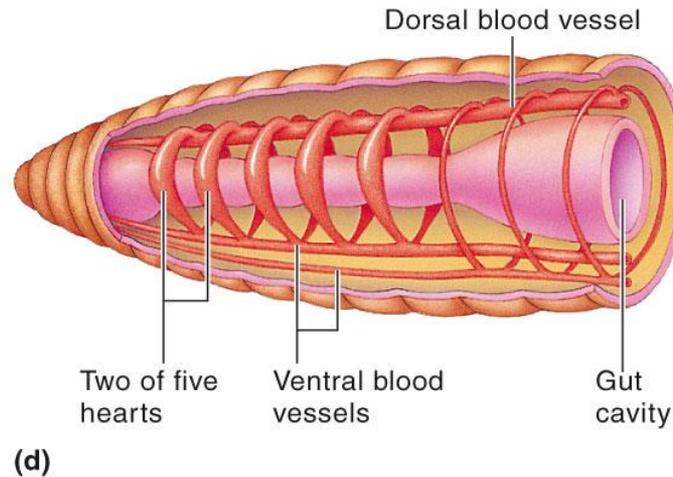
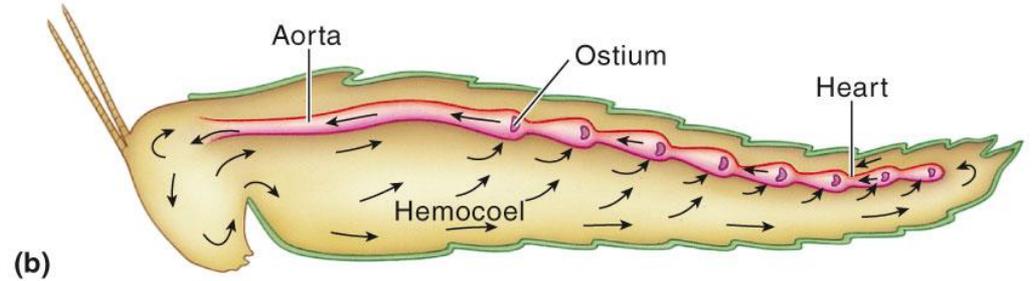
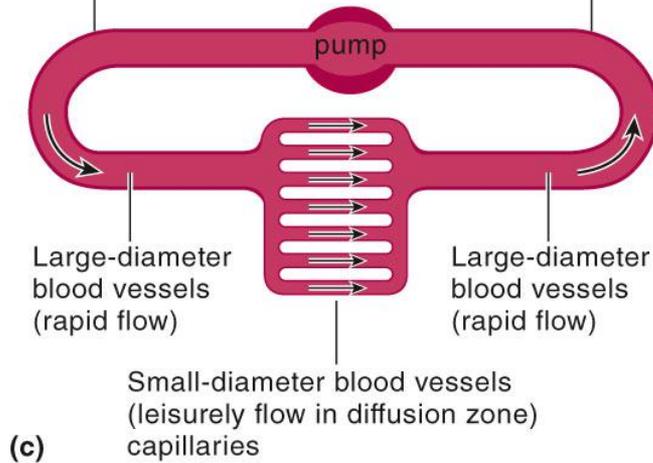
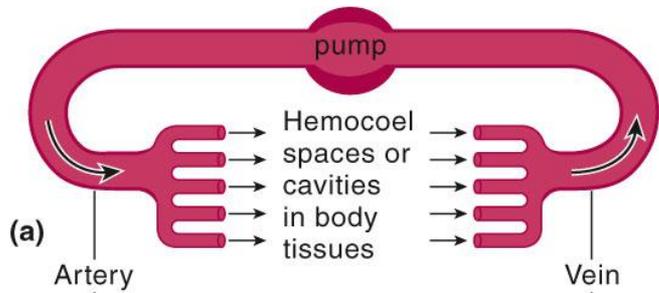
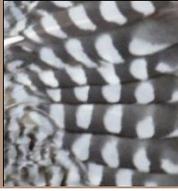
- Circulatory systems in multicellular organisms supplement **diffusion** with **bulk transport**
- Components of a circulatory system
 - **Fluid** that carries transported molecules and cells
 - A **pump** to move the fluids
 - **Vessels** to carry fluid between the pump and body tissues

9.1 Evolution of Circulation



- Open vs. closed circulatory systems
 - **Open systems**
 - **Hemolymph** moves through vessels that open into extracellular spaces
 - **Closed systems**
 - **Blood** is pumped from a heart through vessels that return blood to the heart
 - **Capillaries** are the primary structure distinguishing a closed from an open system

9.1 Evolution of Circulation



Segmented blood vessels (red) service muscles, nephridia, and other organs of each segment

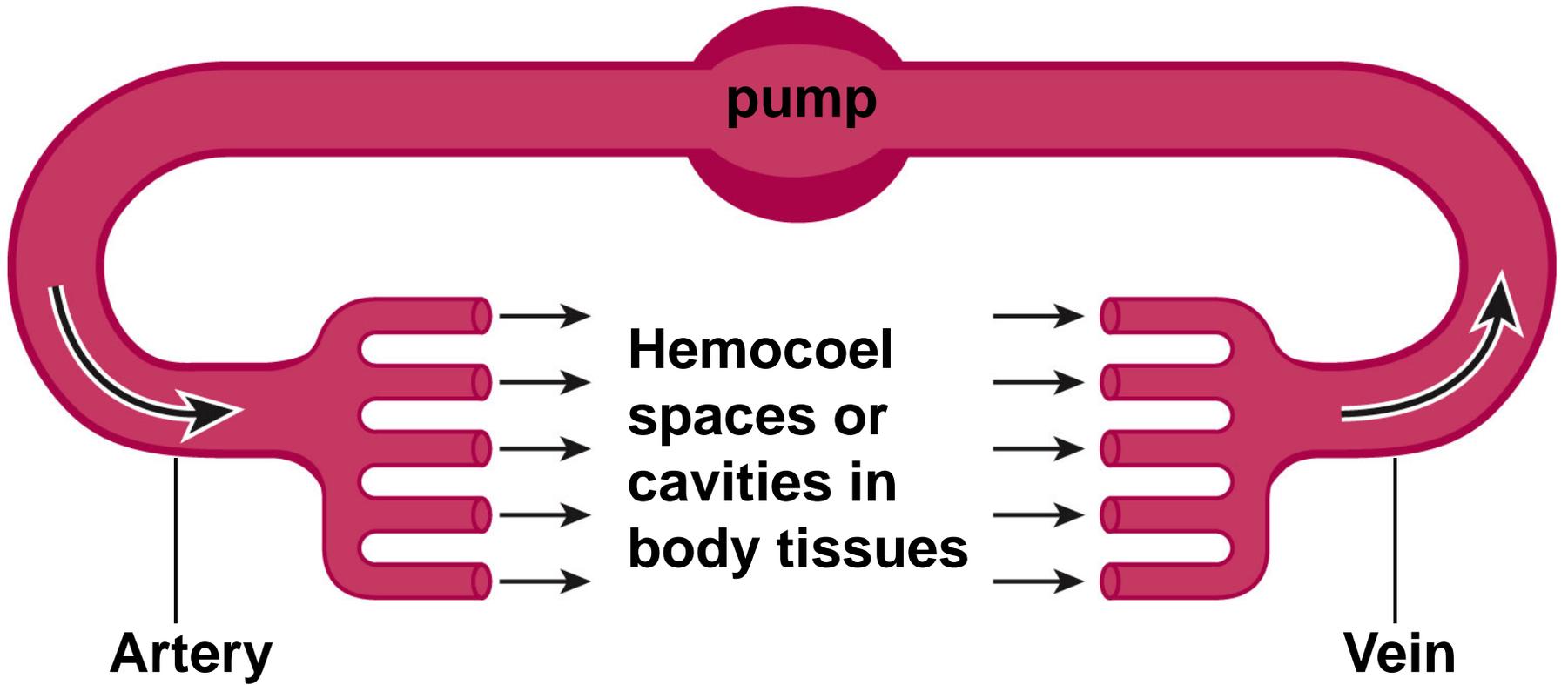


Figure 9-2a p387

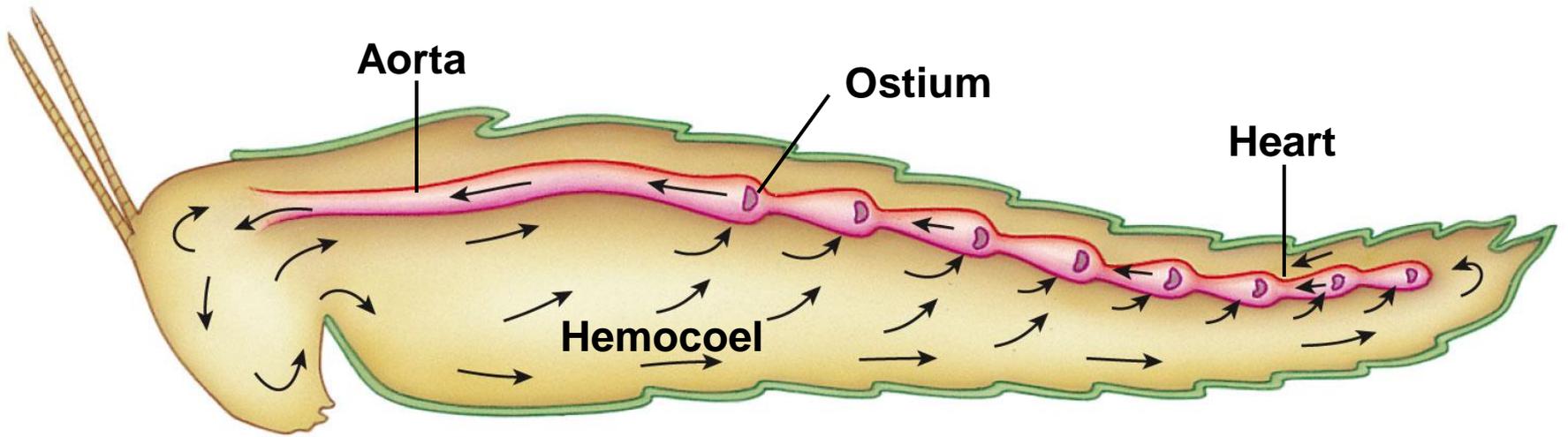


Figure 9-2b p387

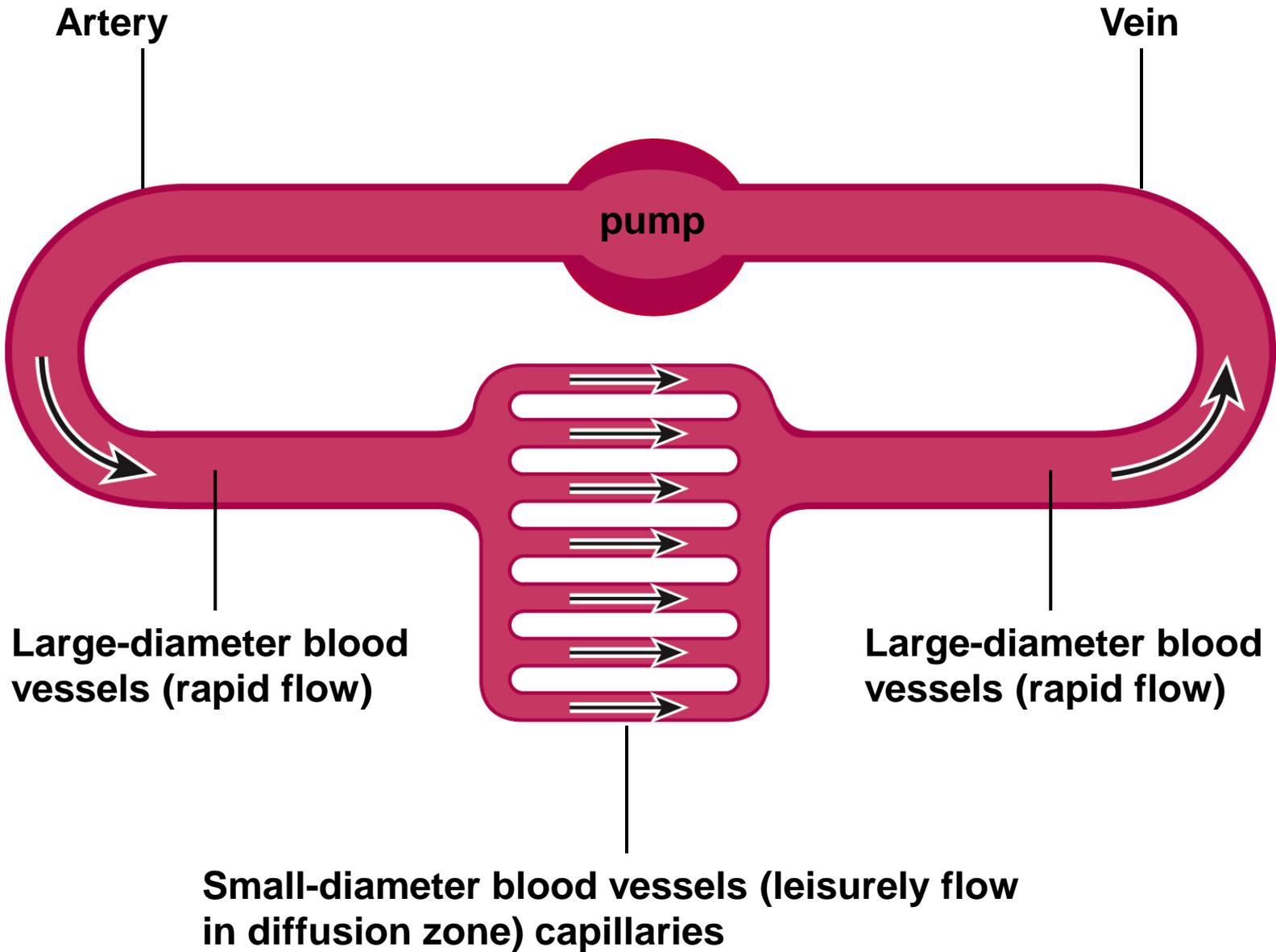
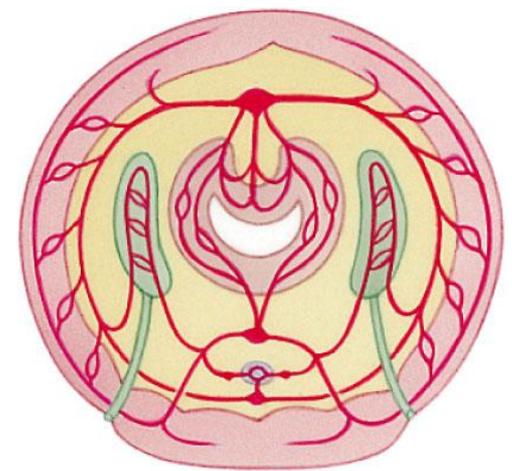
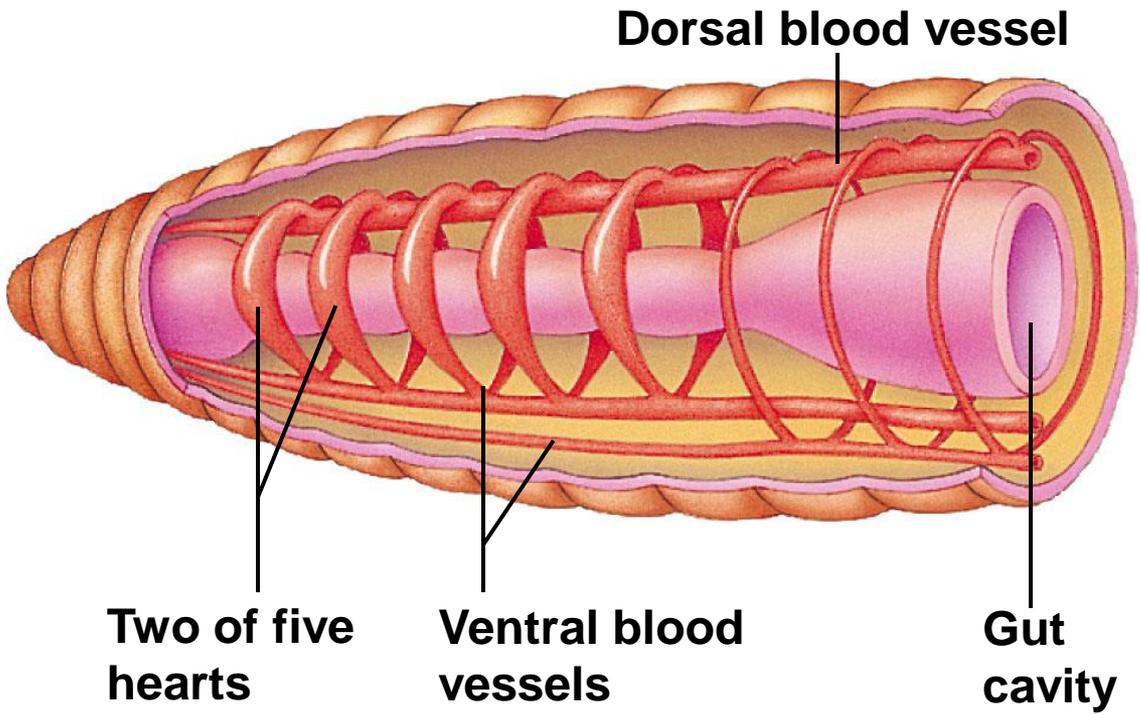


Figure 9-2c p387



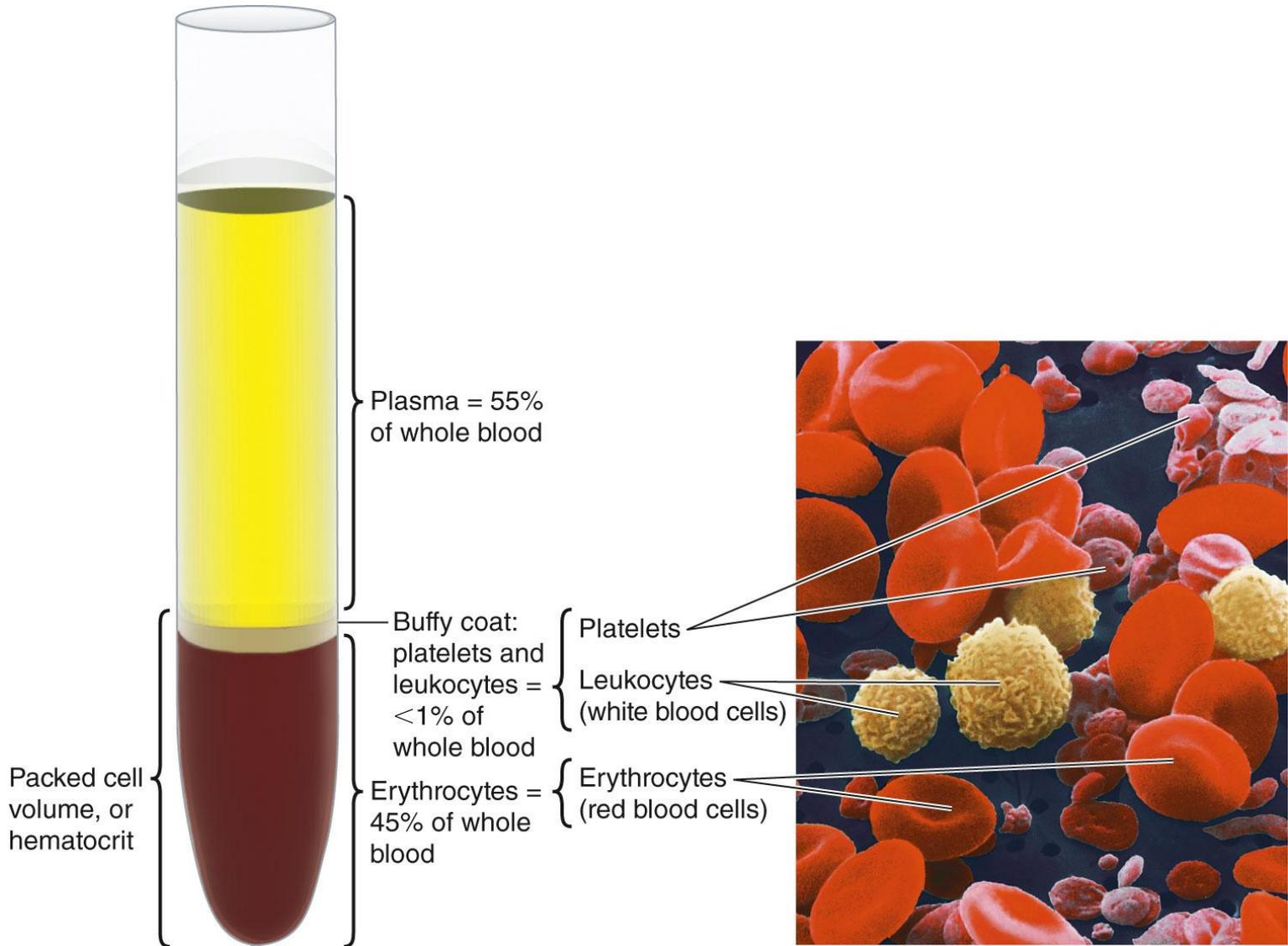
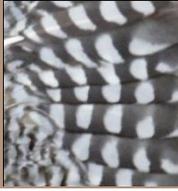
Segmented blood vessels (red) service muscles, nephridia, and other organs of each segment

9.2 Circulatory Fluids and Cells



- Circulatory fluids are divided into plasma and cellular elements
 - **Hematocrit** is the percentage of blood volume occupied by cells
 - 45% in human males, 42% in human females
 - **Plasma** is an aqueous medium for transport of inorganic ions, gases and organic solutes
 - 90% **water**
 - **Plasma proteins** are the most plentiful organic solutes (6 - 8% of plasma)
 - **Lipoproteins** carry **energy lipids** (triglycerides) and **structural lipids** (phospholipids and cholesterol)

9.2 Circulatory Fluids and Cells

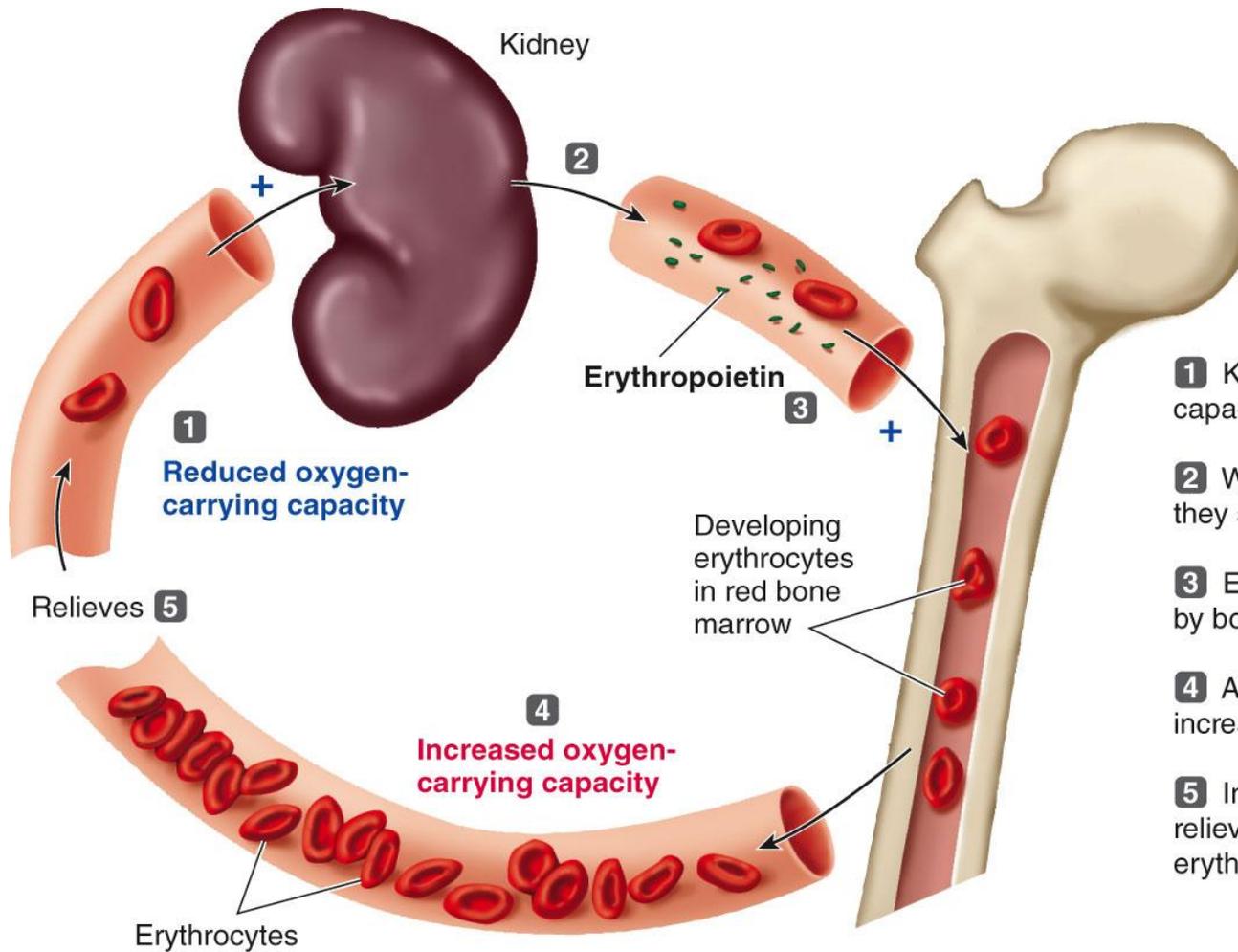
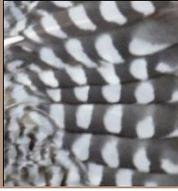


9.2 Circulatory Fluids and Cells



- **Erythrocytes** (red blood cells) transport oxygen from lungs or gills to tissues
 - Contain **hemoglobin**
 - Oval shaped in most vertebrates
 - **Biconcave discs** without nuclei or organelles in mammals
 - **Spleen** removes old erythrocytes and stores healthy erythrocytes, platelets and lymphocytes
 - **Hemopoietic tissues** (e.g. red bone marrow in birds and mammals) generate new erythrocytes (**erythropoiesis**)
 - **Erythropoietin** (EPO) is secreted by the kidneys to stimulate erythropoiesis . It is also **produced** in perisinusoidal cells in the **liver**.

9.2 Circulatory Fluids and Cells



1 Kidneys detect reduced O_2 -carrying capacity of blood.

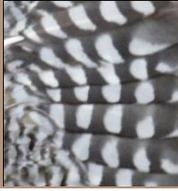
2 When less O_2 is delivered to the kidneys, they secrete erythropoietin into blood.

3 Erythropoietin stimulates erythropoiesis by bone marrow.

4 Additional circulating erythrocytes increase O_2 -carrying capacity of blood.

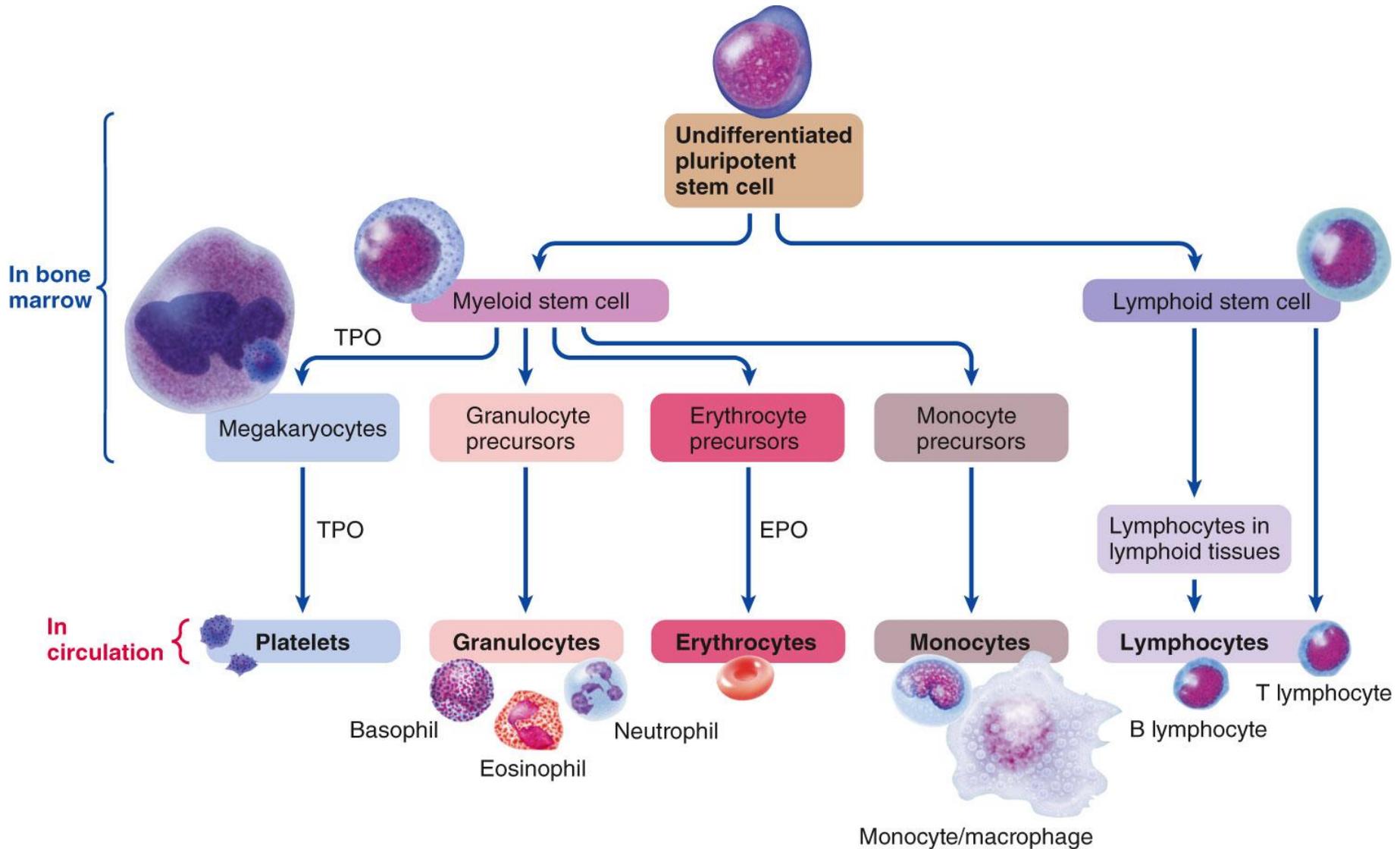
5 Increased O_2 -carrying capacity relieves initial stimulus that triggered erythropoietin secretion.

9.2 Circulatory Fluids and Cells



- **Leukocytes** (white blood cells) are key components of vertebrate **immune systems**
- **Thrombocytes** and **platelets** are involved in **blood clotting**
 - **Thrombocytes** are living cells found in all vertebrates except mammals
 - Break up into platelet-like fragments when activated by injury
 - **Platelets** are cell fragments circulating in mammalian blood
 - Shed from **megakaryocytes** in bone marrow

9.2 Circulatory Fluids and Cells

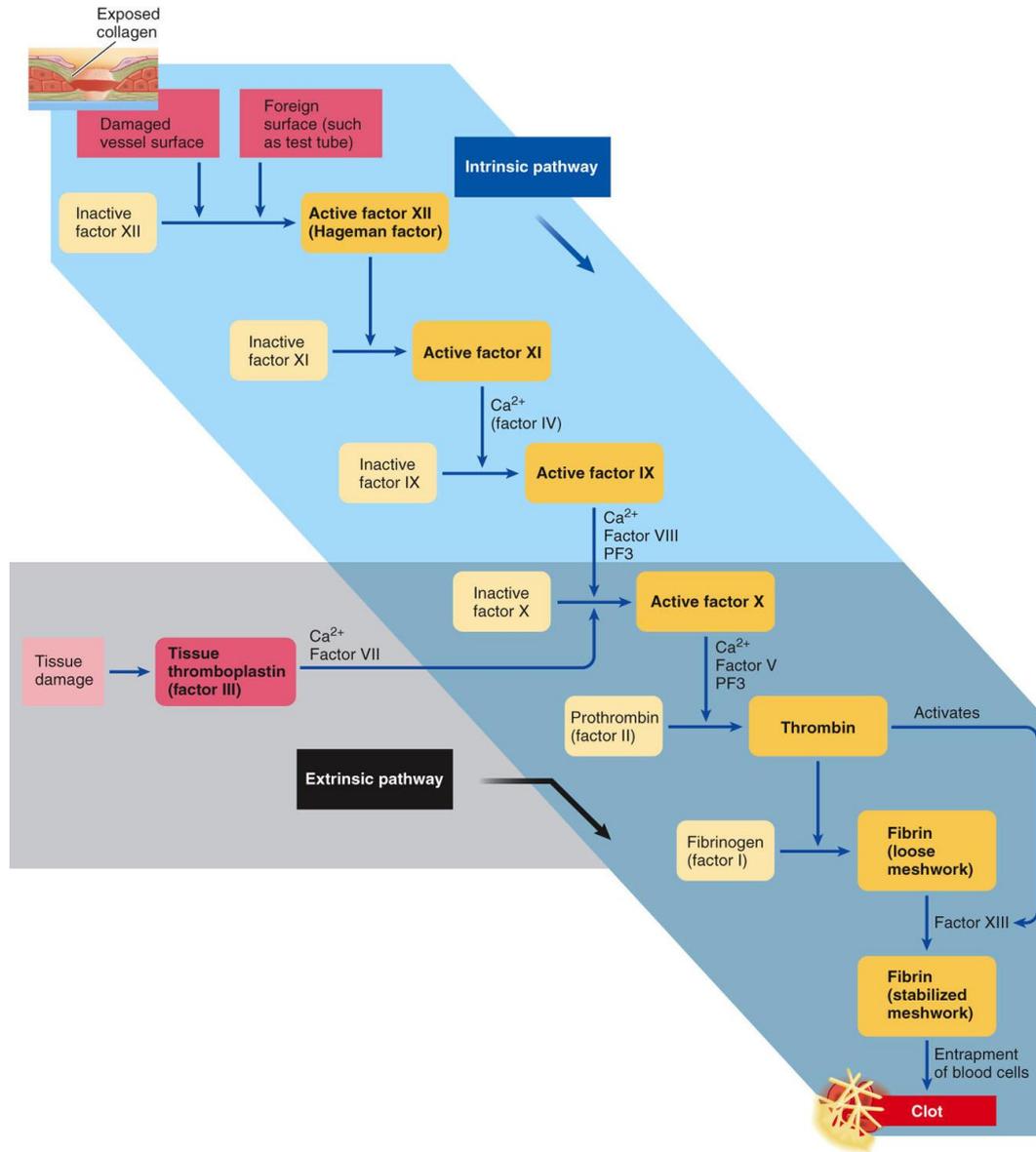


9.3 Circulatory Fluids: Hemostasis



- **Blood coagulation** is the transformation of blood from a liquid into a solid gel.
 - **Clotting cascade** involves **12 clotting factors**
 - Most are plasma proteins synthesized by the liver
 - Present in plasma in **inactive** forms
 - **Intrinsic pathway** involves 7 steps
 - Activation of the first factor (factor XII) triggers the **clotting cascade**
 - **Extrinsic pathway** involves 4 steps and requires contact with tissue factors outside of the blood
 - **Final steps**
 - **Thrombin** converts **fibrinogen** into **fibrin**
 - **Fibrin**, an insoluble thread-like molecule, forms a stabilized meshwork at the site of a platelet plug

9.3 Circulatory Fluids: Hemostasis



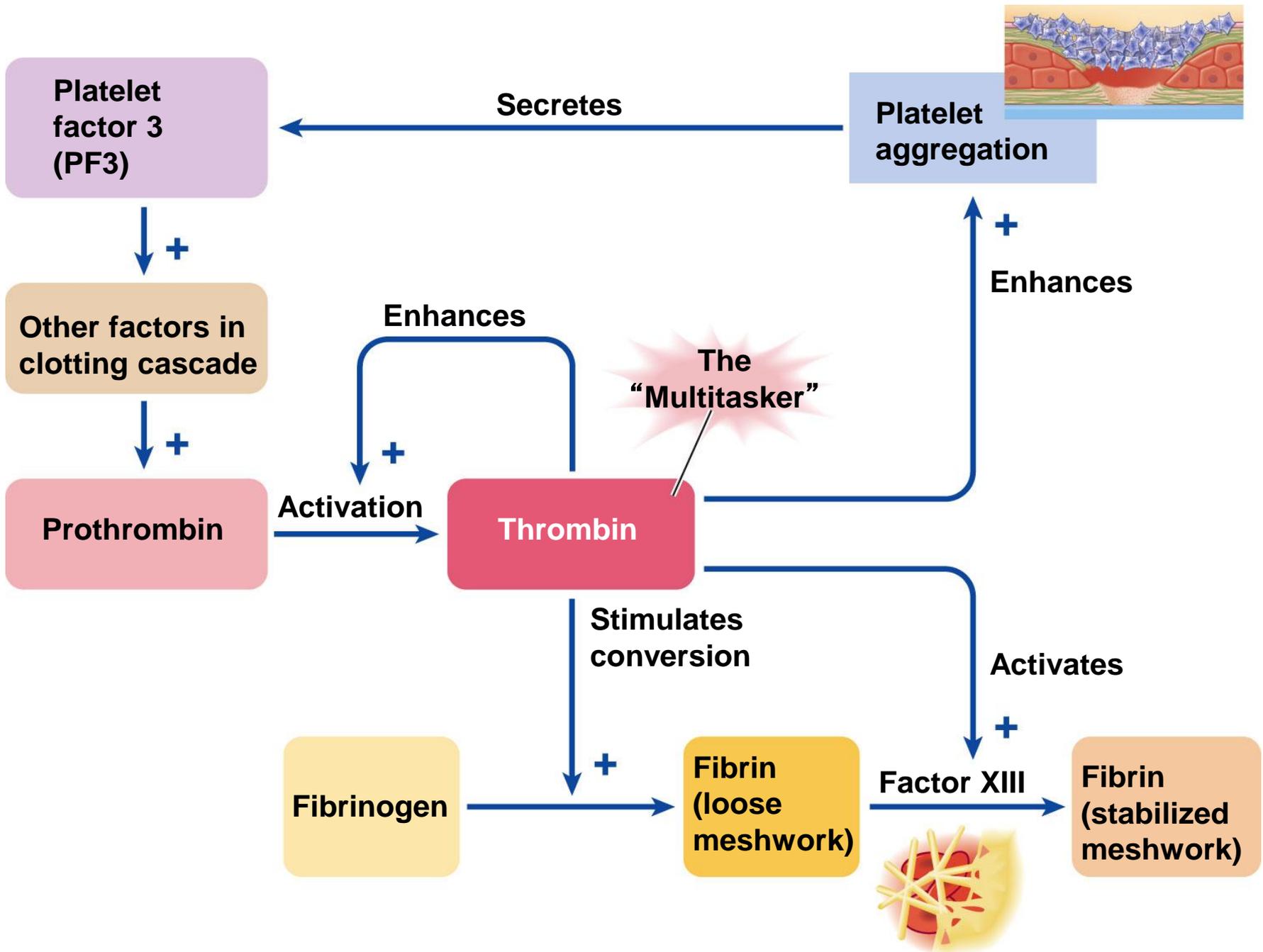


Figure 9-11 p397

9.3 Circulatory Fluids: Hemostasis



- **Plasmin** dissolves clots
 - **Plasminogen** is produced by the liver
 - **Factor XII** (which began the clotting cascade) triggers a cascade of reactions leading to activation of plasminogen to form **plasmin**
 - **Tissue plasminogen activator** (tPA) produces a low level of plasmin activation in the absence of clotting

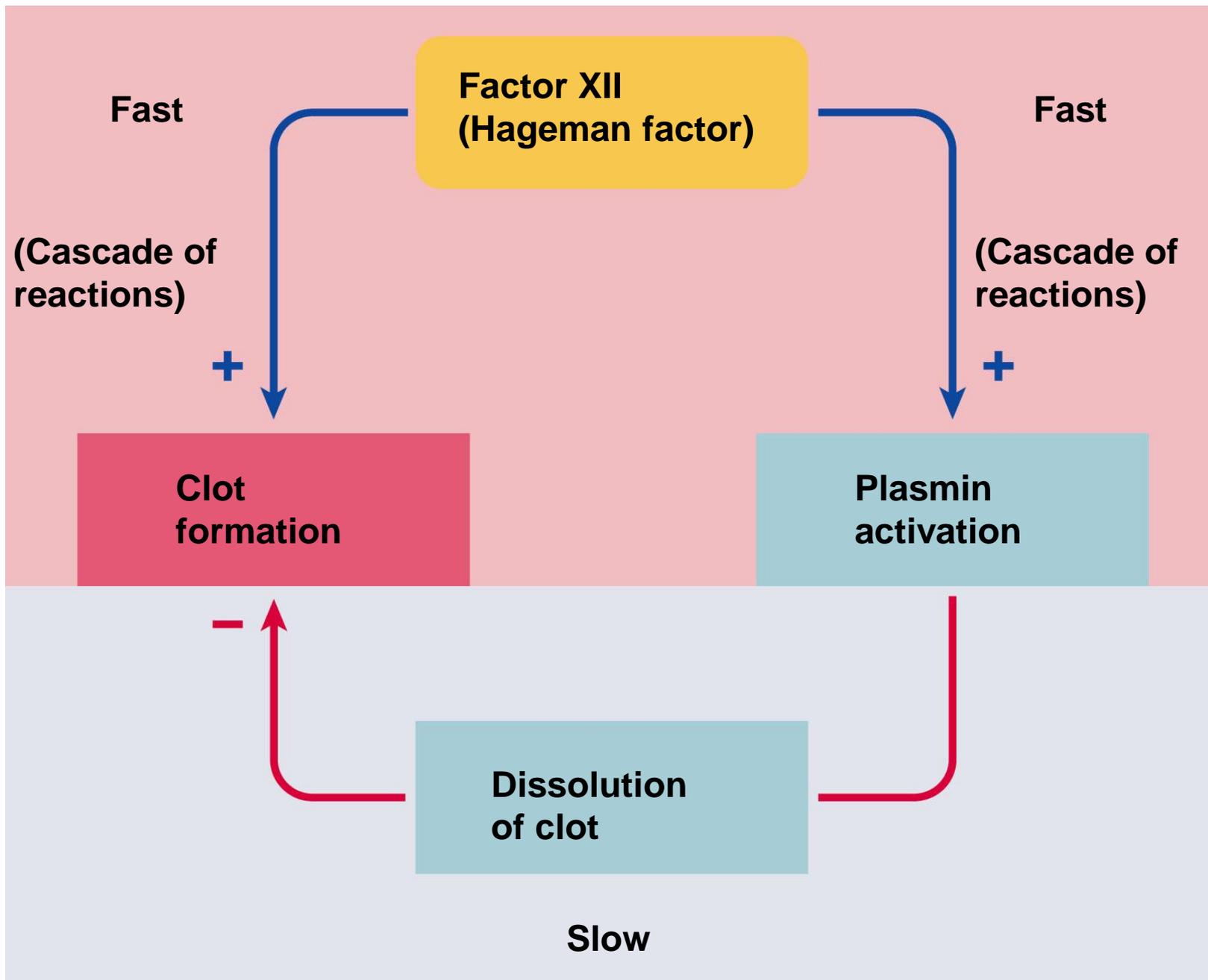
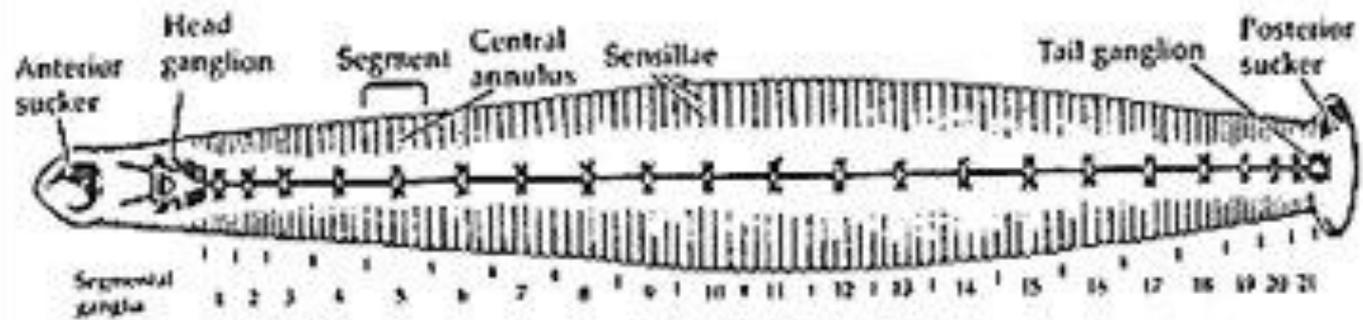
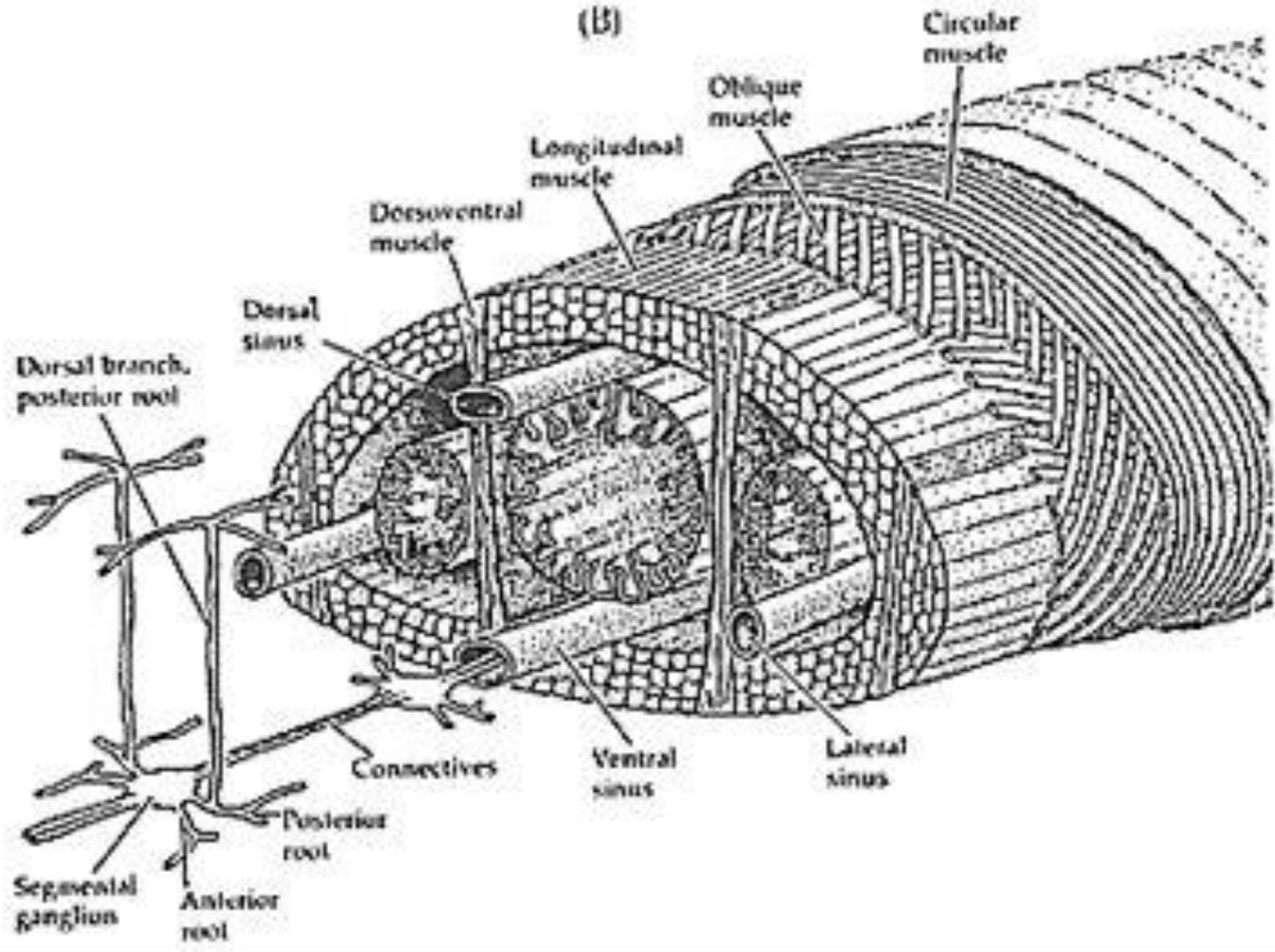


Figure 9-14 p399





(B)

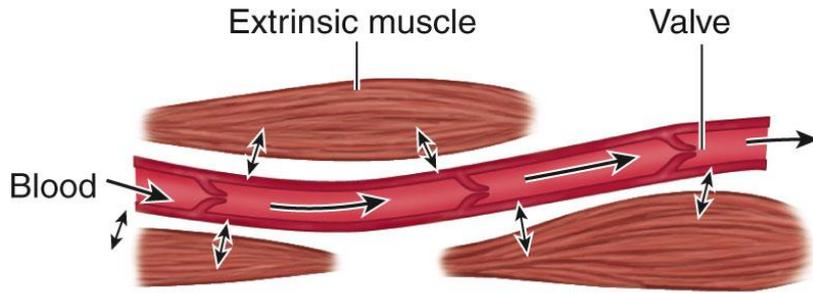
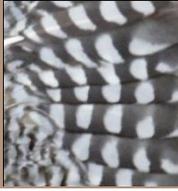


9.4 Circulatory Pumps: Evolution

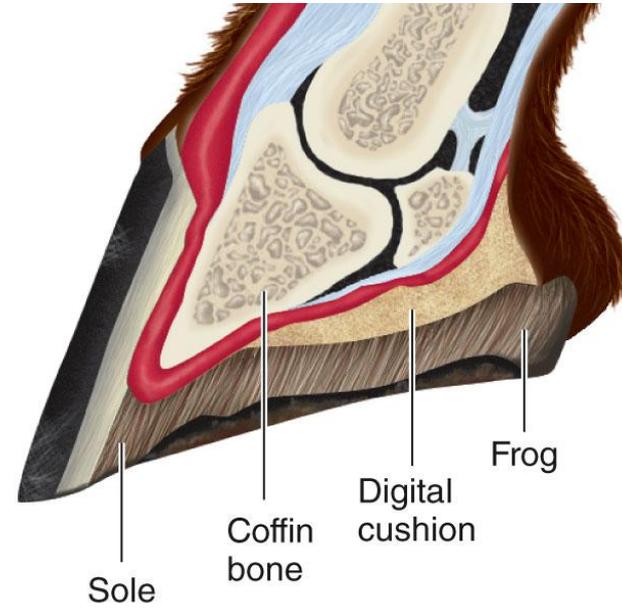


- Pumping mechanisms
 - **Flagella**
 - Flagella of epithelial cells create slow currents
 - **Extrinsic muscle or skeletal pumps**
 - Muscle contractions associated with locomotion
 - **Peristaltic (tubular) muscle pumps**
 - Walls of vessels contract in a moving wave
 - **Chamber muscle pumps**
 - One-way valves create flow in one direction
 - **Auxiliary hearts**
 - Boost flow to certain parts (e.g. gills) in animals with primary hearts

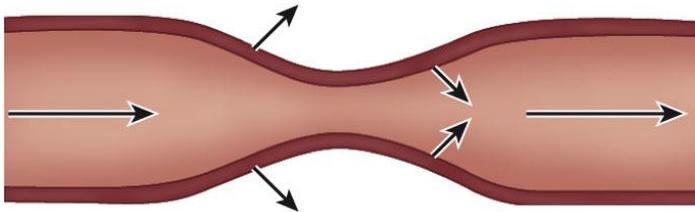
9.4 Circulatory Pumps: Evolution



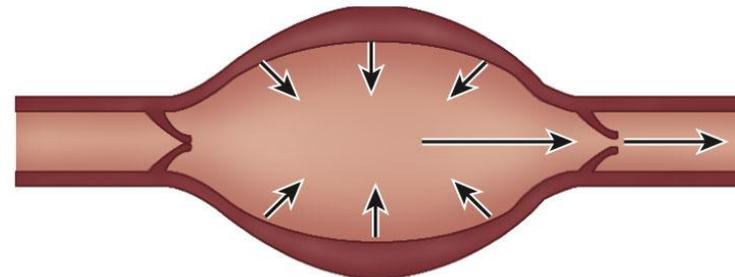
(a) Extrinsic muscle pump



(b)

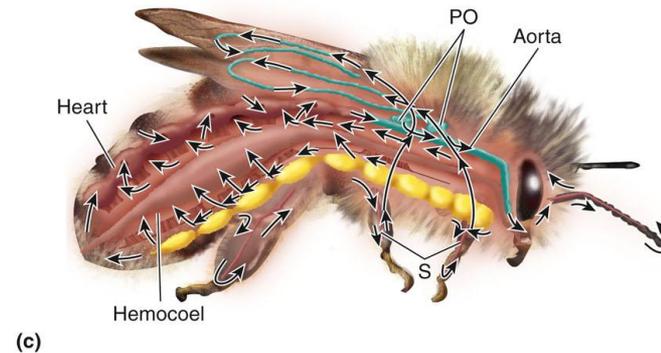
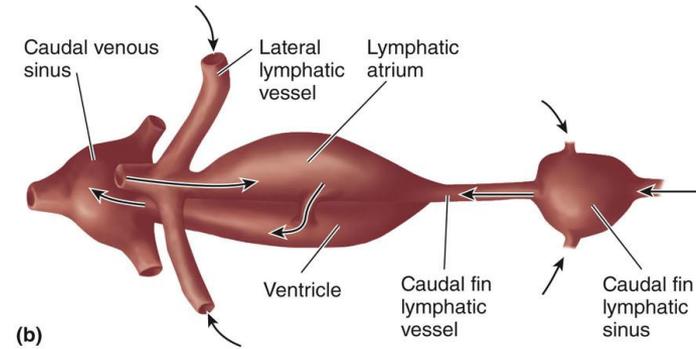
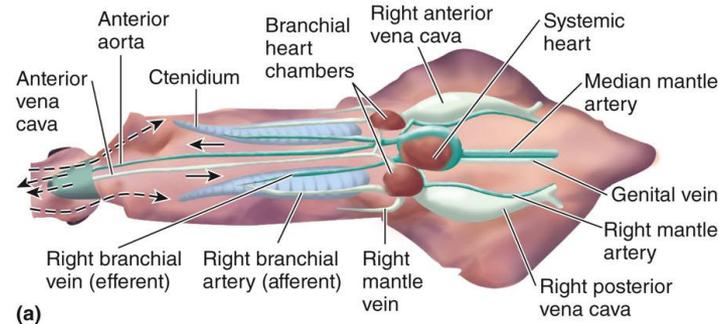


(c) Peristaltic heart



(d) Chambered heart

9.4 Circulatory Pumps: Evolution



9.4 Circulatory Pumps: Evolution



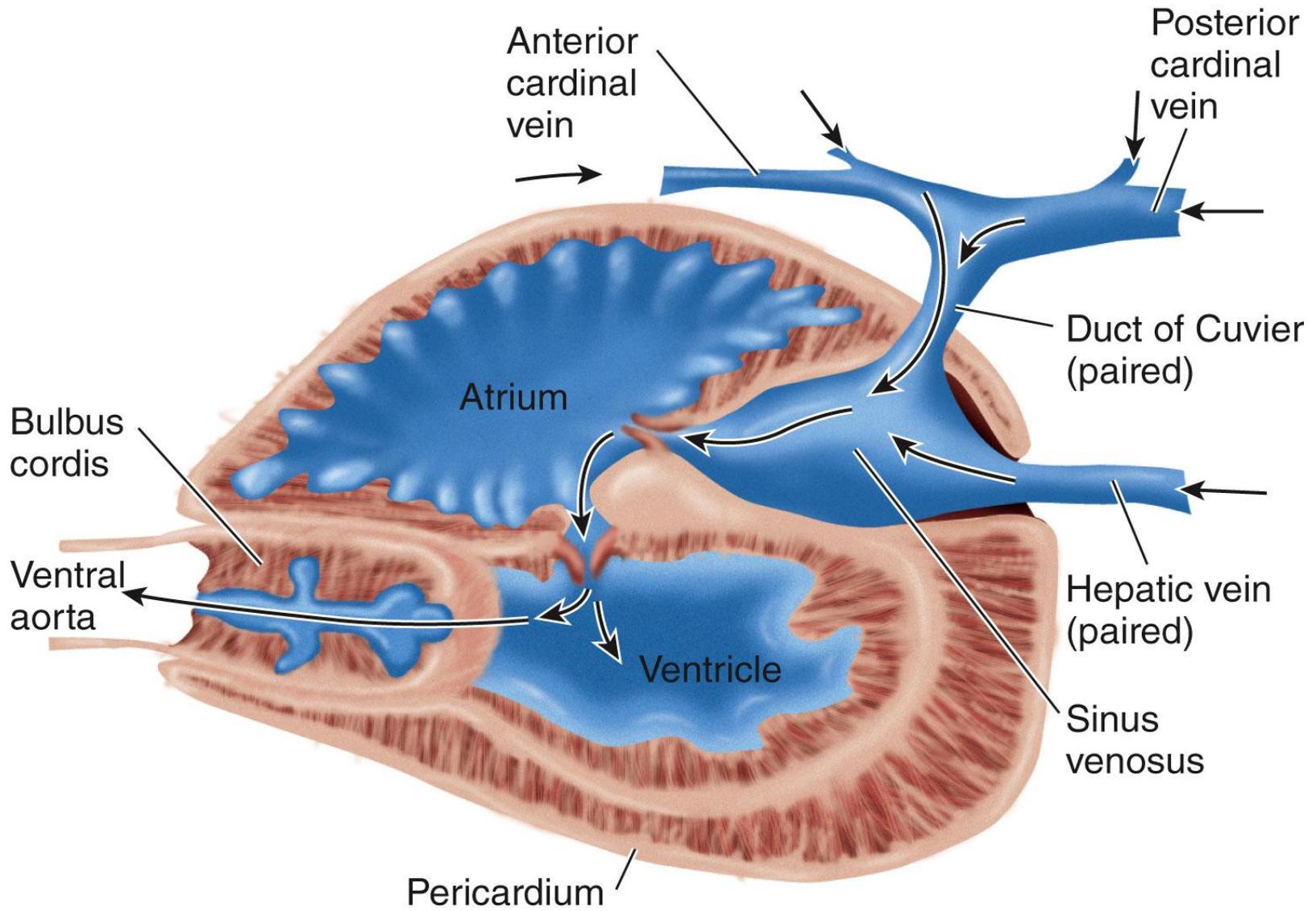
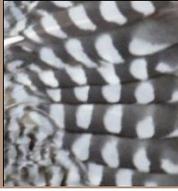
■ Arthropod hearts

- Dorsally located
- Single-chamber pumps (crustaceans)
- Tubular pumps (insects and arachnids)
- **Ostia** are pore-like openings that allow hemolymph to reenter the heart

■ Fish hearts have two primary chambers

- **Atrium** collects returning blood
- **Ventricle** pumps to body
- Auxiliary chambers
 - **Sinus venosus** collects blood from veins before entering atrium
 - **Conus arteriosus** (in cartilaginous fish) or **bulbus arteriosus** (in bony fish) dampen pulsatile pressure output of the ventricle

9.4 Circulatory Pumps: Evolution

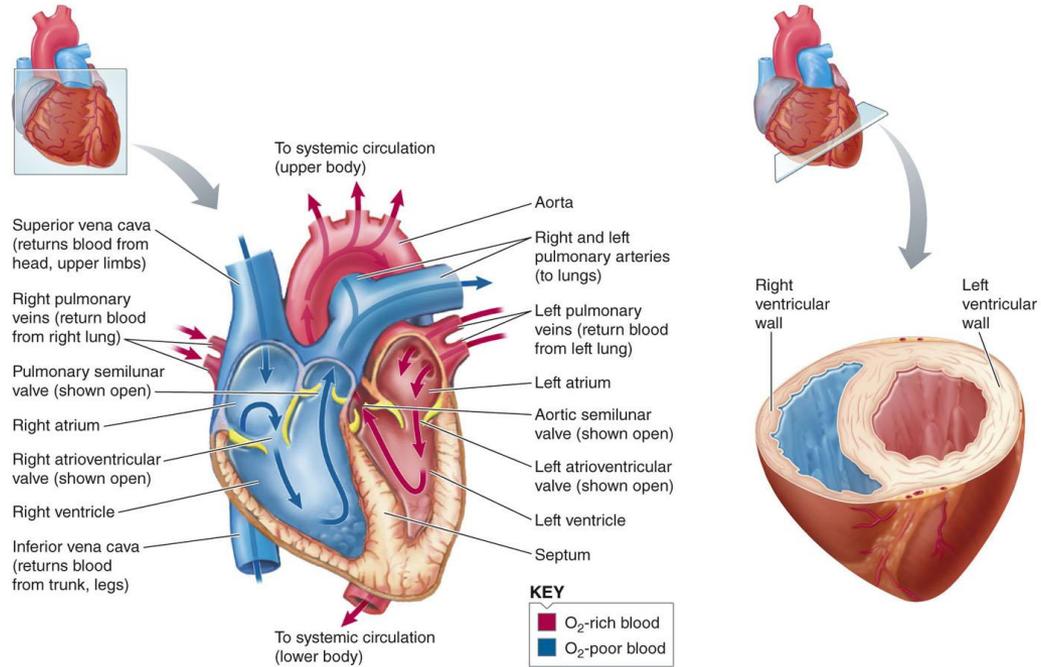


9.4 Circulatory Pumps: Evolution



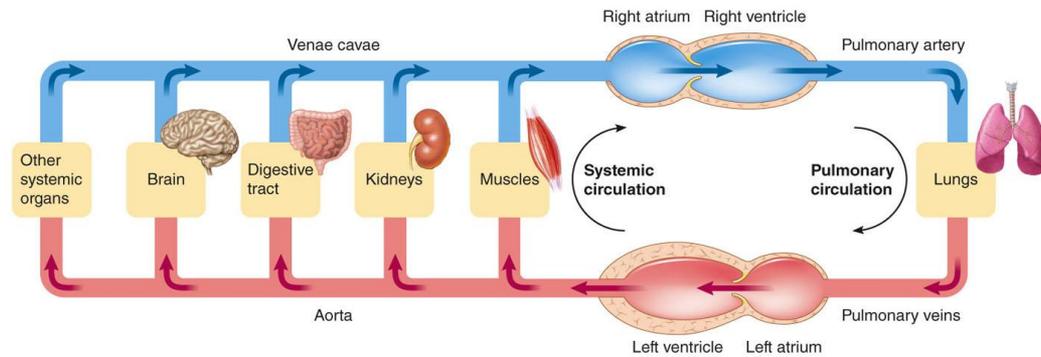
- **Avian and mammalian hearts have dual pumps**
 - Two **atria** receive blood
 - Two **ventricles** pump blood
 - Two pumps are separated by the **septum**
 - **Right** half pumps **oxygen-depleted** blood into the **pulmonary circulation**
 - **Left** half pumps **oxygen-rich** blood into the **systemic circulation**
 - Both sides of the heart pump **equal amounts** of blood

9.4 Circulatory Pumps: Evolution

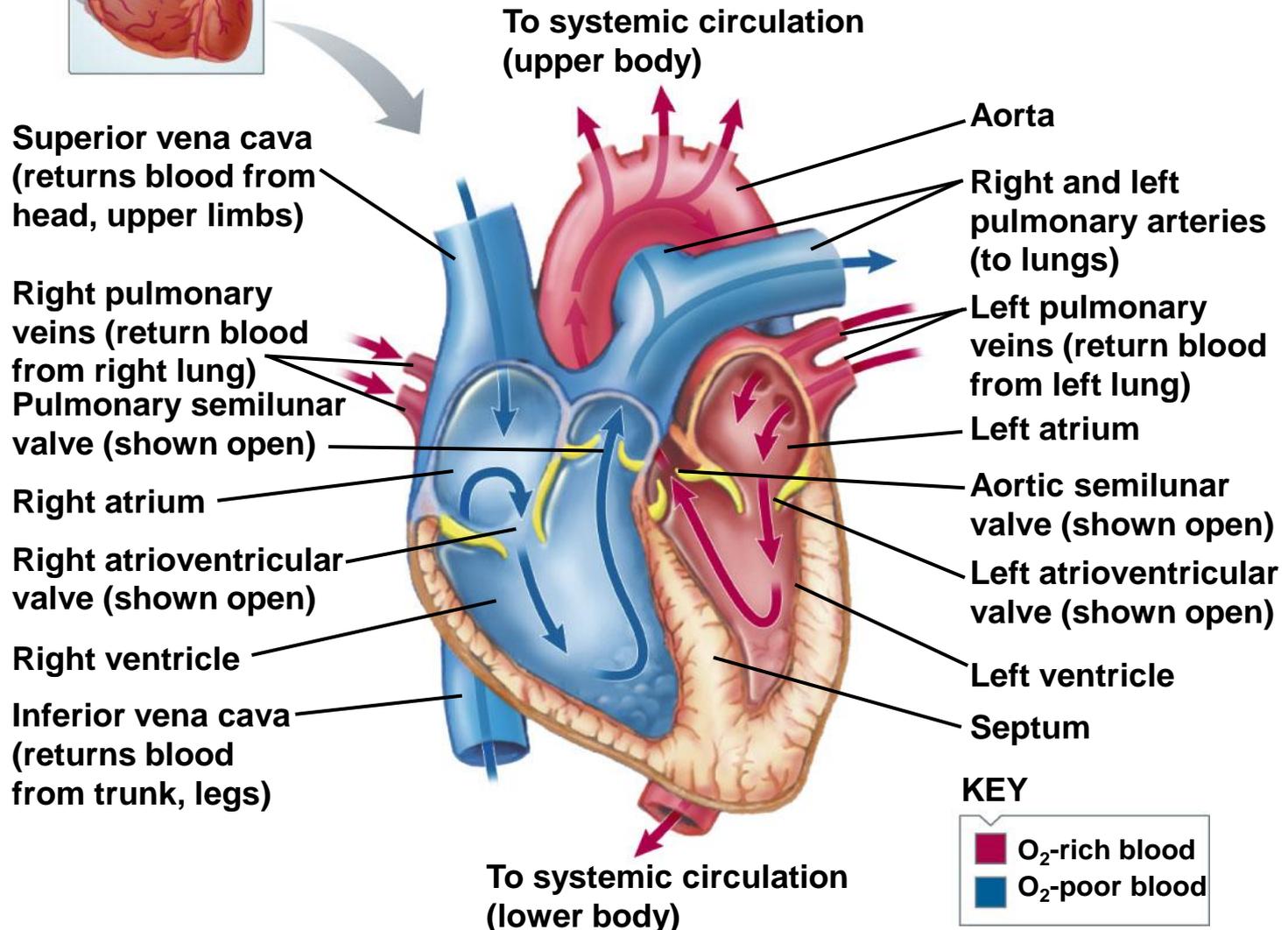
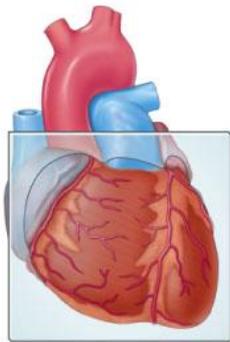


(a) Blood flow through the heart

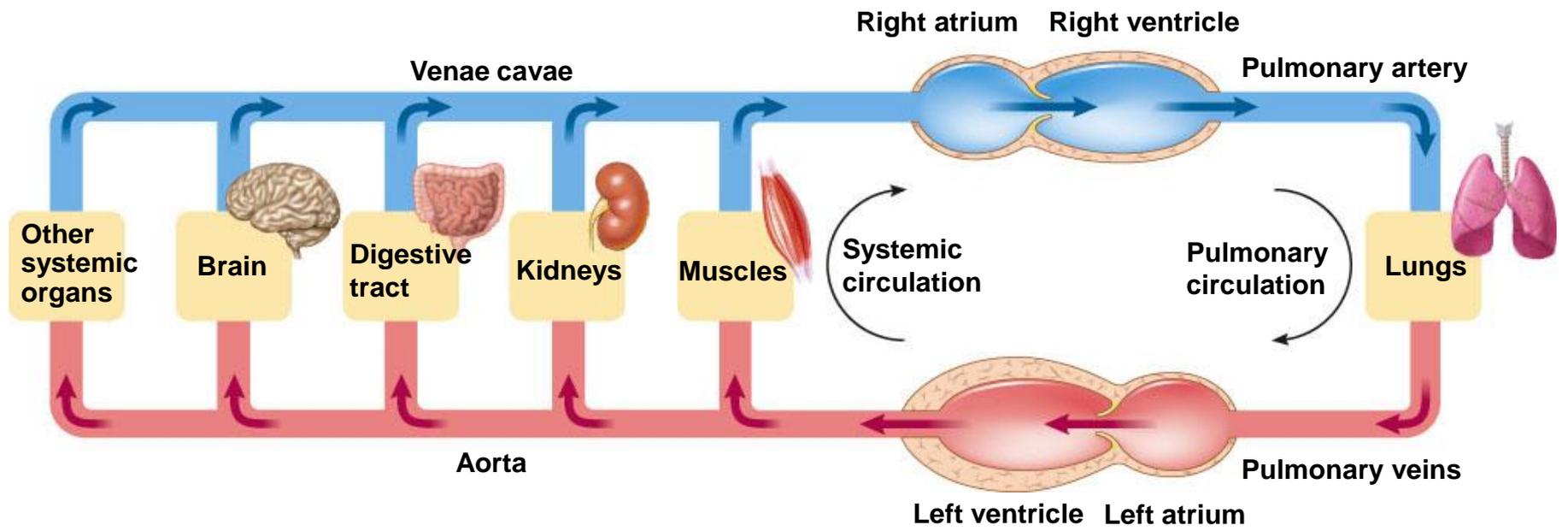
(c) Thickness of right and left ventricles



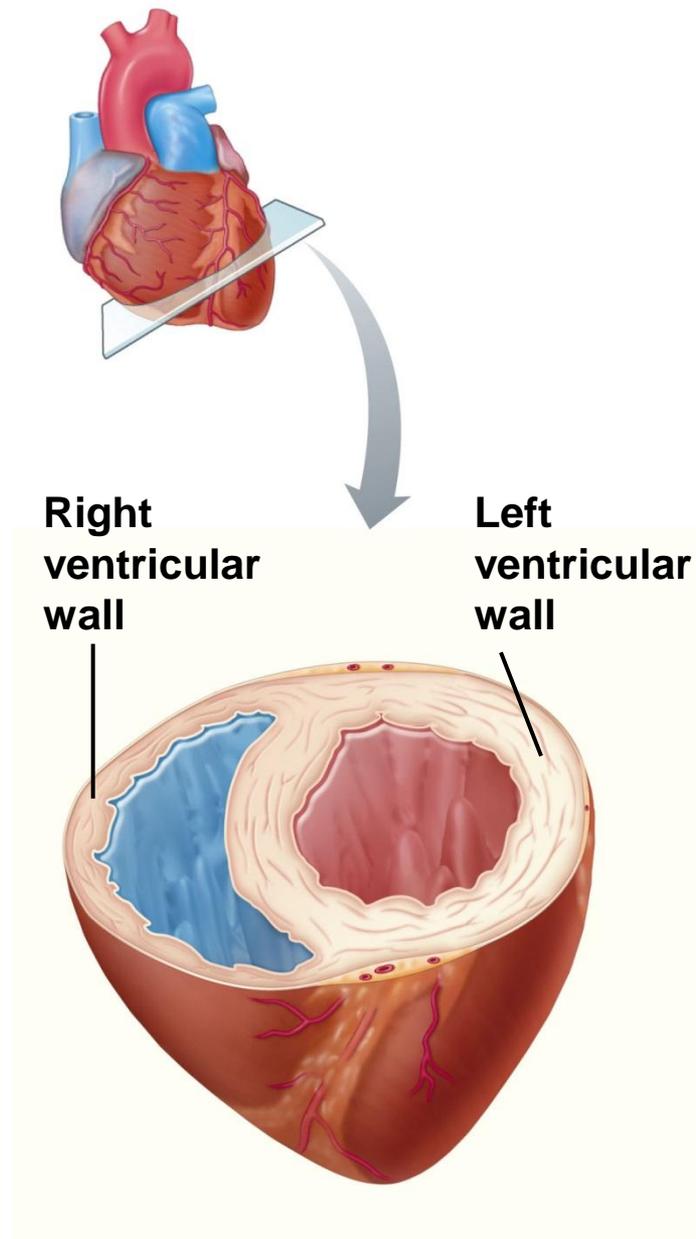
(b) Dual pump action of the heart



(a) Blood flow through the heart



(b) Dual pump action of the heart

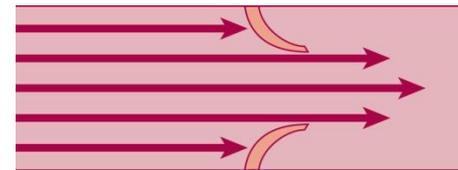


(c) Thickness of right and left ventricles

9.4 Circulatory Pumps: Evolution

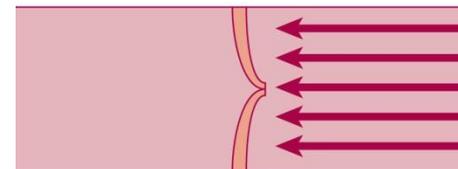


- **Heart valves** ensure unidirectional flow of blood
 - **Right and left atrioventricular (AV) valves** allow flow from atria into ventricles during ventricular filling
 - **Aortic and pulmonary (semilunar) valves** allow flow from ventricles into arteries during ventricular contraction
 - Backflow from atria into veins does not occur because atrial pressures are not much higher than venous pressures



Valve opened

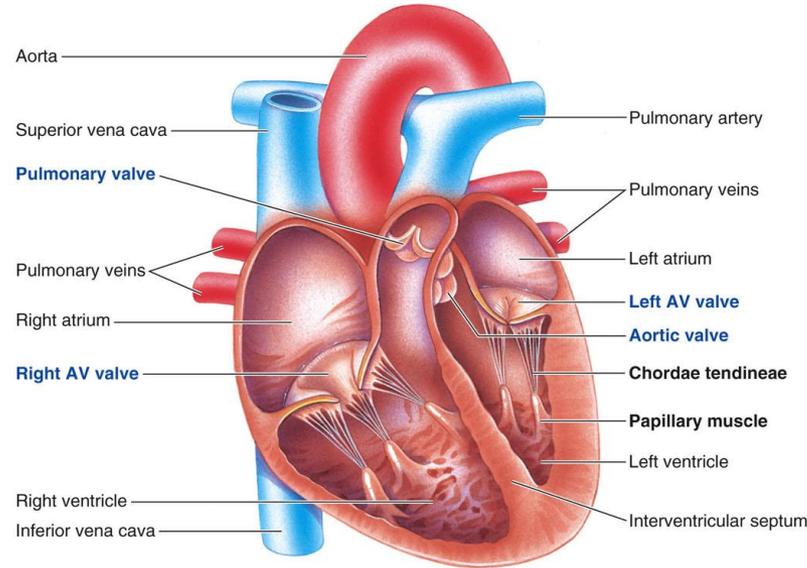
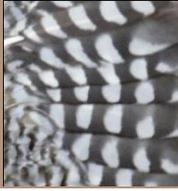
When pressure is greater behind the valve, it opens.



Valve closed; does not open in opposite direction

When pressure is greater in front of the valve, it closes. Note that when pressure is greater in front of the valve, it does not open in the opposite direction; that is, it is a one-way valve.

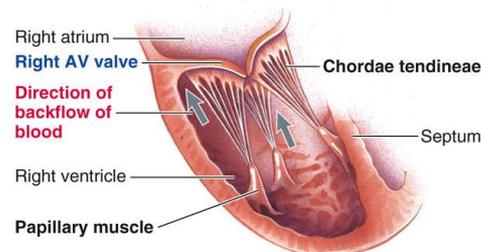
9.4 Circulatory Pumps: Evolution



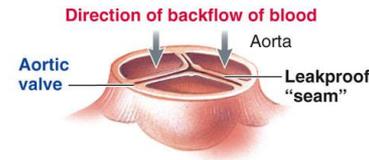
(a) Location of the heart valves in a longitudinal section of the heart



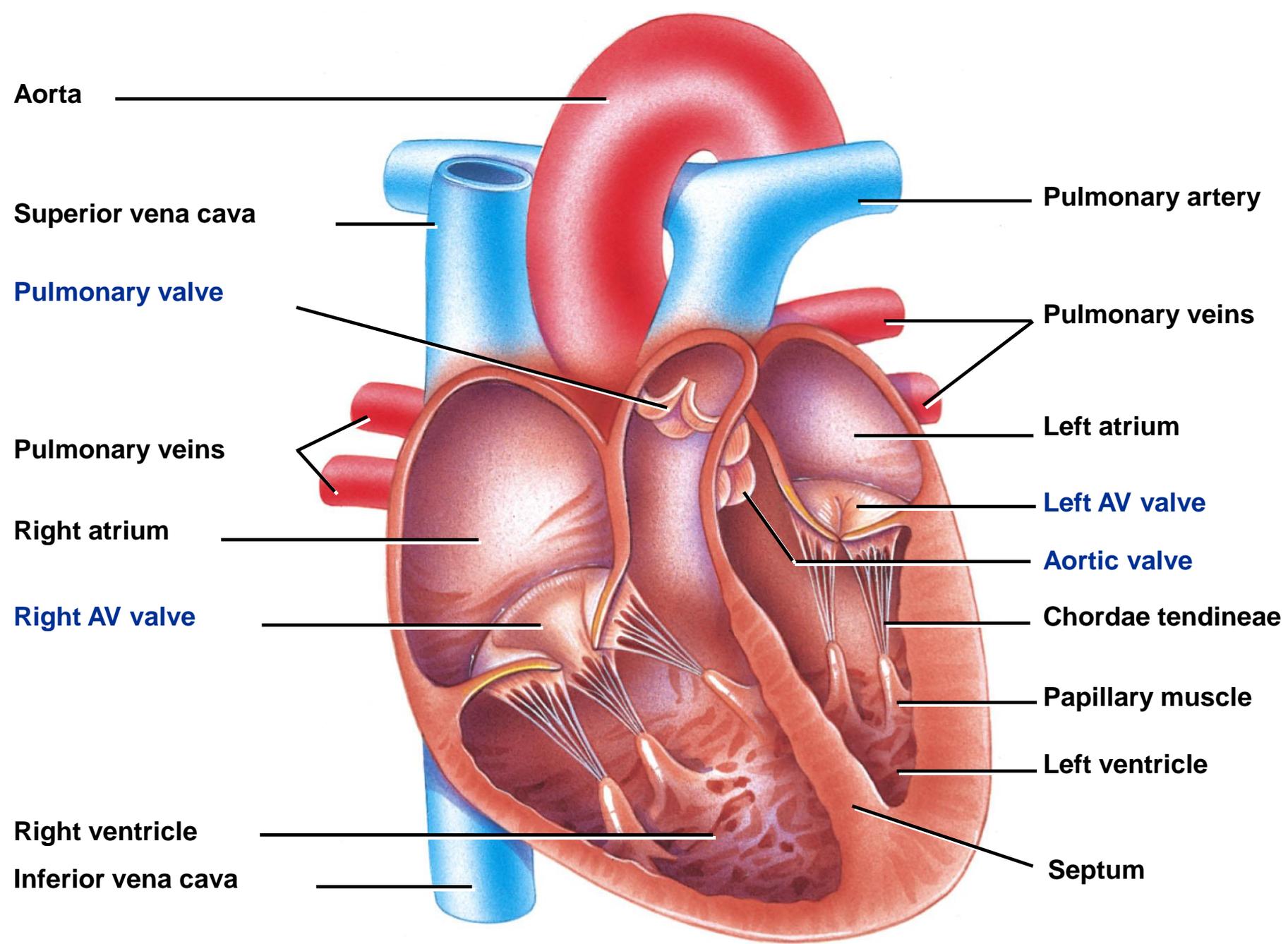
(b) Heart valves in closed position, viewed from above



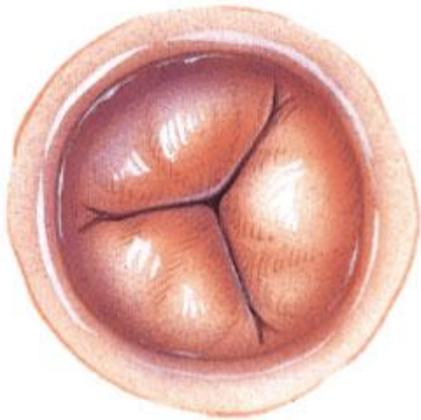
(c) Prevention of eversion of AV valves



(d) Prevention of eversion of semilunar valves



(a) Location of the heart valves in a longitudinal section of the heart



Right AV valve



Left AV valve



Aortic or pulmonary valve

(b) Heart valves in closed position, viewed from above

Right atrium _____

Right AV valve _____

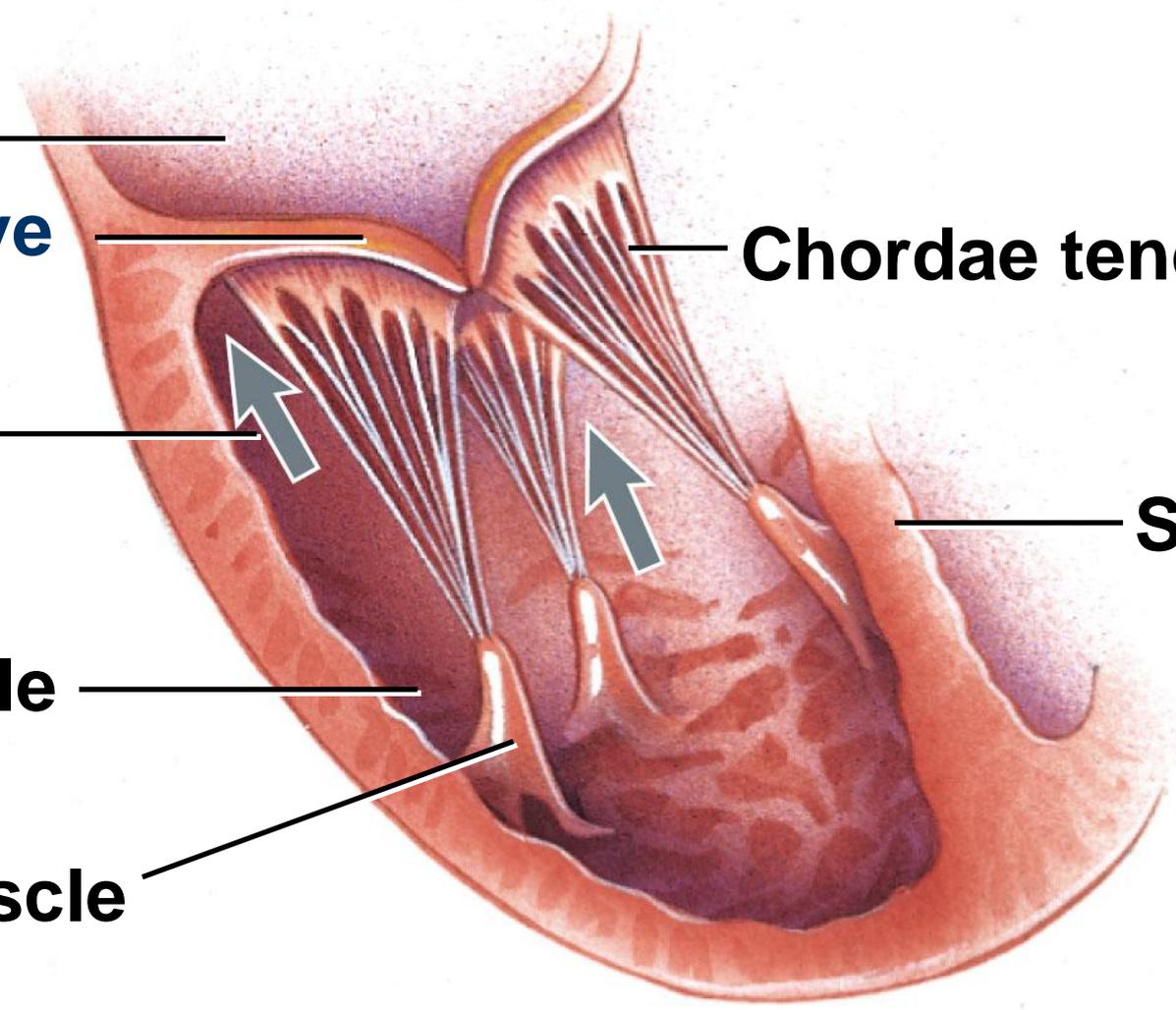
Direction of backflow of blood _____

Right ventricle _____

Papillary muscle _____

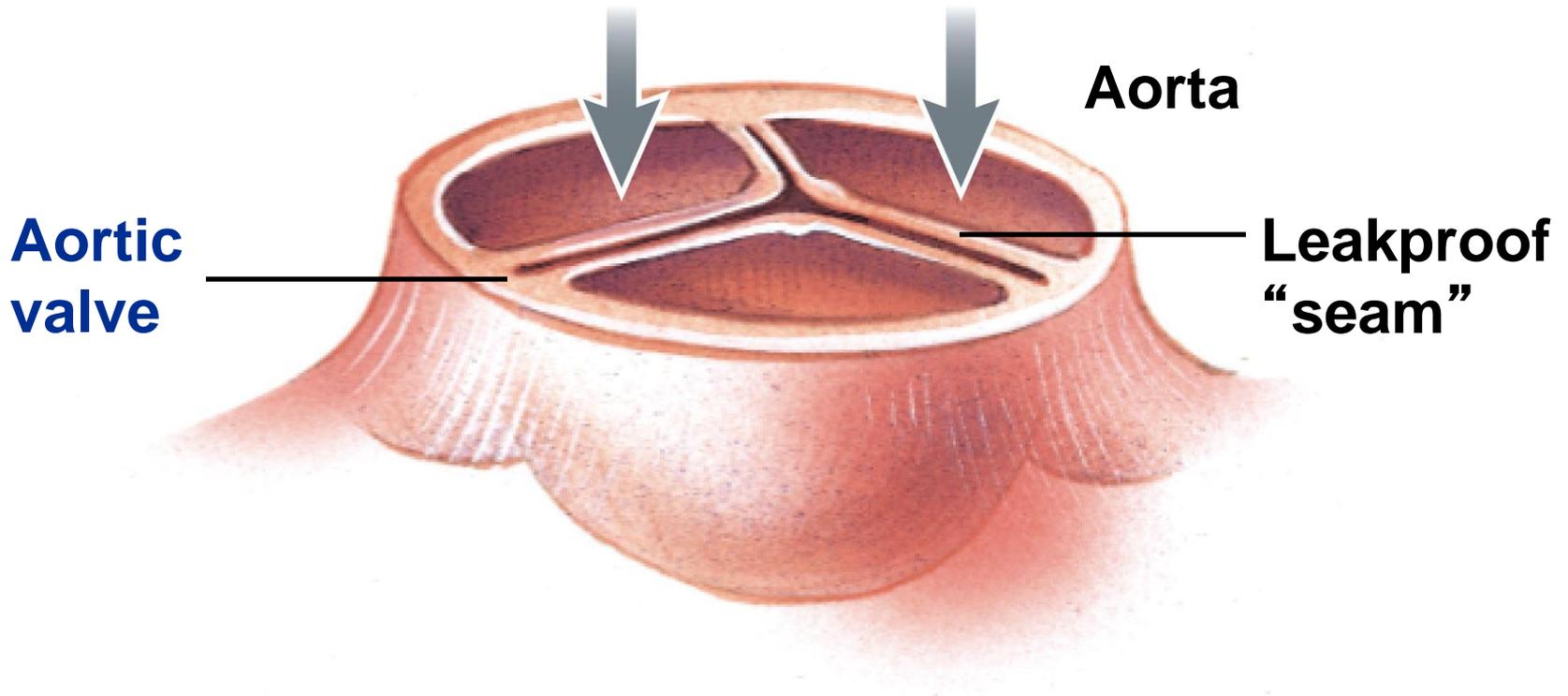
_____ **Chordae tendineae**

_____ **Septum**



(c) Prevention of eversion of AV valves

Direction of backflow of blood



(d) Prevention of eversion of semilunar valves

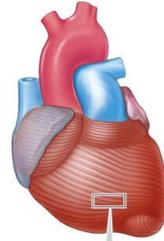
9.4 Circulatory Pumps: Evolution



▪ Vertebrate heart walls

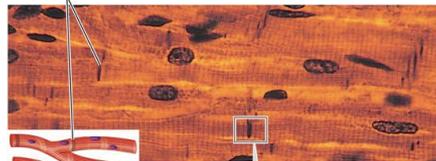
- Thick, muscular **myocardium** is sandwiched between **endocardium** and **epicardium**
- Myocardium consists of interlacing bundles of **cardiac muscle fibers** arranged spirally
 - Cardiac muscle cells form **branching fibers** with adjacent cells joined end-to-end at **intercalated discs**
 - Intercalated discs contain **desmosomes** and **gap junctions**
 - Impulses spread to all cells joined by **gap junctions** to form a **functional syncytium**

9.4 Circulatory Pumps: Evolution

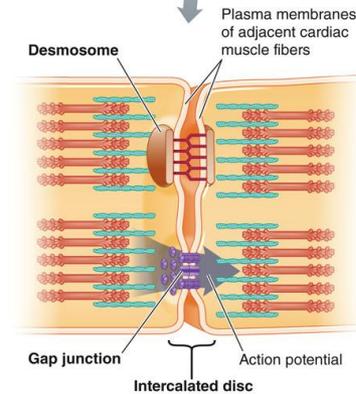


(a) Bundles of cardiac muscle are arranged spirally around the ventricle. When they contract, they "wring" blood from the apex to the base where the major arteries exit.

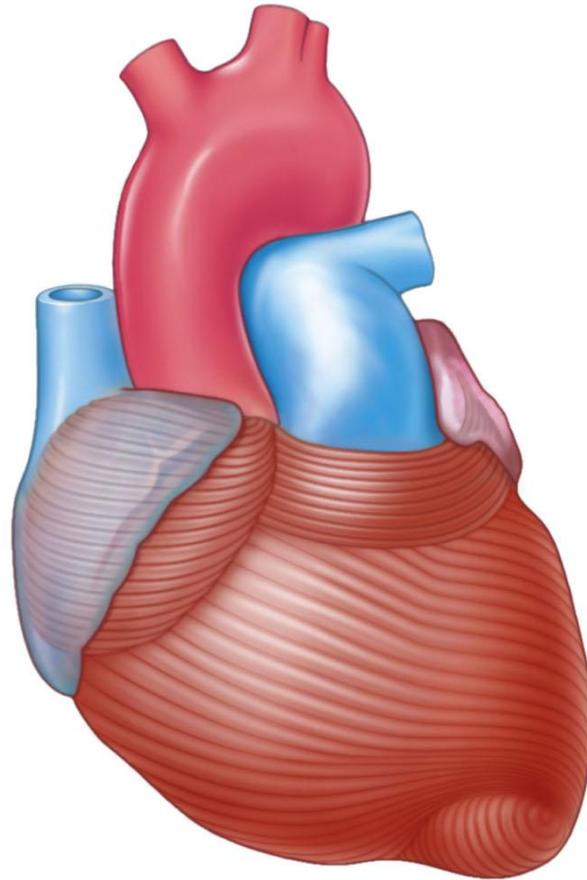
Intercalated discs



(b) Cardiac muscle fibers branch and are interconnected by intercalated discs.

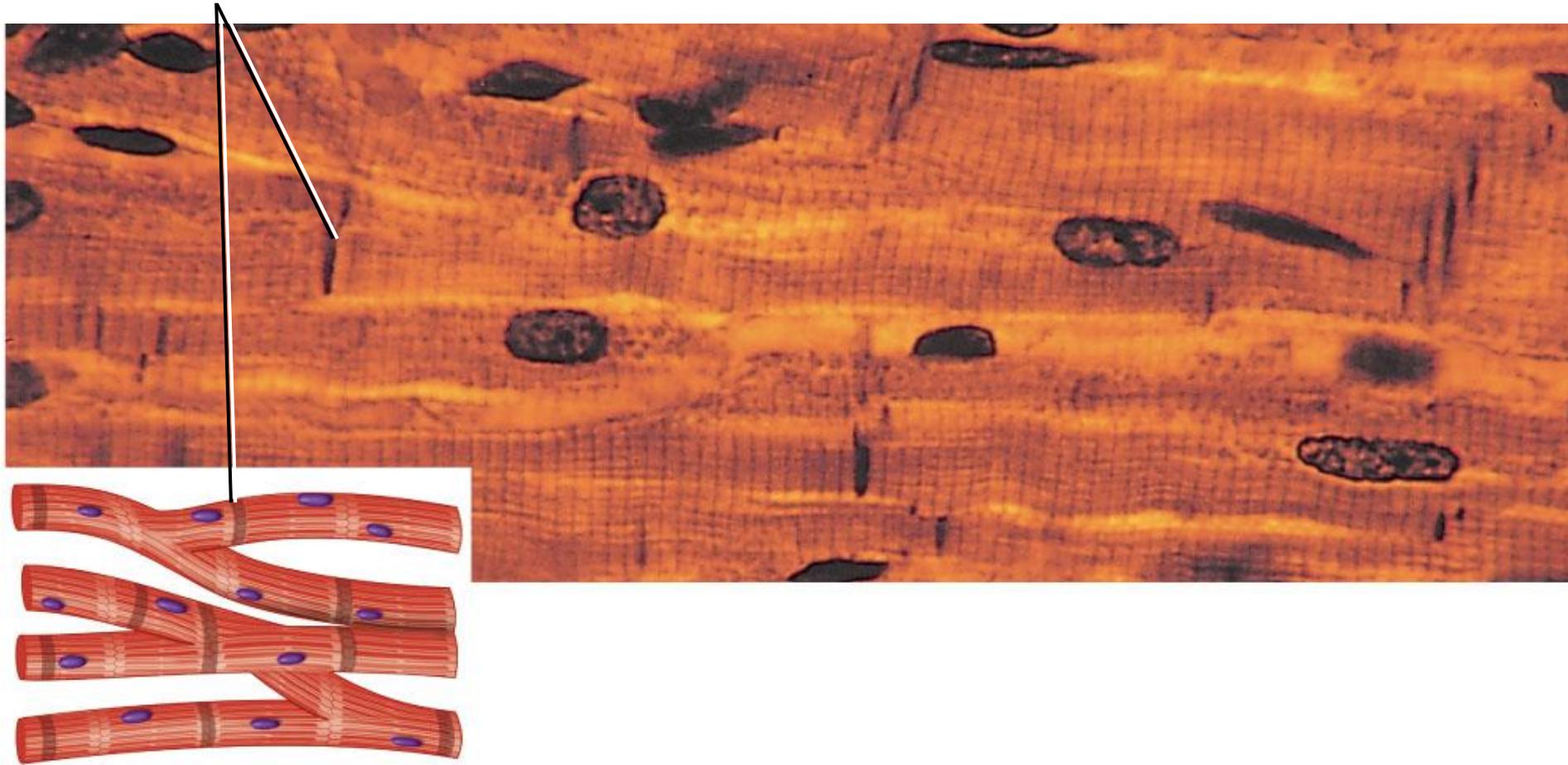


(c) Intercalated discs contain two types of membrane junctions: mechanically important desmosomes and electrically important gap junctions.

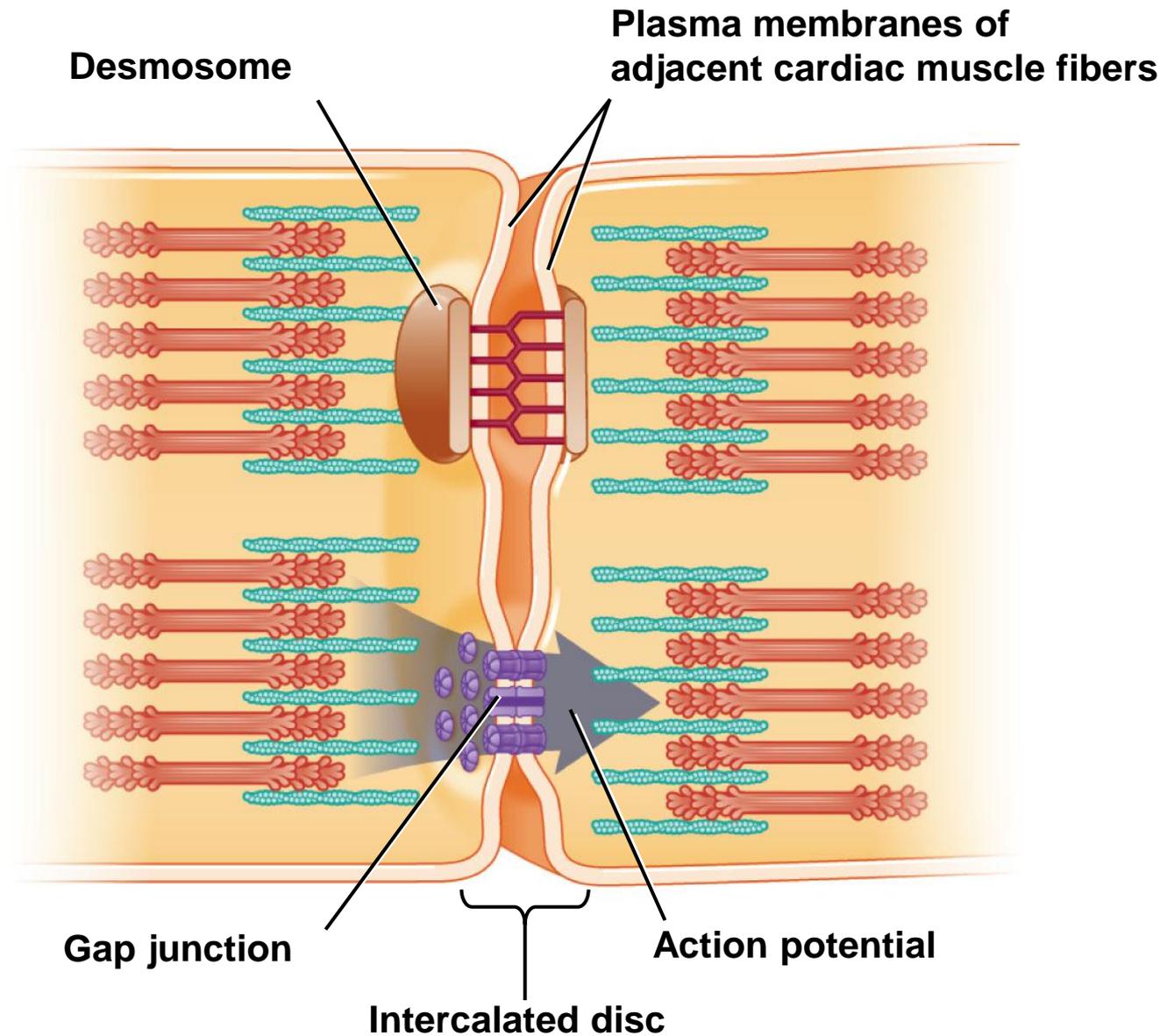


(a) Bundles of cardiac muscle are arranged spirally around the ventricle. When they contract, they “wring” blood from the apex to the base where the major arteries exit.

Intercalated discs

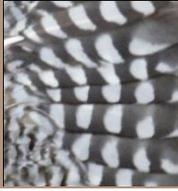


(a) Cardiac muscle fibers branch and are interconnected by intercalated discs.



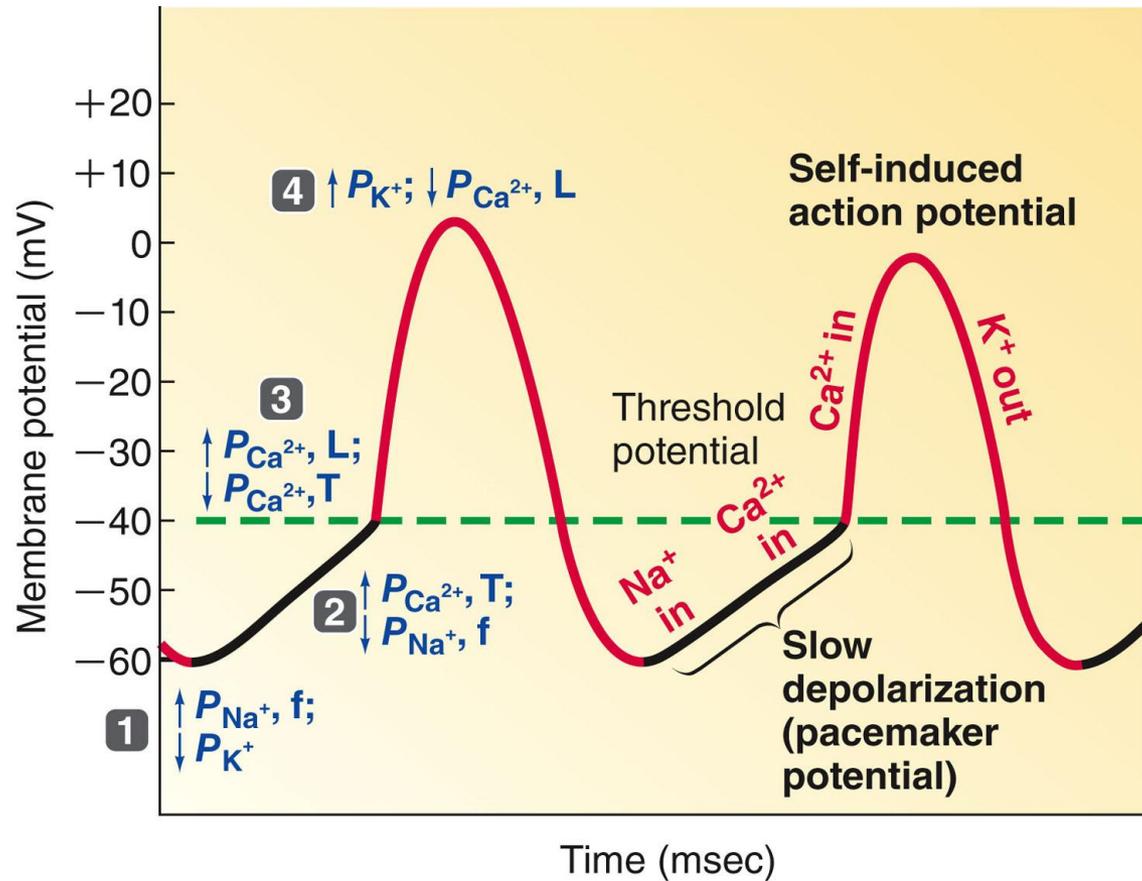
(c) Intercalated discs contain two types of membrane junctions: mechanically important desmosomes and electrically important gap junctions.

9.5 Circulatory Pumps: Heart Electrical Activity



- **Neurogenic hearts** require external neural stimulus to beat (e.g. decapod crustaceans)
- **Myogenic hearts** have **pacemaker cells**
 - Membrane potential of pacemaker cells slowly **depolarizes** due to:
 - Increased inward Na^+ current
 - Decreased outward K^+ current
 - Increased inward Ca^{2+} current
 - **Action potential** is produced when L-type Ca^{2+} **channels** open at **threshold**
 - Large influx of Ca^{2+} causes rapid depolarization

9.5 Circulatory Pumps: Heart Electrical Activity



KEY

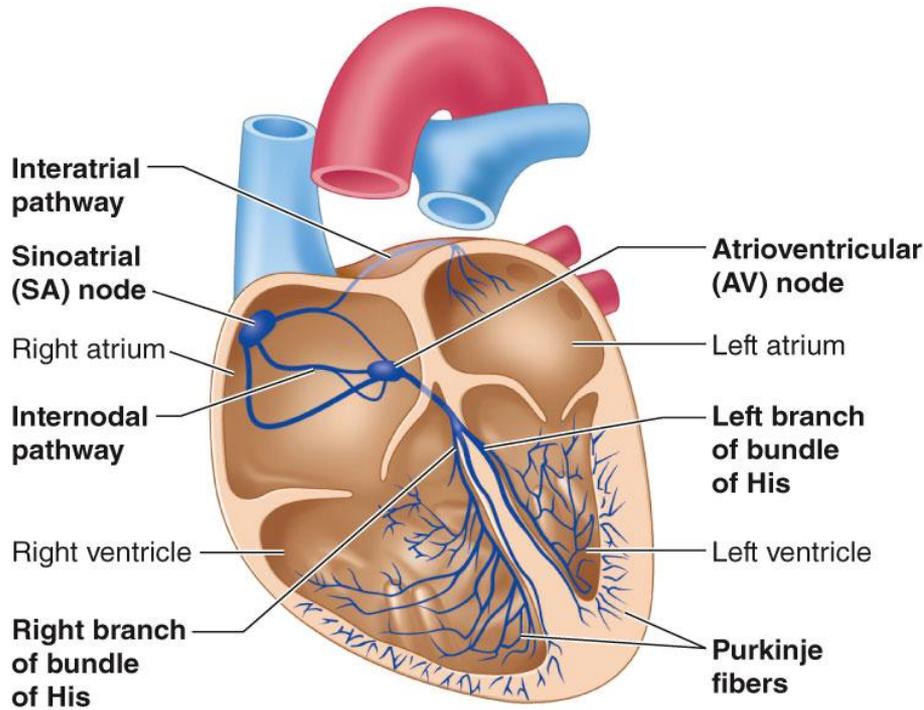
- f = Funny channels
- T = Transient-type channels
- L = Long-lasting channels

9.5 Circulatory Pumps: Heart Electrical Activity

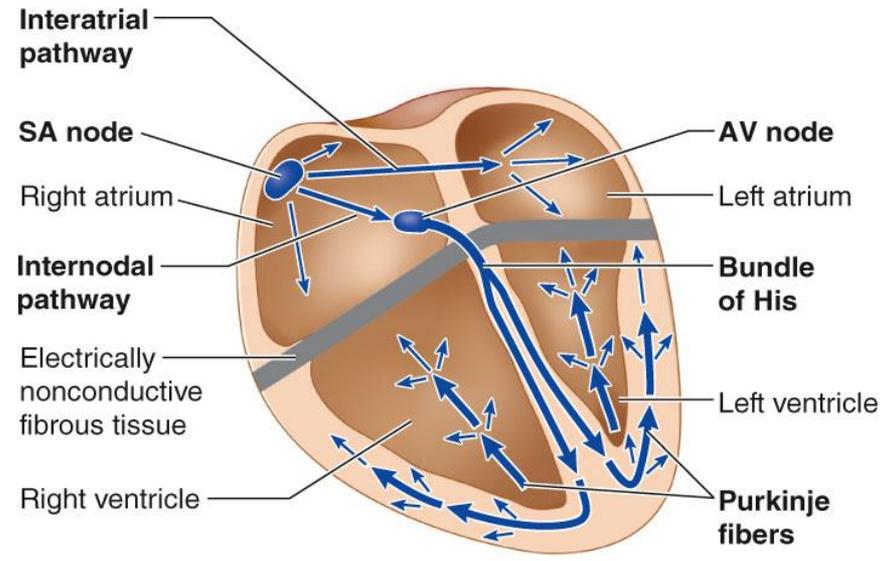


- Conduction pathway
 1. **Sinoatrial (SA) node** is the normal pacemaker
 - Fastest rate of autorhythmicity
 2. **Atrial excitation**
 3. **Atrioventricular (AV) node** transmits impulses between the atria and the ventricles
 - Slower rate of autorhythmicity
 - Impulse is delayed about 0.1 sec
 4. **Ventricular excitation**
 - Impulse passes down the **bundle of His** in the interventricular septum
 - **Purkinje fibers** extend through the ventricular myocardium

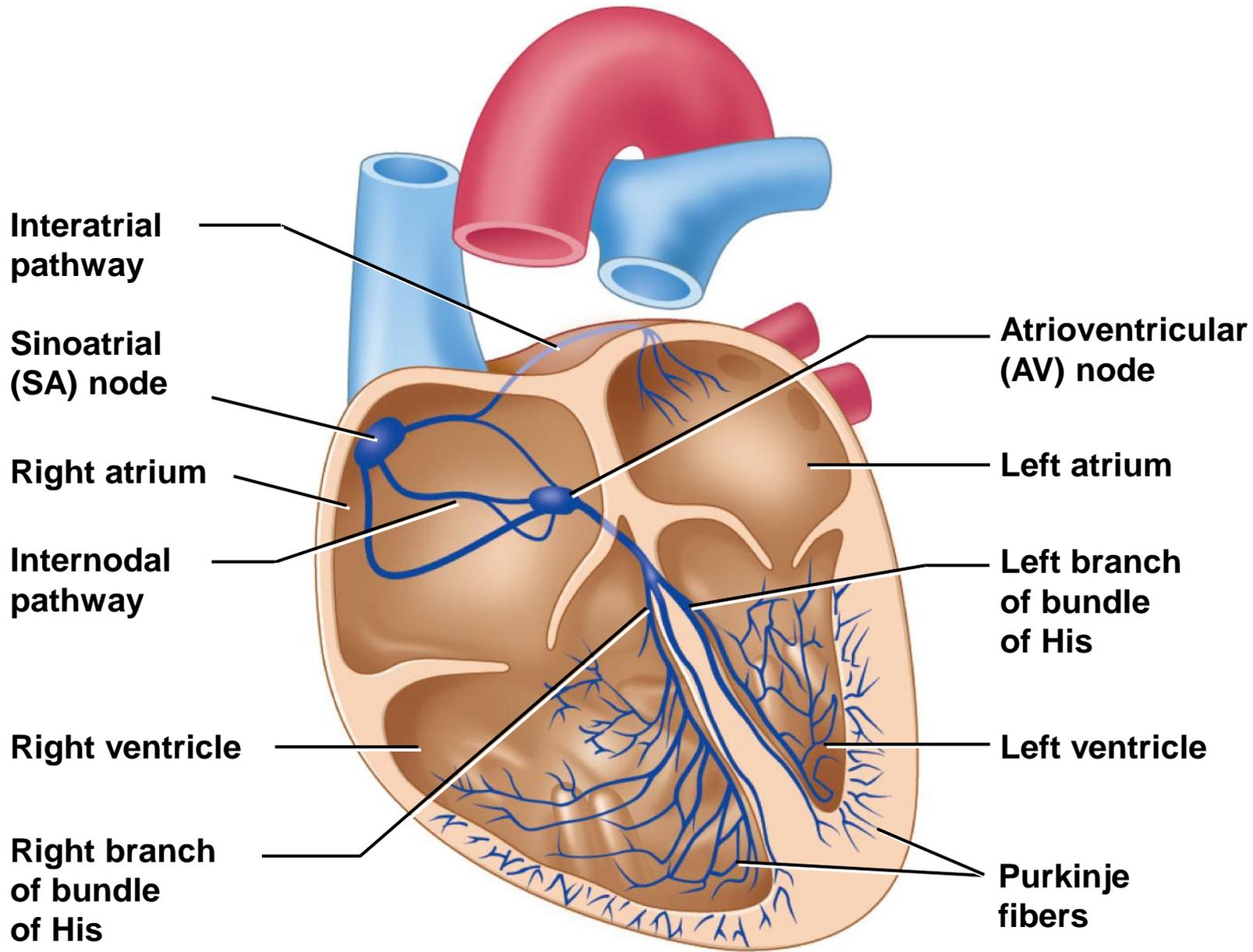
9.5 Circulatory Pumps: Heart Electrical Activity



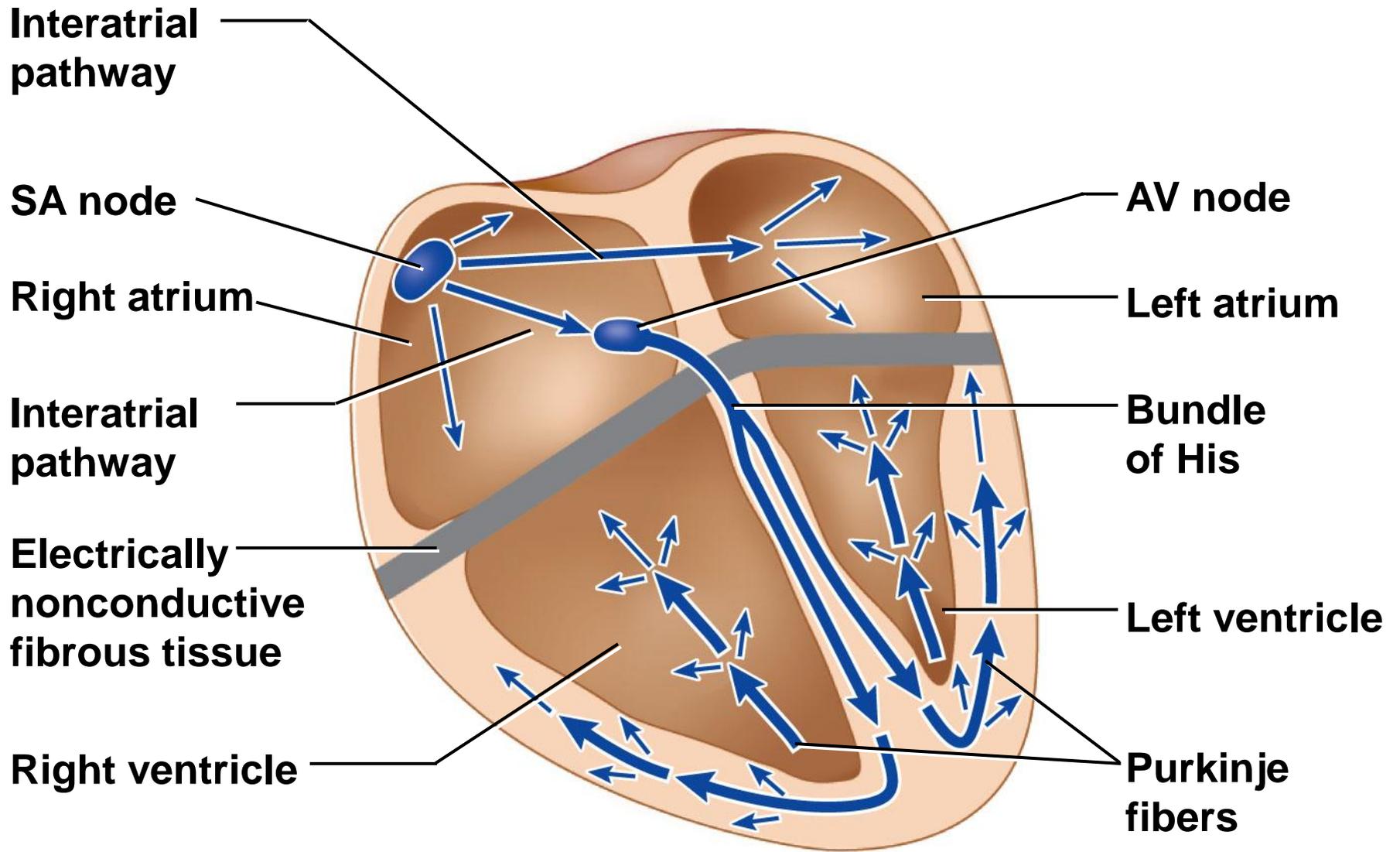
(a) Specialized conduction system of the heart



(b) Spread of cardiac excitation



(a) Specialized conduction system of the heart



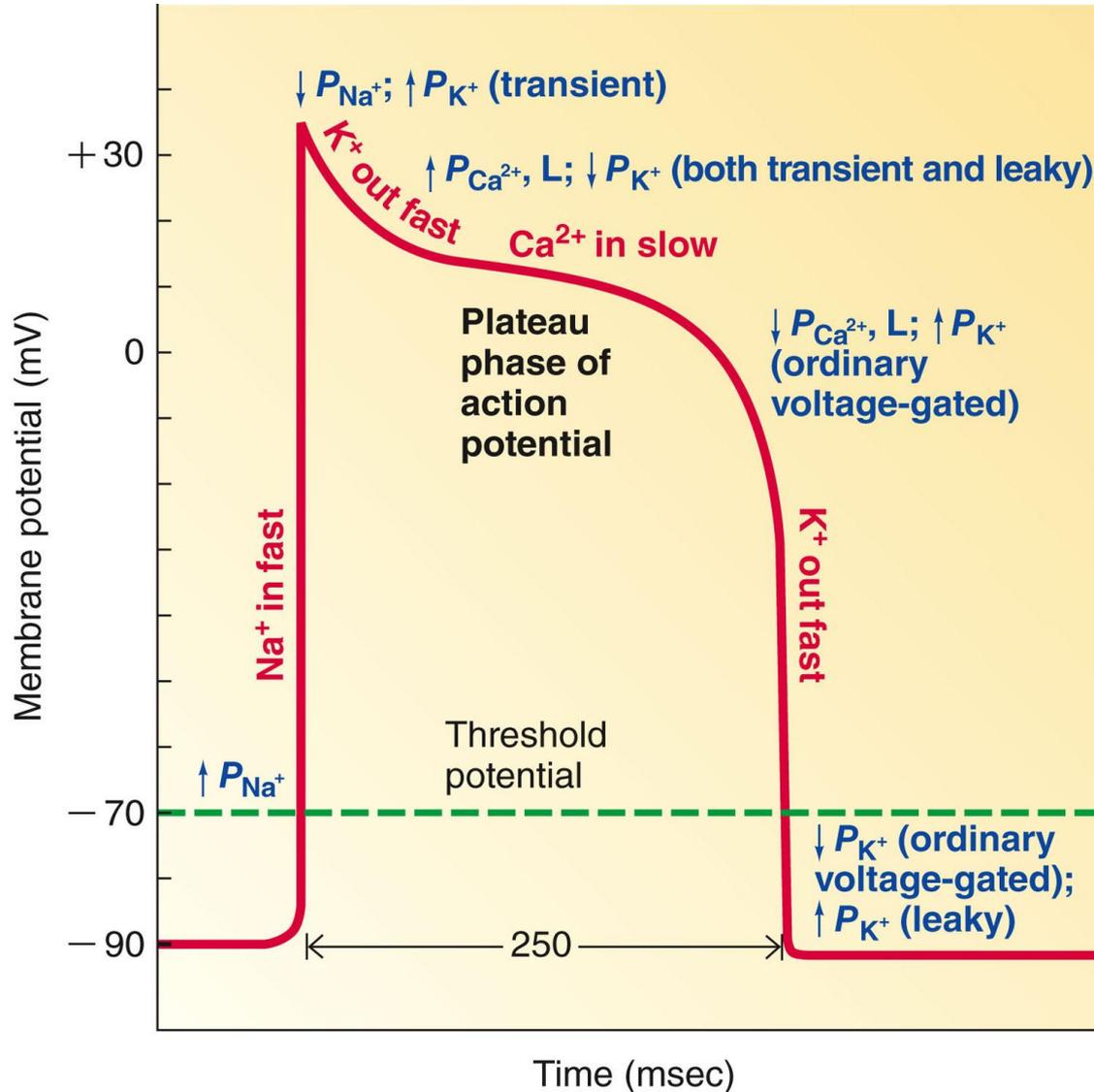
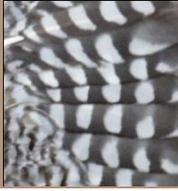
(b) Spread of cardiac excitation

9.5 Circulatory Pumps: Heart Electrical Activity



- The action potential of contractile cardiac muscle cells shows a **plateau phase**.
 - Contractile cells remain **relaxed** until excited by adjacent cells through **gap junctions**
 - **Rising phase**
 - Opening of voltage-gated Na^+ channels
 - K^+ channels transiently open at the peak of action potential, producing slight repolarization
 - **Plateau phase**
 - Opening of “slow” L-type Ca^{2+} channels
 - Closing of K^+ channels
 - Prolongs contraction to aid pumping
 - **Falling phase**
 - Opening of voltage-gated K^+ channels

9.5 Circulatory Pumps: Heart Electrical Activity

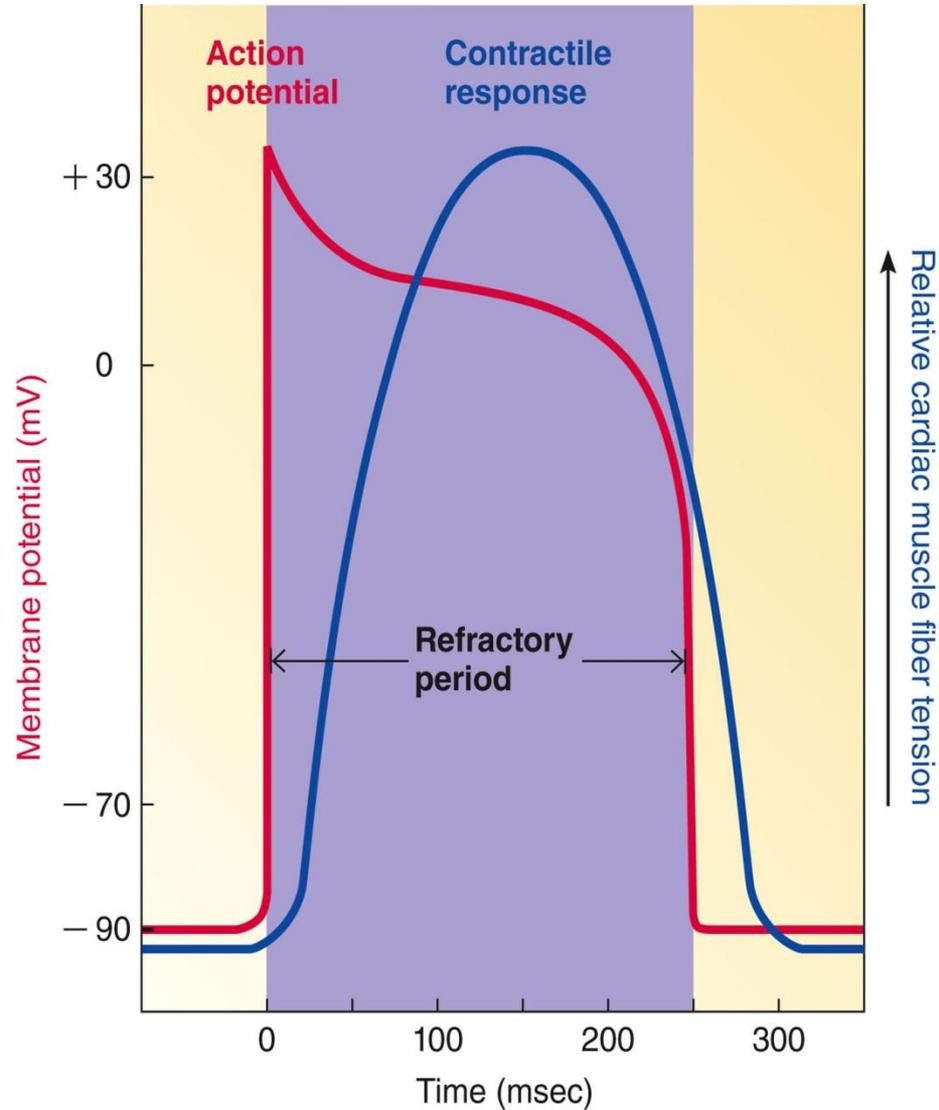
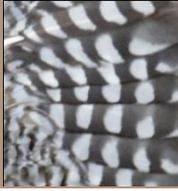


9.5 Circulatory Pumps: Heart Electrical Activity



- Excitation-contraction coupling in the heart
 - **Ca²⁺ enters the cytosol** through L-type channels in T tubules
 - Triggers **release of Ca²⁺** from sarcoplasmic reticulum
 - **Ca²⁺ binds** to troponin-tropomyosin complex to allow cross-bridge cycling
 - **Extent and duration** of cross-bridge activity varies with the **amount of cytosolic Ca²⁺**
 - Cardiac muscle has a **long refractory period** (250 msec)
 - Na⁺ channels remain inactivated during the plateau phase
 - Prevents summation and tetanus

9.5 Circulatory Pumps: Heart Electrical Activity



9.5 Circulatory Pumps: Heart Electrical Activity



■ Electrocardiogram (ECG)

- Electrical currents generated by cardiac muscle can be detected using **recording electrodes** on the skin.
- **Interpretation** of the ECG
 - **P wave** represents **atrial depolarization**
 - **QRS complex** represents **ventricular depolarization**
 - **T wave** represents **ventricular repolarization**
- Periods of **no current flow**
 - **PR segment** represents **AV nodal delay**
 - **ST segment** represents **plateau phase**
 - **TP interval** represents **passive ventricular filling** while all chambers are at rest

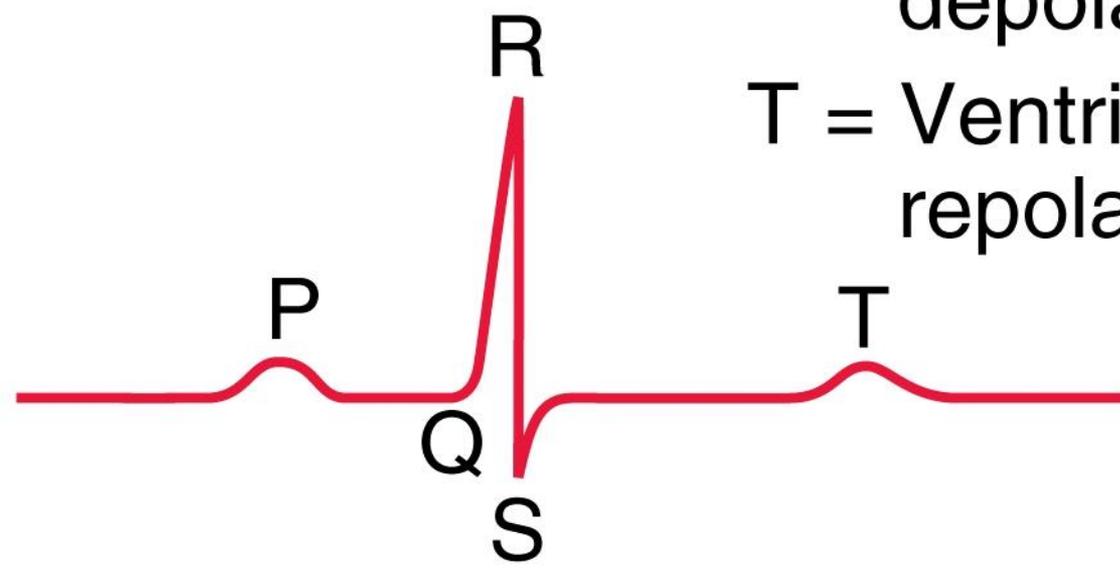


(a) Electrocardiogram

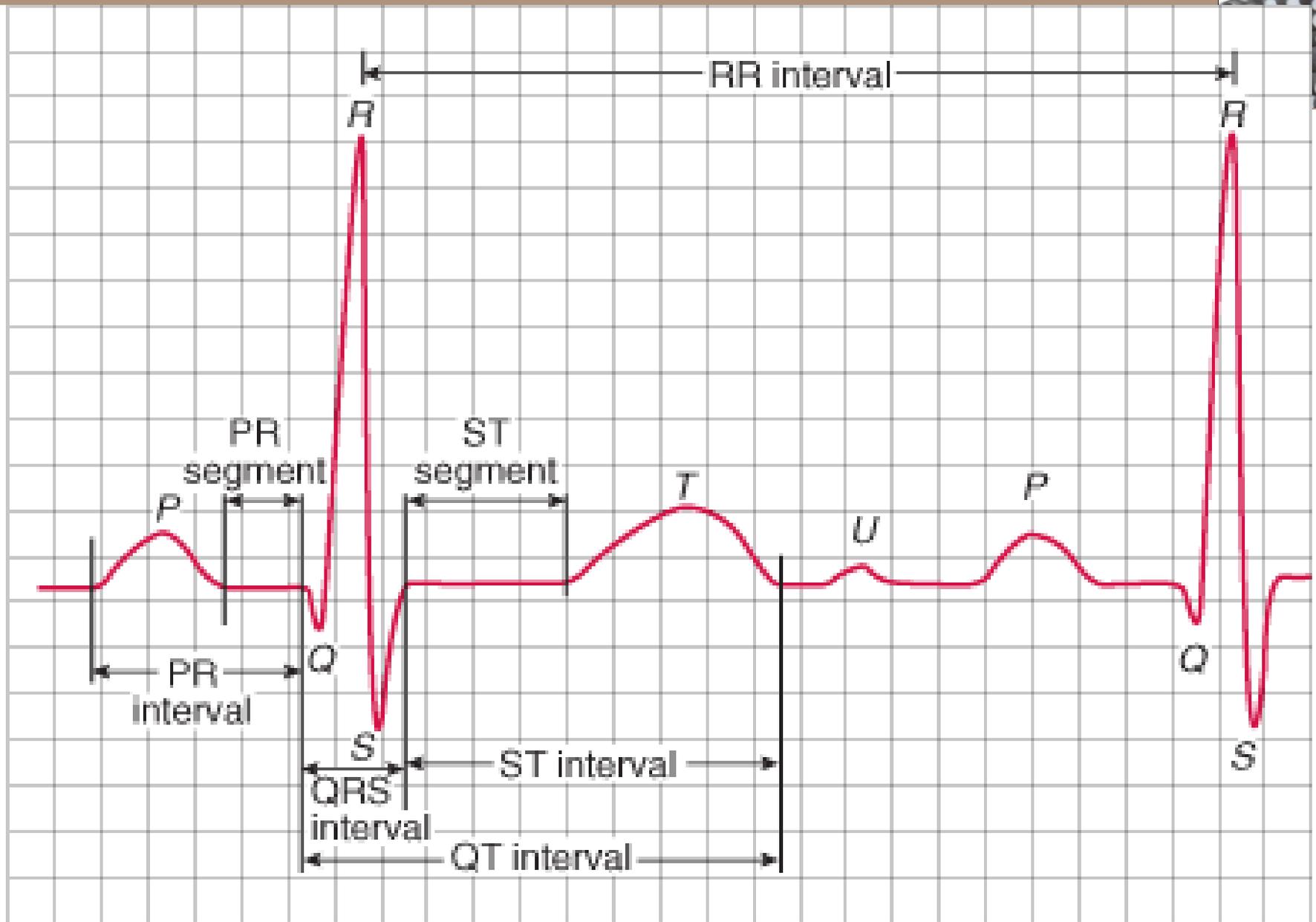
P = Atrial
depolarization

Q,R,S = Ventricular
depolarization

T = Ventricular
repolarization



mm/sec.



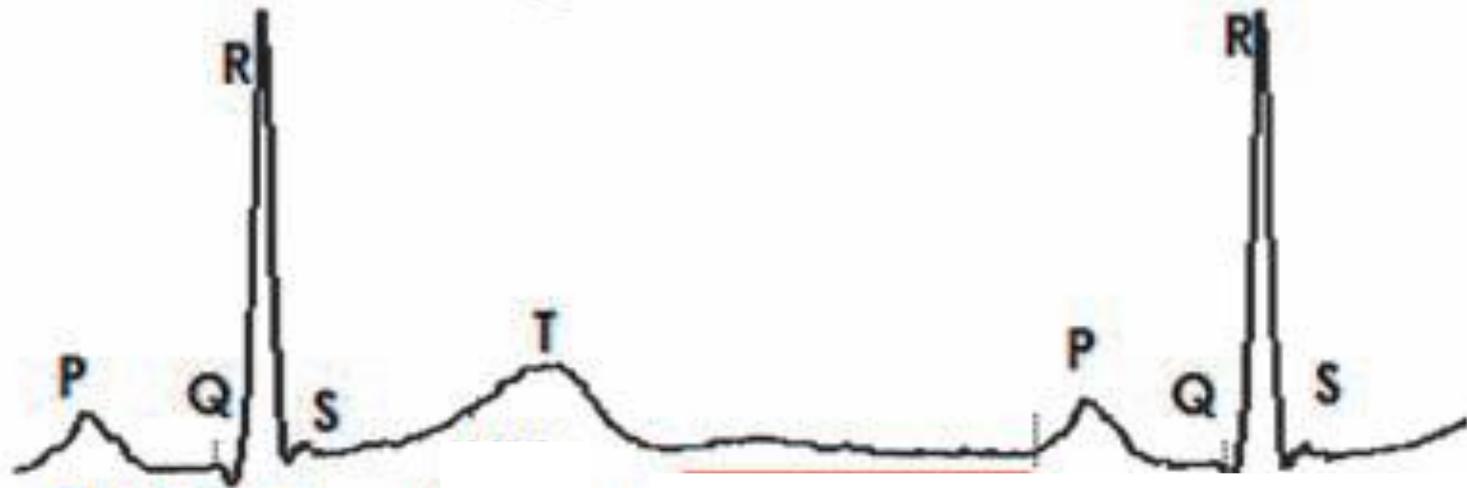
mm/mV 1 square = 0.04 sec/0.1mV



Table 5.1 Components of the ECG & Typical Lead II Values*

ECG COMPONENT		Measurement area...	Represent...	Duration (seconds)	Amplitude (millivolts)
Waves	P	begin and end on isoelectric line (baseline); normally upright in standard limb leads	depolarization of the right and left atria.	0.07 – 0.18	< 0.25
	QRS complex	begin and end on isoelectric line (baseline) from start of Q wave to end of S wave	depolarization of the right and left ventricles. Atrial repolarization is also part of this segment, but the electrical signal for atrial repolarization is masked by the larger QRS complex (see Fig 5.2)	0.06 – 0.12	0.10 – 1.50
	T	begin and end on isoelectric line (baseline)	repolarization of the right and left ventricles.	0.10 – 0.25	< 0.5
Intervals	P-R	from start of P wave to start of QRS complex	time from the onset of atrial depolarization to the onset of ventricular depolarization.	0.12-0.20	
	Q-T	from start of QRS complex to end of T wave	time from onset of ventricular depolarization to the end of ventricular repolarization. It represents the refractory period of the ventricles.	0.32-0.36	
	R-R	from peak of R wave to peak of succeeding R wave	time between two successive ventricular depolarizations.	0.80	
Segments	P-R	from end of P wave to start of QRS complex	time of impulse conduction from the AV node to the ventricular myocardium.	0.02 – 0.10	
	S-T	between end of S wave and start of T wave	period of time representing the early part of ventricular repolarization during which ventricles are more or less uniformly excited.	< 0.20	
	T-P	from end of T wave to start of successive P wave	time from the end of ventricular repolarization to the onset of atrial depolarization.	0.0 – 0.40	

ECG Tracing



Normal heart sounds are associated with heart valves closing, causing changes in blood flow



Common:

S₁: The first heart tone, or **S₁**, forms the "lubb" of "lubb-dub"
Closure of the atrioventricular valves

S₂: The second heart tone, or **S₂**, forms the "dub" of "lubb-dub"
Closure of the aortic valve and pulmonary valve at the end of ventricular systole

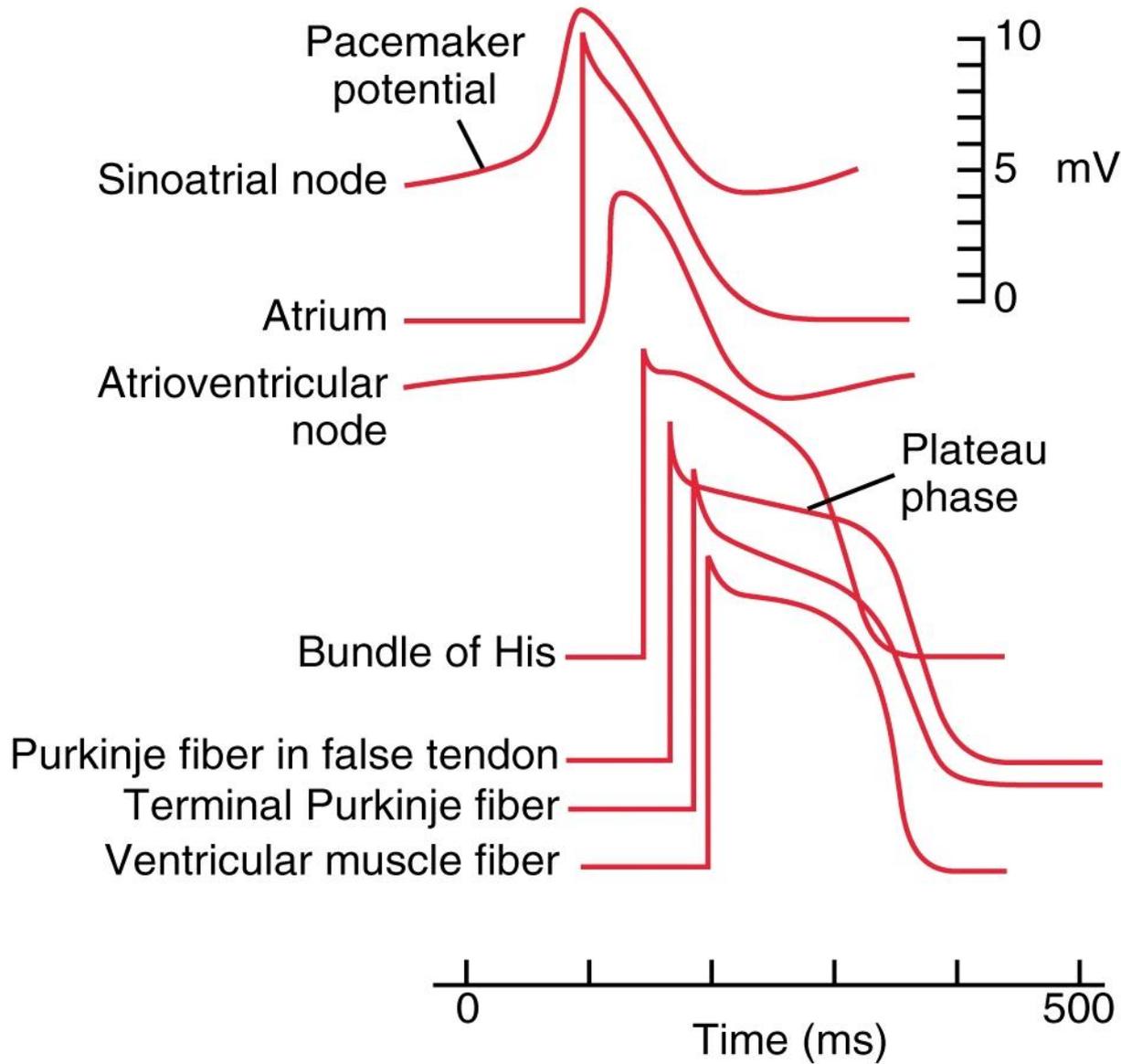
Not so common: In young children can hear. IN NEONATES ONE SHOULD NOT HEAR S3 AND S4.

S₃: Also called a **protodiastolic gallop**, **ventricular gallop**, or informally the "Kentucky" gallop (**S₁=ken; S₂=tuc; S₃=ky**). It is not of valvular origin.
S₃ is thought to be caused by the oscillation inrushing blood from the atria.

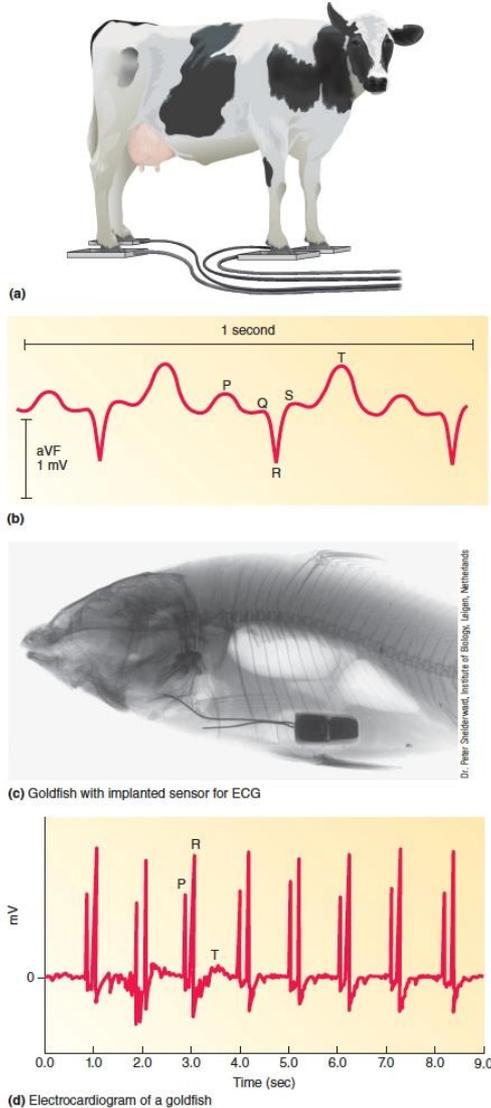
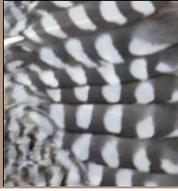
S₄: The rare fourth heart sound is sometimes audible in healthy children and again in trained athletes. Is called a **presystolic gallop** or **atrial gallop**.
Producing a rhythm sometimes referred to as the "**Tennessee**" gallop where S₄ represents the "tenn-" syllable.

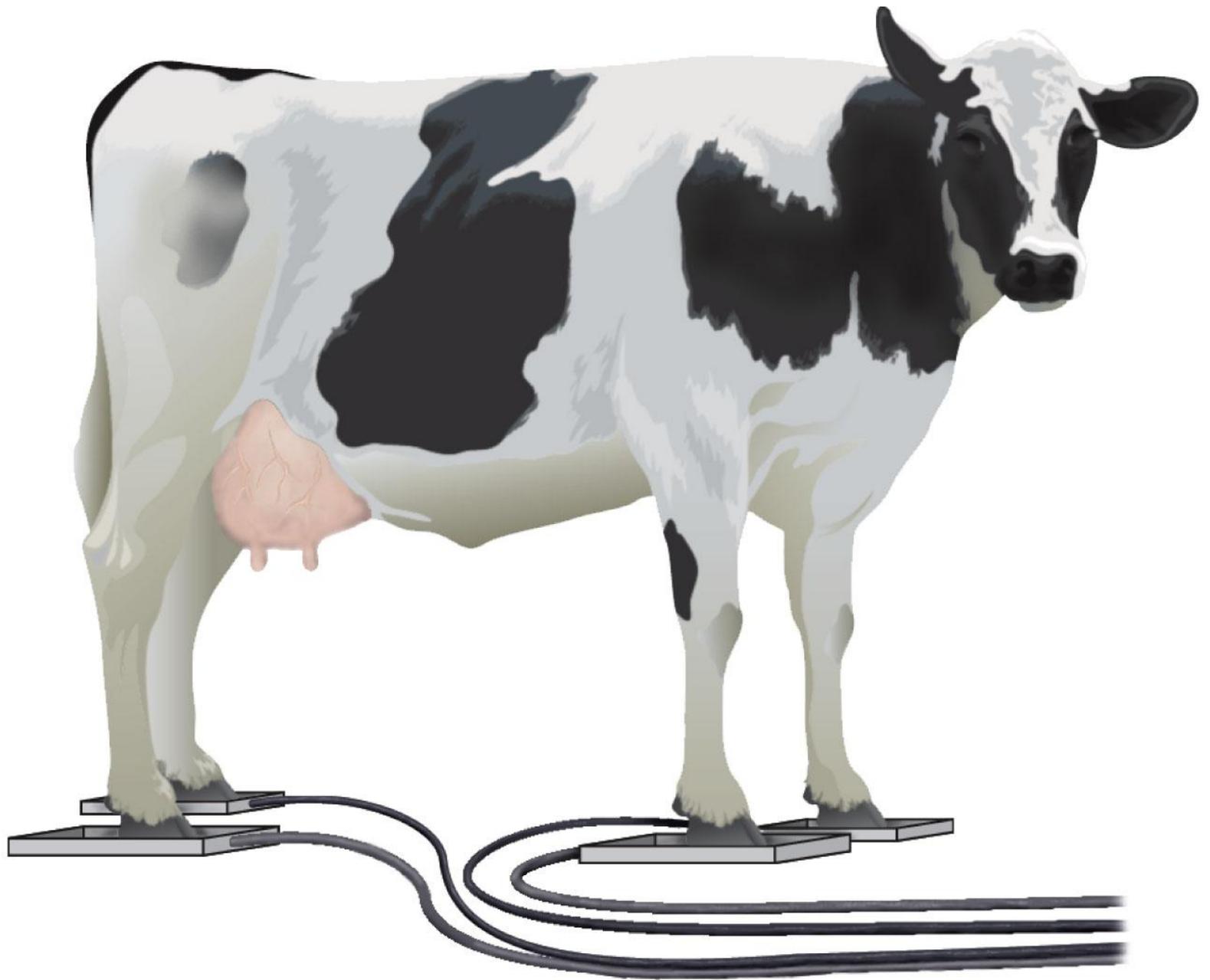


(b) Cardiac action potentials

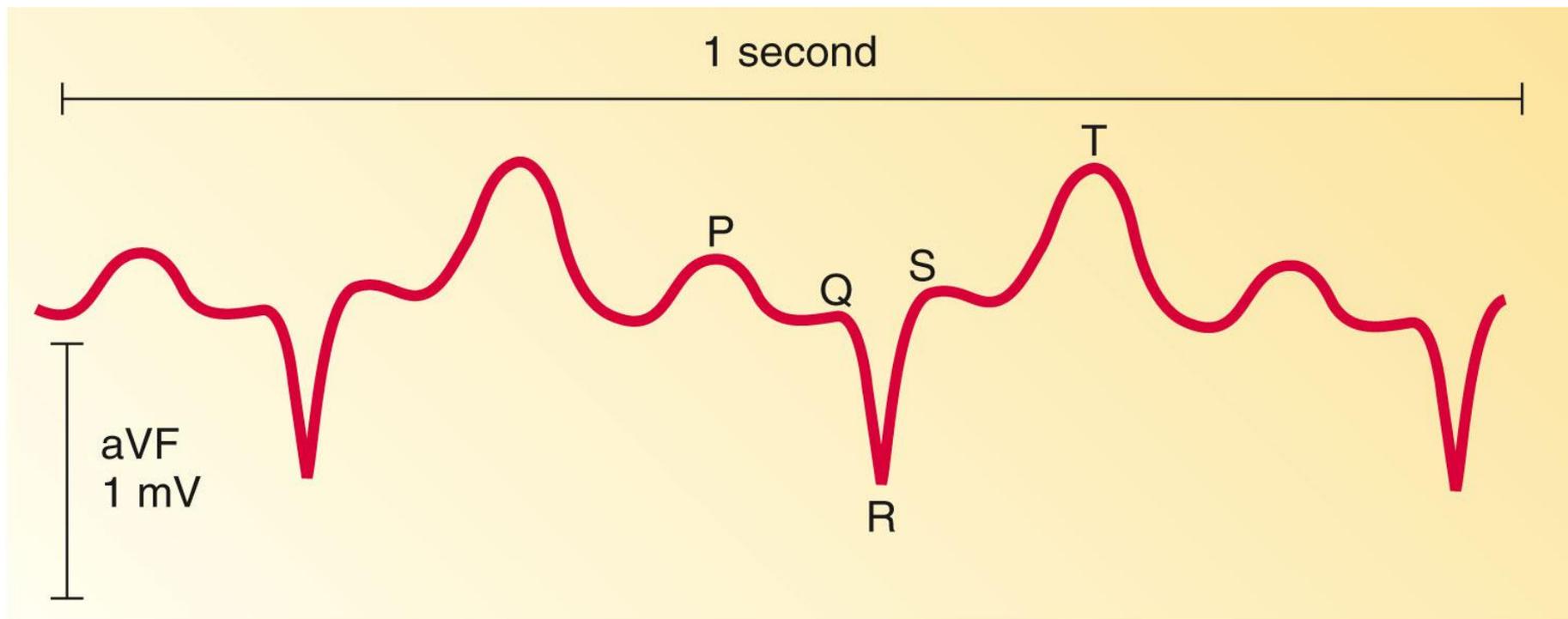


9.5 Circulatory Pumps: Heart Electrical Activity

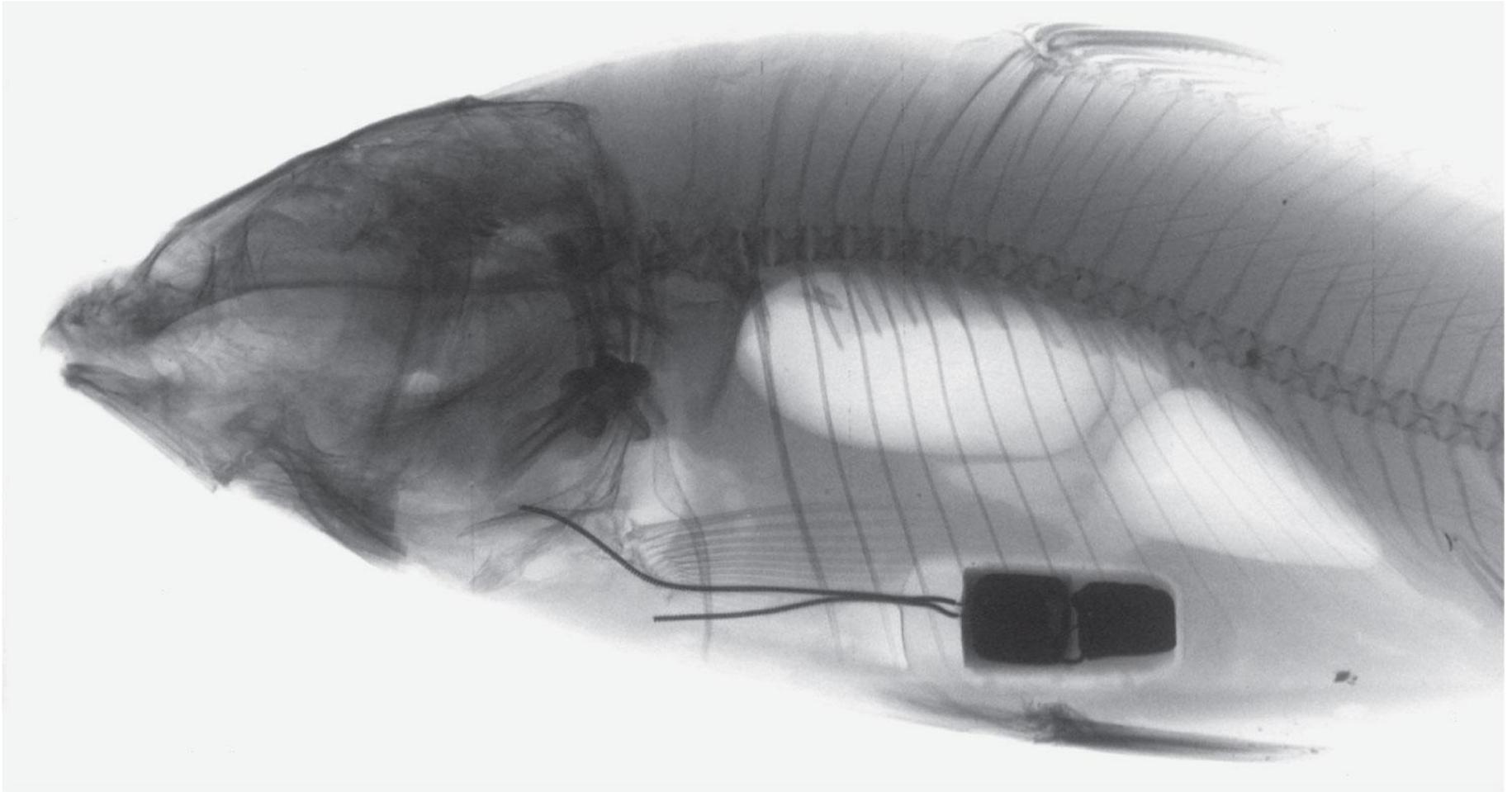




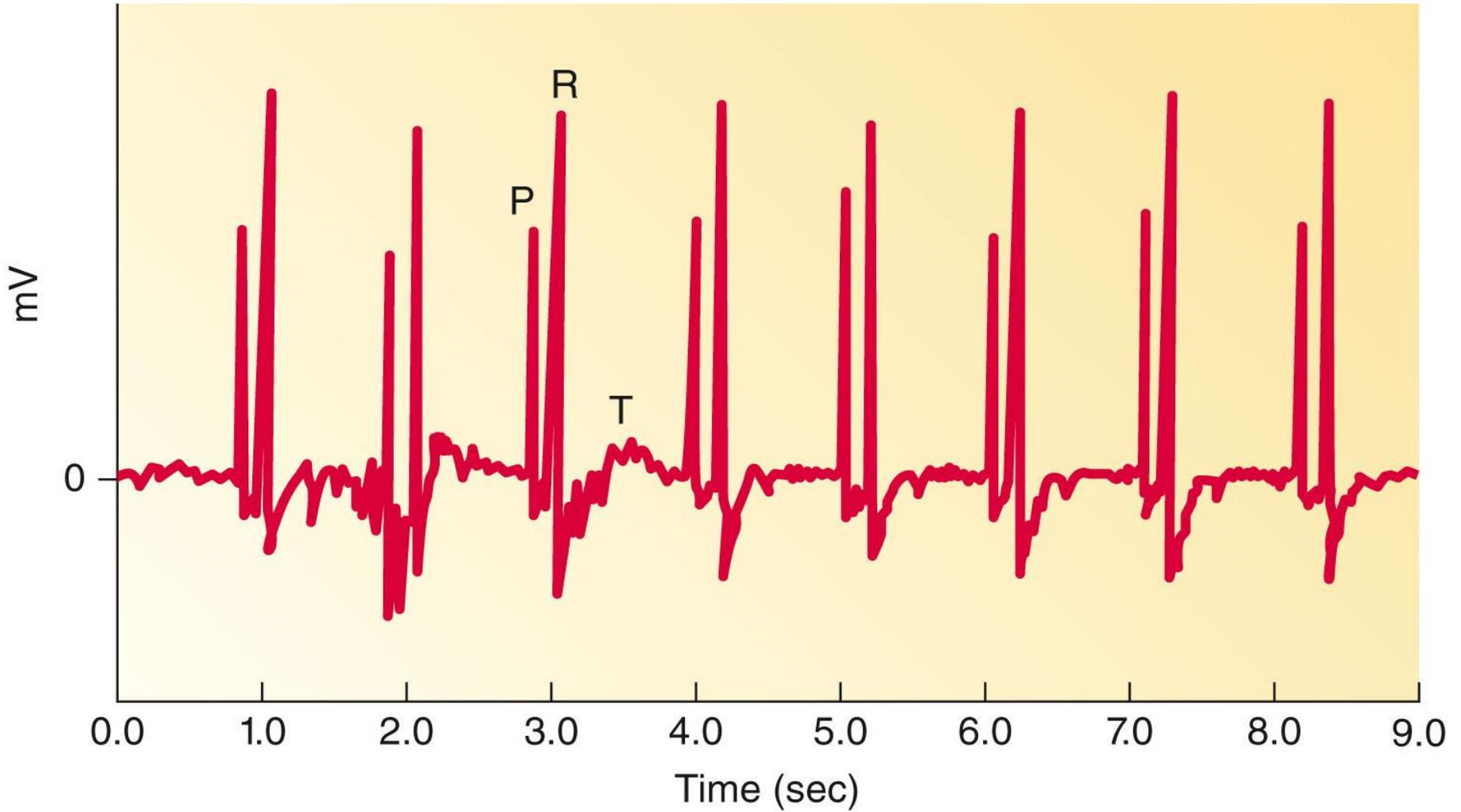
(a)



(b)



(c) Goldfish with implanted sensor for ECG



(d) Electrocardiogram of a goldfish

9.6 Circulatory Pumps: Heart Mechanics and the Cardiac Cycle



- The **cardiac cycle** consists of alternating periods of **systole** and **diastole**
 - **Systole** is the period of contraction and emptying
 - **Diastole** is the period of relaxation and filling
 - Events are the **same** on the left and right sides of the heart
 - **Pressures are lower** on the right

9.6 Circulatory Pumps: Heart Mechanics and the Cardiac Cycle



■ Events of the cardiac cycle

1. **Early ventricular diastole**

- AV valves are open; aortic and pulmonary valves are closed
- Blood flows from veins into atria into ventricles

2. **Late ventricular diastole**

- SA node fires and atria depolarize (P wave)
- Atria contract, increasing atrial pressure

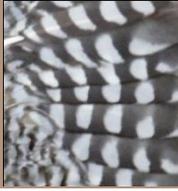
3. **End of ventricular diastole**

- Ventricular filling is completed (end-diastolic volume)

4. **Ventricular excitation and onset of ventricular systole**

- Impulse passes through AV node and bundle of His and depolarizes ventricles (QRS complex)
- Ventricles contract, increasing ventricular pressure
- AV valves close

9.6 Circulatory Pumps: Heart Mechanics and the Cardiac Cycle



■ Events of the cardiac cycle

5. **Isovolumetric ventricular contraction**

- Ventricles are closed chambers while ventricular pressure rapidly rises

6. **Ventricular ejection**

- When ventricular pressure exceeds arterial blood pressure, aortic and pulmonary valves open
- Blood is forced into arteries and ventricular volume decreases substantially

7. **End of ventricular systole**

- Ventricular emptying is completed (end-systolic volume)
- Amount of blood pumped out is the stroke volume

8. **Ventricular repolarization and onset of ventricular diastole**

- Ventricles repolarize (T wave)
- Ventricular pressure falls below arterial blood pressure and aortic and pulmonary valves close (dicrotic notch)

9.6 Circulatory Pumps: Heart Mechanics and the Cardiac Cycle



- Events of the cardiac cycle

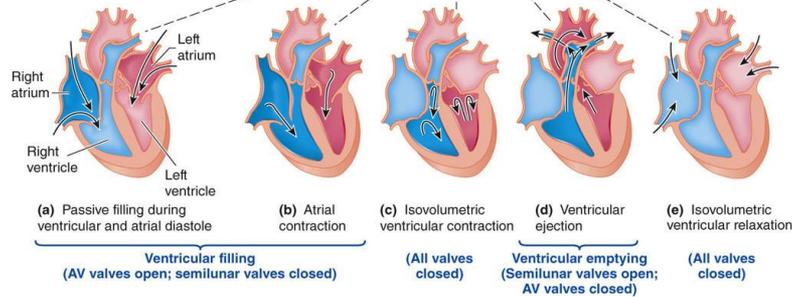
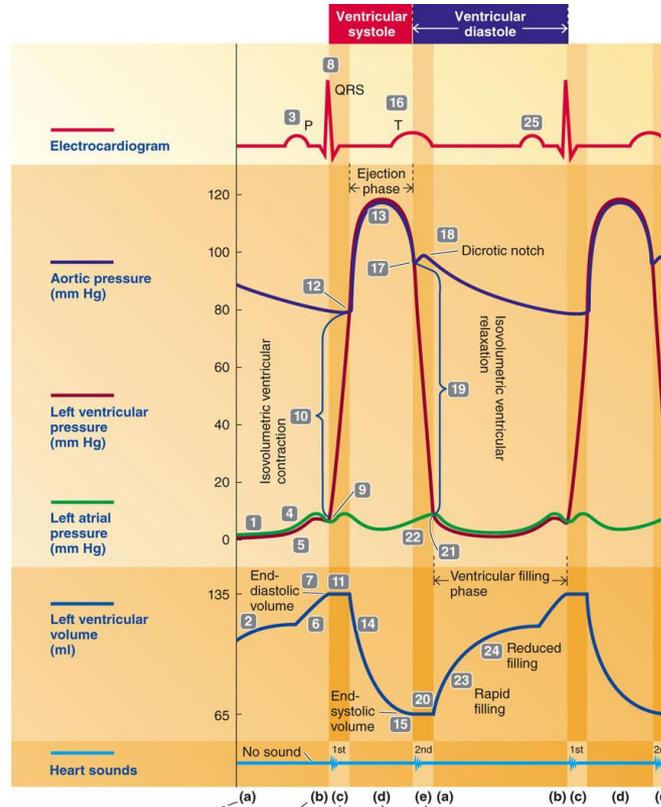
- 9. Isovolumetric ventricular relaxation**

- Ventricles are closed chambers while ventricular pressure rapidly falls

- 10. Ventricular filling**

- When ventricular pressure falls below atrial pressure, AV valves open
 - Ventricles begin to fill with blood
 - **Cardiac cycle repeats** beginning with firing of SA node

9.6 Circulatory Pumps: Heart Mechanics and the Cardiac Cycle



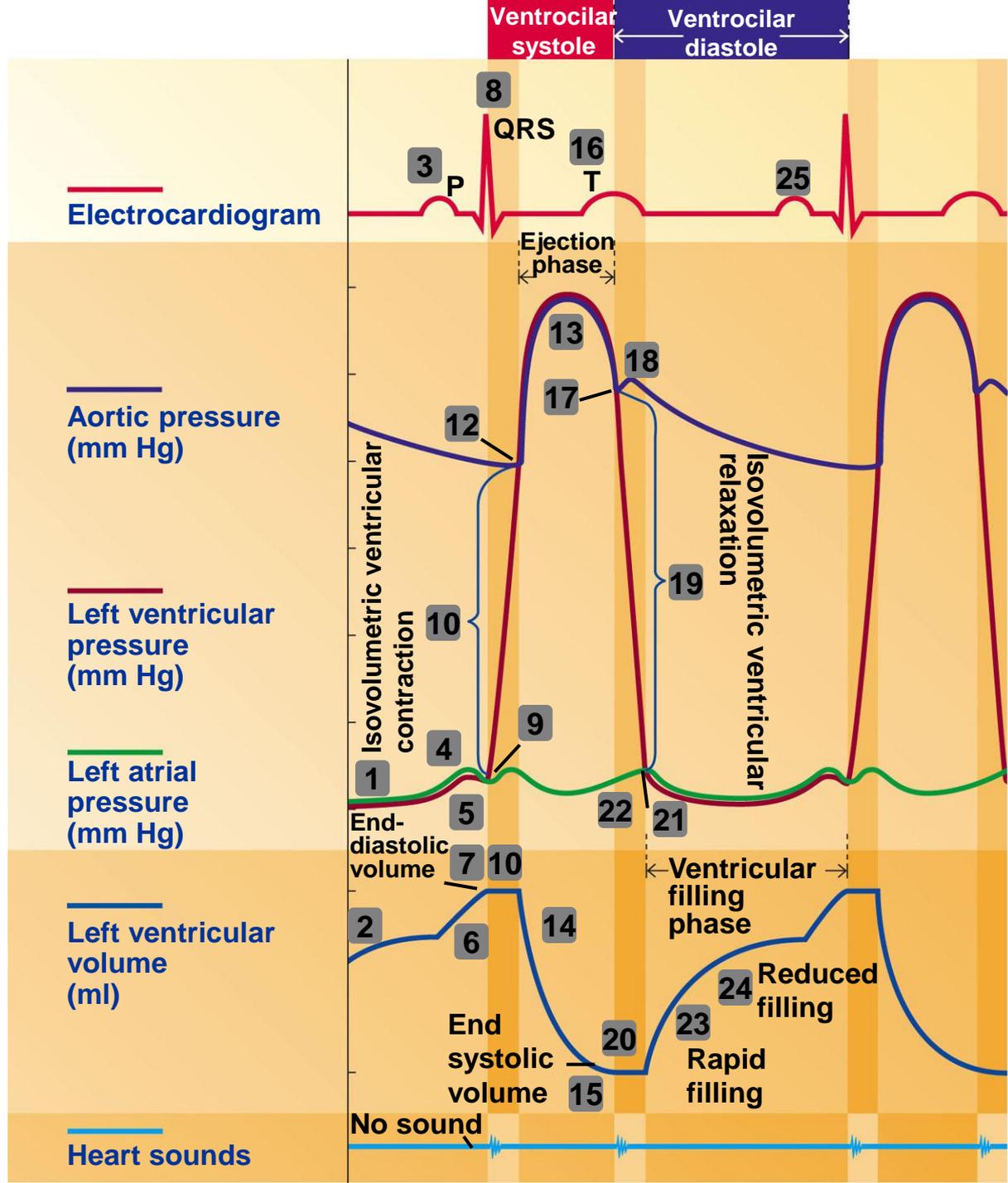


Figure 9-27 p413

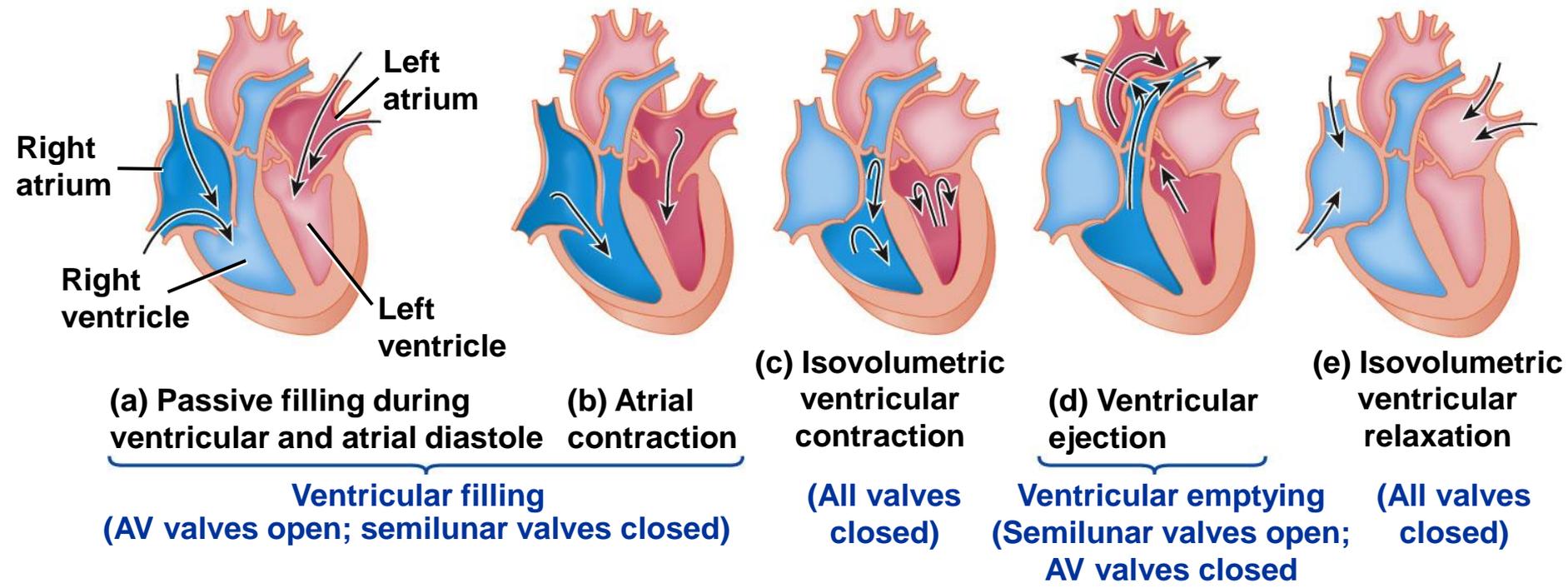


Figure 9-27 p413



Blood Pressure Stages

Blood Pressure Category	Systolic mm Hg (upper #)		Diastolic mm Hg (lower #)
Normal	less than 120	and	less than 80
Elevated	120-129	and	less than 80
High Blood Pressure (Hypertension) Stage 1	130-139	or	80-89
High Blood Pressure (Hypertension) Stage 2	140 or higher	or	90 or higher
Hypertensive Crisis (Seek Emergency Care)	higher than 180	and/or	higher than 120

Source: American Heart Association



Neurogenic control

The autonomic nervous system plays an important role in the control of blood pressure. In hypertensive patients, both increased release of, and enhanced peripheral sensitivity to, norepinephrine can be found. In addition, there is increased responsiveness to stressful stimuli. Another feature of arterial hypertension is a resetting of the baroreflexes and decreased baroreceptor sensitivity.

Atrial natriuretic peptide..... Etc.... (will discuss in later sections- renal and endocrine)

9.7 Circulatory Pumps: Cardiac Output and Its Control

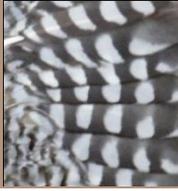


- **Cardiac output (C.O.)** is the volume of blood pumped per minute by a heart to the body.

Cardiac output = heart rate x stroke volume

- Larger animals have slower heart rates, but larger stroke volumes
- Cardiac output **increases** with **warmer body temperature**, **age** during development, and **increased activity level**.

9.7 Circulatory Pumps: Cardiac Output and Its Control



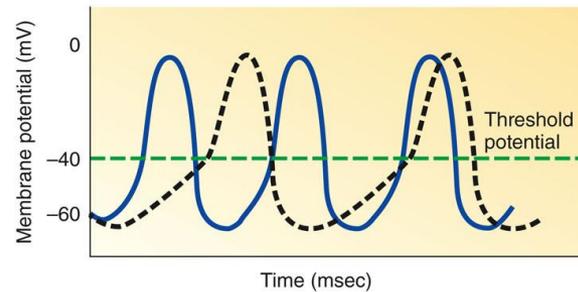
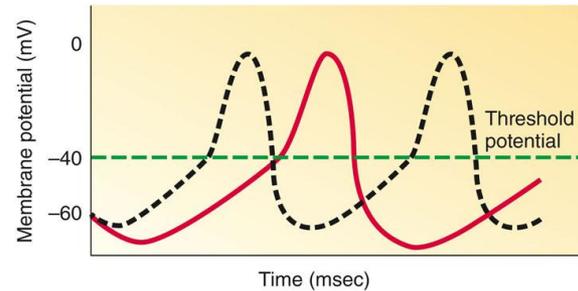
- **Heart rate** is determined by **antagonistic regulation** by the **autonomic nervous system**
 - Coordinated by the **cardiovascular control center** in the **brain stem**
 - **ACh** from **vagus nerve** binds to **muscarinic receptors**
 - Decreases heart rate (SA node)
 - Decreases excitability of the AV node
 - Shortens the plateau phase of atrial contractile cells
 - **NE** from **sympathetic neurons** and **epinephrine** from the **adrenal medulla** bind to **β_1 -adrenergic receptors**
 - Increases heart rate
 - Reduces AV nodal delay
 - Speeds the spread of action potentials through the conduction pathway
 - Increases contractile strength of atrial and ventricular cells

9.7 Circulatory Pumps: Cardiac Output and Its Control

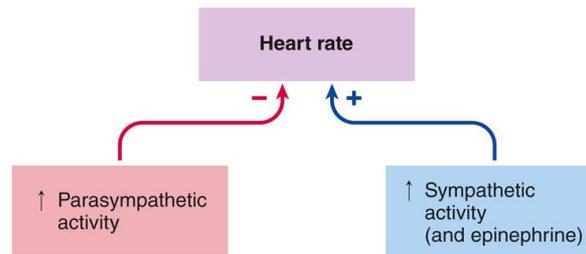


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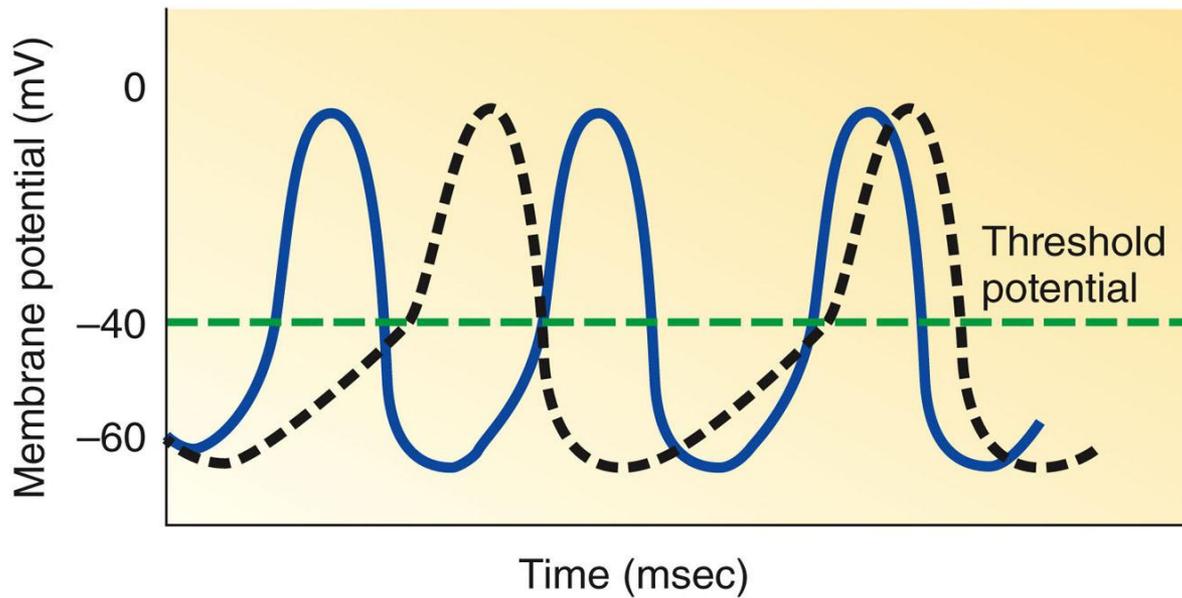
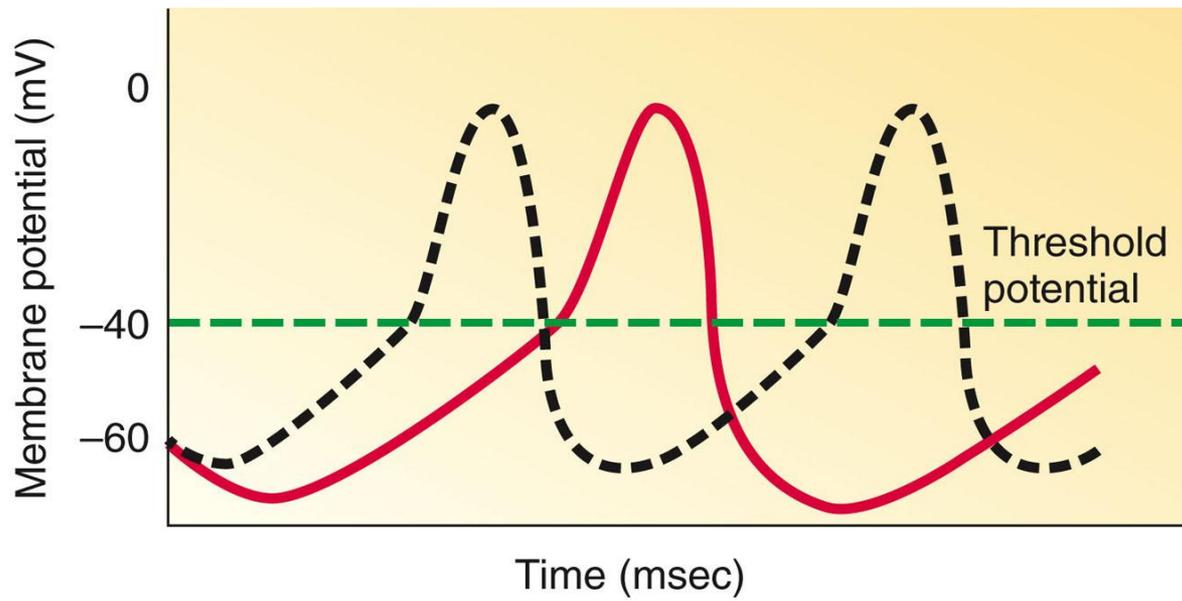
- = Inherent SA node pacemaker activity
- = SA node pacemaker activity on parasympathetic stimulation
- = SA node pacemaker activity on sympathetic stimulation



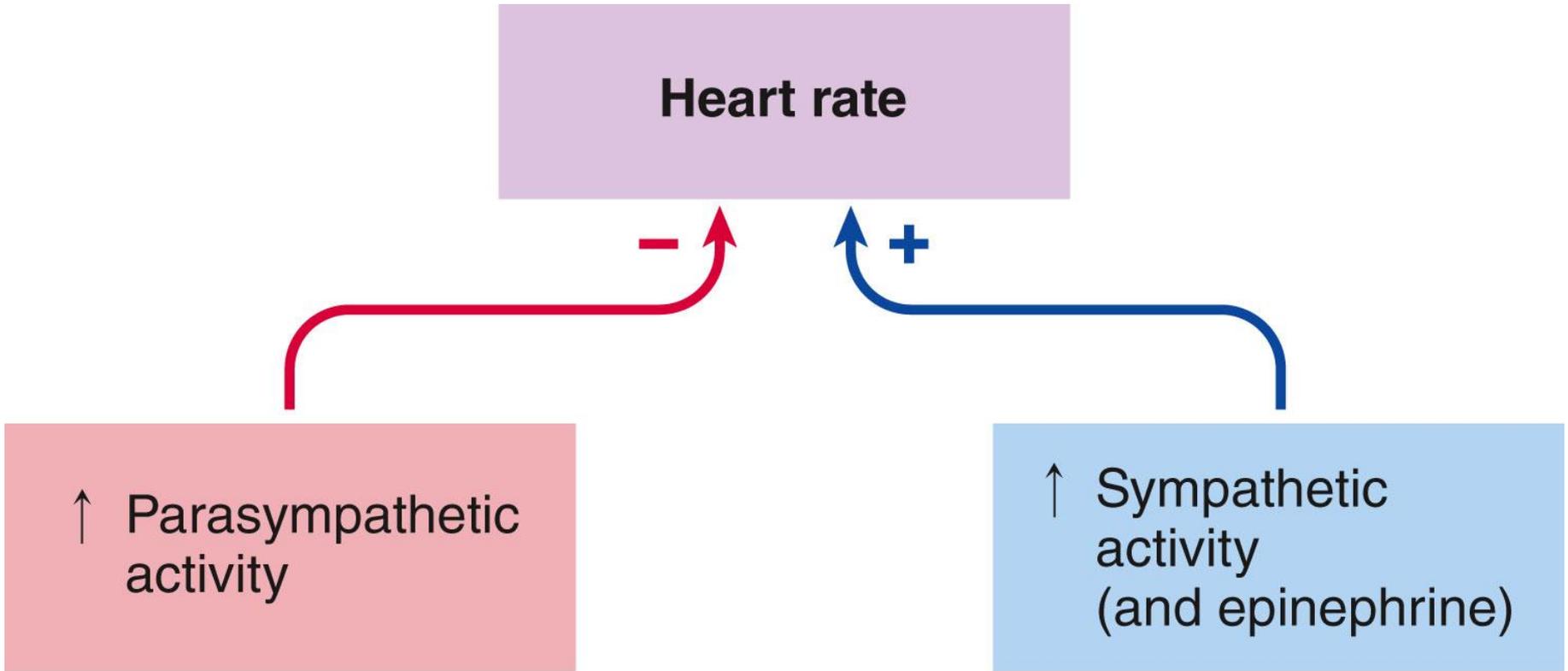
(a) Autonomic influence on SA node potential



(b) Control of heart rate by autonomic nervous system



(a) Autonomic influence on SA node potential



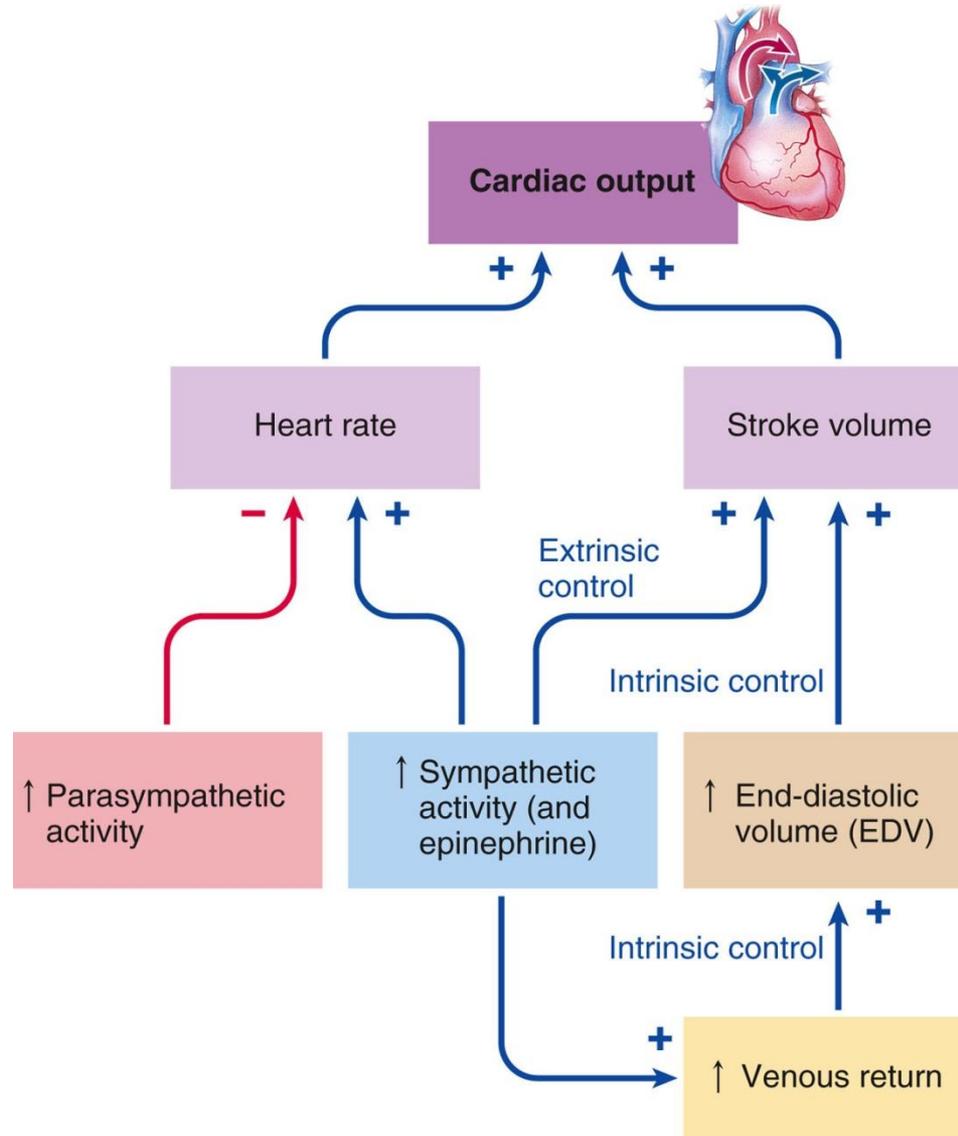
(b) Control of heart rate by autonomic nervous system

9.7 Circulatory Pumps: Cardiac Output and Its Control



- **Control of stroke volume**
 - **Intrinsic control**
 - Direct correlation between **end-diastolic volume (EDV)** and **stroke volume (SV)**
 - Depends on the **length-tension relationship** of cardiac muscle
 - The greater the volume of blood entering the heart, the greater the volume ejected (**Frank-Starling law of the heart**)
 - **Extrinsic control**
 - **Sympathetic stimulation** enhances contractility of the heart
 - **Sympathetic stimulation** constricts veins, enhancing venous return and increasing stroke volume

9.7 Circulatory Pumps: Cardiac Output and Its Control



9.7 Circulatory Pumps: Cardiac Output and Its Control



- The heart receives its blood supply through the **coronary circulation**
 - Heart muscle cannot extract oxygen or nutrients from blood within its chambers
 - **Coronary arteries** first evolved in active fishes
 - Branch off of brachial arteries leaving the gills
 - Coronary arteries branch off of the aorta in mammals
 - Coronary **blood flow increases** during activity
 - **Dilation** of coronary vessels is induced by **adenosine**
 - Adenosine is formed from ATP when oxygen supplies are low or cardiac activity is increased
 - **Obstruction of coronary arteries** is a leading cause of death in humans

9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution



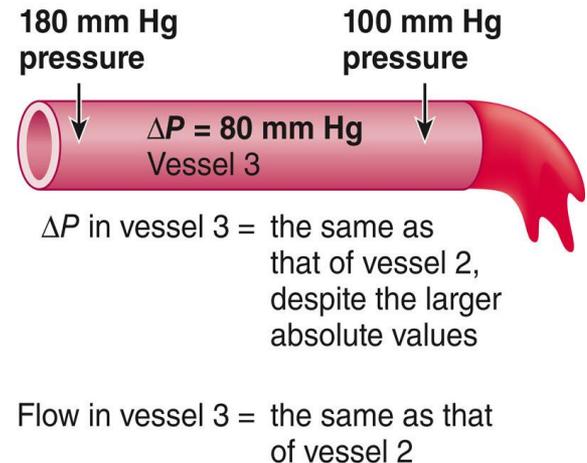
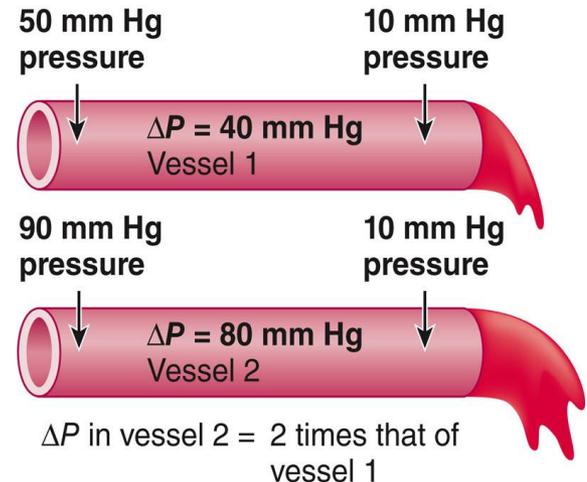
- Fluid flow obeys the **hemodynamic flow law**

$$Q = \Delta P / R$$

Q = flow rate of fluid through a vessel

ΔP = pressure gradient

R = resistance

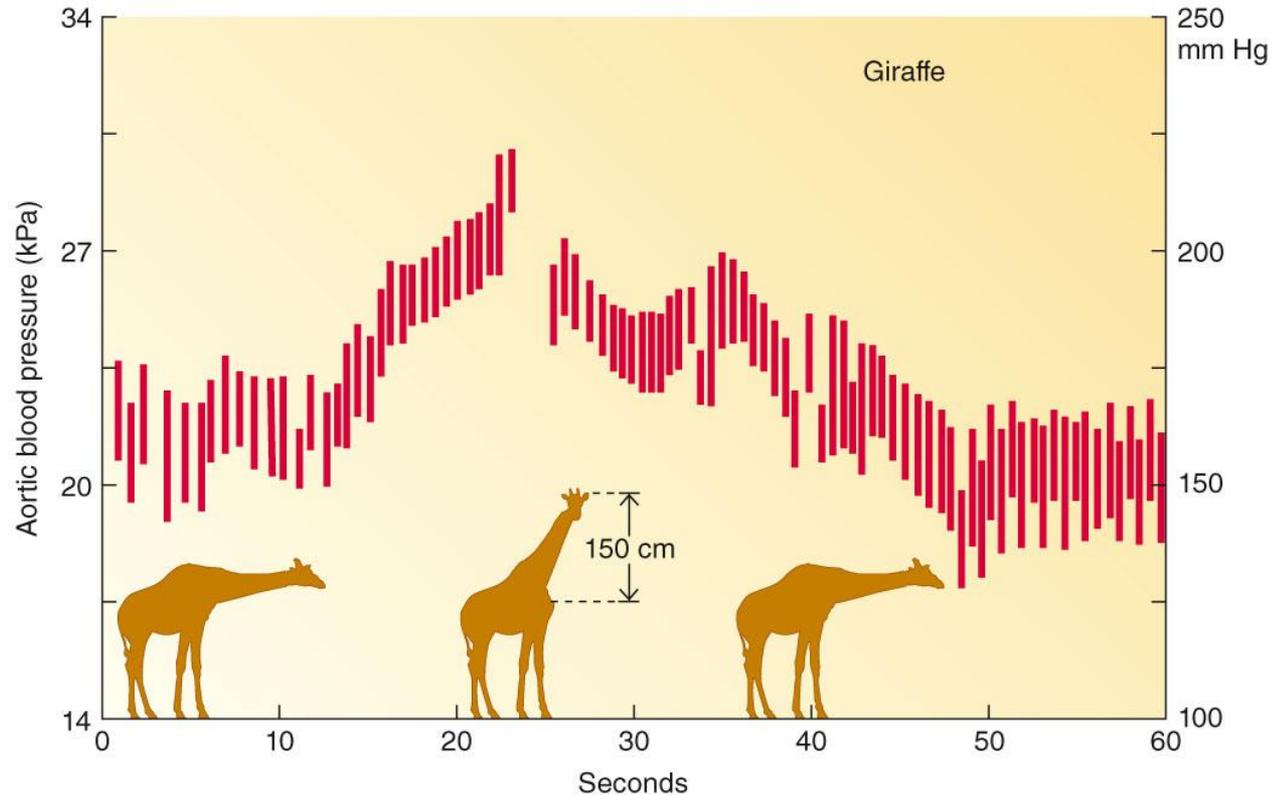
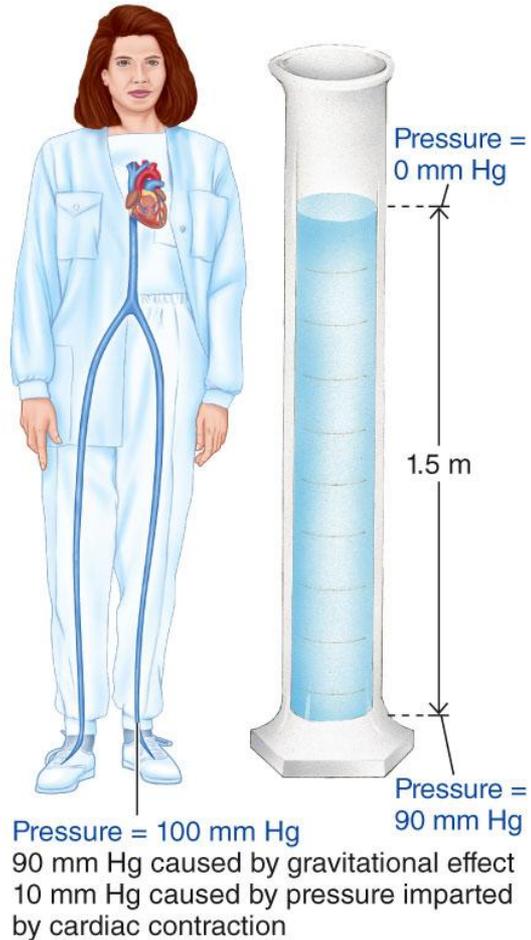


9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution



- Fluid flow obeys the **hemodynamic flow law**
 $Q = \Delta P/R$
 - **Pressure gradient** is the main **driving force** for flow through a vessel
 - Blood flows from an area of **higher pressure** to an area of **lower pressure**
 - **Contraction** of the heart **generates pressure**
 - **Gravity** also contributes to the pressure gradient
 - 70 mmHg pressure is required to push a column of water up 1 meter
 - A human needs an average driving pressure of 100 mmHg to overcome gravity
 - Fishes require a much lower driving pressure (~40 mmHg)

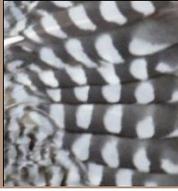
9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution



(a)

(b)

9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution



- Fluid flow obeys the **hemodynamic flow law**

$$Q = \Delta P/R$$

- Resistance** is the hindrance to blood flow through a vessel caused by friction

$$R = 8\eta L/\pi r^4$$

R = resistance

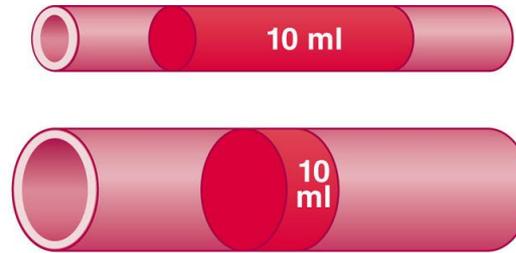
η = viscosity of the fluid

L = length of the vessel

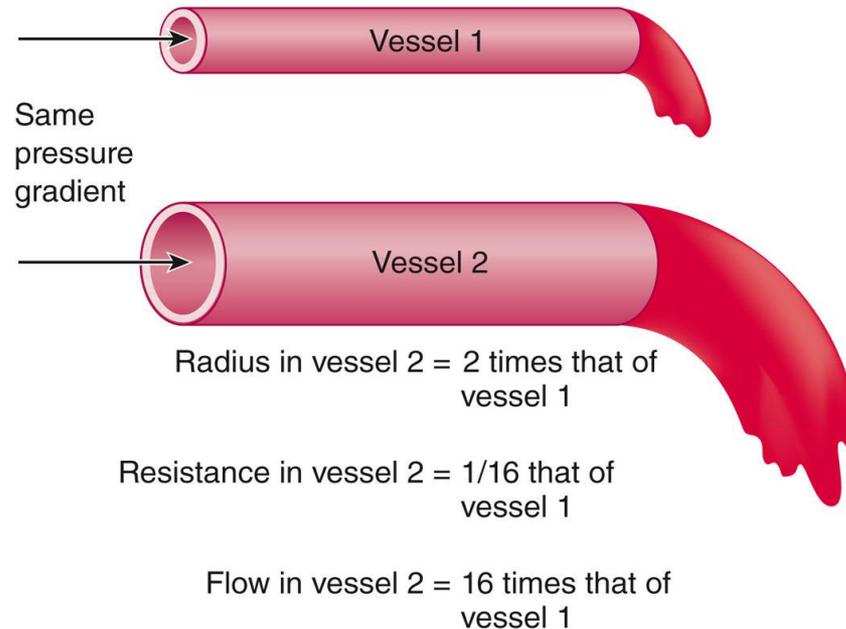
r = radius of the vessel

- The major determinant of resistance to flow is the **radius** of the vessel
 - Resistance is inversely proportional to the 4th power of the radius

9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution



(a) Comparison of contact of a given volume of blood with the surface area of a small-radius vessel and a large-radius vessel

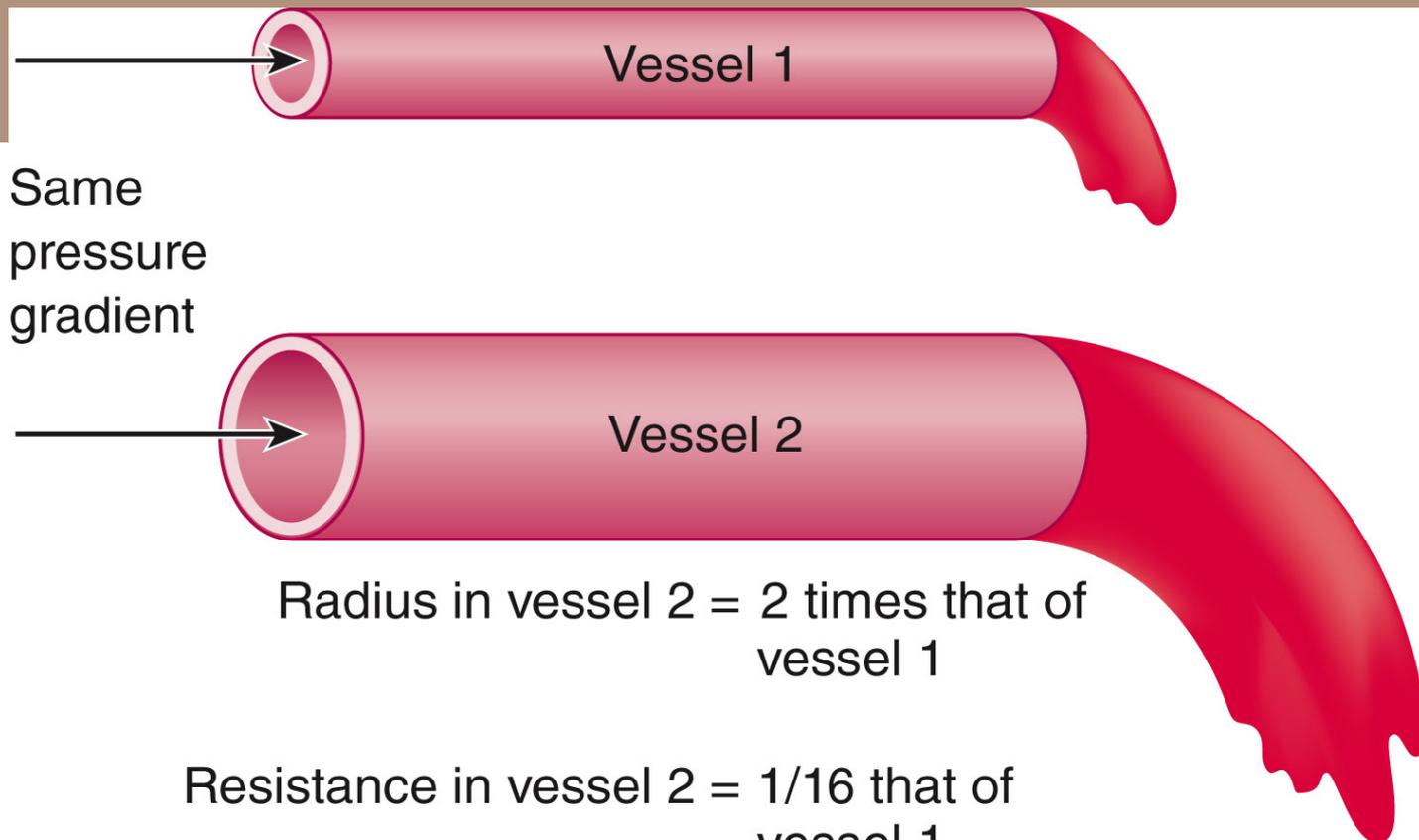


$$\text{Resistance} \propto 1/R^4$$
$$\text{Flow} \propto R^4$$

(b) Influence of vessel radius on resistance and flow



(a) Comparison of contact of a given volume of blood with the surface area of a small-radius vessel and a large-radius vessel



$$\text{Resistance} \propto 1/R^4$$
$$\text{Flow} \propto R^4$$

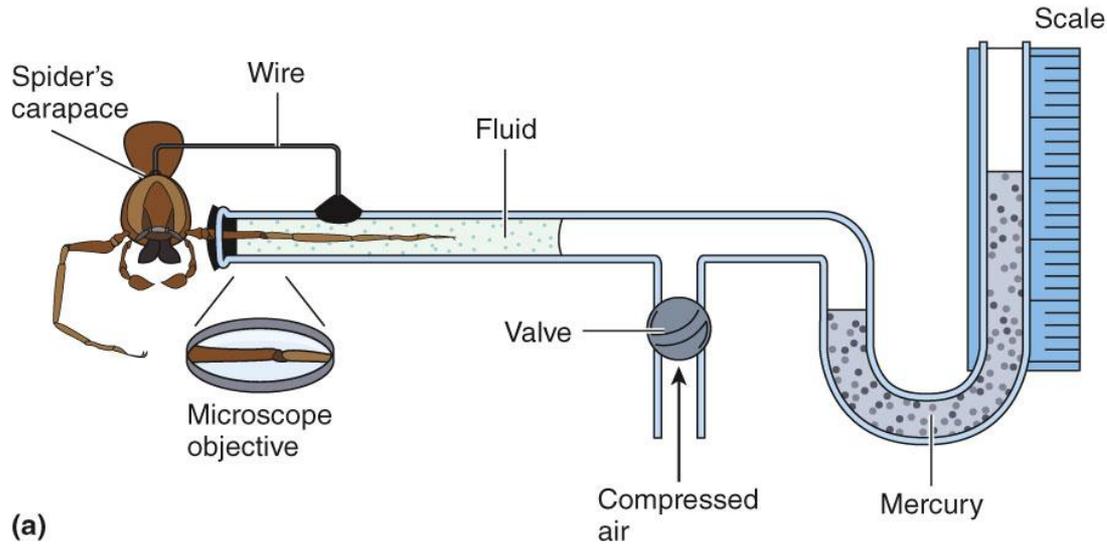
(b) Influence of vessel radius on resistance and flow

9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution

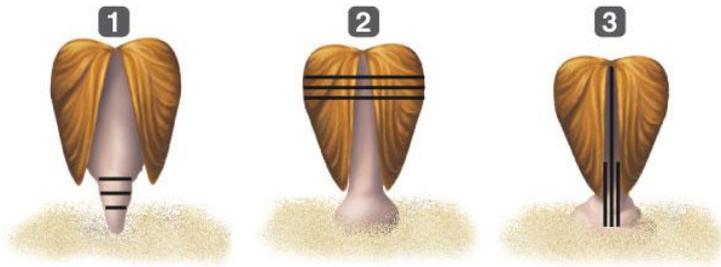


- Pressure can be used to exert force for **noncirculatory** functions
 - **Movement**
 - Extending legs of arachnids
 - Extending foot in bivalves
 - **Ultrafiltration**
 - Interaction between capillary blood and ECF
 - Initial process of urine formation
 - **Erection**
 - Arousal of penis and clitoris
 - Snout of echidna

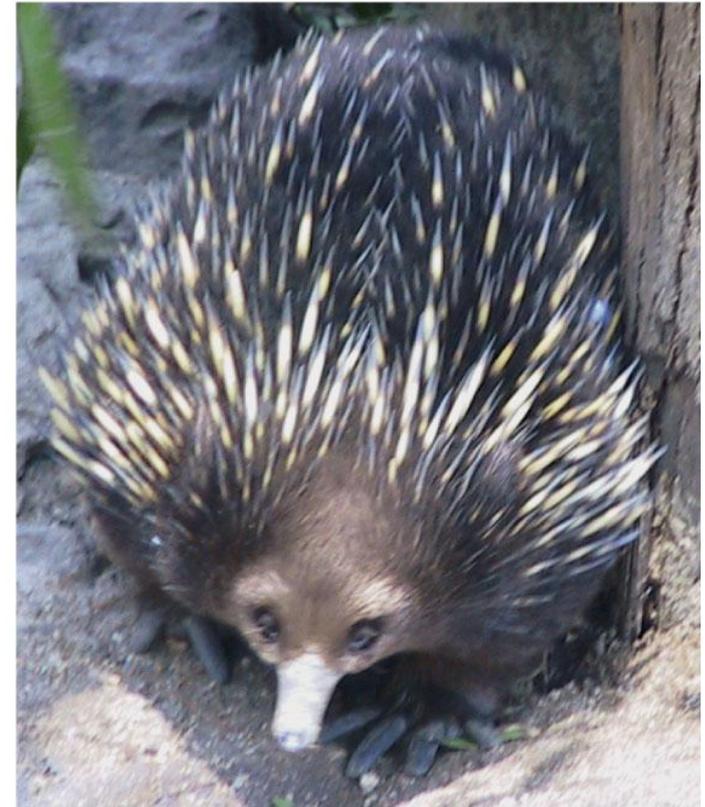
9.8 Circulatory Pathways and Vessels: Hemodynamics and Evolution



(a)



(b)



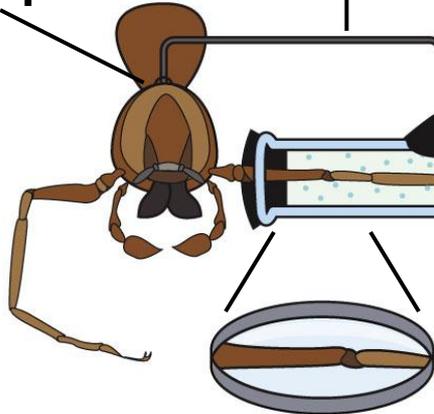
(c)

Spider's carapace

Wire

Fluid

Scale



Microscope objective

Valve

Compressed air

Mercury

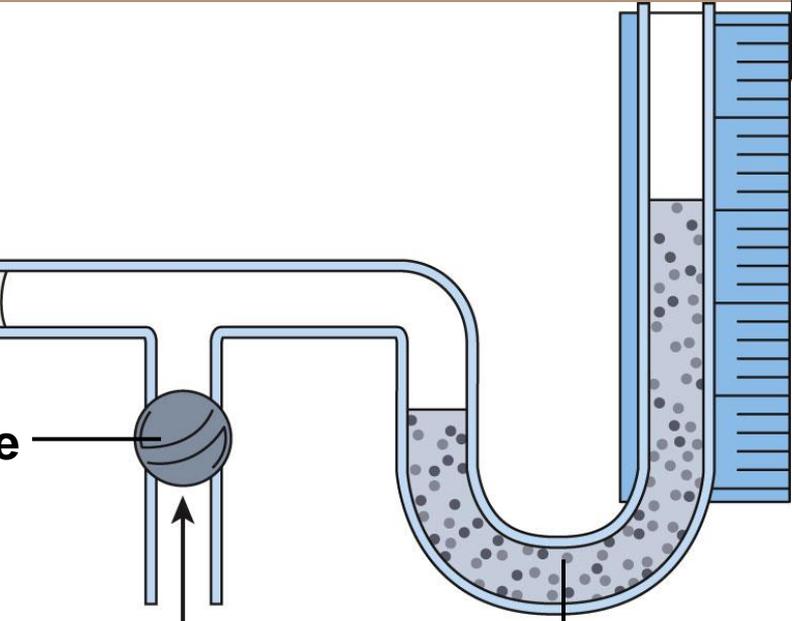


Figure 9-35a p423



(c)

9.9 Circulatory Pathways and Vessels: Open Circulation



- Some nonvertebrates have **two or more separate ECF compartments**
 - Example: Echinoderms have four different ECF compartments
- **Non-cephalopod mollusks**
 - Open circulation with **myogenic chamber heart**
 - Despite having no capillaries, there is directionality to hemolymph flow (e.g. clams control hemolymph for burrowing)

9.9 Circulatory Pathways and Vessels: Open Circulation



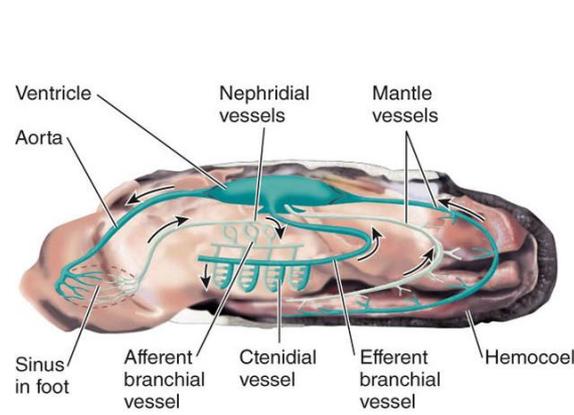
■ Crustacea

- Decapods have a well-developed circulatory system with a **neurogenic chamber heart** and numerous **parallel** structures
- Some decapods have **capillary-like arteries** opening into local **lacunae** and larger **sinuses** within target tissues
- All hemolymph flows to the gills before returning to the heart

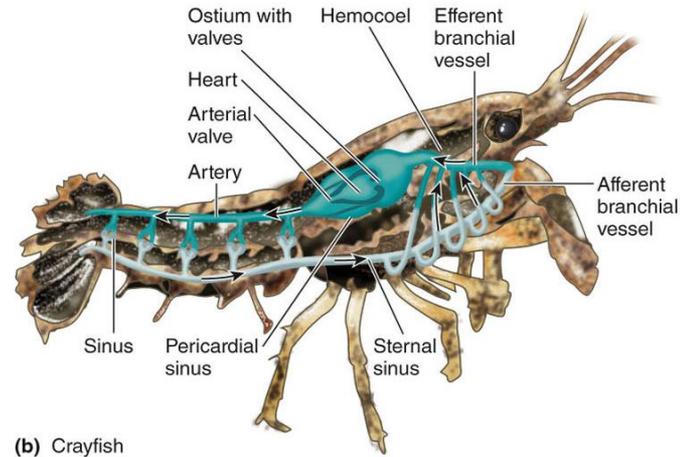
■ Insects

- **Tubular heart** and much less branching than crustaceans
- Insects do not rely on circulation for oxygen delivery

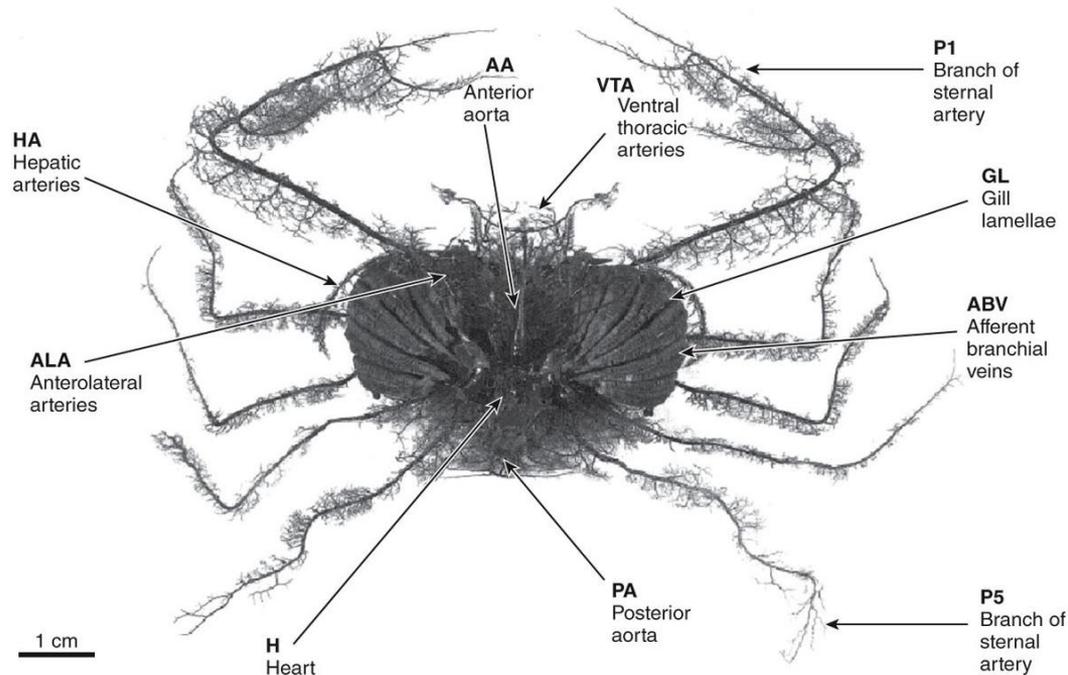
9.9 Circulatory Pathways and Vessels: Open Circulation



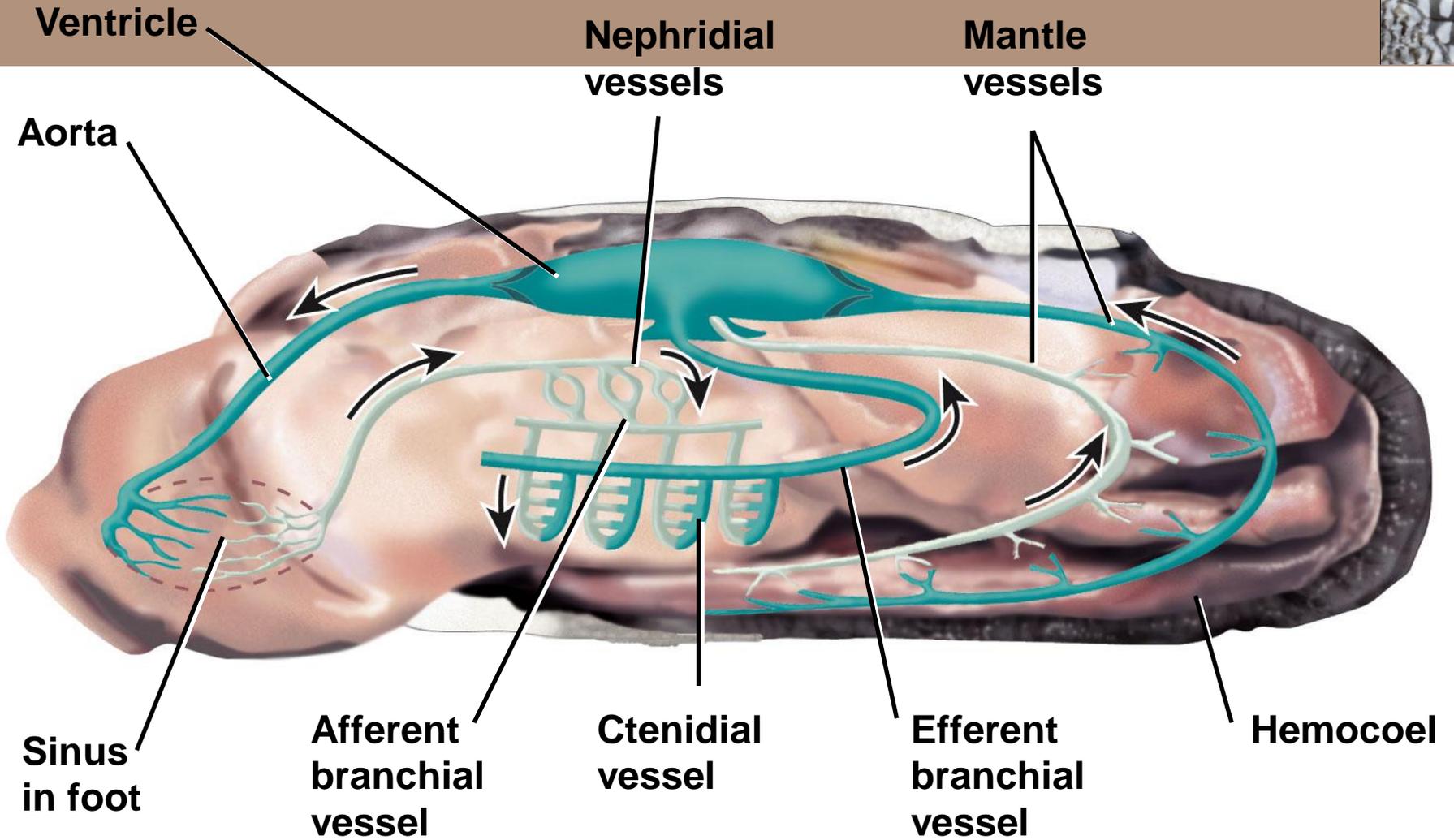
(a) Bivalve mollusk



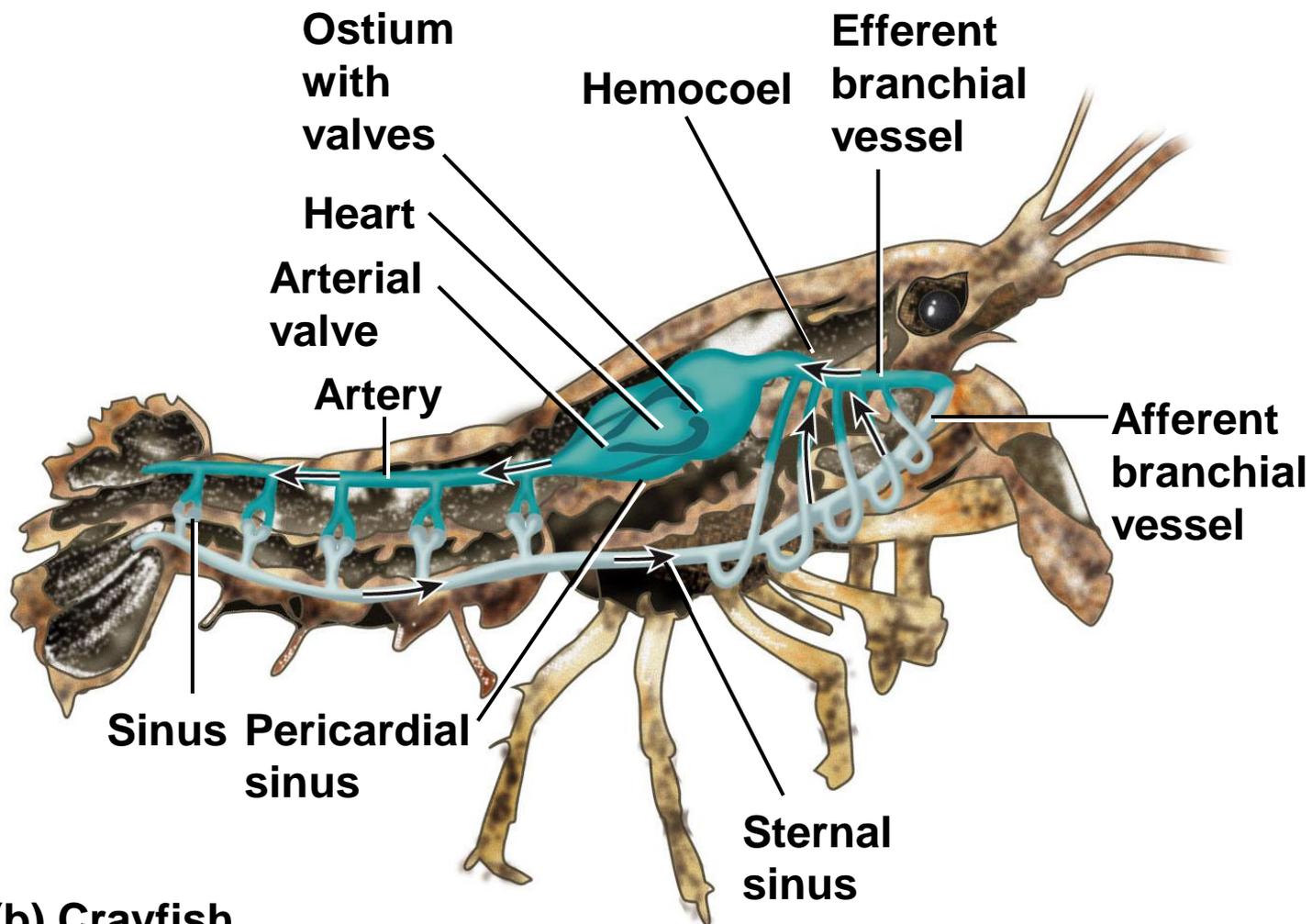
(b) Crayfish



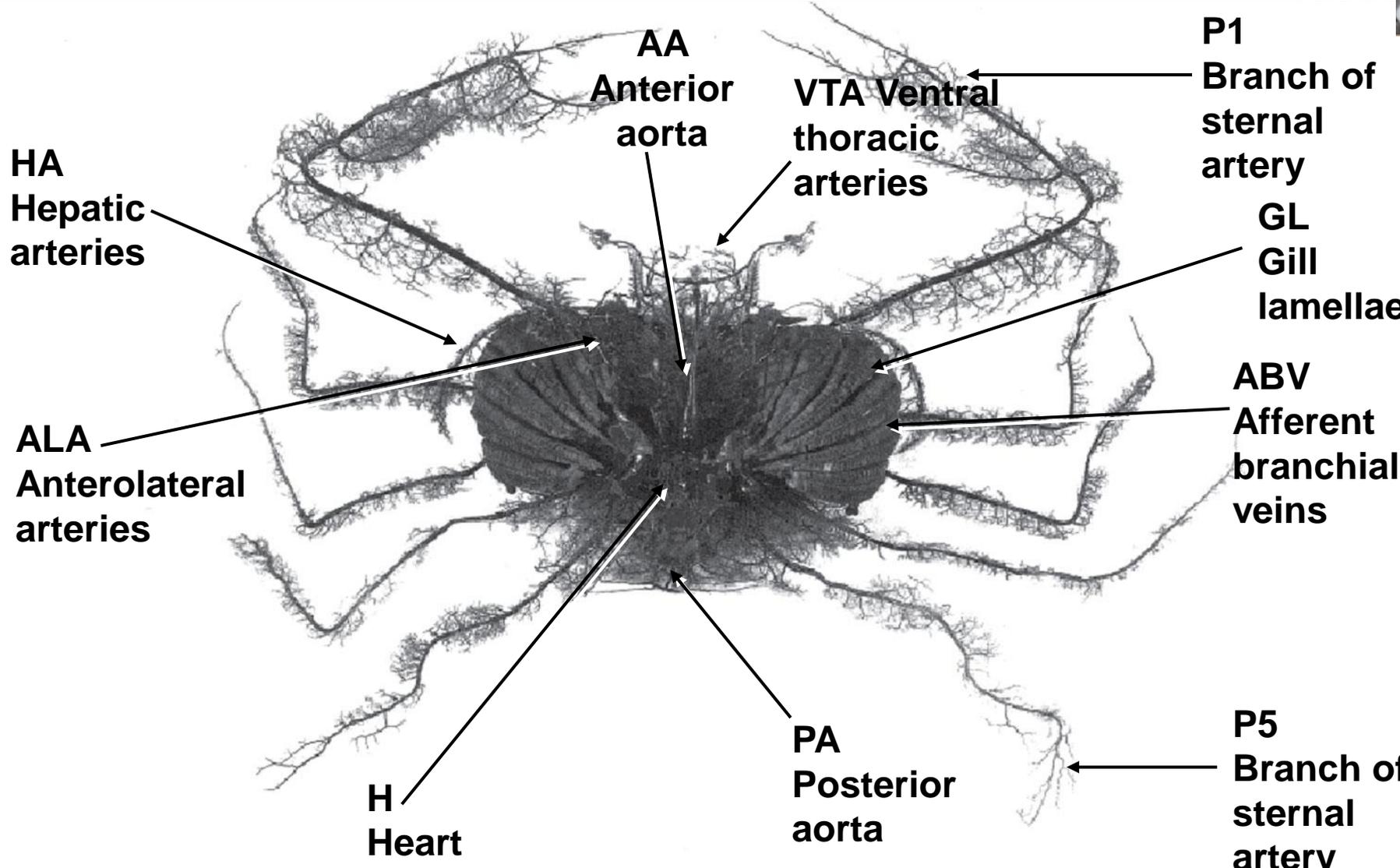
(c) Crab



(a) Bivalve mollusk

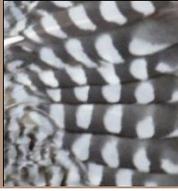


(b) Crayfish



(c) Crab

9.10 Circulatory Pathways and Vessels: Closed Circulation

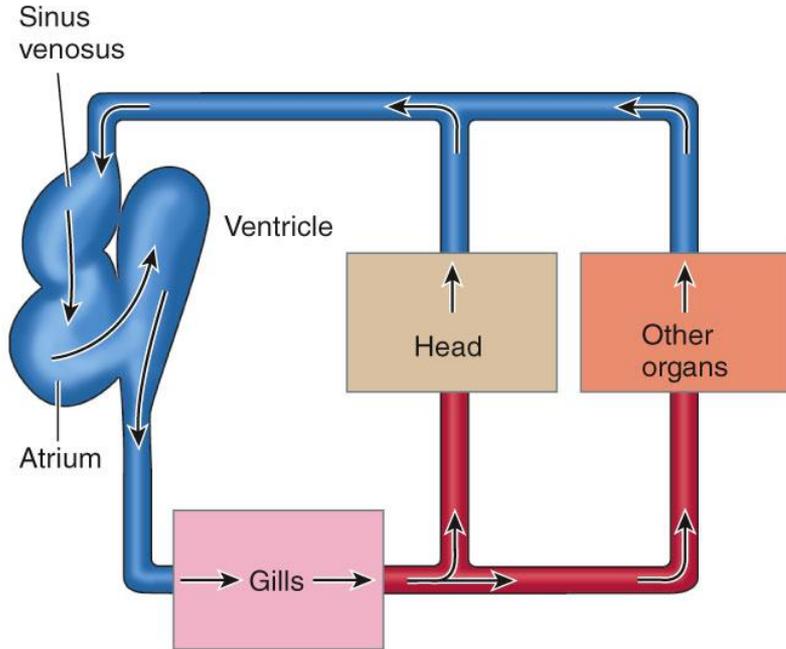


- Vertebrate circulatory system began as a **single loop**

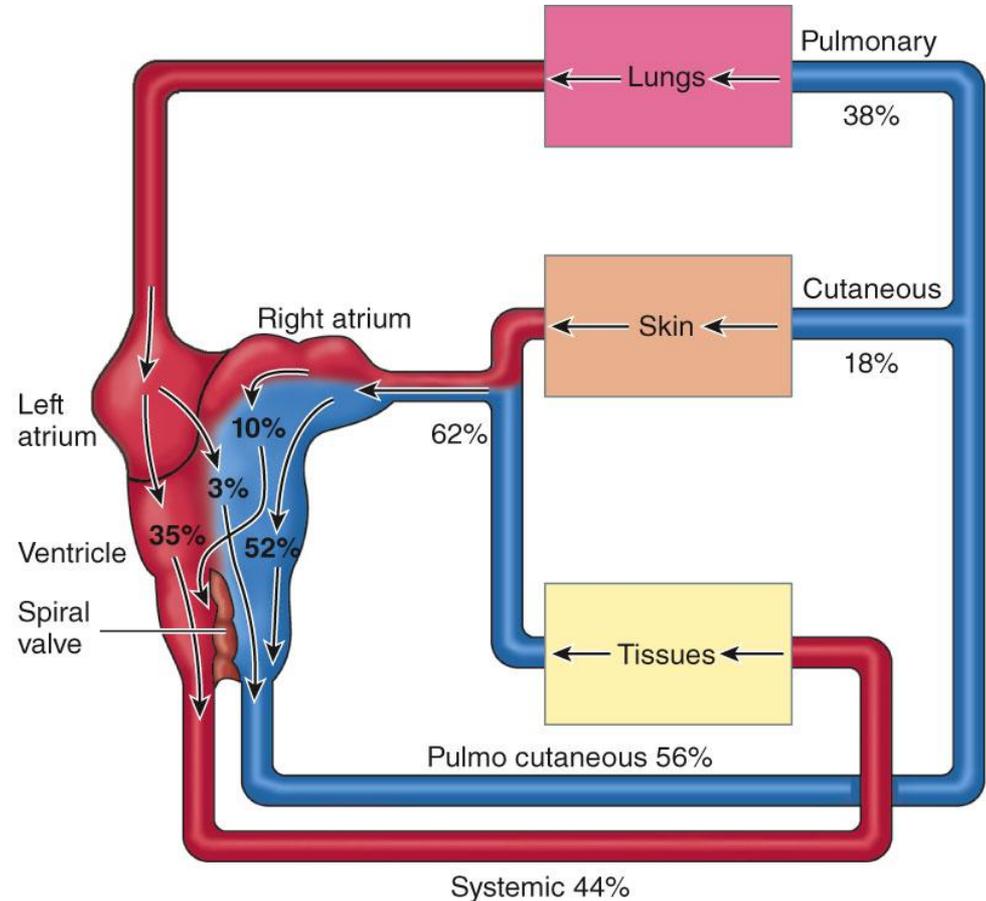
- **Fishes**
 - **Two-chambered heart** (atrium and ventricle)
 - Flow to the **gills** is in **series** with the rest of the circulation
 - **Parallel** system **distributes blood flow** amongst the other organs

- **Amphibians**
 - Separate pulmonary circuit goes to lungs and skin
 - **Three-chambered heart** with two atria
 - Oxygenated and deoxygenated blood mix in single ventricle

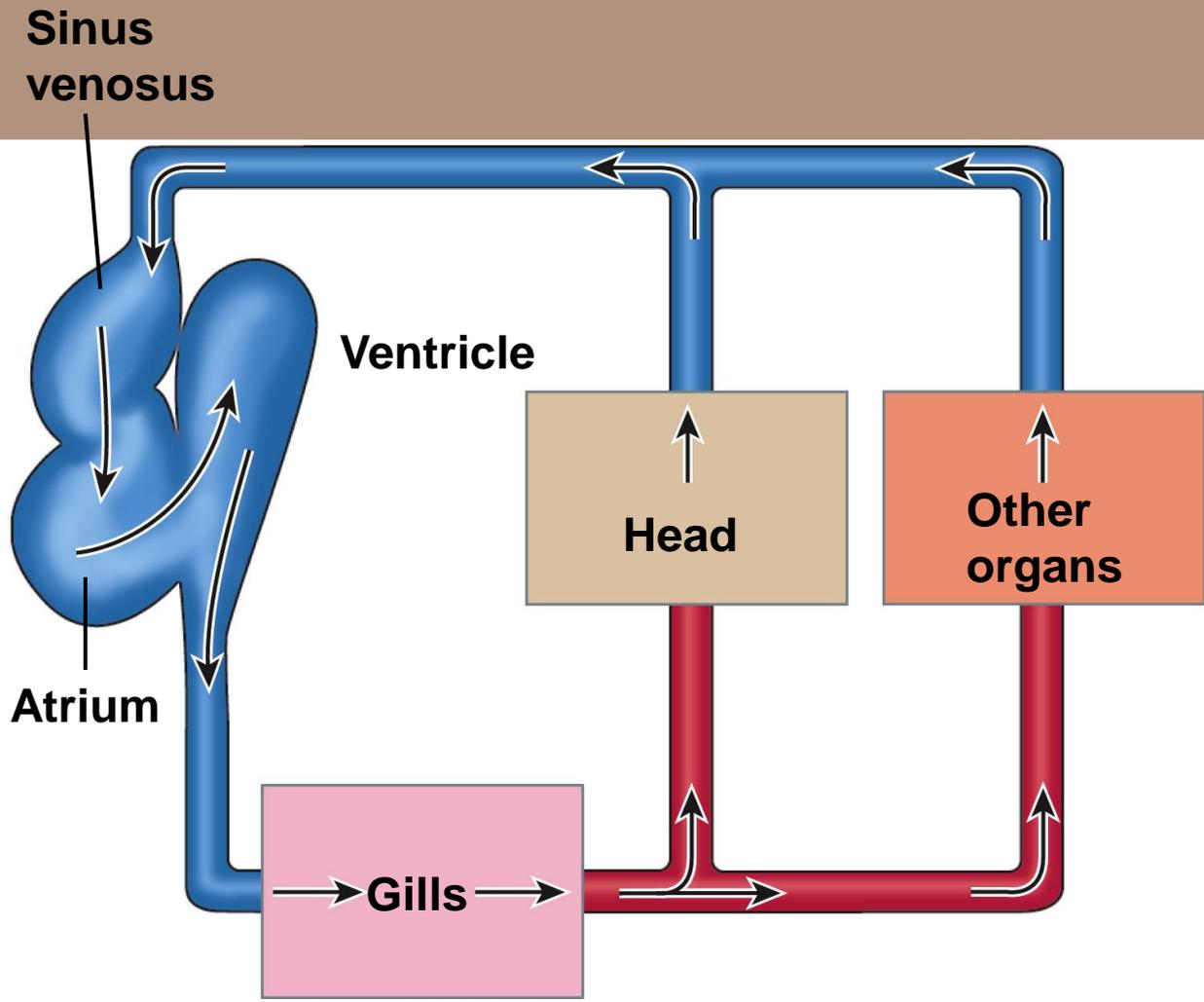
9.10 Circulatory Pathways and Vessels: Closed Circulation



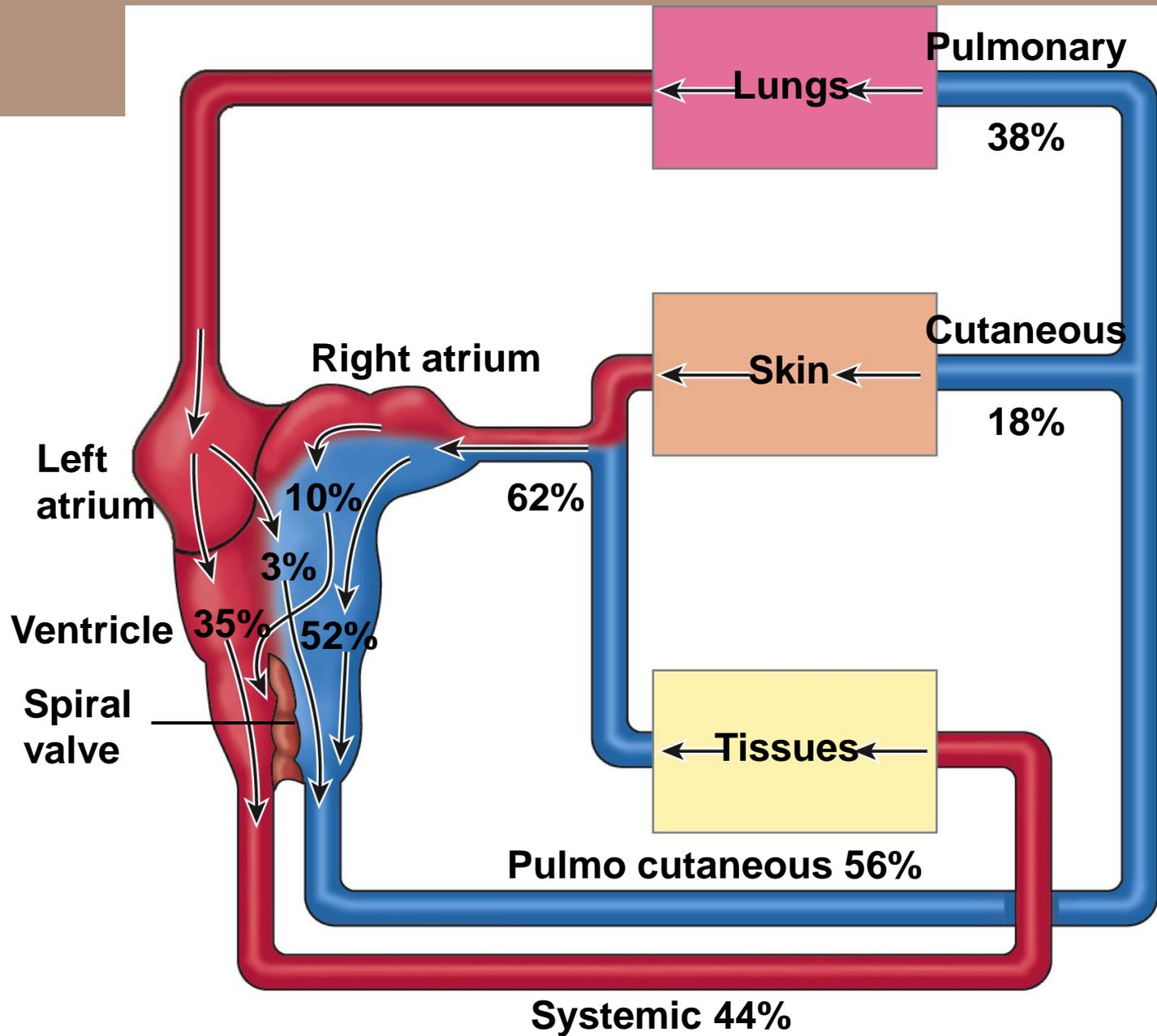
(a) Flow in a bony fish



(b) Flow in a bullfrog

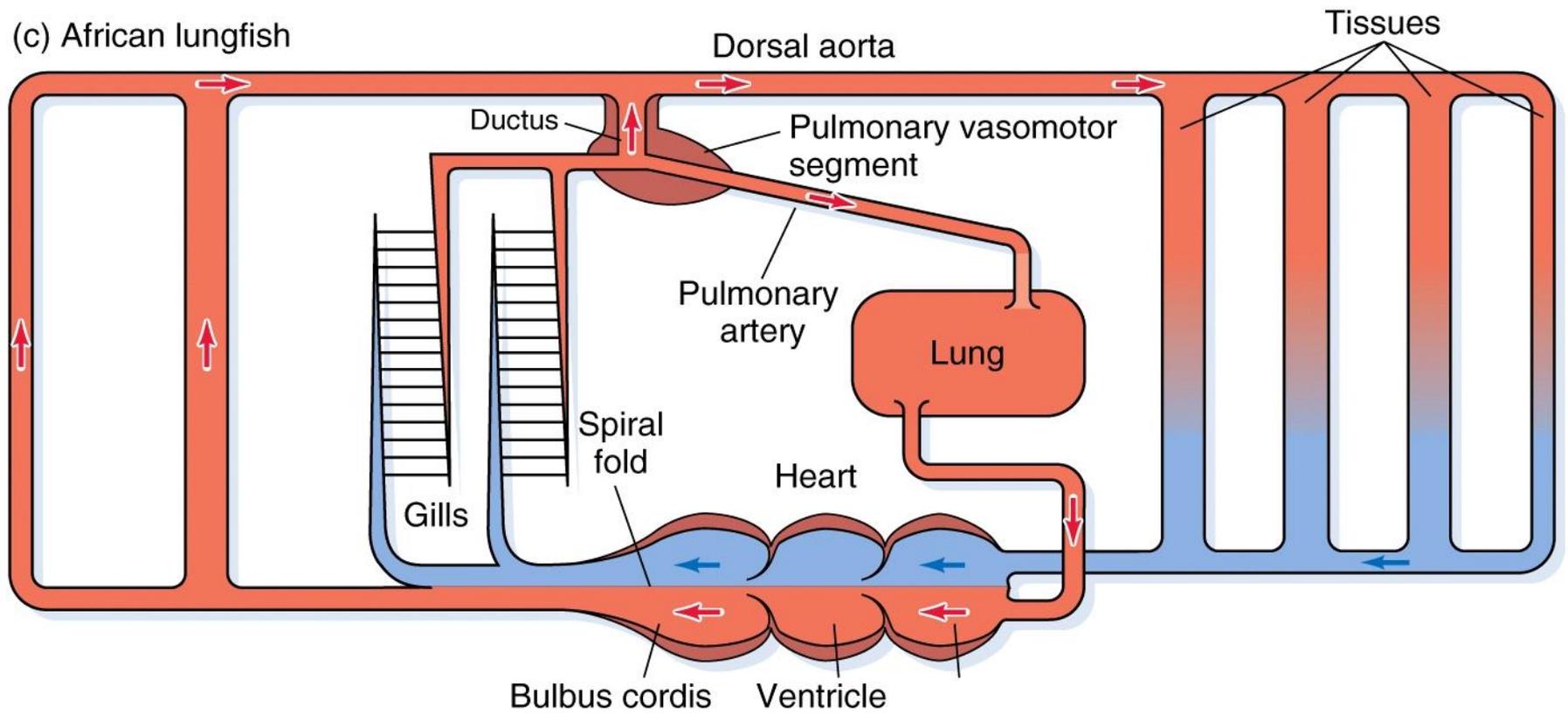


(a) Flow in a bony fish



(b) Flow in a bullfrog

(c) African lungfish



9.10 Circulatory Pathways and Vessels: Closed Circulation



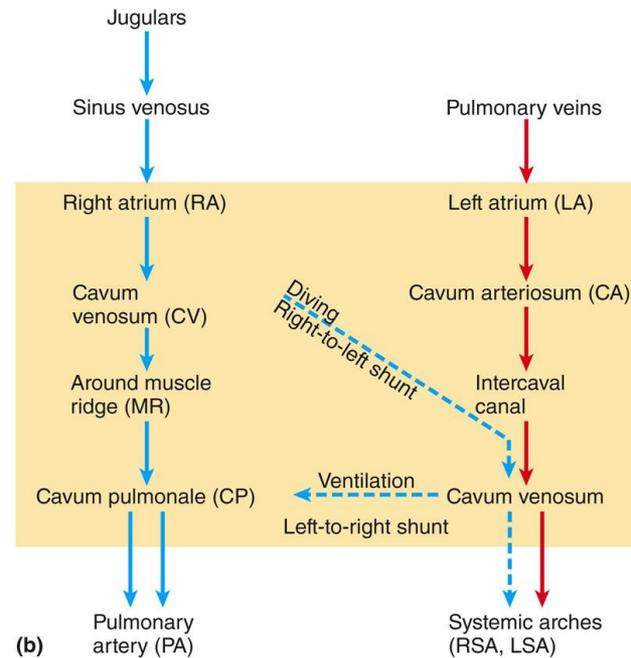
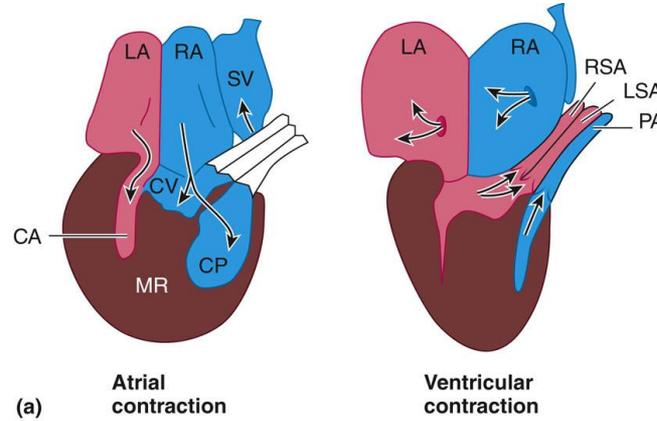
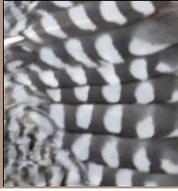
▪ Reptiles

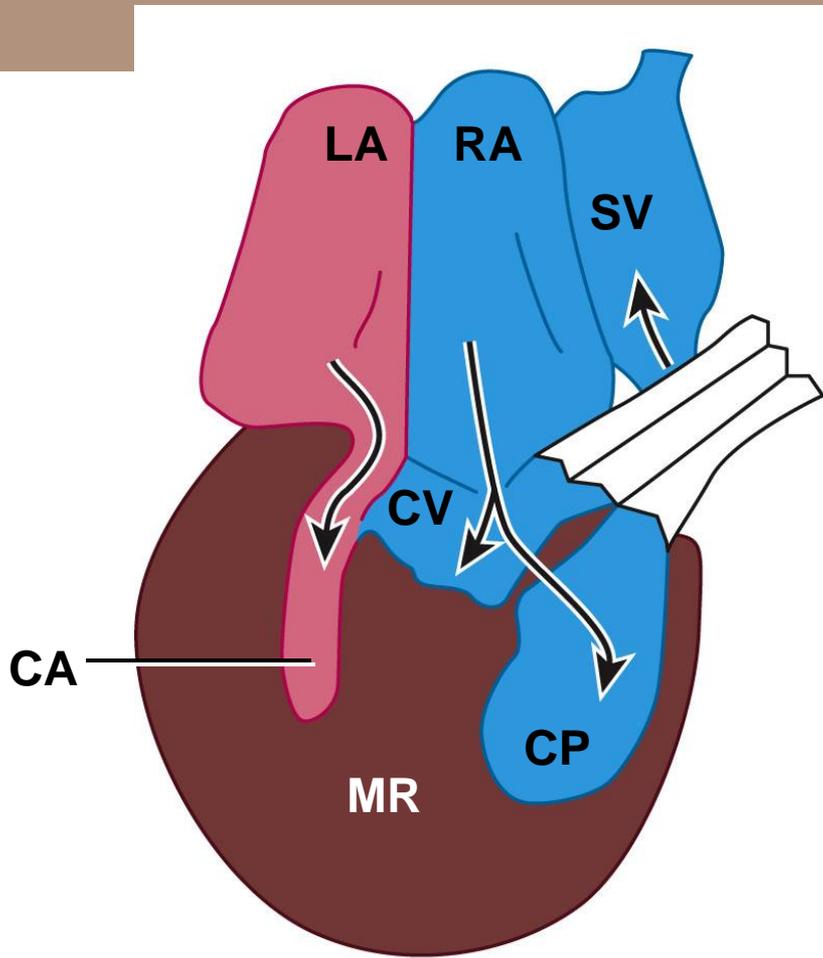
- Three-chambered heart
- Ventricle is divided into two large subchambers (**cavum arteriosum** and **cavum pulmonale**) by a thick muscle

▪ Crocodiles

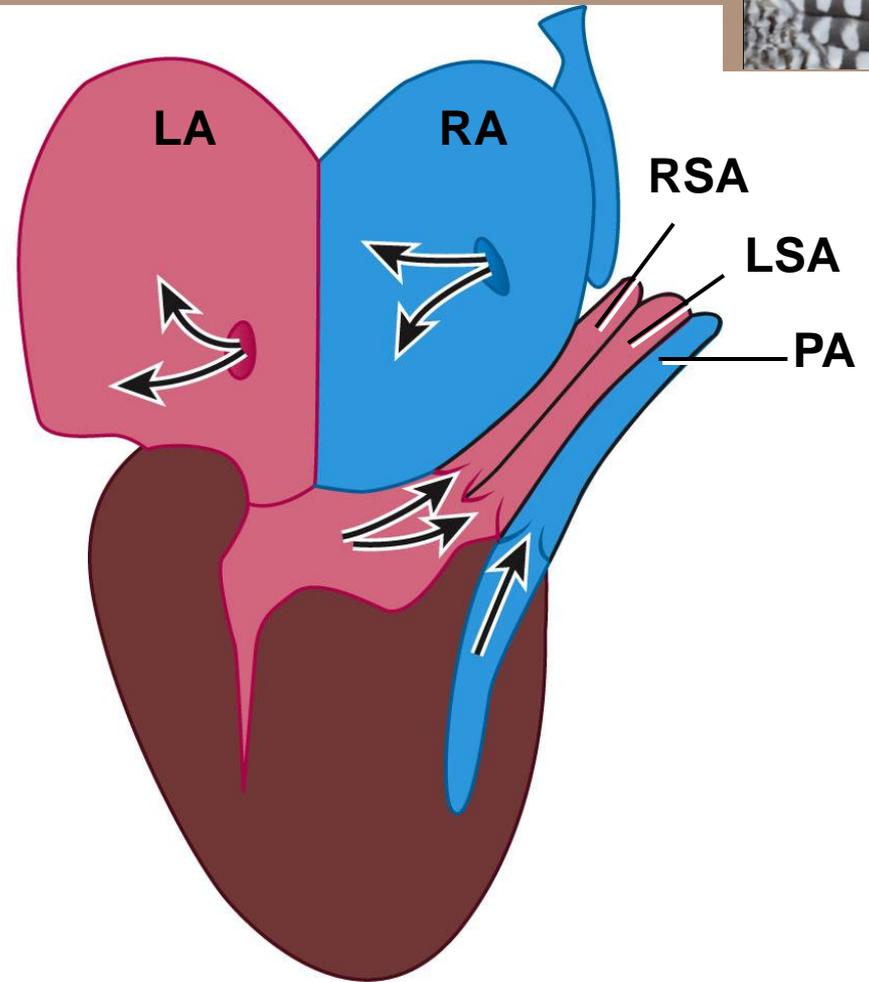
- **Four-chambered heart** with two atria and two ventricles
- Has **two aortas**, one exiting the right ventricle
- Foramen of Panizza connects the two aorta
 - **Coglike valves** between right ventricle and pulmonary arteries control diversion of blood flow
 - Adaptation for prolonged breath-holding during a dive

9.10 Circulatory Pathways and Vessels: Closed Circulation

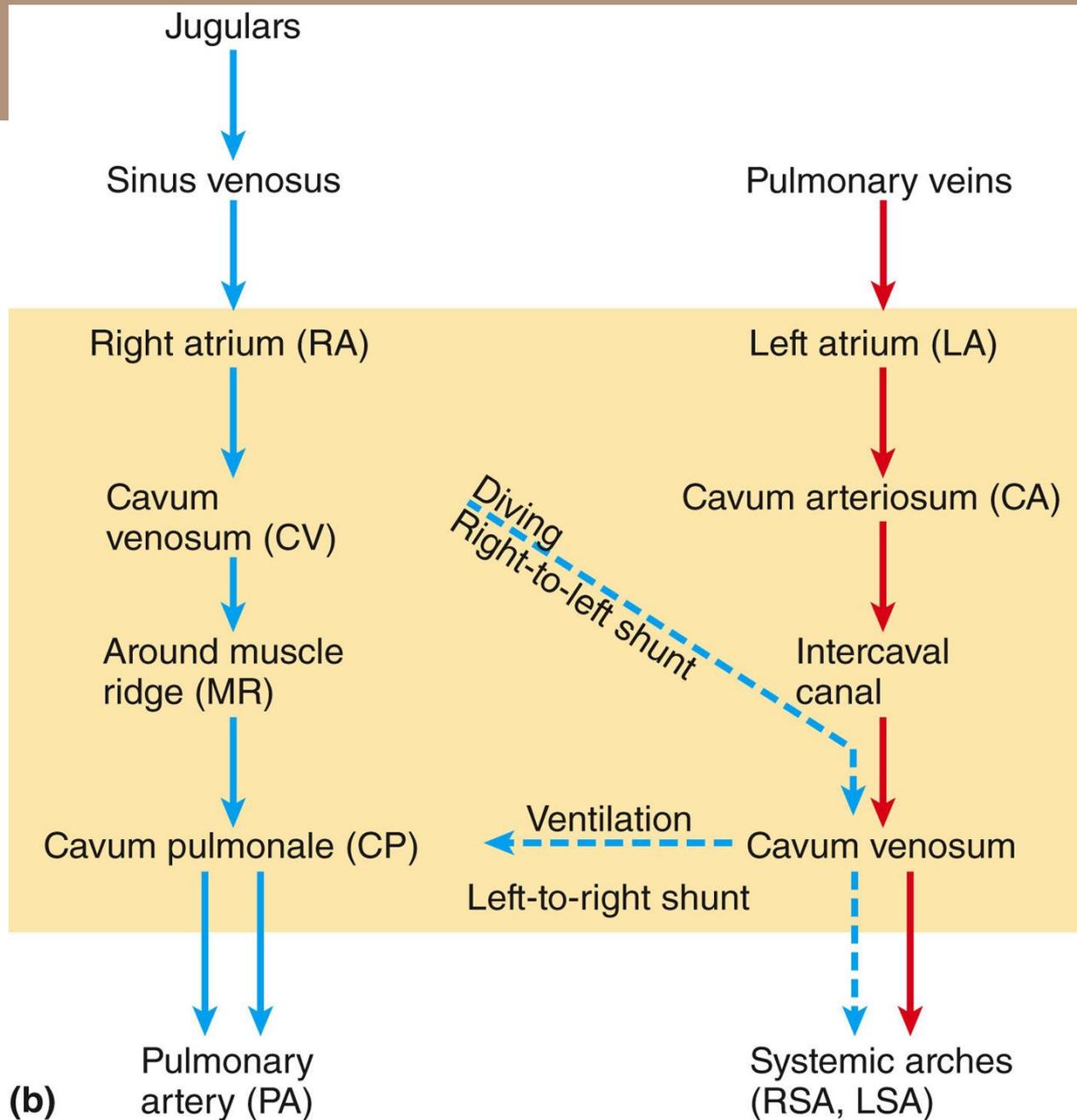




Atrial contraction

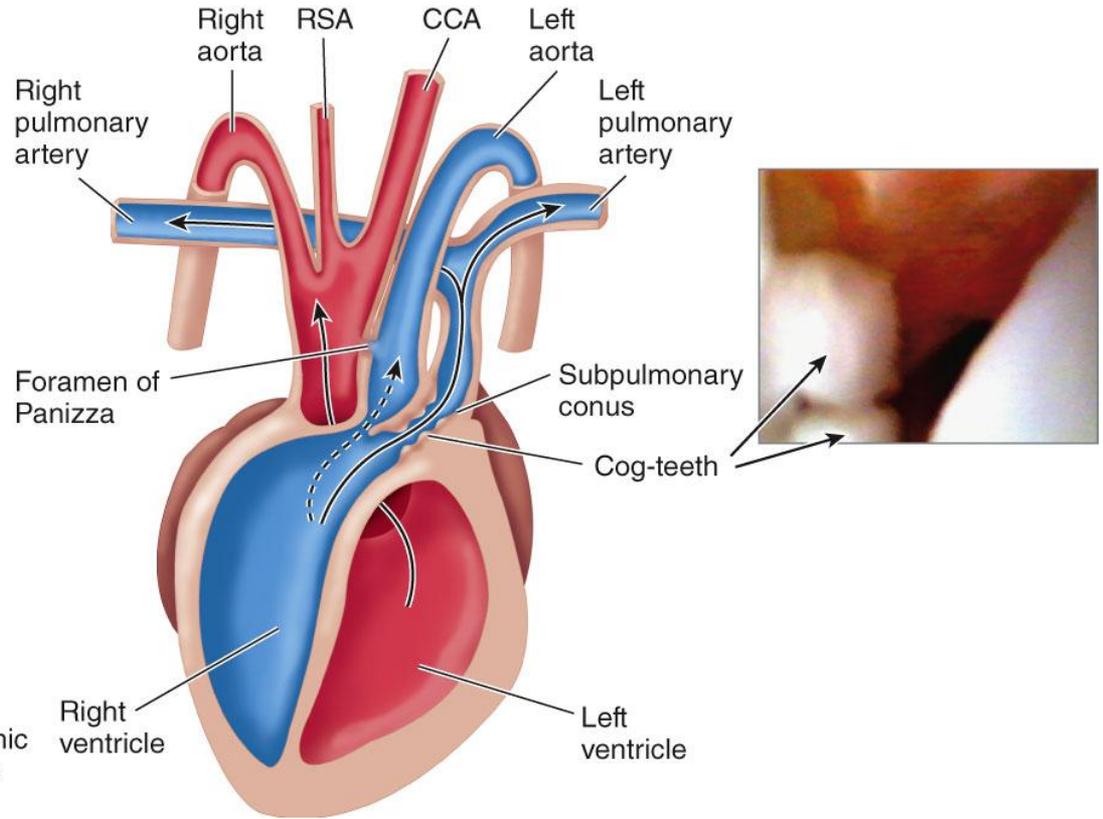
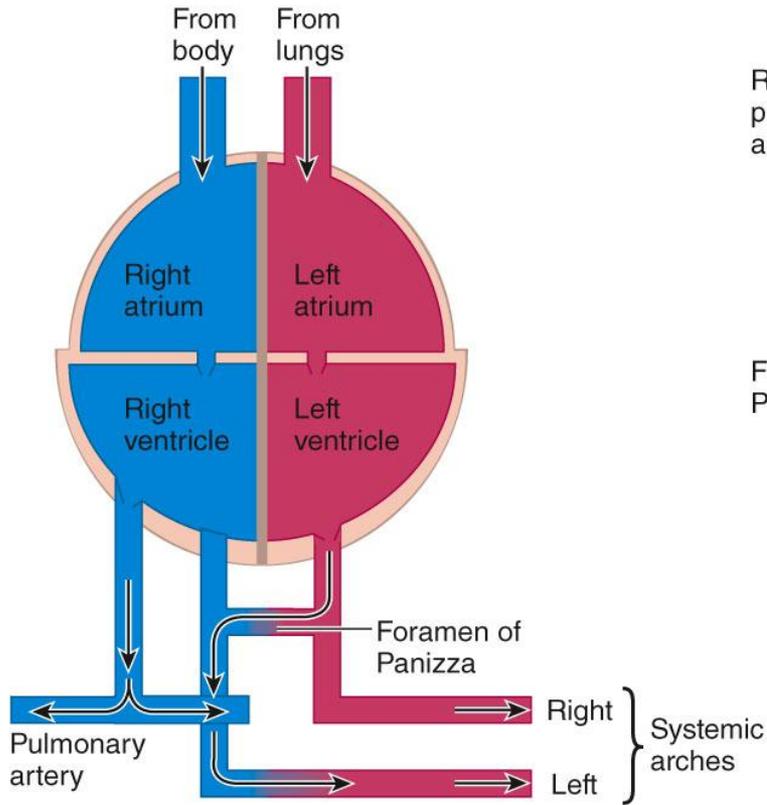


Ventricular contraction



(b)

9.10 Circulatory Pathways and Vessels: Closed Circulation



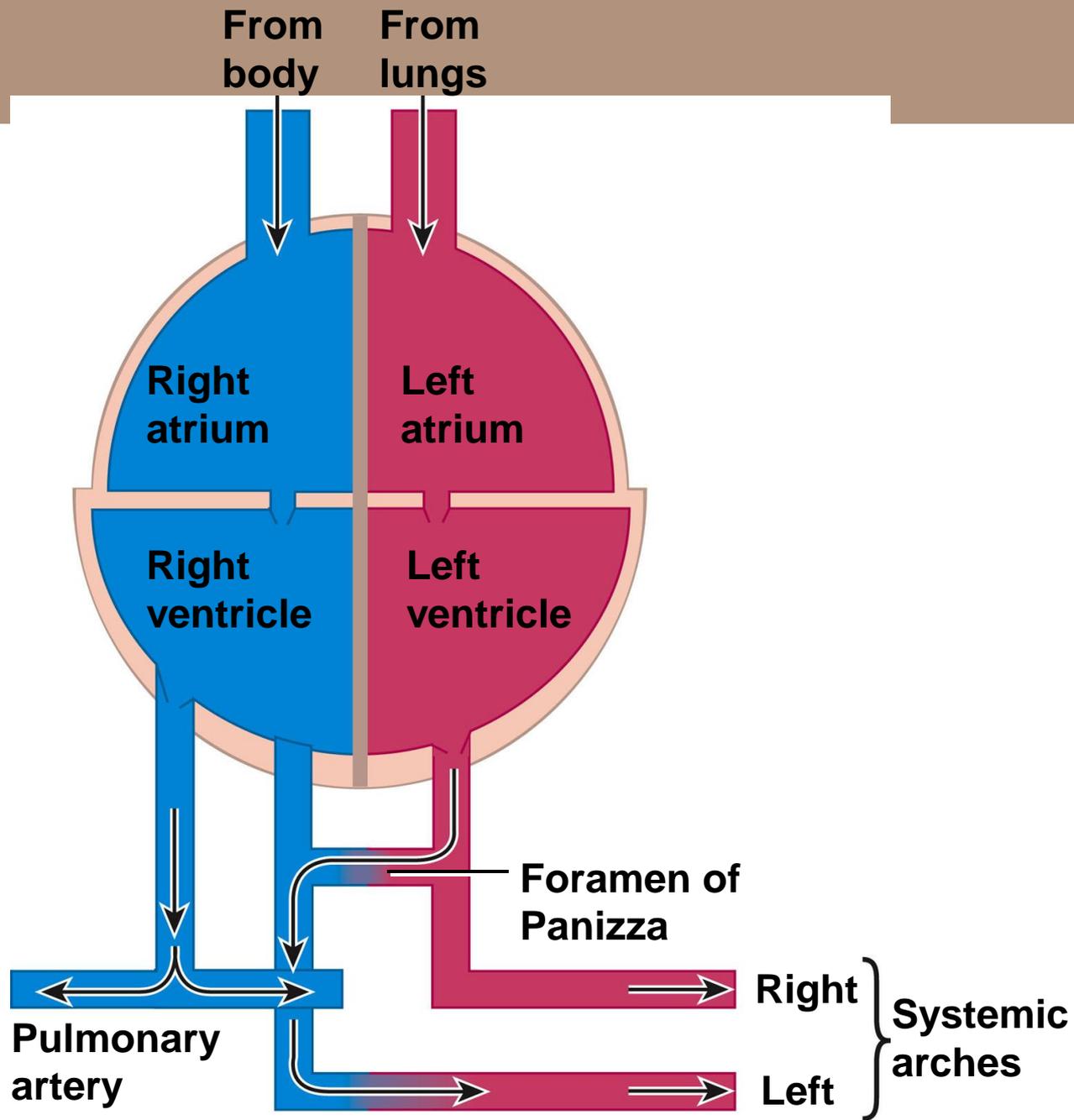


Figure 9-40a p428

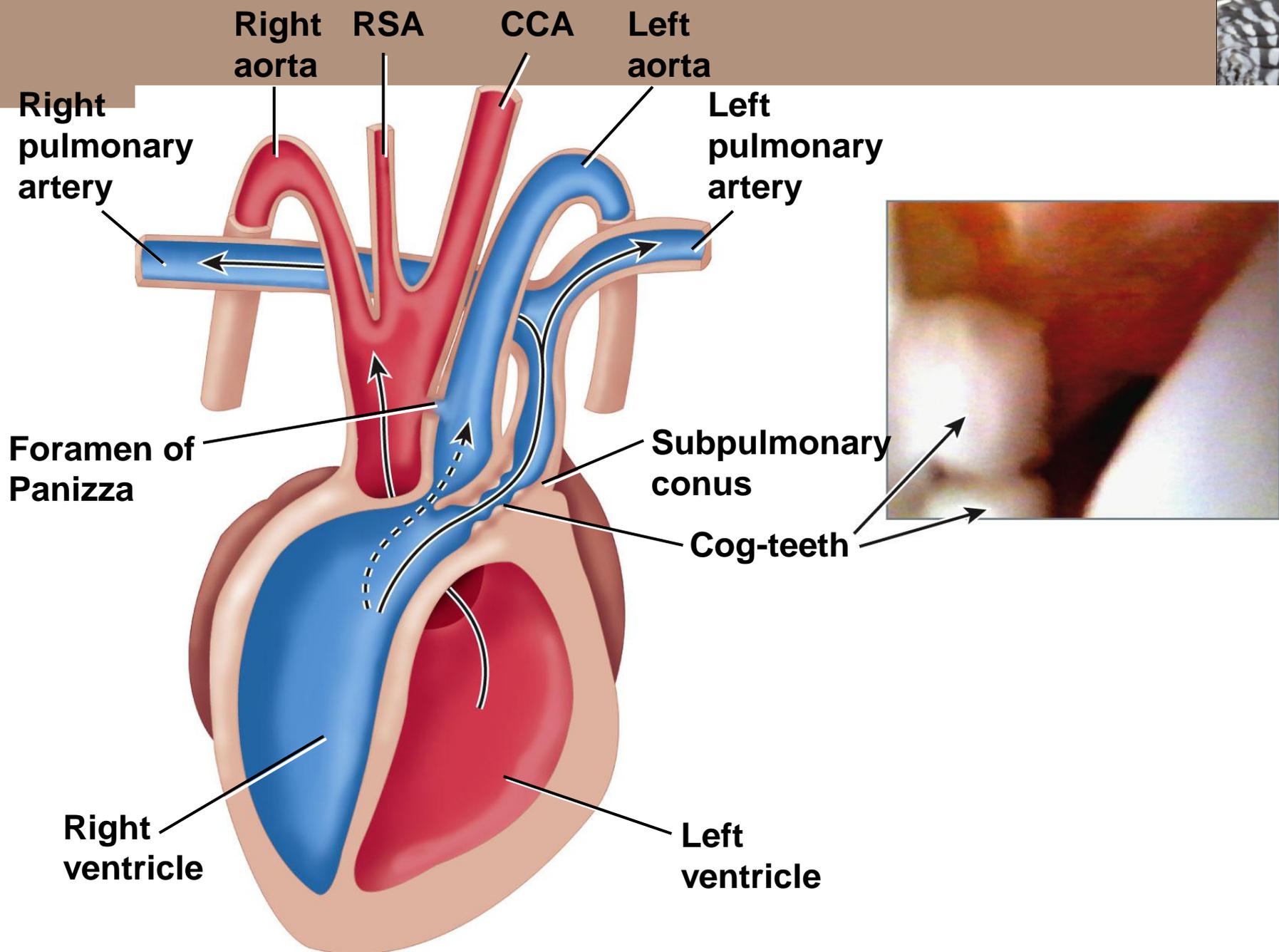


Figure 9-40b p428

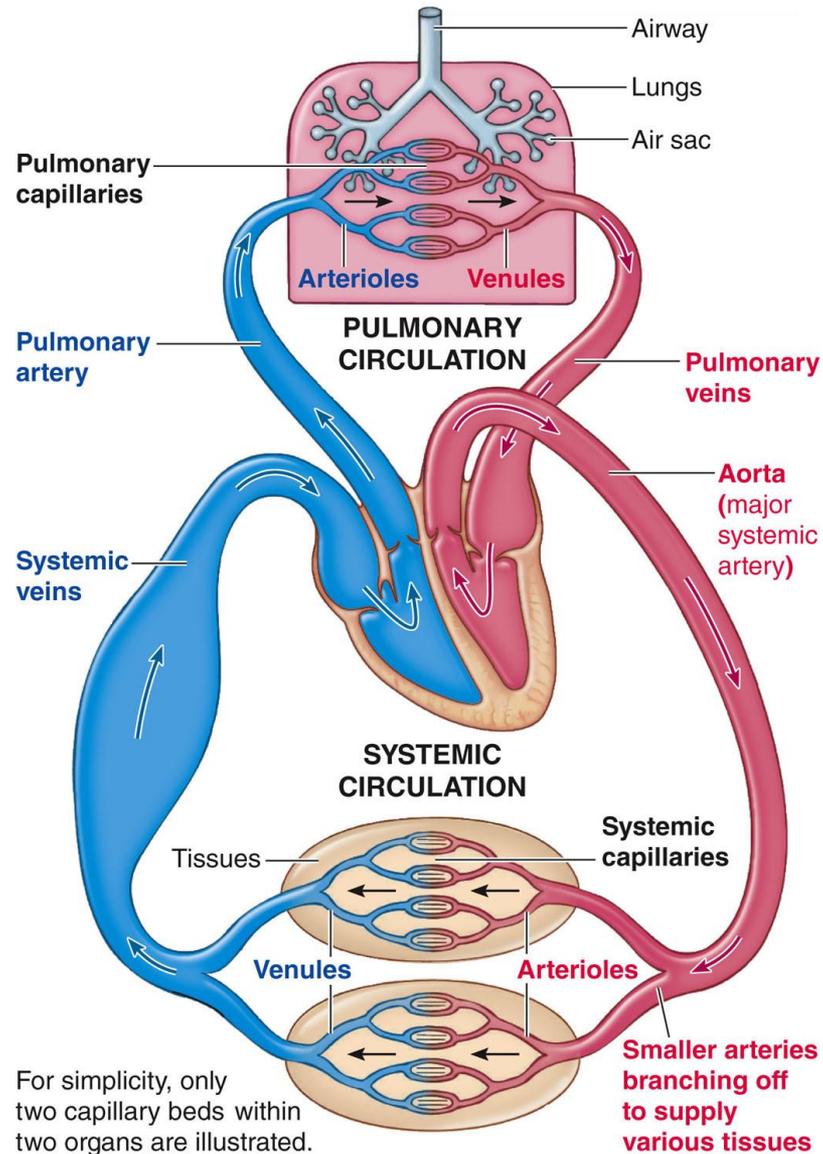
9.10 Circulatory Pathways and Vessels: Closed Circulation



▪ **Birds and mammals**

- **Four-chambered heart** with no shunts
- **Complete separation** of pulmonary and systemic flow evolved independently in birds and mammals to support their **high endothermic metabolisms**
- **Fetus** of placental mammals has two **bypasses** since lungs are not functional
 - **Foramen ovale** -- opening in septum between right and left atrium
 - **Ductus arteriosus** -- connects pulmonary artery and aorta

9.10 Circulatory Pathways and Vessels: Closed Circulation



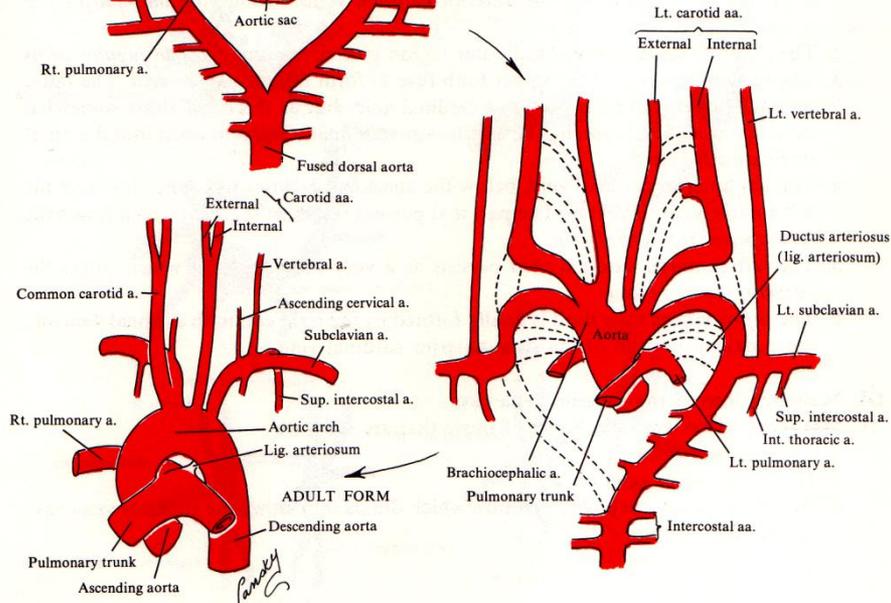
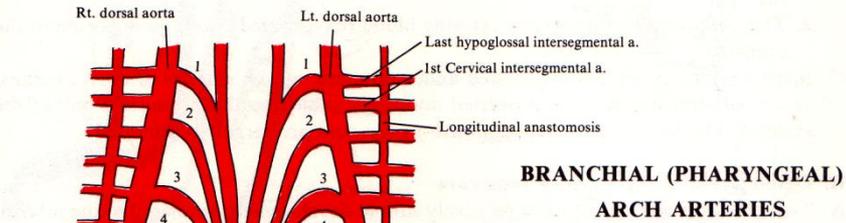
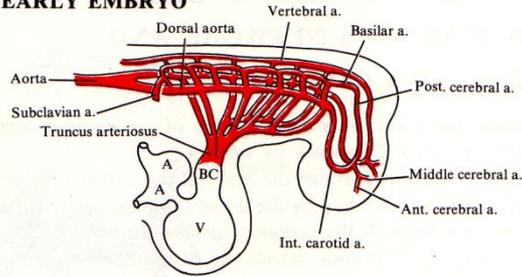
4. THE AORTIC ARCHES

The first pair of aortic arches is formed by the curving of the ventral aorta into the primitive dorsal aorta. This arch is hidden in the mandibular arch and participates in formation of the *maxillary artery*, and contribute to the *external carotid artery*

- II. The second pair of aortic arches make their appearance in the middle of week 4. They cross the second branchial arches and give rise to the *stapedial* and *hyoid arteries*. (It should be noted that arches I and II regress rapidly and are not seen after day 31)
- III. The third pair of aortic arches make their appearance at the end of week 4. They give rise to the *common carotids* and *proximal portions of the internal carotid arteries*. The latter are the short cephalic prolongations of the primitive dorsal aortas and are associated with development and supply of the brain
 - A. THE INTERNAL CAROTID ARTERIES are secondarily attached to the cranial portions of the dorsal aortas, which form the remainder of the carotid artery
 - B. THE ORIGIN OF THE EXTERNAL CAROTID ARTERIES is controversial, but in later stages of development, they are found to sprout from aortic arch III. (Arch I, however, has been implicated in its developmental contribution)
- IV. The fourth pair of aortic arches make their appearance shortly after the third arches, at the end of week 4. Their development is different for the right and left sides
 - A. ON THE RIGHT SIDE arch IV forms the proximal portion of the *right subclavian artery* and is continuous with the seventh segmental artery
 - 1. The caudal portion of the right primitive dorsal aorta disappears
 - 2. The distal portion of the subclavian artery forms from the right dorsal aorta and the right seventh intersegmental artery
 - B. ON THE LEFT SIDE arch IV persists as the *arch of the aorta*, which grows significantly and is continuous with the primitive left dorsal aorta.
 - 1. The *left subclavian artery* (or seventh segmental) arises directly from the aorta
 - C. THE SHORT PORTION of the right primitive ventral aorta, which persists between arches IV and VI, forms the *brachiocephalic arterial trunk* and the *first portion of the aortic arch*
- V. The fifth pair of aortic arches: in 50% of embryos, these arches are rudimentary vessels that degenerate with no derivatives. In fact, they may never even develop
- VI. The sixth pair of aortic arches make their appearance in the middle of week 5 and give rise to the *right* and *left pulmonary arteries*. After pulmonary vascularization is established, the communication with the corresponding primitive dorsal aorta regresses
 - A. REGRESSION is total and complete on the right side. The proximal portion of the right arch forms the proximal part of right pulmonary artery; its distal portion degenerates
 - B. THE PROXIMAL PORTION OF THE LEFT ARCH persists as the proximal part of the left pulmonary artery
 - 1. The distal portion of the left arch, in which communication persists with the dorsal aorta until birth, forms the *ductus arteriosus* and diverts blood from the pulmonary artery to the aorta. Closure of the ductus arteriosus takes place in the neonatal period, and the functional duct becomes the anatomic *ligamentum arteriosum*
 - C. THE DISTAL PORTIONS OF THE PULMONARY ARTERIES are derived from buds of the sixth aortic arches that grow into the developing lungs. After partitioning of the truncus arteriosus, the pulmonary arteries arise from the pulmonary trunk
- VII. **Summary of the aortic arches:** arch I regresses; arch II regresses; arch III forms the carotid system; arch IV forms the aortic arch (on the left) and the subclavian (on the right); arch V disappears; and arch VI forms the pulmonary arteries and the ductus arteriosus (on the left)



**DEVELOPING ARTERIES IN HEAD
REGION OF EARLY EMBRYO**



Sounds



Normal



[http://www.easyauscultation.com/
cases-listing-details.aspx?caseID=7](http://www.easyauscultation.com/cases-listing-details.aspx?caseID=7)

Ventricular septal defect



Indomethacin

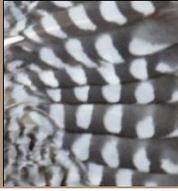


In humans, postnatal indomethacin can cause closure of the ductus arteriosus, and is used therapeutically when this structure remains patent in preterm neonates (Heymann et al., '76).

Ductal constriction can also occur in utero after maternal indomethacin administration (Moise et al., '88).

In addition, infants exposed to prenatal indomethacin were more likely to require surgical ligation of their PDA due to either a lack of response to postnatal indomethacin or a reopening of the duct after initial closure.

The human heart beats more than 3.5 billion times in an average lifetime.



The human embryonic heart begins beating approximately 21 days after conception.

The human heart begins beating at a rate near the mother's, about 75-80 BPM.

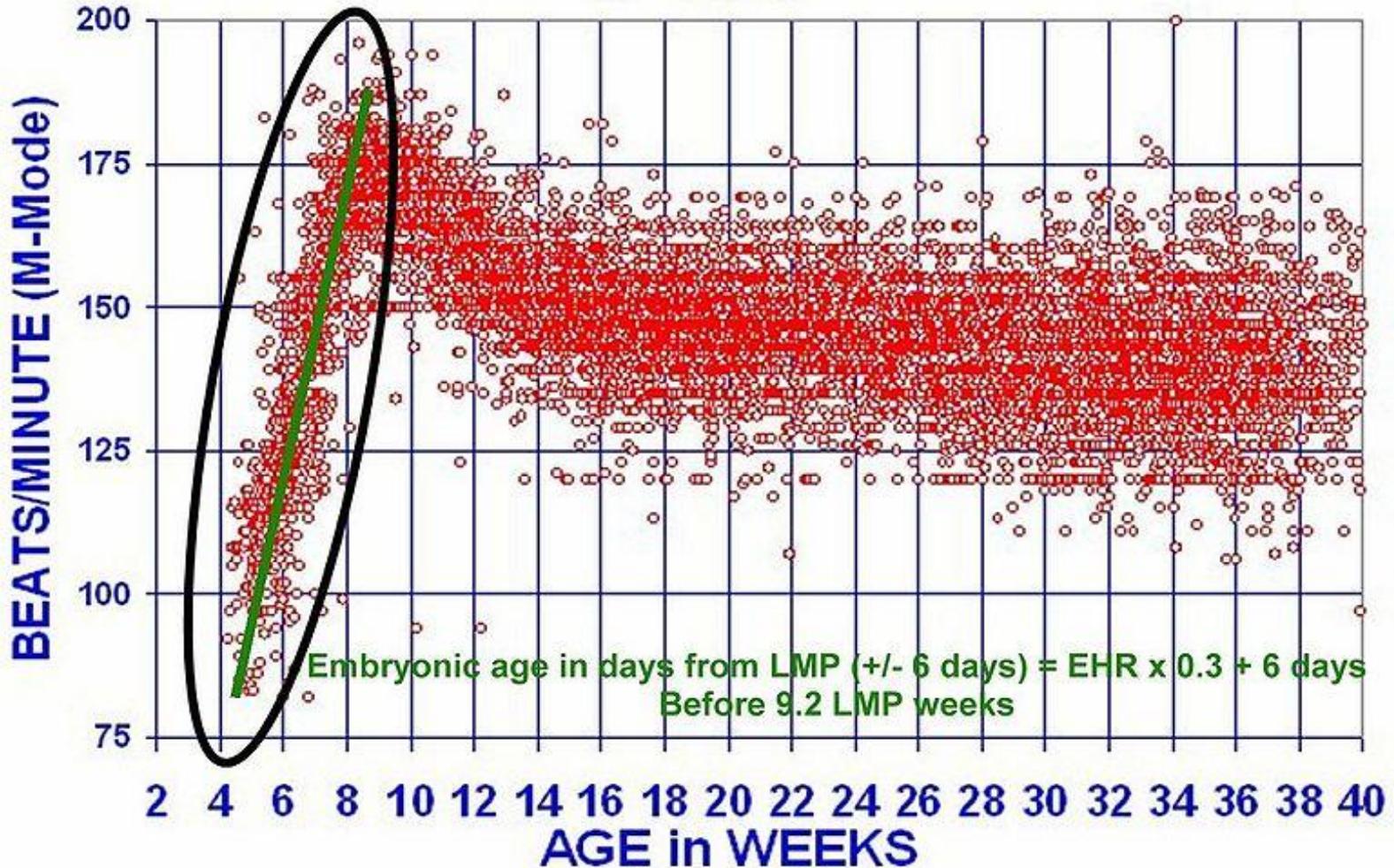
The embryonic heart rate (EHR) then accelerates linearly for the first month of beating, peaking at 165-185 BPM during the early 7th week. This acceleration is approximately 3.3 BPM per day, or about 10 BPM every three days (increase of 100 BPM in the first month).

After peaking at about 9.2 weeks after the normal menstrual period (LMP), it decelerates to about 150 BPM (+/-25 BPM) during the 15th week after the LMP.

$$\text{Age in days} = \text{EHR}(0.3) + 6$$

HEART RATE & AGE

n = 9043



Terry J. DuBose, M.S., RDMS; Director Diagnostic Medical
Sonography Program

Congenital Heart Diseases: Neonate & Young Infant



- **Significant congenital heart disease (CHD) may be diagnosed at virtually any age.**
- **Some conditions always are discovered in neonates; others rarely are identified during infancy.**

Table 1. Mendelian Gene Syndromes Associated with Congenital Heart Anomalies*

Etiologic Syndrome	Frequency of Cardiac Anomalies†		Distinguishing Features
	All (%)	Distinctive or Most Common	
Autosomal Dominant			
Adams-Oliver syndrome	20	Left-sided obstruction (eg, COA, parachute MVP), TOF	Scalp cutis aplasia, terminal transverse limb defects
Alagille syndrome	95	(P)PS, TOF/TOF with PA, ASD, VSD	Bile duct paucity, chronic cholestasis, butterfly vertebrae, posterior embryotoxon
Char syndrome	60	PDA	Anomalies on fifth finger, supernumerary nipple
Cornelia de Lange syndrome	25	VSD, ASD, PS, TOF	Upper limb deficiency, GI anomalies
Holt-Oram syndrome	80	ASD ± other CVM, VSD, TA, TOF, PAPVC, conduction defect	Upper limb malformations
Neurofibromatosis	2	PSV, ASV, COA, HCM	Café au lait macules, optic glioma, scoliosis, pseudarthrosis, neurofibromas
Noonan syndrome	85	PSV, ASD, AVSD partial, COA, HCM	Short, webbed neck; pectus deformity; cryptorchidism
Rubinstein-Taybi syndrome	35	PDA, ASD, VSD, left-sided obstruction (eg, COA, HLHS)	Broad thumbs and great toes
Williams syndrome	60	SVAS, PS, other left-sided obstructions (eg, ASV, MS, COA)	Hypercalcemia, hypodontia, hypoplastic nails
Autosomal Recessive			
Ellis-van Creveld syndrome	60	AVSD, common atrium, ASD primum	Short limbs, polydactyly, hypoplastic nails, dental anomalies
Fryns syndrome	50	ASD, VSD, conotruncal	Diaphragmatic hernia, distal digital hypoplasia
Keutel syndrome	70	(P)PS	Short digits, mixed hearing loss, cartilage calcification
Smith-Lemli-Opitz syndrome	45	ASD, VSD, complete AVSD, TAPVC	Two- to three-toe syndactyly, cleft palate, lung anomalies, genital anomalies
X-linked Recessive			
Simpson-Golabi-Behmel syndrome	25	ASD; VSD; rare, variable cardiomyopathy	Macrosomia, cleft palate, supernumerary nipples, hernias, hypospadias, poly/syndactyly
Suspected Gene Etiology			
Cardio-facio-cutaneous syndrome	75	ASD, HCM	Sparse, curly hair; low, rotated ears; hyperkeratosis
Hall-Hittner syndrome (CHARGE association)	80	Conotruncal/arch, assorted CVMs	Coloboma, choanal atresia, genital anomalies, ear anomalies
Costello syndrome	60	MVP, AV, thickening HCM, arrhythmia (atrial tachycardia)	Skin/joint laxity, fine/curly hair, deep palm creases, ulnar deviation, papillomata
PHACES syndrome	100	COA; IAA, A right; double, cervical aortic arch	Posterior fossa malformations, hemangiomas, eye anomalies
Ritscher-Schinzel syndrome (3C)	100	TOF, DORV, AVSD	Posterior fossa malformations, cleft palate, coloboma



Table 2. Incidence of Most Common Cardiac Malformations*

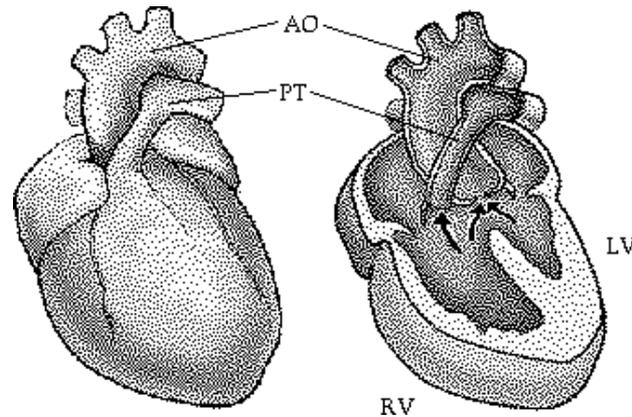


Malformation	Prevalence (per 10,000 Births)	
	Metropolitan Atlanta Congenital Defect Program, 1995-1997	Baltimore-Washington Infant Study, 1981-1989
Heterotaxy, L-TGA	1.6	1.4
Outflow tract defects, total		
Tetralogy of Fallot	4.7	3.3
D-TGA	2.4	2.3
Double-outlet right ventricle	2.2	0.7
Truncus arteriosus	0.6	0.5
Atrioventricular septal defect		
With Down syndrome	2.4	2.3
Without Down syndrome	1	1
Ebstein anomaly	0.6	0.6
Total APVC	0.6	0.7
Right-sided obstruction		
Peripheral pulmonic stenosis	7	Not available
Pulmonic stenosis, atresia	5.9	5.4
Pulmonic atresia/intact septum	0.6	0.6
Tricuspid atresia	0.3	0.4
Left-sided obstruction		
Coarctation of the aorta	3.5	1.4
Hypoplastic left heart	2.1	1.8
Aortic valve stenosis	0.8	0.8
Aortic arch atresia or hypoplasia	0.6	Not available
Septal defects		
Ventricular septal defect	24.9	11.2
Atrial septal defect	10	3.2
Patent ductus arteriosus	8.1	0.9
Other major heart defects	9.7	-
Total	90.2	48.4

APVC=anomalous pulmonary venous connection, TGA=transposition of the great arteries.

*Reprinted from Lin AE, Holly HA. Genetic epidemiology of cardiovascular malformations. *Progr Pediatr Cardiol.* 2005;20:113-126 with permission from Elsevier.

Tetralogy of Fallot



This condition results from a single error: the conus septum develops too far anteriorly giving rise to two unequally proportioned vessels- - a large aorta and a smaller stenotic pulmonary trunk.

The four main characteristics of Tetralogy of Fallot are:

(1) pulmonary stenosis

(2) ventricular septal defect (VSD) of the membranous portion (the septum is displaced too far anteriorly to contribute to the septum)

(3) overriding aorta (the aorta straddles the VSD)



Tricuspid Atresia:

Total Correction: mortality less than 3%

Transposition of the great arteries

Total Correction: mortality less than 2%

Pulmonic stenosis

Total Correction: mortality less than 1%

Truncus Arteriosus (various types)

Mortality is > 10%

Hypoplastic left heart syndrome

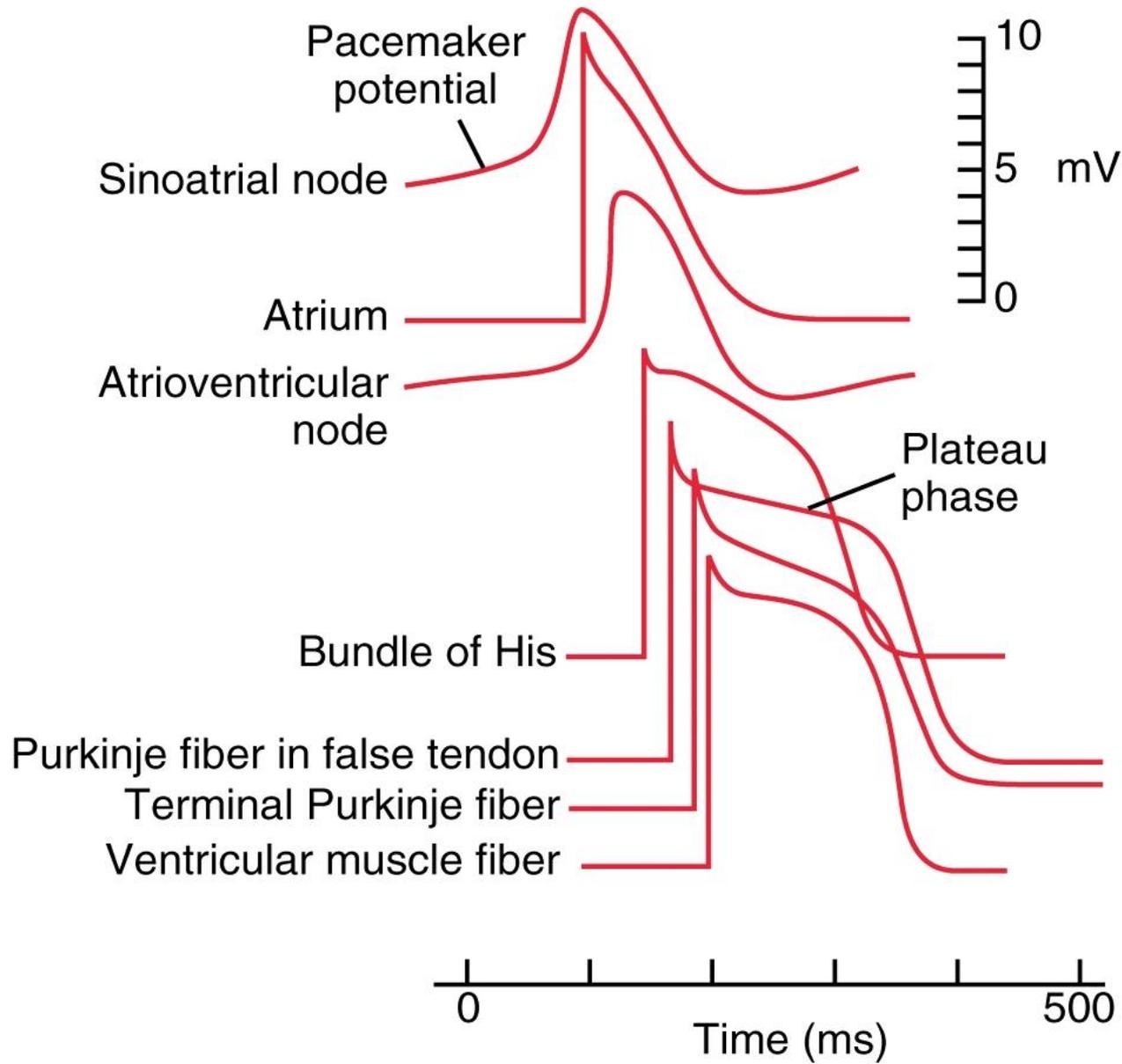
Mortality ~10%

ECG: Neonate

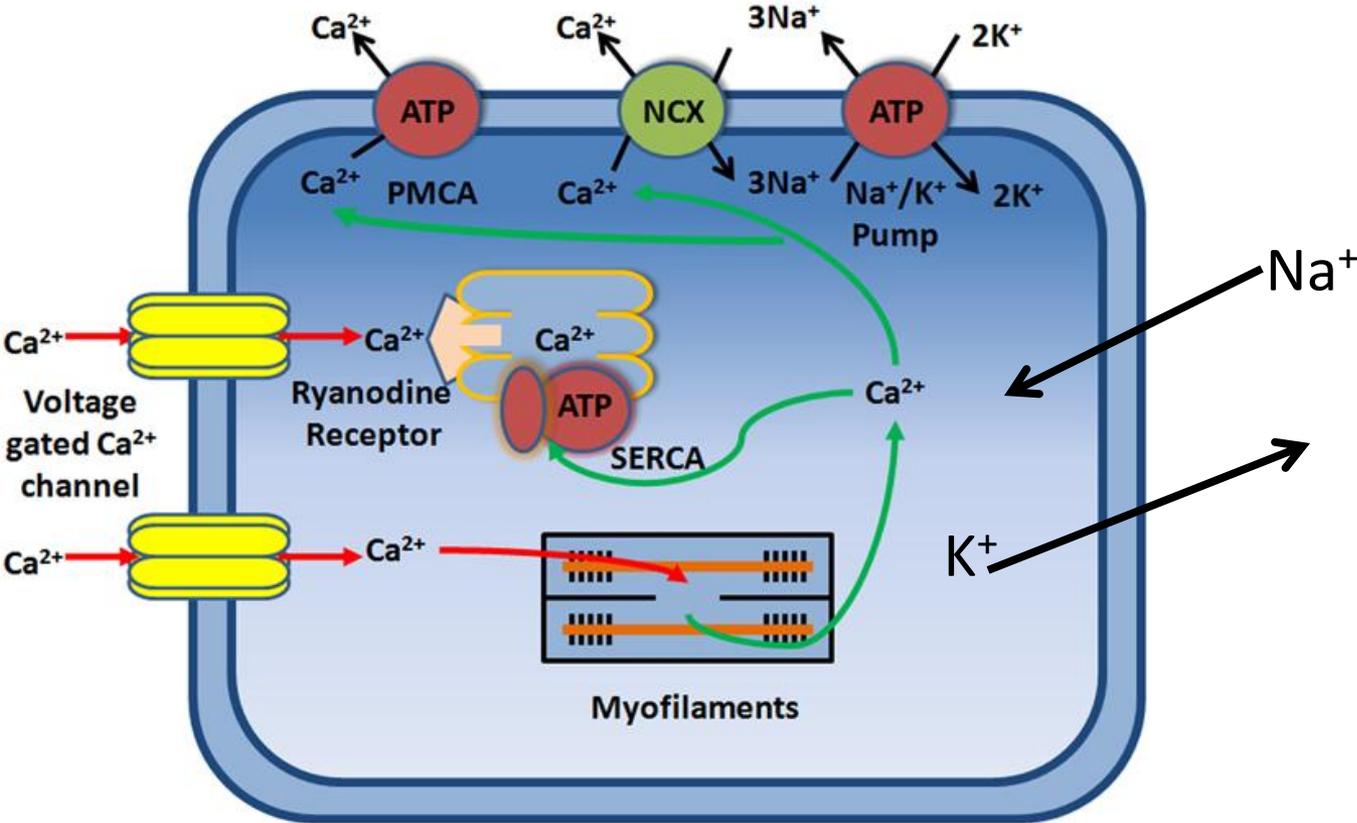


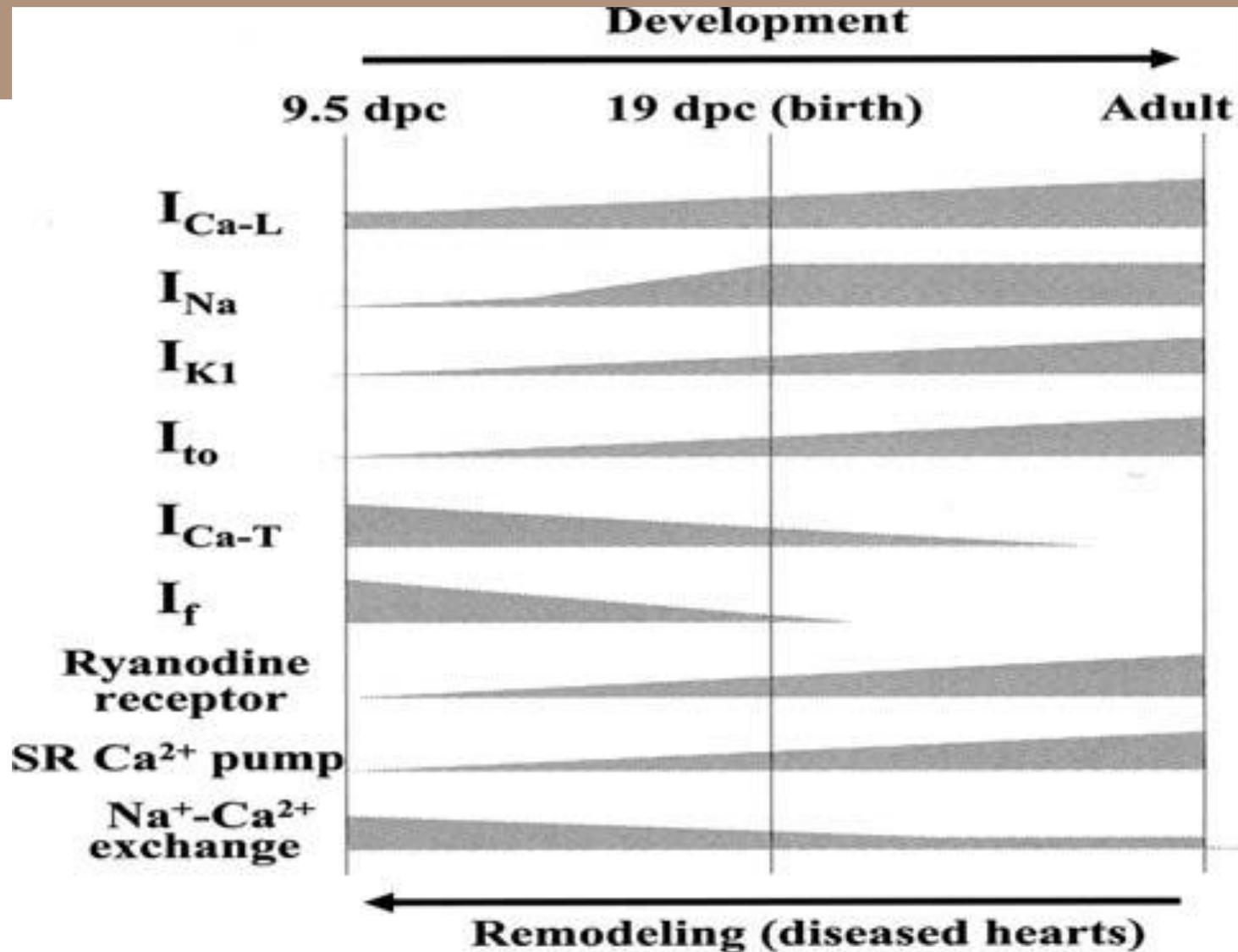
- Arrhythmias in fetuses and newborns are relatively common, occurring in up to 90% of newborns and in 1% to 3% of pregnancies (*NeoReviews Vol.9 No.6 2008 e242,2008 American Academy of Pediatrics, Fetal and Neonatal Arrhythmias*)
- Weak arterial pulses and right heart overload in the **electrocardiogram** suggested the diagnosis of hypoplasia of the left heart. Impaired coronary perfusion to portions of the right and left ventricular myocardium. Pulmonary vasoconstriction from hypoxia. Myocardial ischemia on the **electrocardiogram** (*The Journal of Pediatrics Volume 81 (2): 243-250*)
- SIDS: A prolonged QT interval may be an important cause for SIDS. (*Schwartz et al., The New England Journal of Medicine, 1998 338(24):1709-1714.*)

Cardiac action potentials



MUSCLE CONTRACTION





Brugada syndrome : Genetic disease, abnormal ECG sudden cardiac death (Sudden Unexpected Death Syndrome -SUDS). First described in 1992, ventricular fibrillation mutation in Na^+ ion channel

Ion channels



- Recent evidence indicates that between 5 and 15% of SIDS cases carry potentially lethal **loss-of-function mutations in cardiac channelopathy genes.**

(Future Cardiol. 2009 Mar;5(2):201-7. Sudden infant death syndrome and cardiac arrhythmias. Morris JA, Harrison L, Brodison A, Lauder R. Department of Pathology, Royal Lancaster Infirmary, Lancaster LA1 4RP, UK.)

- Morphological changes in the mitochondrial network likely accompany the uncoupling with mitochondrial fission dampening the signals leading to **cardiomyocyte death.**

(J Bioenerg Biomembr. 2009 Apr;41(2):133-6. Uncouple my heart: the benefits of inefficiency.

Sonographer: Pediatric echocardiography



9.11 Circulatory Vessels: Arteries

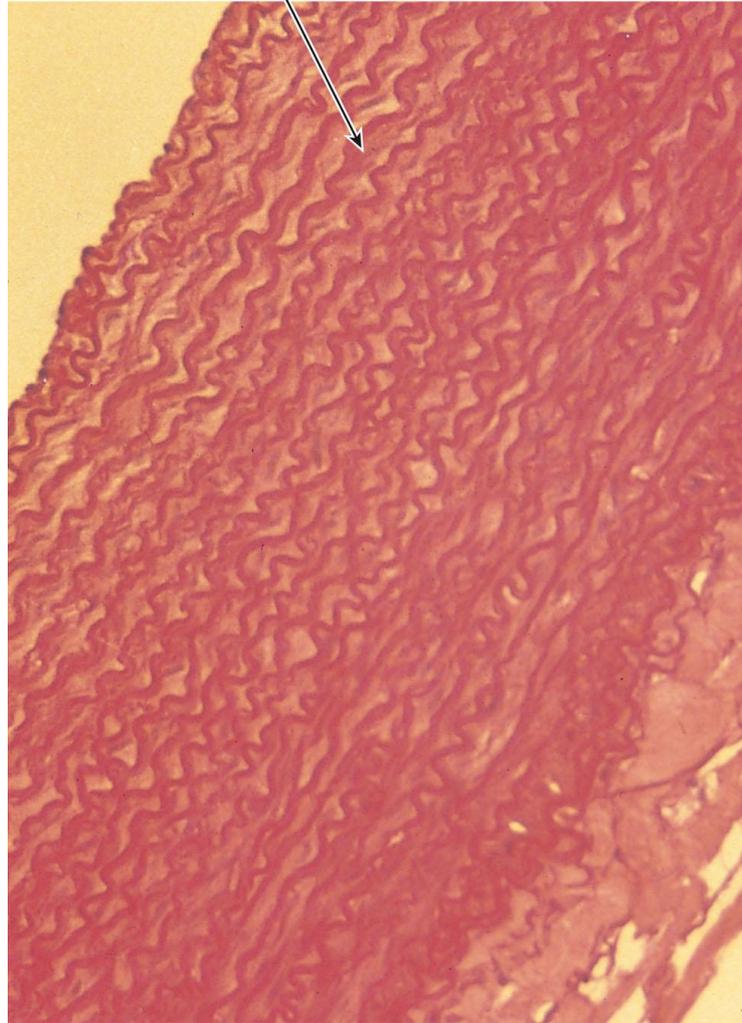


- Arteries provide **rapid passage** of blood from the heart to the tissues
 - **Large radii** offer **little resistance** to flow
 - Blood flows at **high velocity**
- Arteries serve as **pressure reservoirs**
 - Arteries' **elasticity** enables them to **expand** during ventricular systole
 - **Elastic recoil** is the **driving force** for continued flow of blood during diastole

9.11 Circulatory Vessels: Arteries



Elastin fibers



Elastin fibers

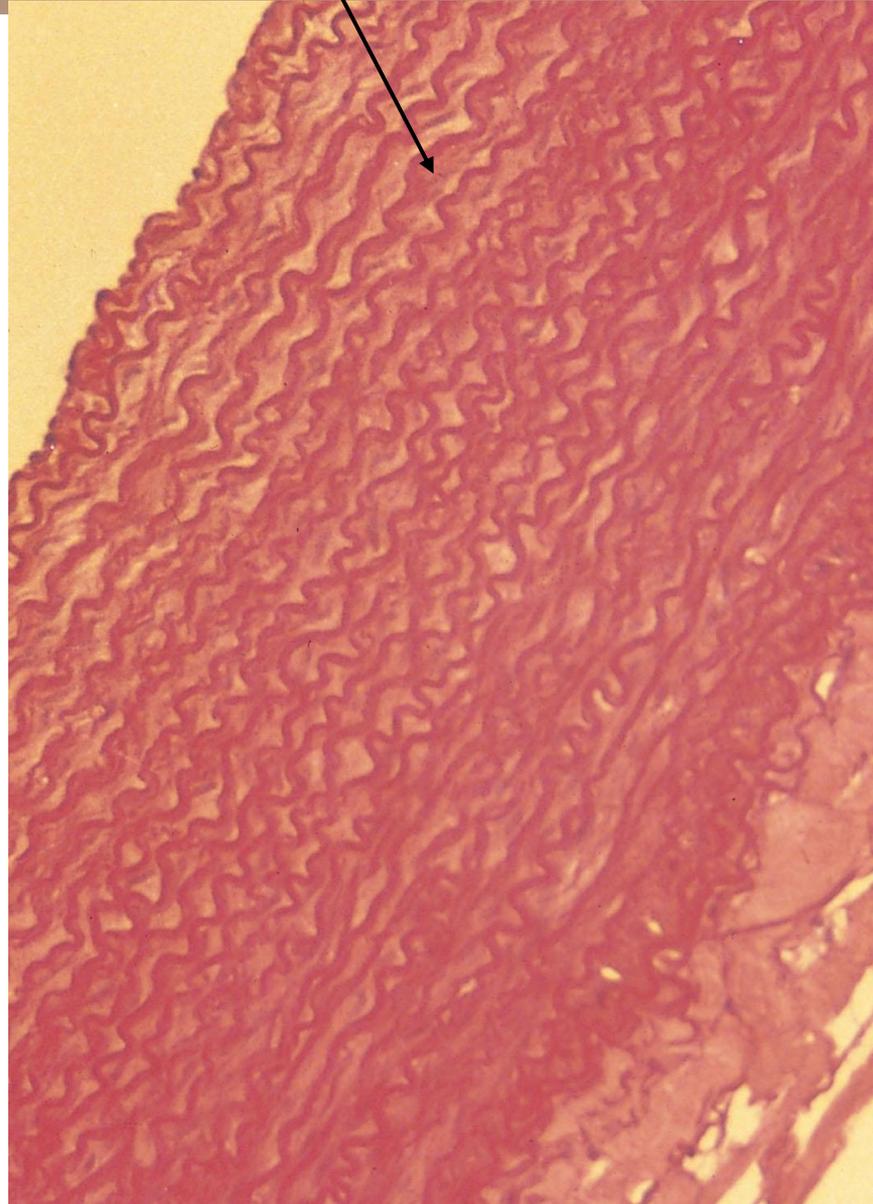
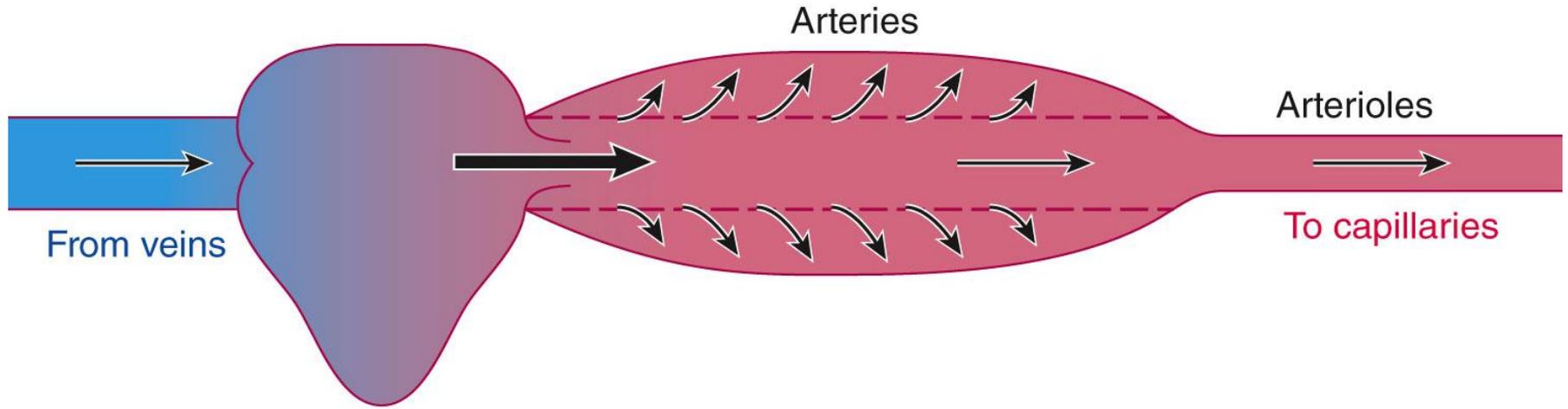
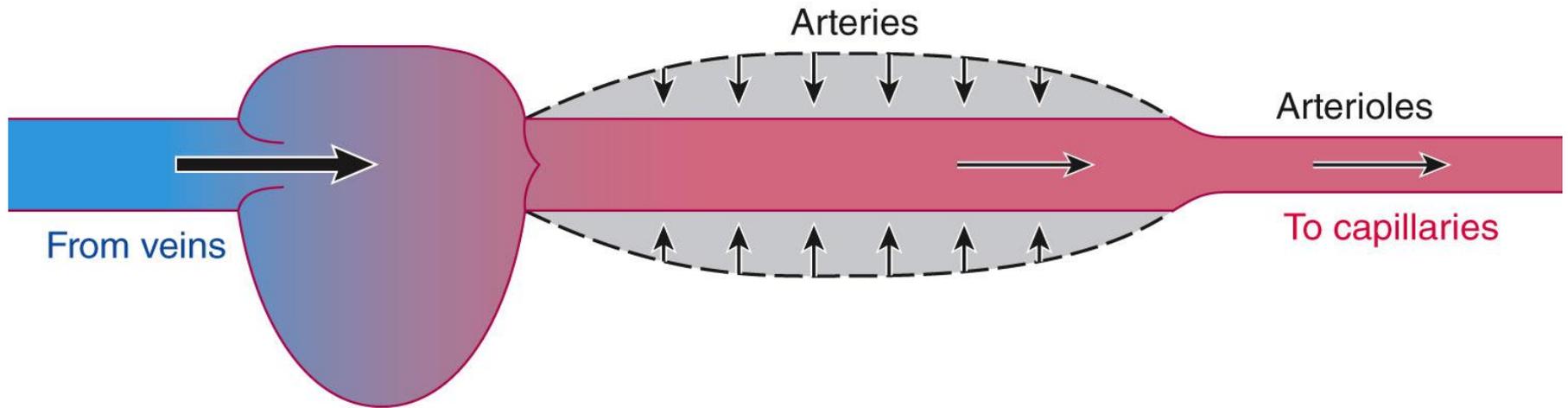


Figure 9-42 p430

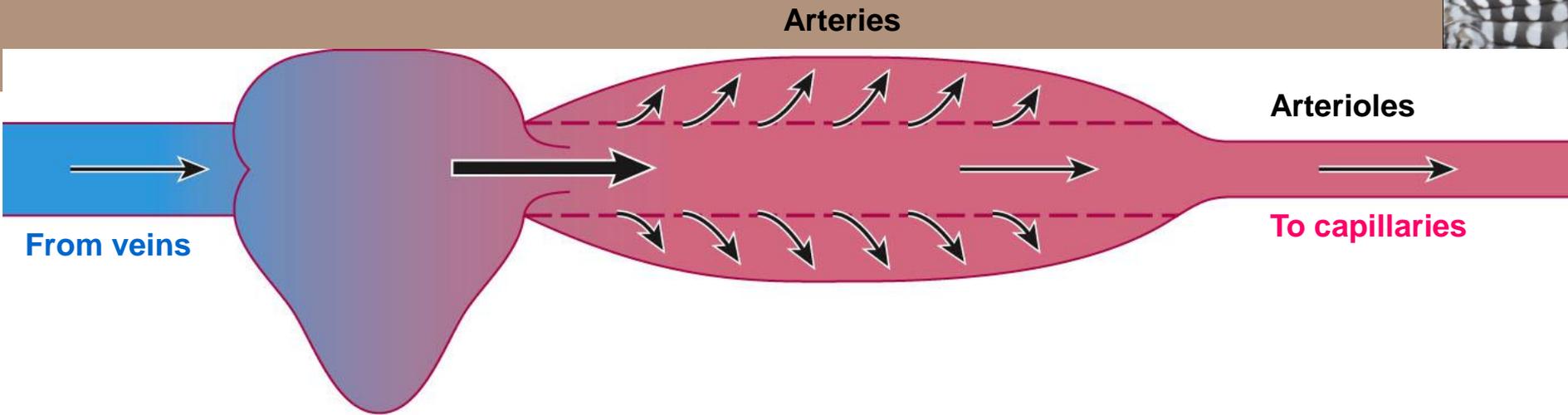
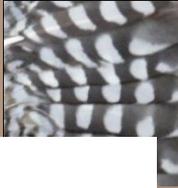
9.11 Circulatory Vessels: Arteries



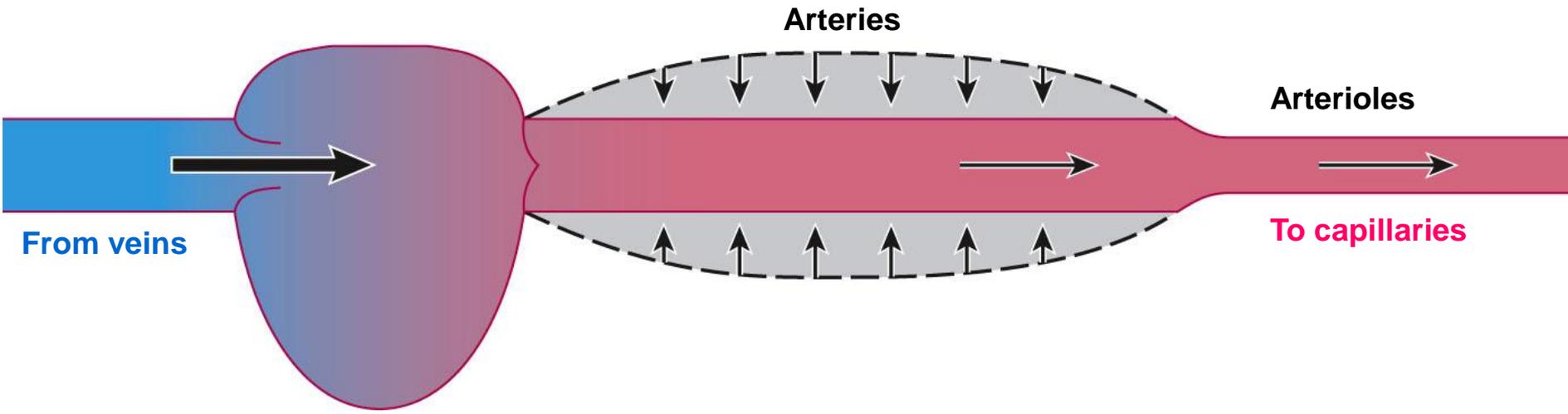
(a) Heart contracting and emptying



(b) Heart relaxing and filling



(a) Heart contracting and emptying



(b) Heart relaxing and filling

9.11 Circulatory Vessels: Arteries

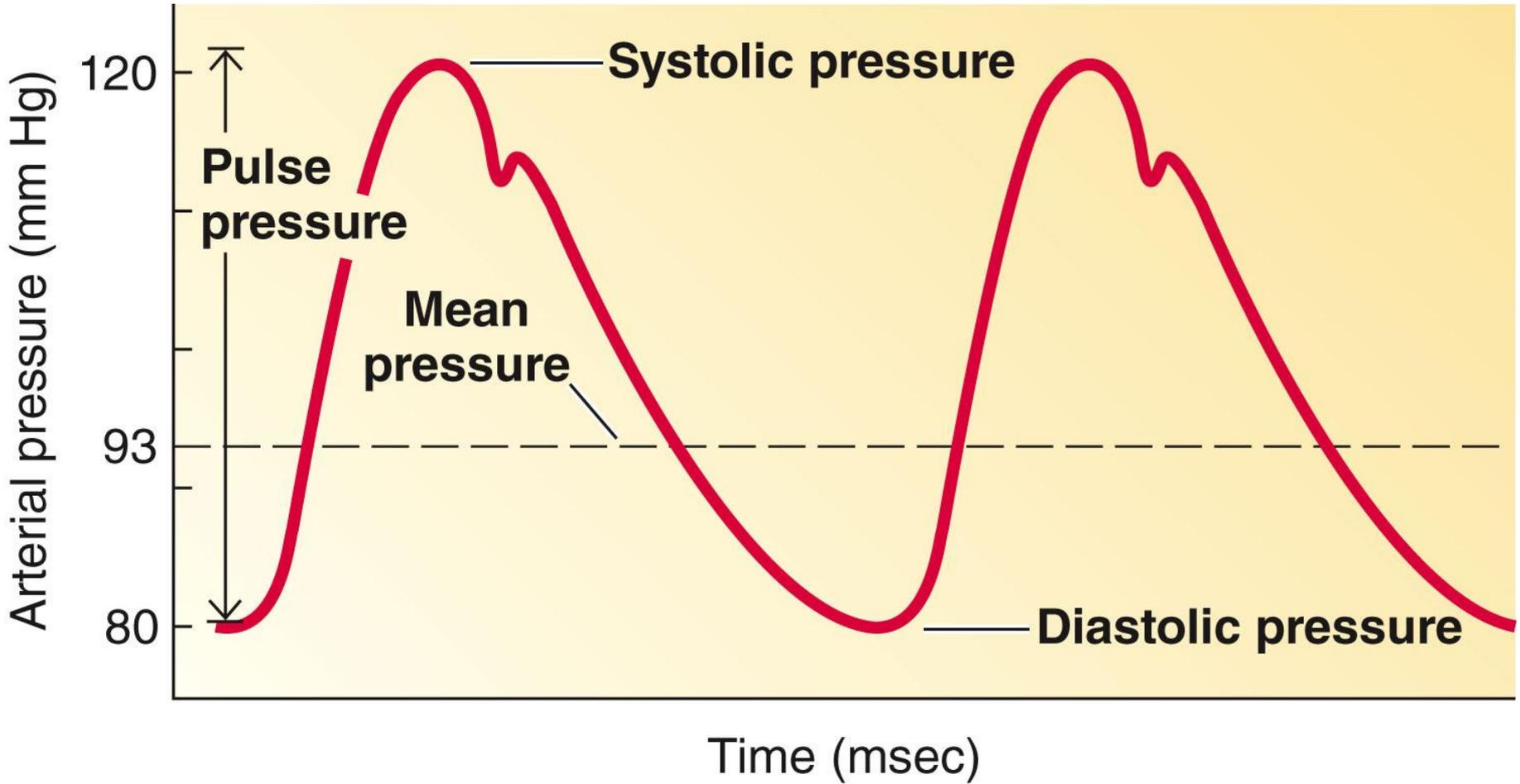


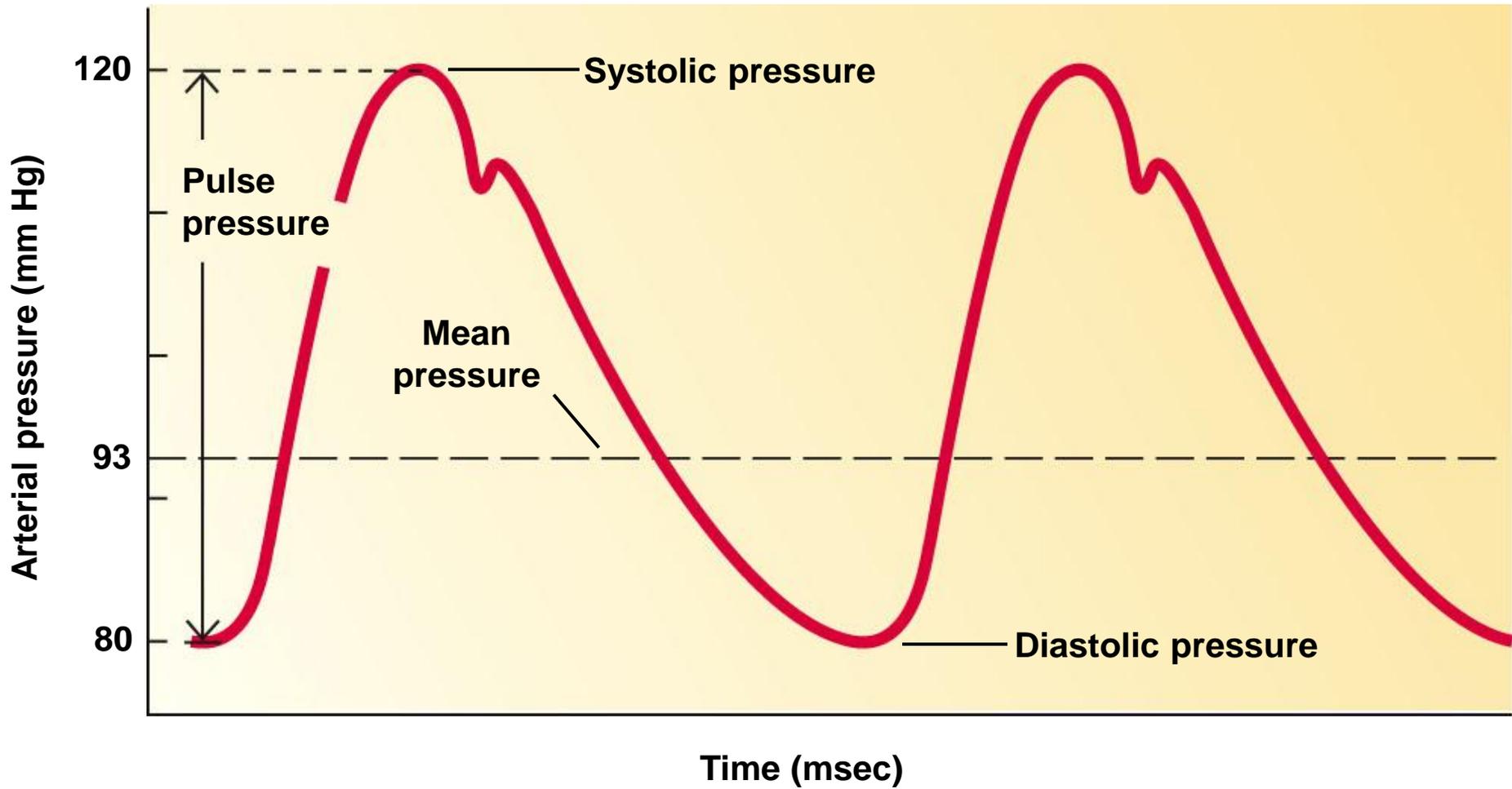
■ Arterial blood pressure

- Maximum pressure exerted on the arteries (**systolic blood pressure**) averages 120 mmHg in humans
- Minimum pressure (**diastolic blood pressure**) averages 80 mmHg
- Arterial blood pressure is expressed as a fraction (e.g. 120/80 mmHg)
- **Mean arterial pressure** is the main **driving force** of blood flow

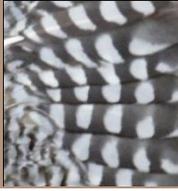
$$\text{Mean arterial pressure} = \text{diastolic pressure} + \frac{1}{3} (\text{systolic pressure} - \text{diastolic pressure})$$

9.11 Circulatory Vessels: Arteries



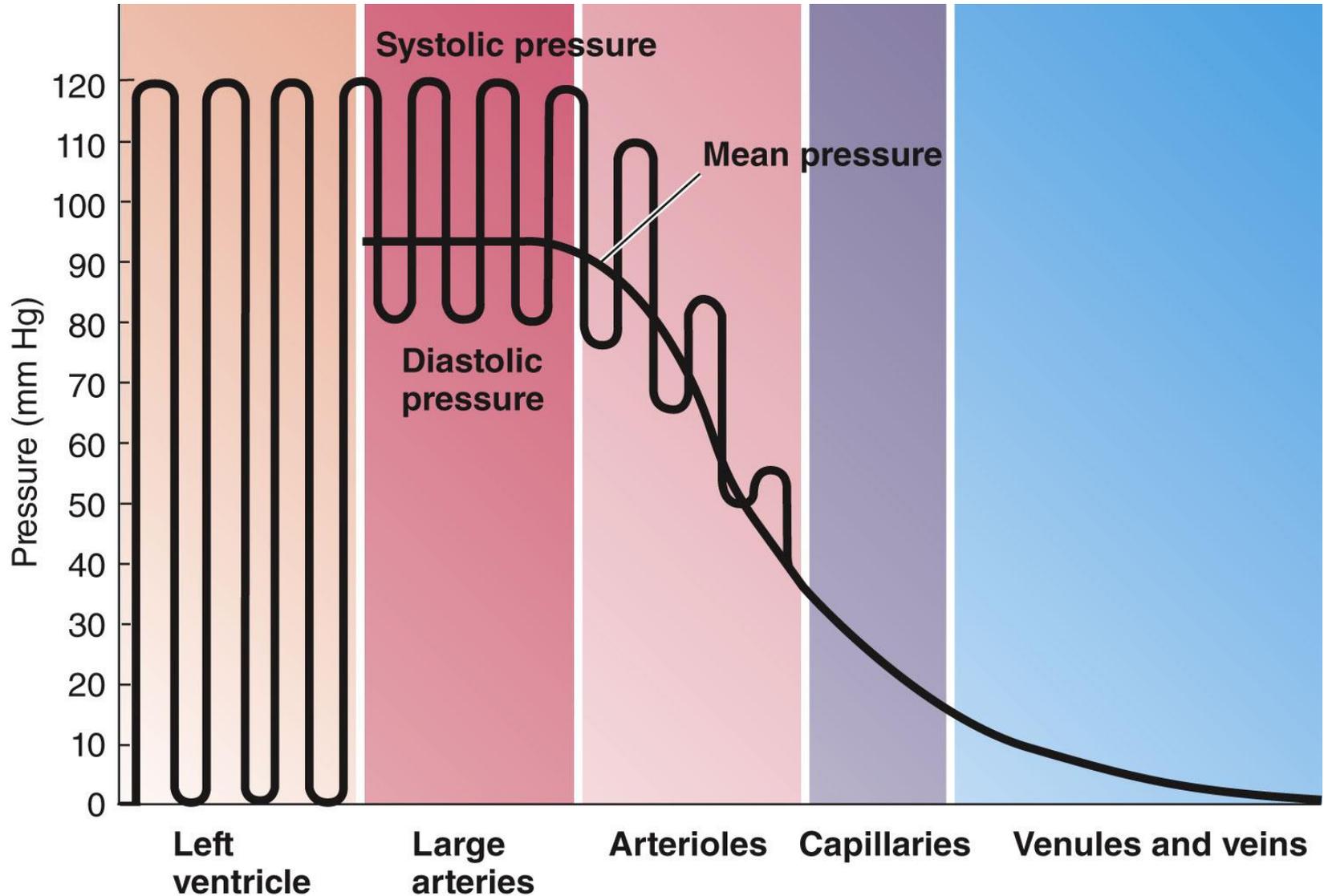
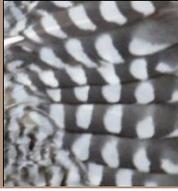


9.12 Circulatory Vessels: Arterioles

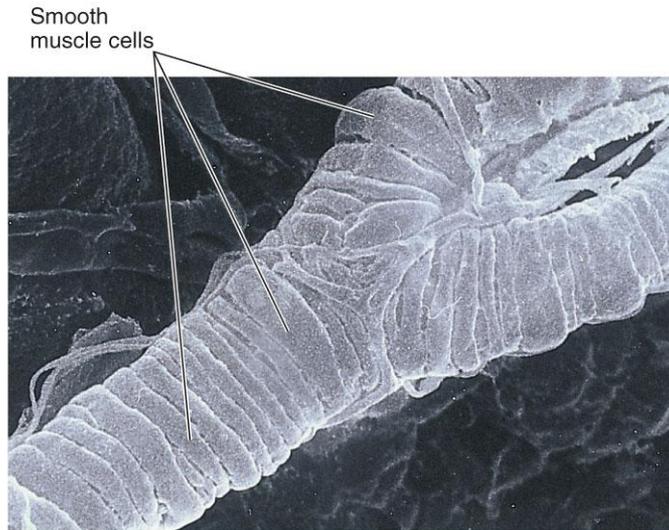


- Arterioles are the **major resistance vessels**
 - Radii of arterioles are small enough to offer considerable **resistance to flow**
 - Large **drop in blood pressure** through the arterioles
 - Mean arterial pressure of 93 mmHg drops to 37 mmHg where blood enters the capillaries
 - Eliminates pulsatile pressure swings
 - Thick layer of **smooth muscle** is innervated by **sympathetic** nerve fibers
 - **Vasoconstriction** results from smooth muscle contraction —-> decreased radius, increased resistance
 - **Vasodilation** results from smooth muscle relaxation —-> increased radius, decreased resistance

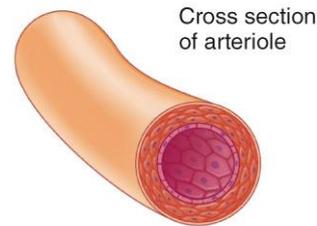
9.12 Circulatory Vessels: Arterioles



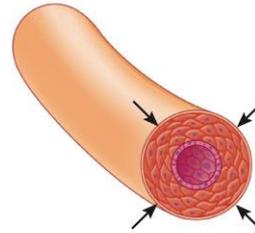
9.12 Circulatory Vessels: Arterioles



(a) Scanning electron micrograph of an arteriole showing how the smooth muscle cells run circularly around the vessel wall

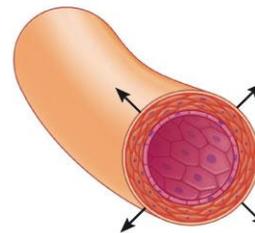


(b) Normal arteriolar tone



- Caused by:**
- ↑ Myogenic activity
 - ↑ Oxygen (O_2)
 - ↓ Carbon dioxide (CO_2) and other metabolites
 - ↑ Endothelin
 - ↑ Sympathetic stimulation
 - Vasopressin; angiotensin II
 - Cold

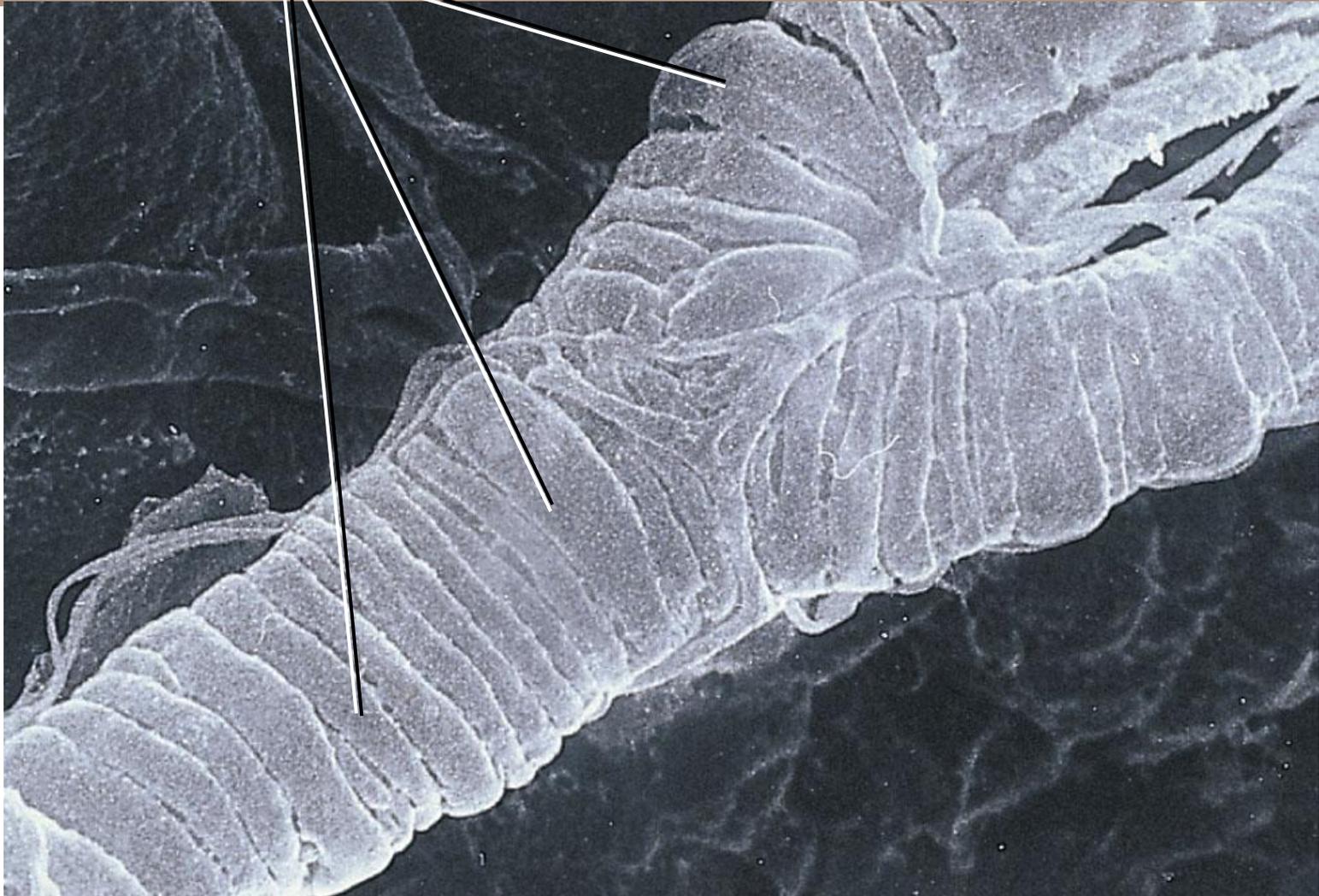
(c) **Vasoconstriction** (increased contraction of circular smooth muscle in the arteriolar wall, which leads to increased resistance and decreased flow through the vessel)



- Caused by:**
- ↓ Myogenic activity
 - ↓ O_2
 - ↑ CO_2 and other metabolites
 - ↑ Nitric oxide
 - ↓ Sympathetic stimulation
 - Histamine release
 - Heat

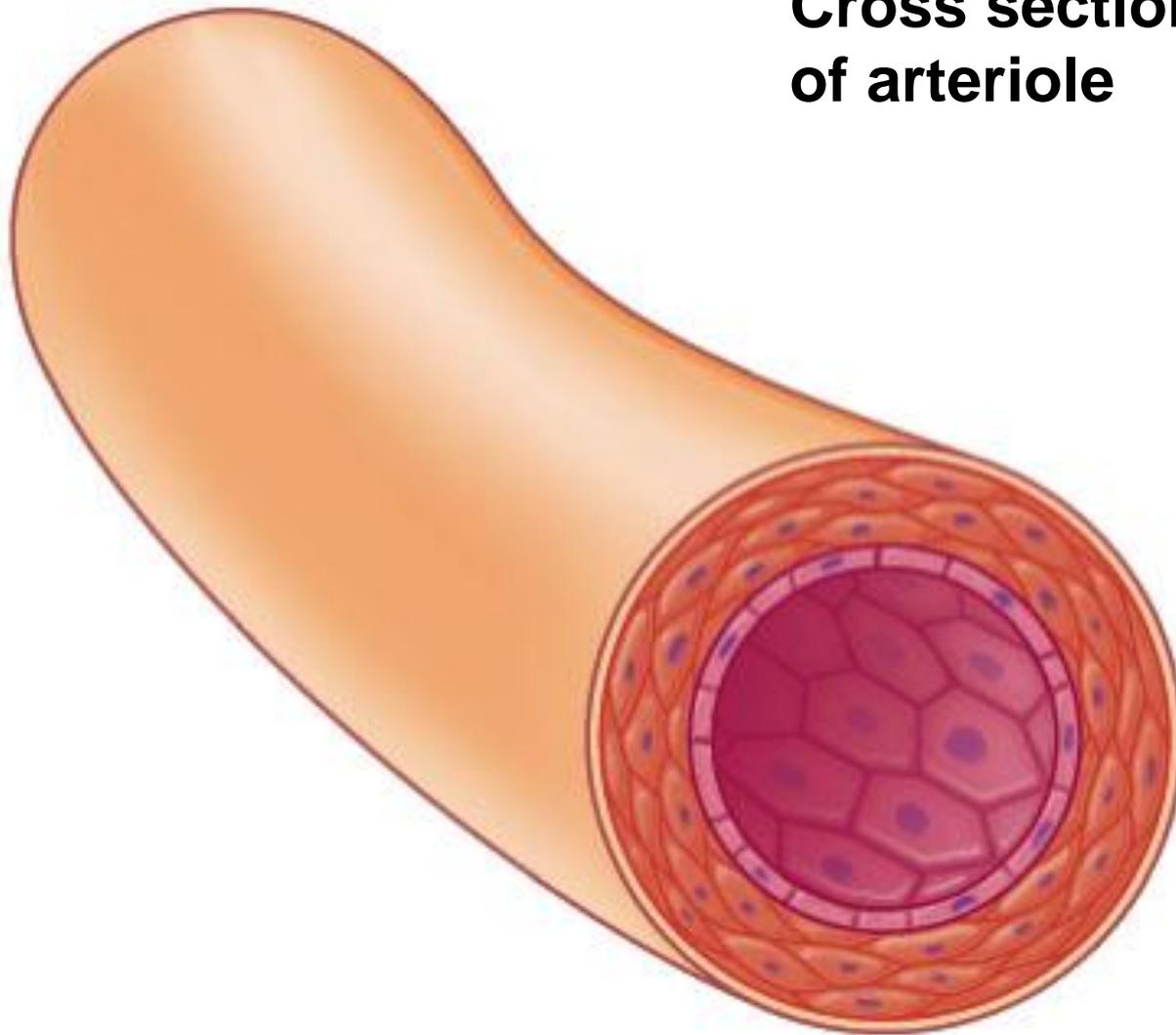
(d) **Vasodilation** (decreased contraction of circular smooth muscle in the arteriolar wall, which leads to decreased resistance and increased flow through the vessel)

**Smooth
muscle cells**

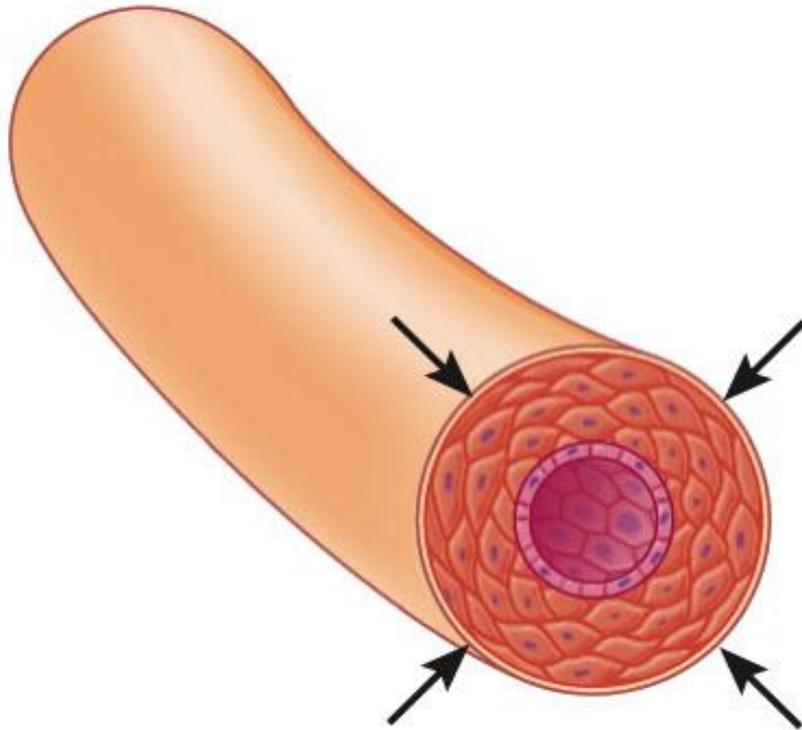


(a) Scanning electron micrograph of an arteriole showing how the smooth muscle cells run circularly around the vessel wall

Cross section of arteriole



(b) Normal arteriolar tone



Caused by:

↑ Myogenic activity

↑ Oxygen (O_2)

↓ Carbon dioxide (CO_2)
and other metabolites

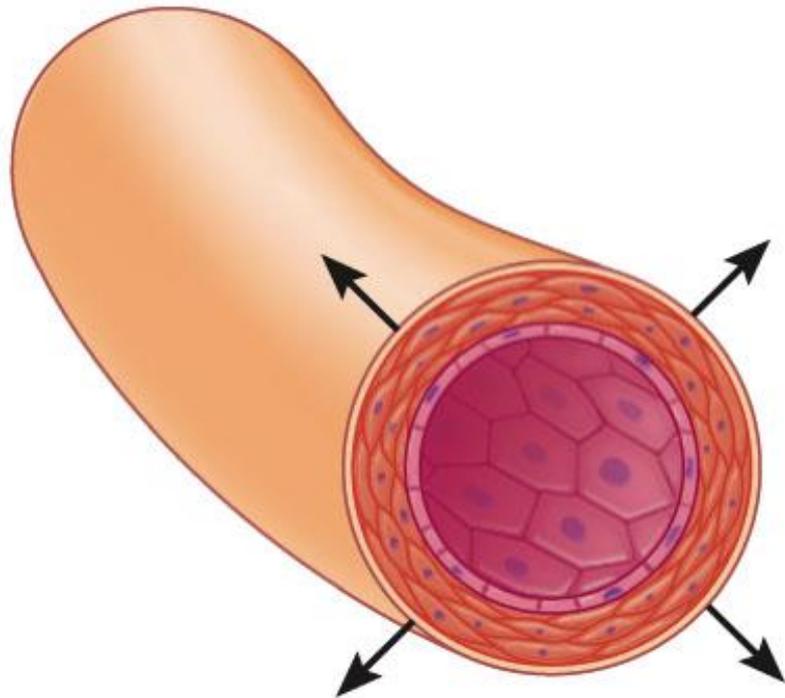
↑ Endothelin

↑ Sympathetic stimulation

Vasopressin; angiotensin II

Cold

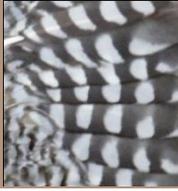
(c) **Vasoconstriction** (increased contraction of circular smooth muscle in the arteriolar wall, which leads to increased resistance and decreased flow through the vessel)



- Caused by:
- ↓ Myogenic activity
 - ↓ O₂
 - ↑ CO₂ and other metabolites
 - ↑ Nitric oxide
 - ↓ Sympathetic stimulation
 - Histamine release
 - Heat

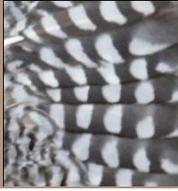
(d) **Vasodilation** (decreased contraction of circular smooth muscle in the arteriolar wall, which leads to decreased resistance and increased flow through the vessel)

9.12 Circulatory Vessels: Arterioles



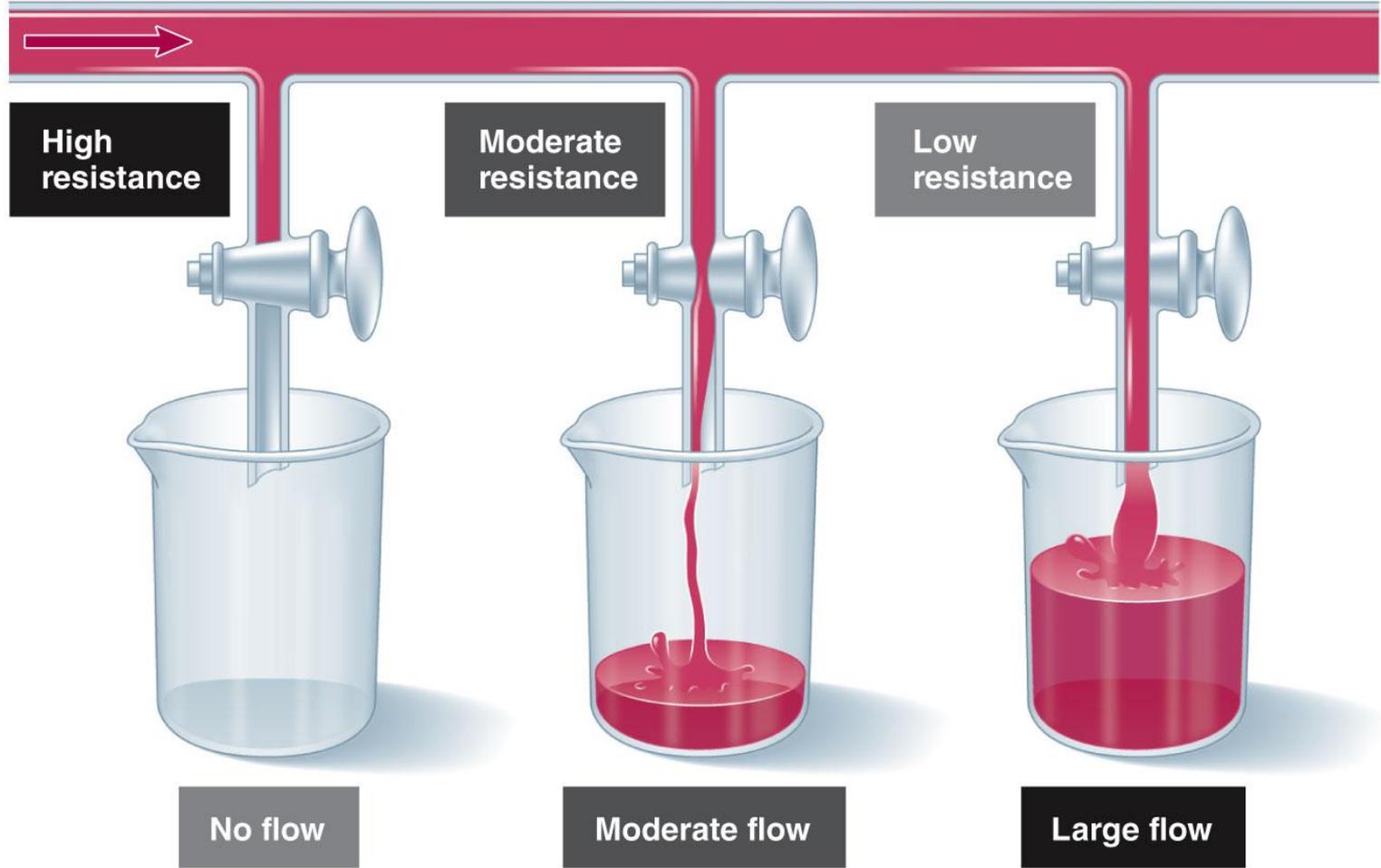
- Distribution of blood flow
 - **Amount of blood flow** received by each organ is determined by the **number** and **diameter** of its arterioles
 - **Local (intrinsic) controls** are changes within a tissue that alter the radii of arterioles
 - **Local metabolic changes** produce relaxation of arteriolar smooth muscle to increase blood flow to the organ (**active hyperemia**)
 - **Histamine** release causes vasodilation as an inflammatory response
 - Exposure to **heat** or **cold**
 - **Stretch** produces myogenic vasoconstriction

9.12 Circulatory Vessels: Arterioles



Constant pressure in pipe
(mean arterial pressure)

From pump
(heart)



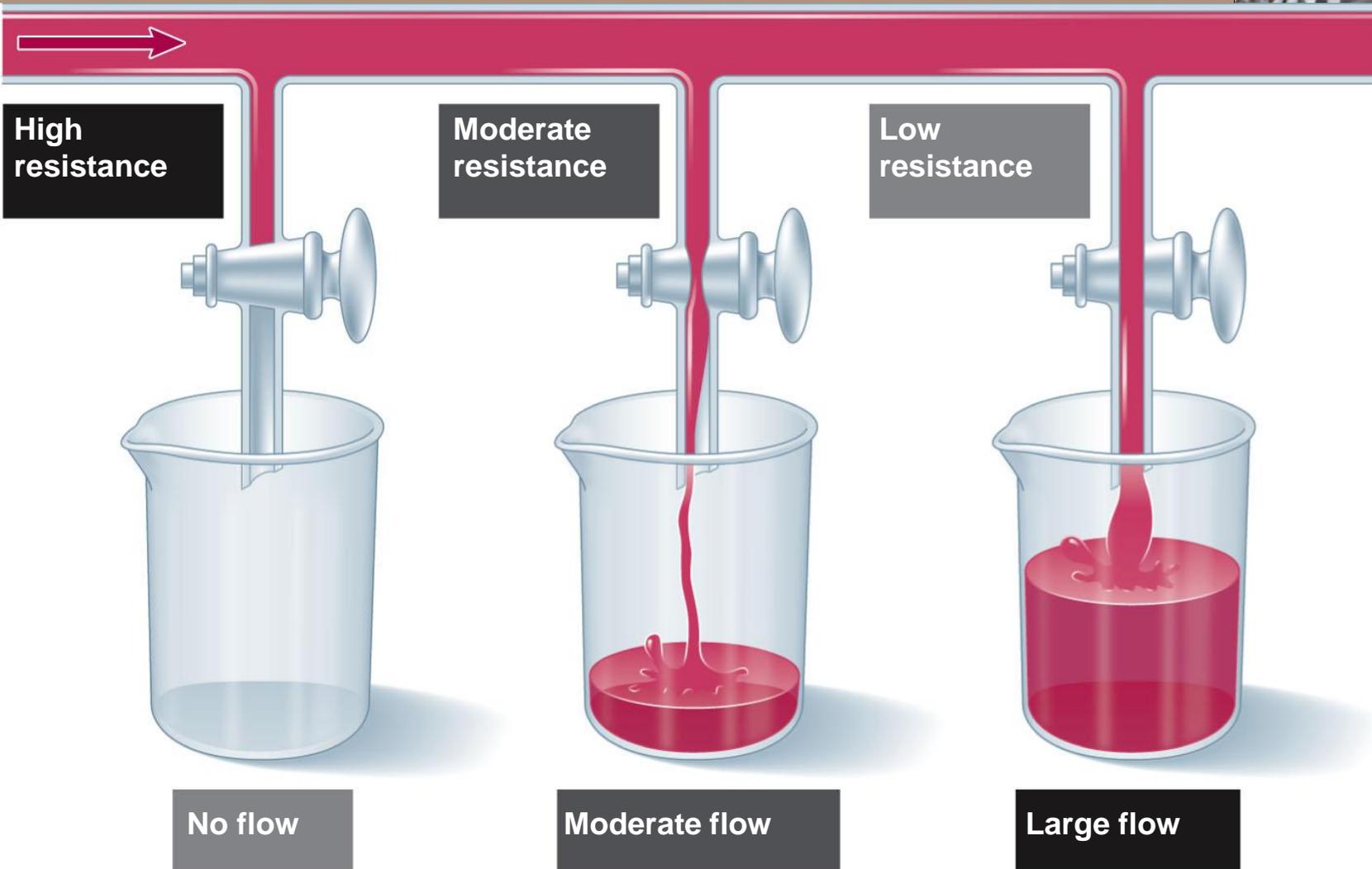
KEY

Control valves = Arterioles

Constant pressure in pipe
(mean arterial pressure)



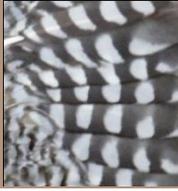
From pump
(heart)



KEY

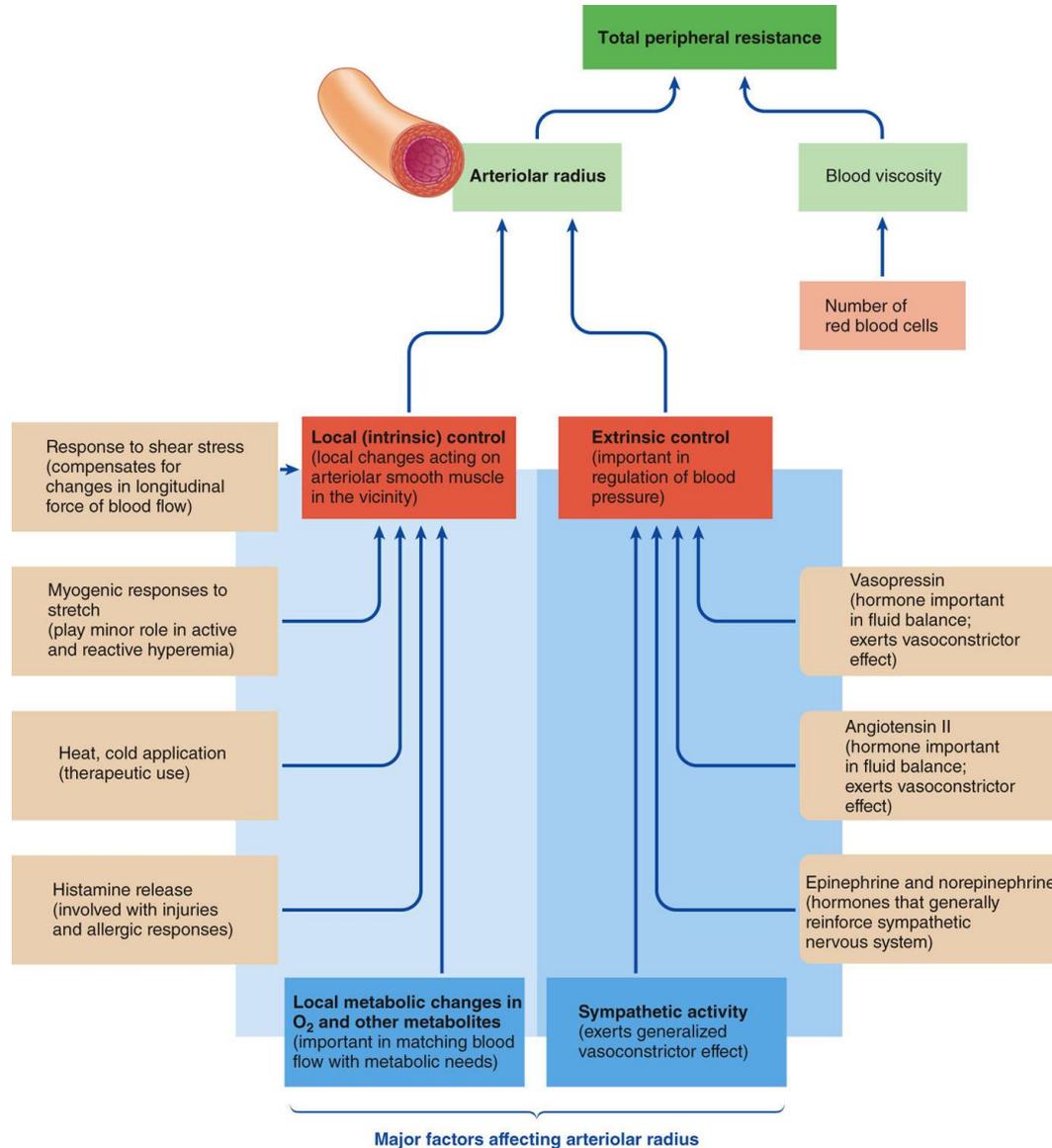
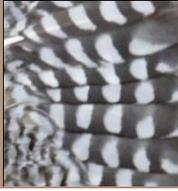
Control valves = Arterioles

9.12 Circulatory Vessels: Arterioles



- **Extrinsic control** includes **neural** and **hormonal** influences with the **sympathetic nervous system** dominating
 - Sympathetic stimulation **redistributes blood flow** to the heart and skeletal muscle at the expense of other organs
 - **Vasoconstriction** of most arterioles due to activation of **α_1 -adrenergic receptors** by NE or epinephrine
 - **Lung** and **brain** arterioles do not have α_1 -receptors and do not constrict
 - Epinephrine activates **β_2 -adrenergic receptors** in arterioles of **skeletal muscle** and **heart** to cause **vasodilation**
 - **Mean arterial pressure** is the product of **cardiac output** and **total peripheral resistance**

9.12 Circulatory Vessels: Arterioles



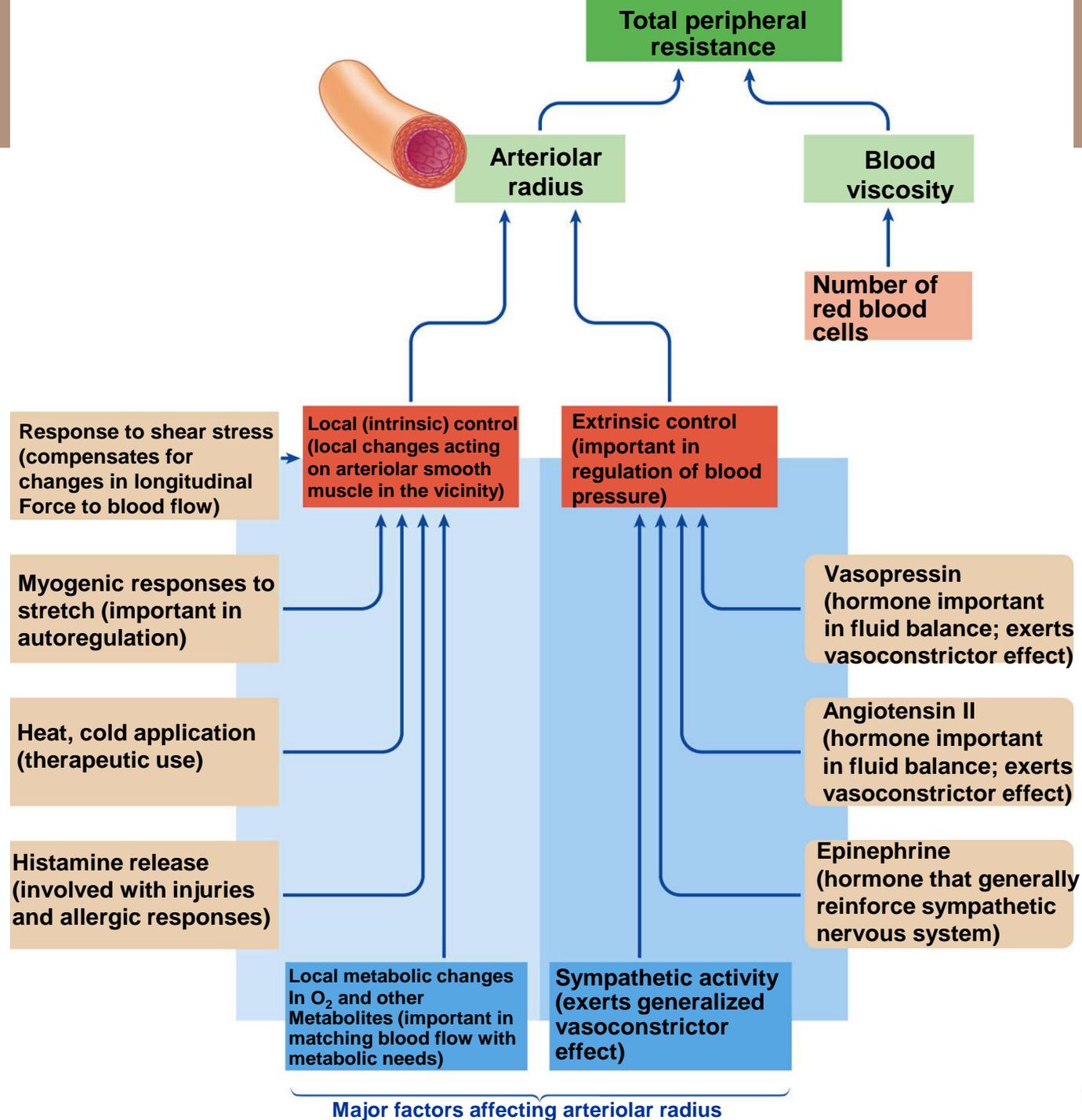


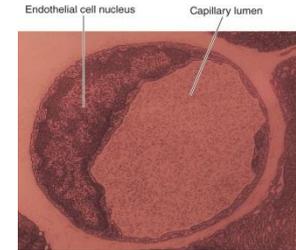
Figure 9-48 p438

9.13 Circulatory Vessels: Capillaries

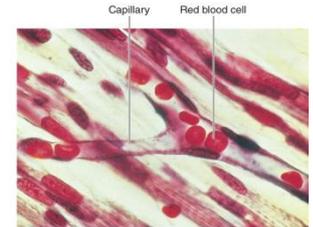


- **Capillaries maximize diffusion rates for exchange of materials**

- **Diffusion distance is short**
 - Capillary walls are thin
 - Capillaries are narrow
 - Capillaries branch extensively



(a) Cross section of a capillary

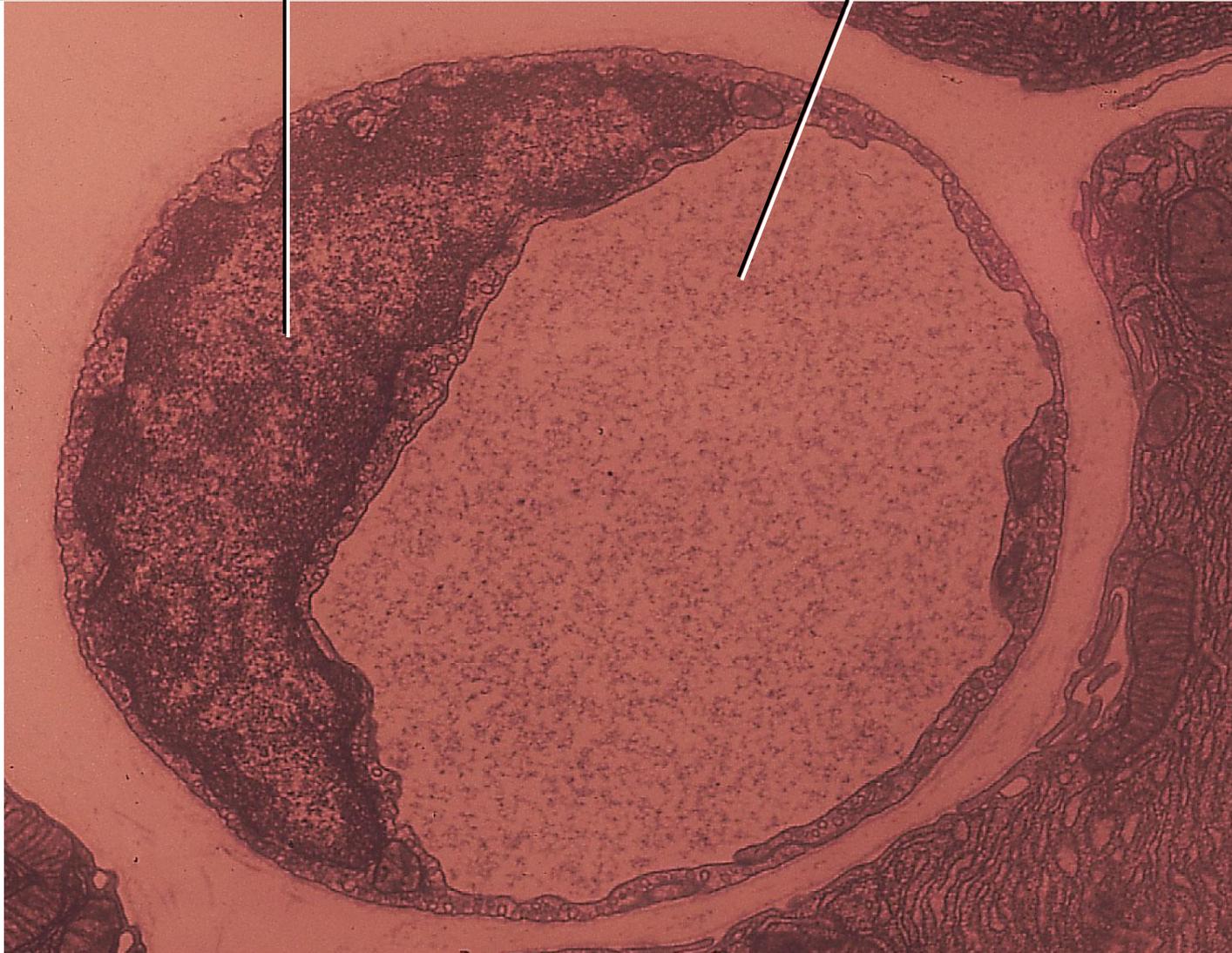


(b) Capillary bed

- **Surface area is large**
- **Permeability is high**
 - **Pores** between capillary endothelial cells
 - **Tight junctions** in **brain** capillaries form protective **blood-brain barrier**
 - **Large pores** in **liver** capillaries allow passage of **proteins**

Endothelial cell nucleus

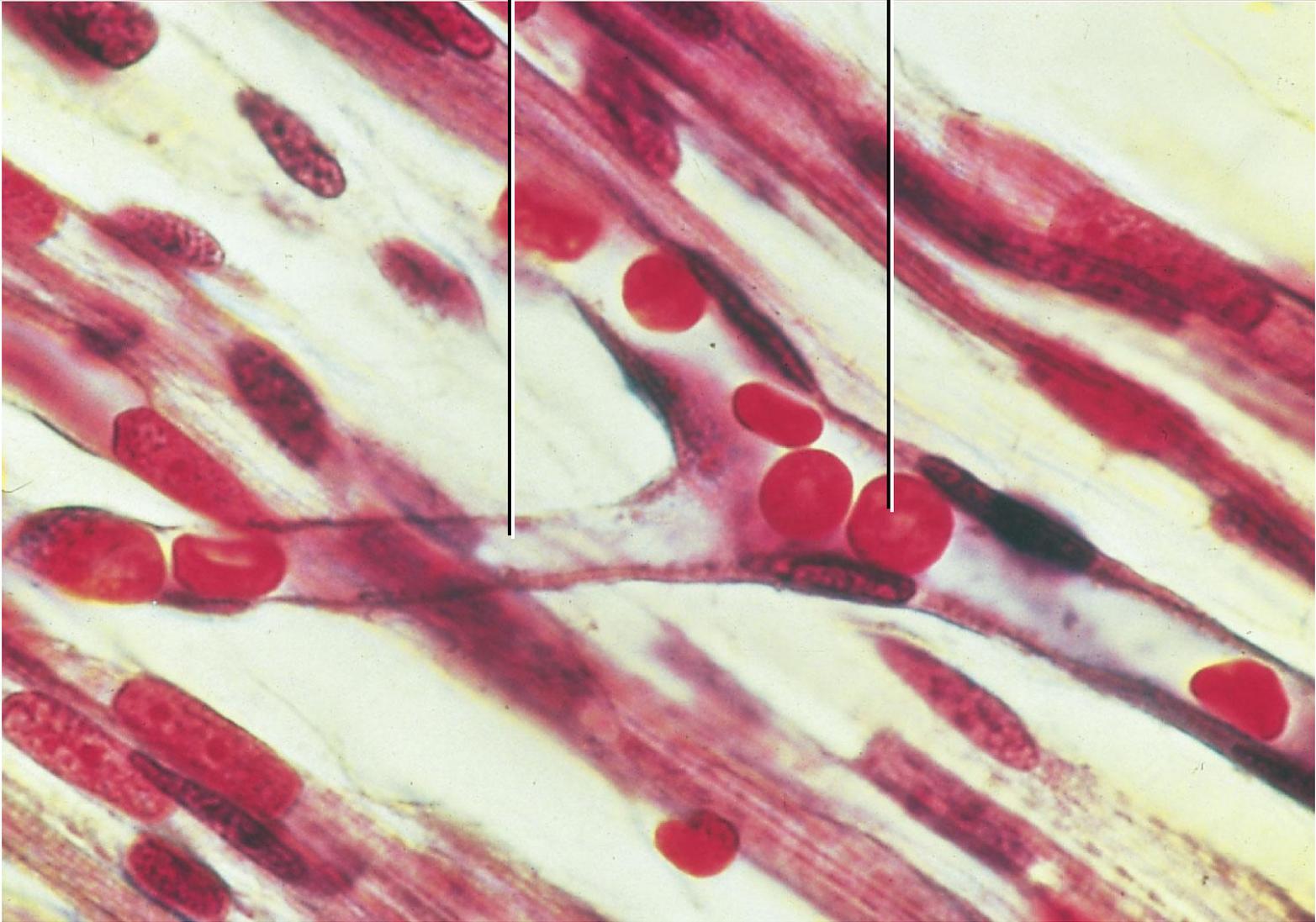
Capillary lumen



(a) Cross section of a capillary

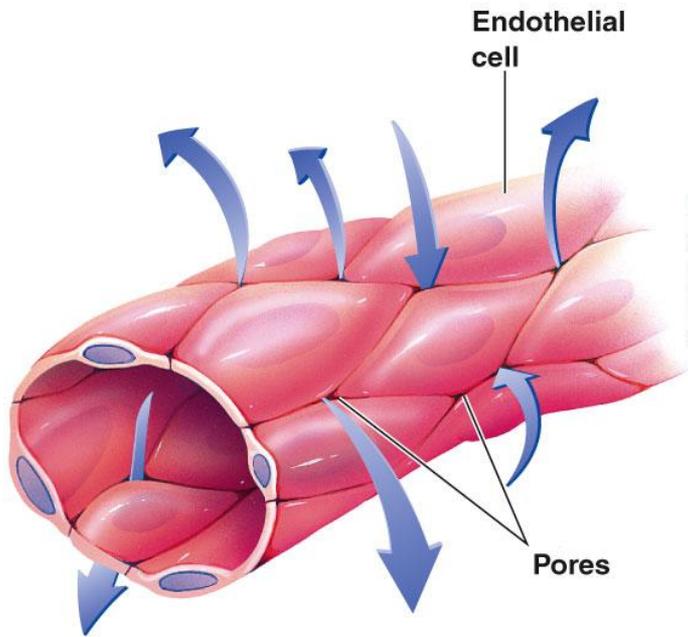
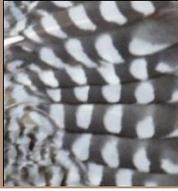
Capillary

Red blood cell

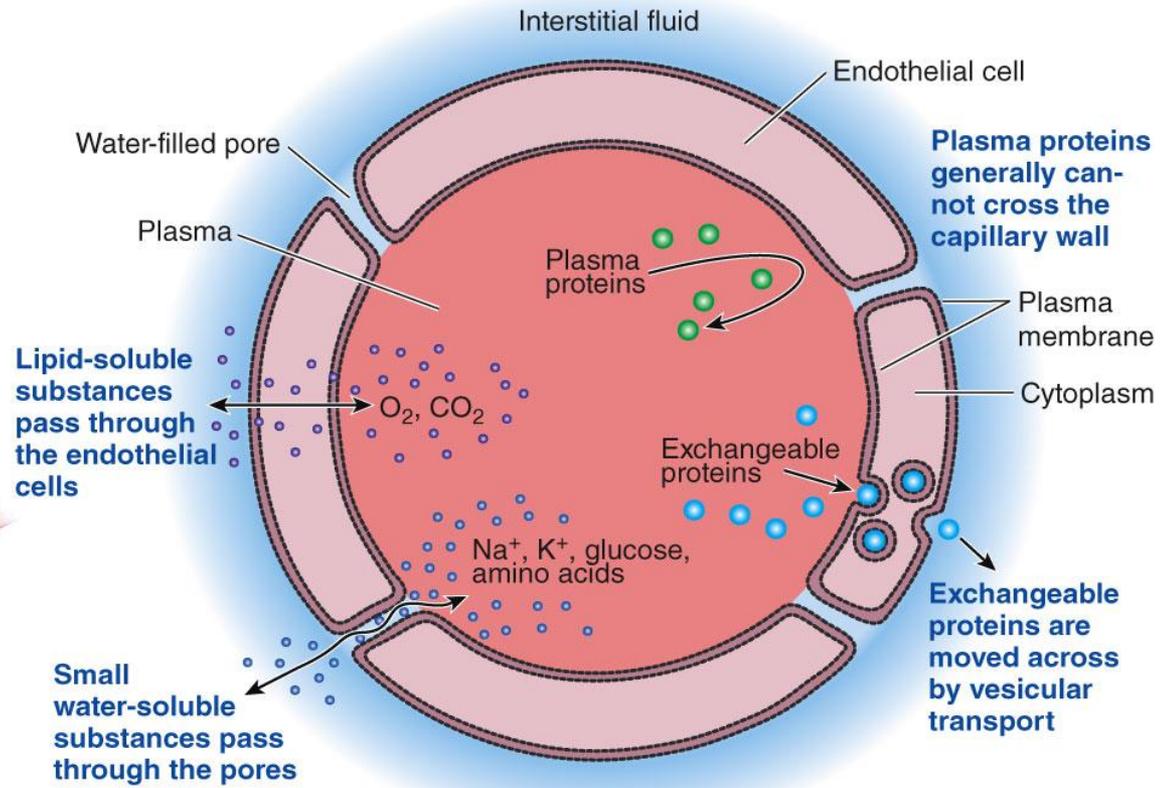


(b) Capillary bed

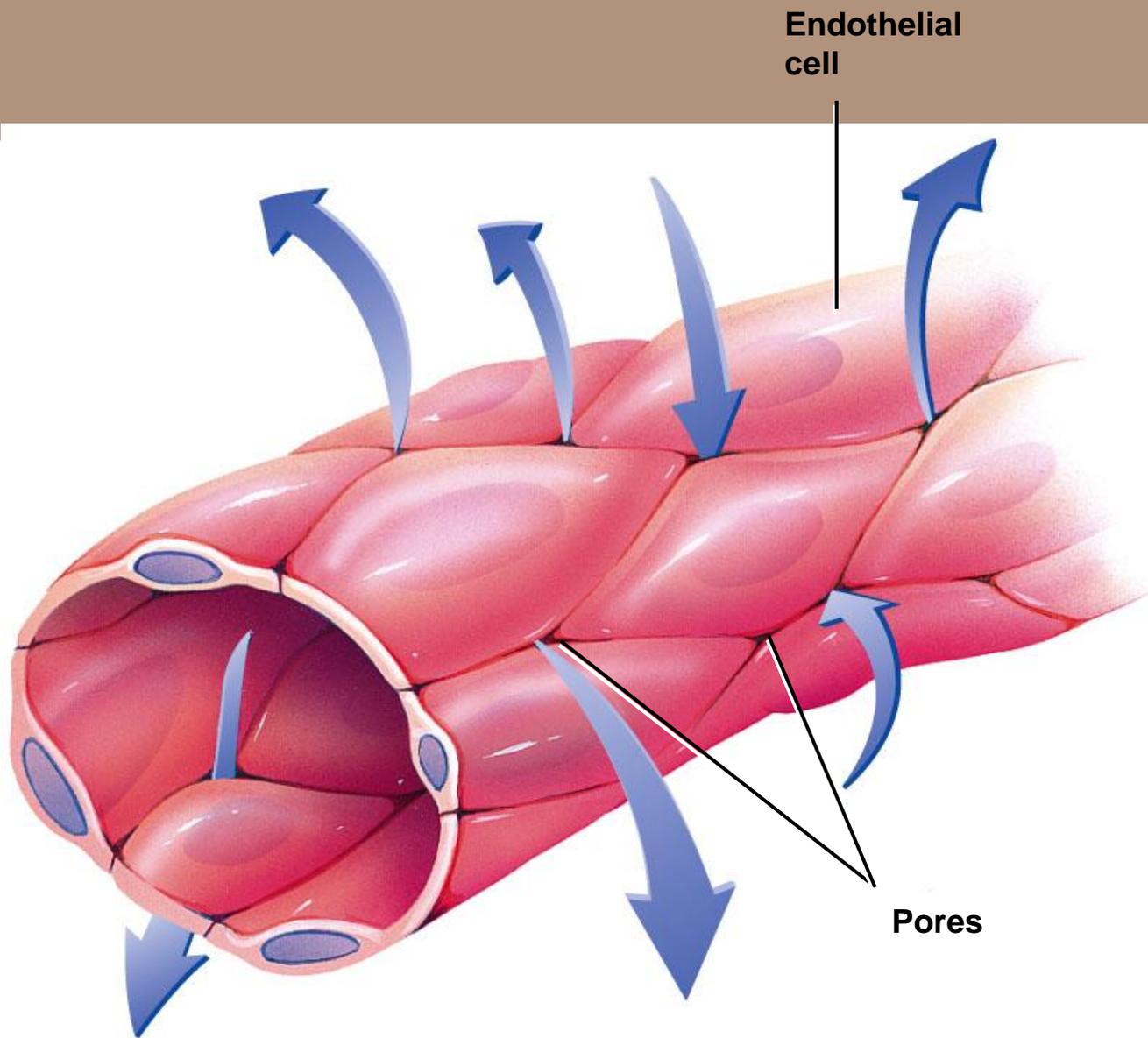
9.13 Circulatory Vessels: Capillaries



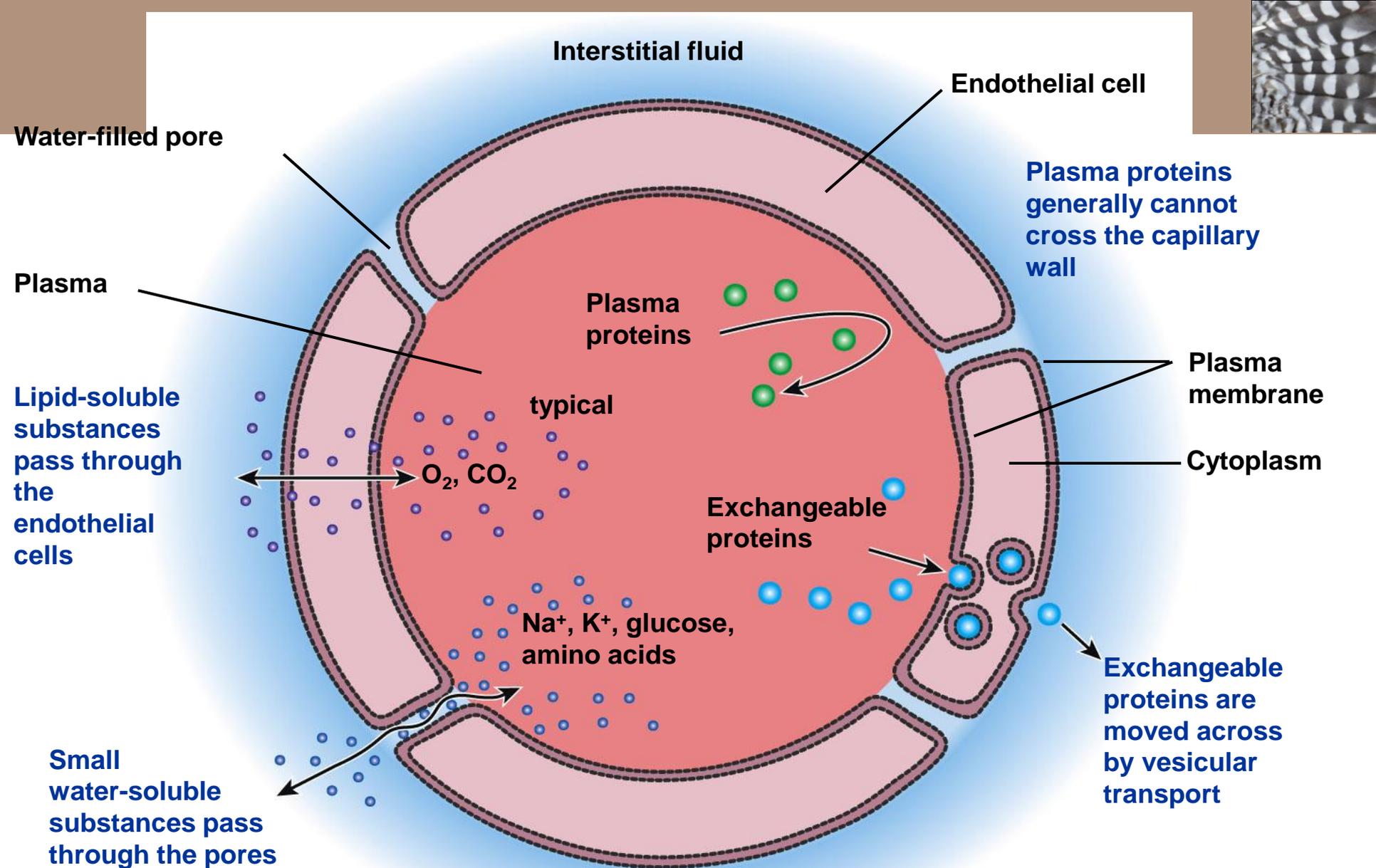
(a) Continuous capillary



(b) Transport across a continuous capillary wall



(a) Typical capillary



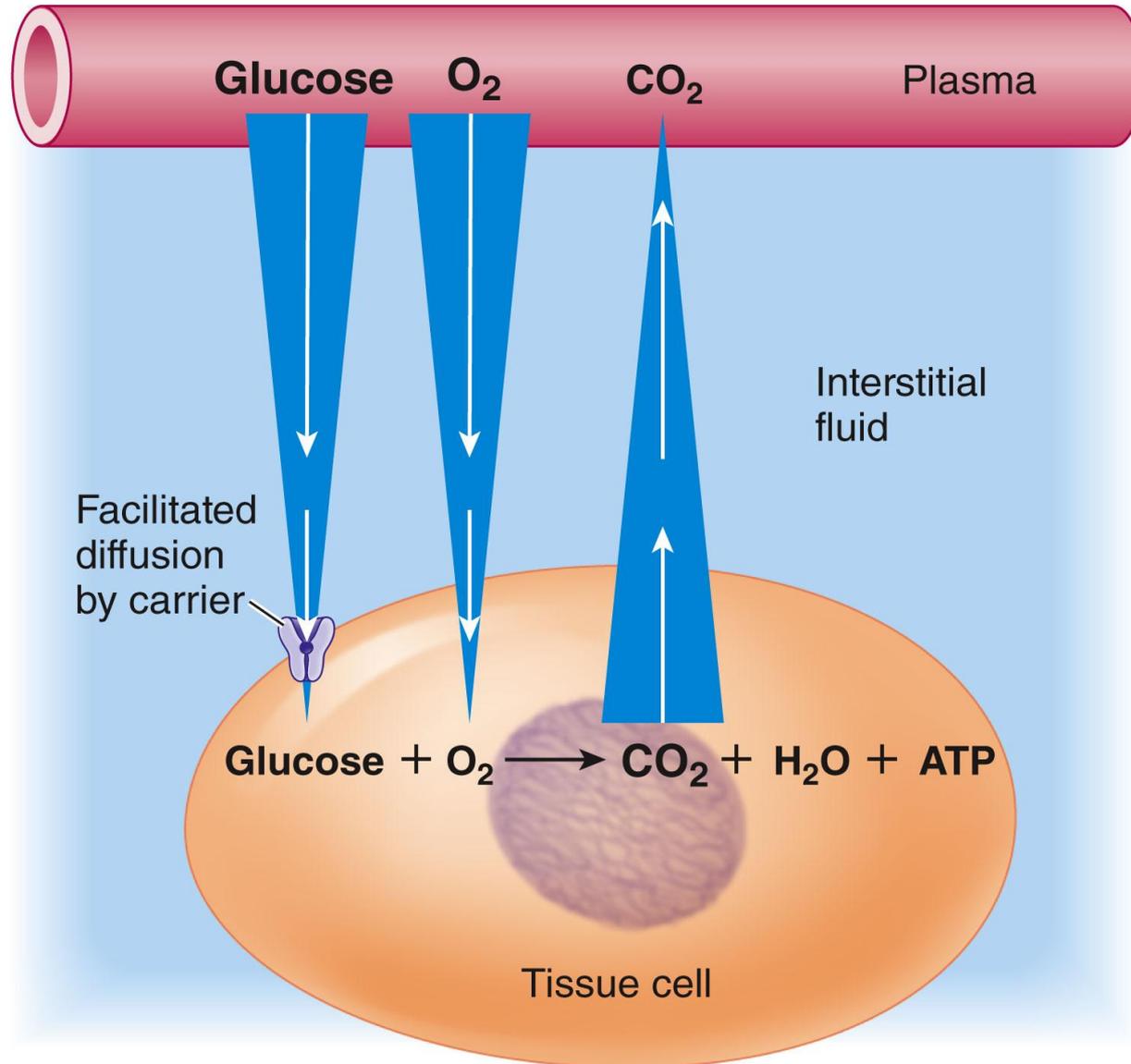
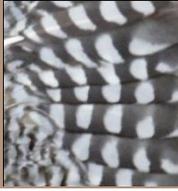
(b) Transport across a typical capillary wall

9.13 Circulatory Vessels: Capillaries



- Diffusion follows **concentration gradients** between blood and the surrounding cells
 - Cells **consume** glucose and oxygen
 - Cells **produce** CO₂ and other metabolic wastes
 - **Precapillary sphincters** controlling flow through individual capillaries are sensitive to **local metabolic changes**
 - **Blood velocity is slowest** due to the very **large cross-sectional area** of the capillaries

9.13 Circulatory Vessels: Capillaries



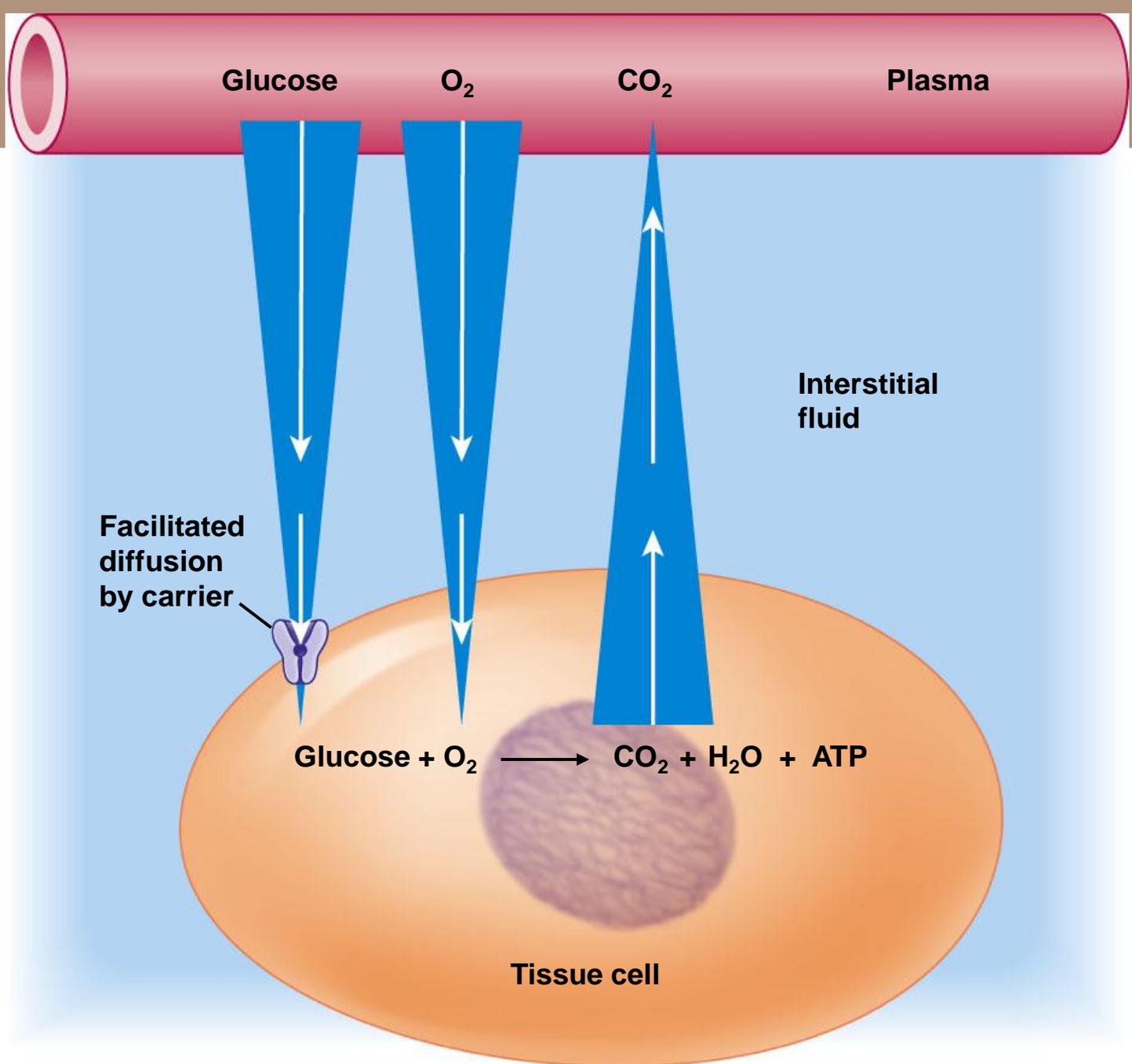
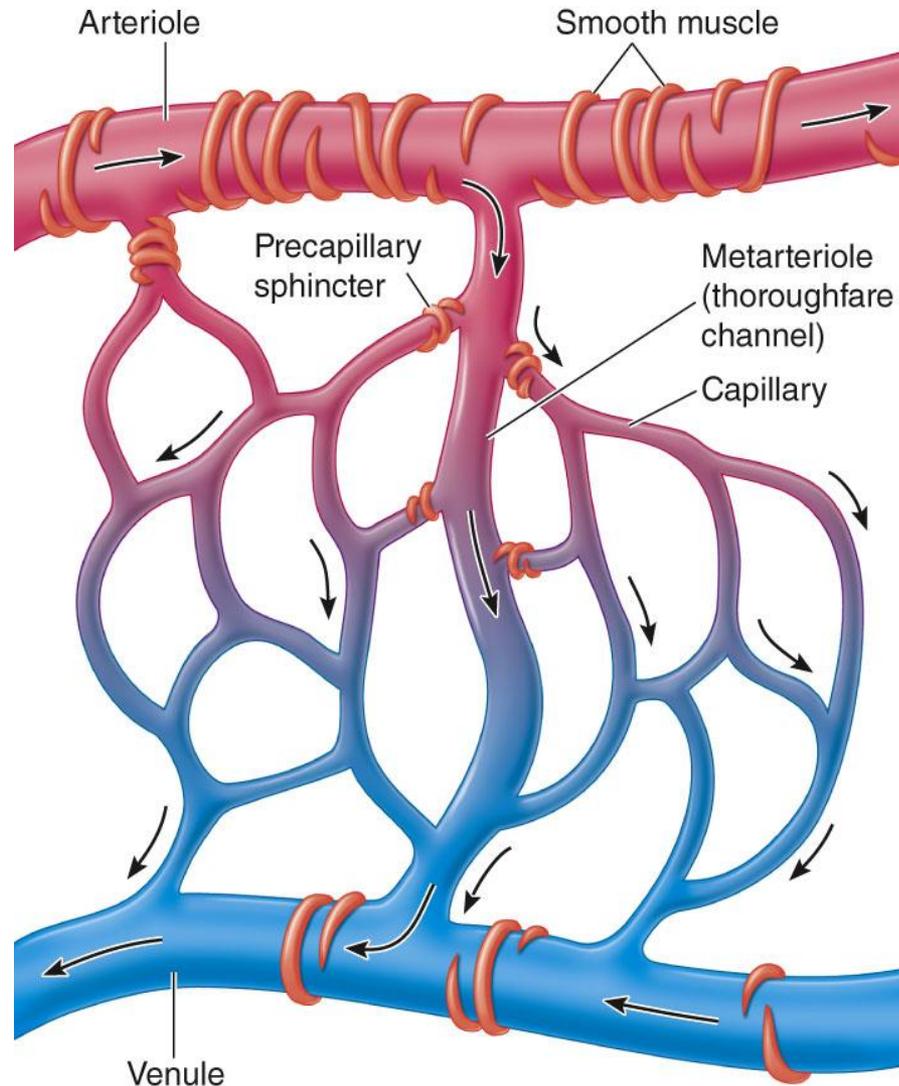
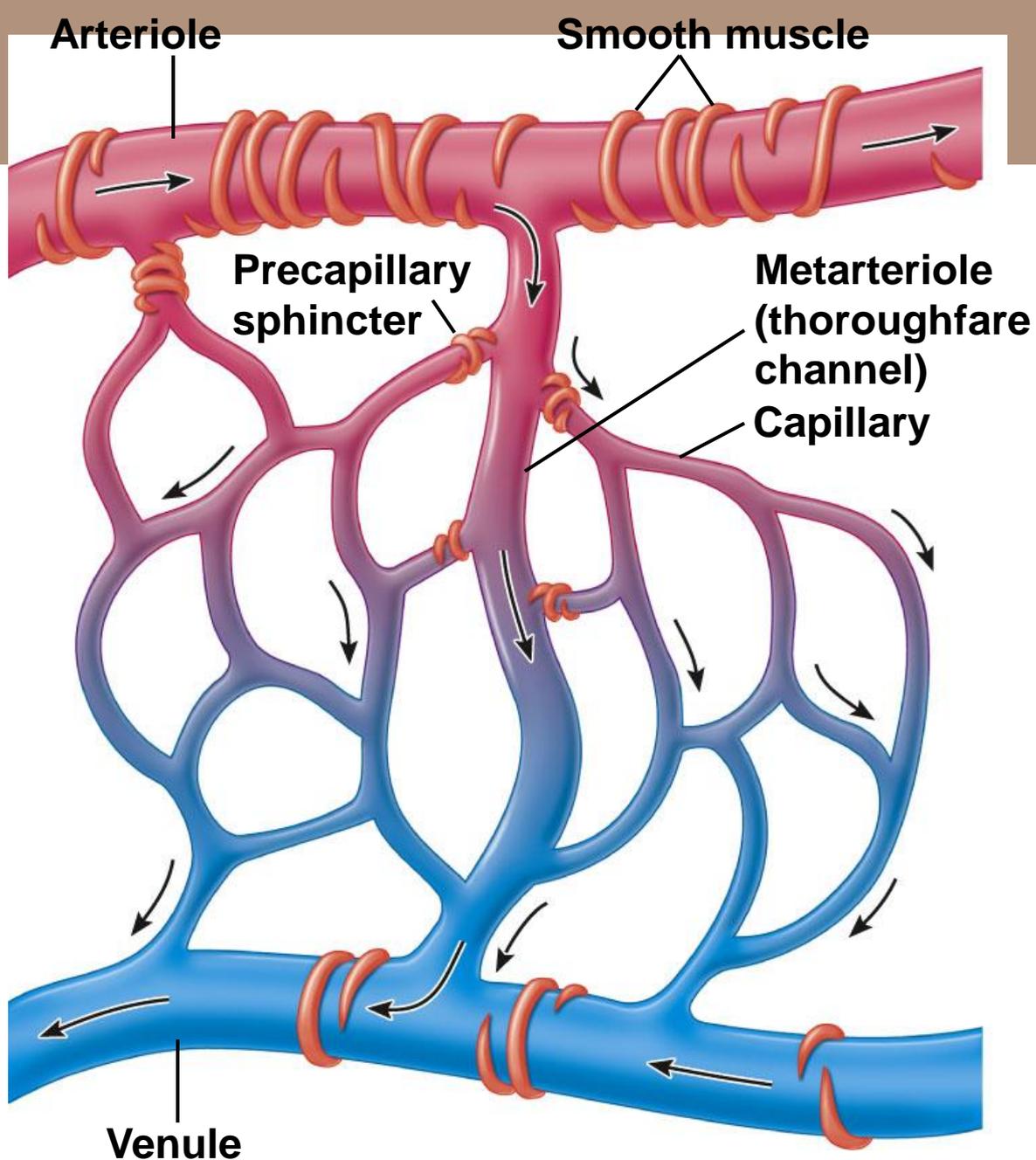


Figure 9-51 p440

9.13 Circulatory Vessels: Capillaries

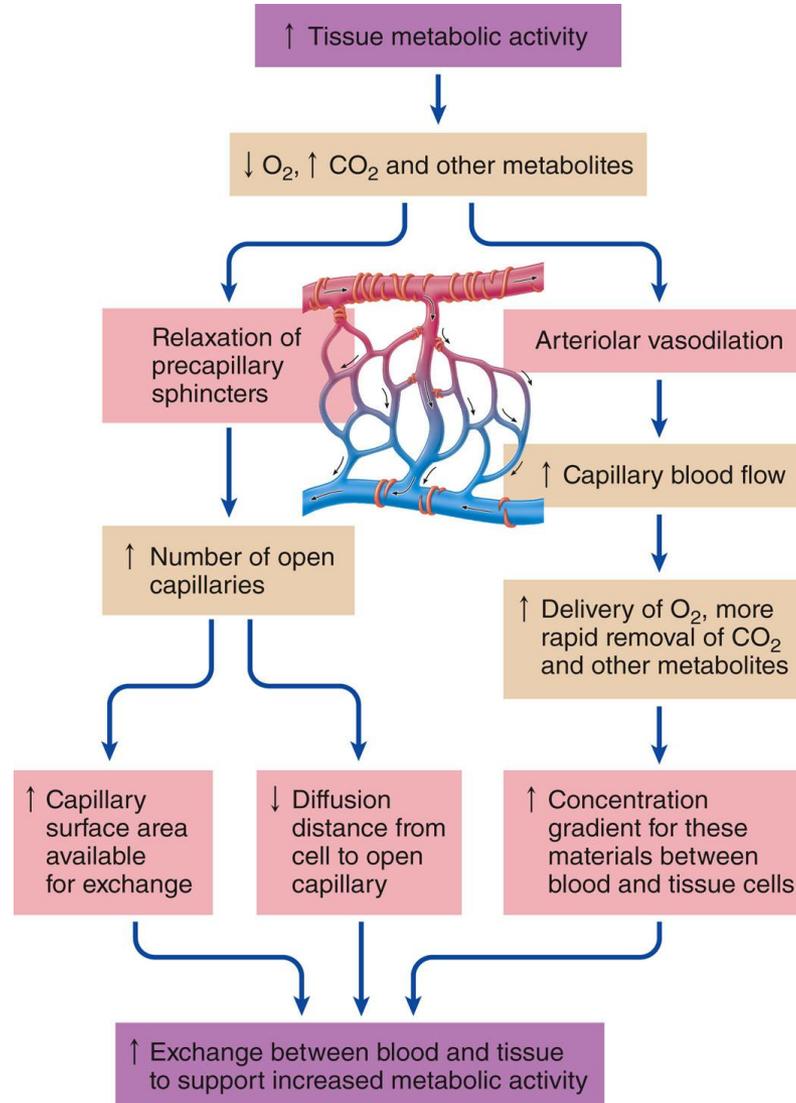


(a) Sphincters relaxed

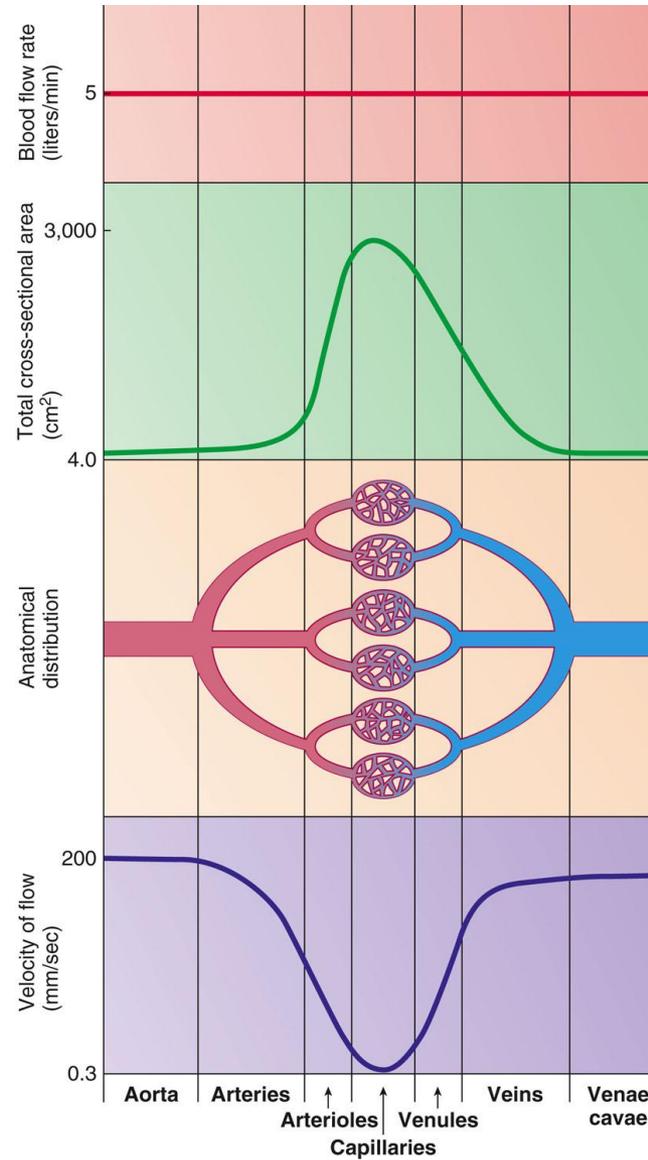
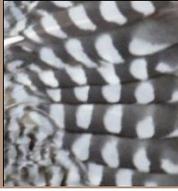


(a) Sphincters relaxed

9.13 Circulatory Vessels: Capillaries



9.13 Circulatory Vessels: Capillaries



9.13 Circulatory Vessels: Capillaries



- Bulk flow across the capillary wall
 - Bulk flow occurs because of differences in the **hydrostatic** and **colloid osmotic pressures** between plasma and interstitial fluid
 - **Capillary blood pressure (P_C)** is the hydrostatic pressure exerted on the capillary walls
 - **Plasma colloid osmotic pressure (π_p)** is caused by plasma proteins
 - **Interstitial fluid hydrostatic pressure (P_{IF})** is low
 - **Interstitial fluid colloid osmotic pressure (π_{IF})** is very low
 - Protein-free plasma flows out of the capillary (**ultrafiltration**), mixes with interstitial fluid and then reenters the capillary (**reabsorption**)

9.13 Circulatory Vessels: Capillaries



FORCES AT ARTERIOLAR END OF CAPILLARY

- Outward pressure

$$P_C \quad 37$$

$$\pi_{IF} \quad \frac{0}{37}$$

- Inward pressure

$$\pi_p \quad 25$$

$$P_{IF} \quad \frac{1}{26}$$

Net outward pressure of 11 mm Hg = Ultrafiltration pressure

FORCES AT VENULAR END OF CAPILLARY

- Outward pressure

$$P_C \quad 17$$

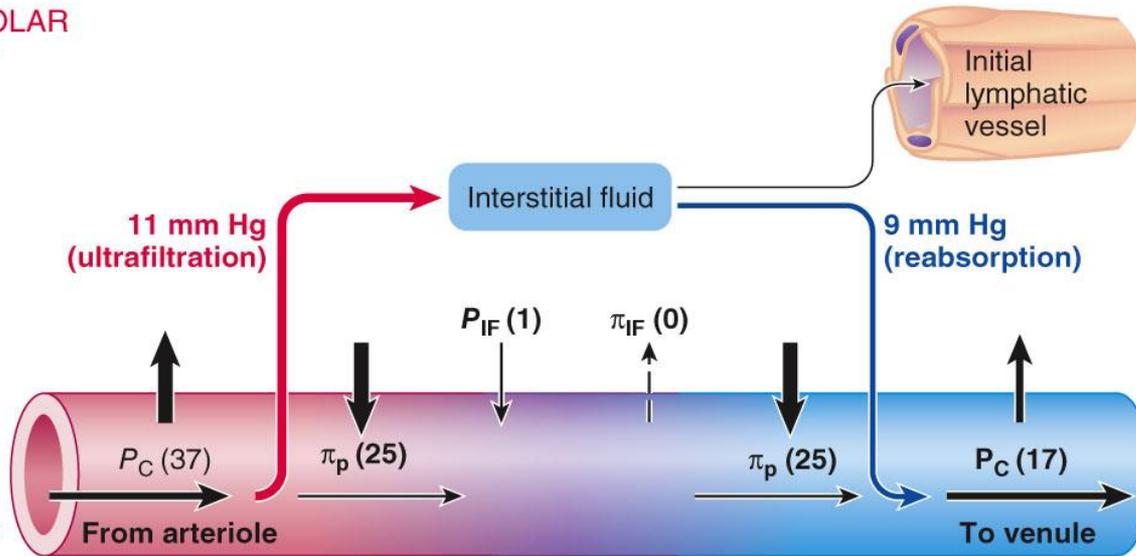
$$\pi_{IF} \quad \frac{0}{17}$$

- Inward pressure

$$\pi_p \quad 25$$

$$P_{IF} \quad \frac{1}{26}$$

Net inward pressure of 9 mm Hg = Reabsorption pressure



All values are given in mm Hg.

Blood capillary



FORCES AT ARTERIOLAR END OF CAPILLARY

- Outward pressure

P_C	37
π_{IF}	$\frac{0}{37}$
- Inward pressure

π_p	25
P_{IF}	$\frac{1}{26}$

Net outward pressure of 11 mm Hg = Ultrafiltration pressure

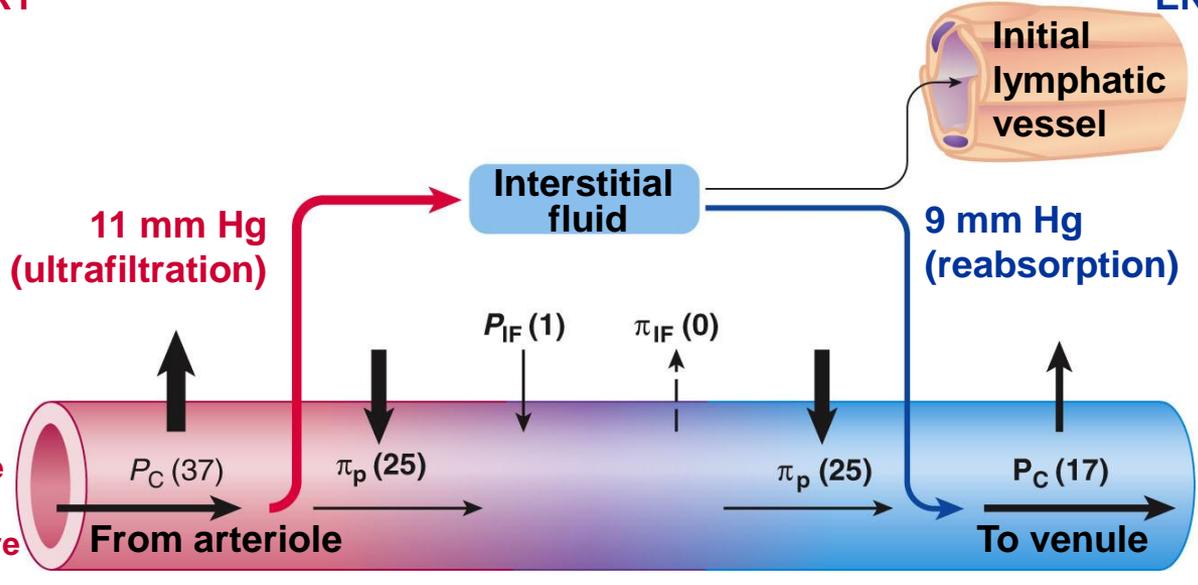
FORCES AT VENULAR END OF CAPILLARY

- Outward pressure

P_C	17
π_{IF}	$\frac{0}{17}$
- Inward pressure

π_p	25
P_{IF}	$\frac{1}{26}$

Net inward pressure of 9 mm Hg = Reabsorption pressure



All values are given in mm Hg.

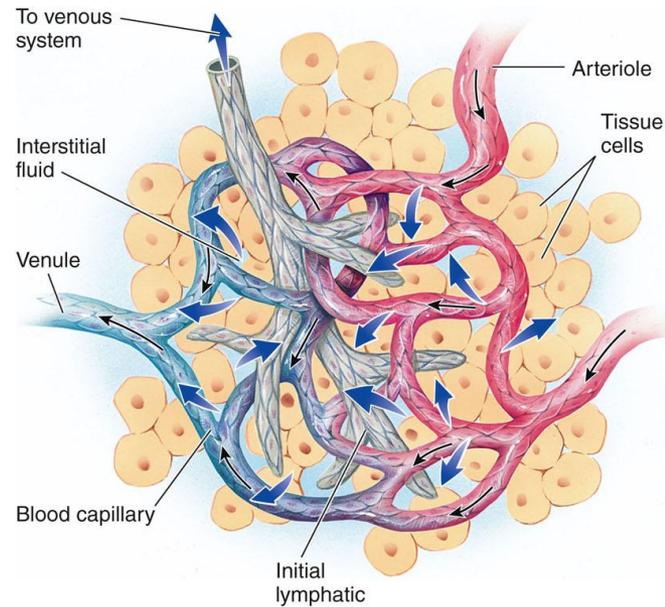
Blood capillary

9.14 Circulatory Vessels: Lymphatic System



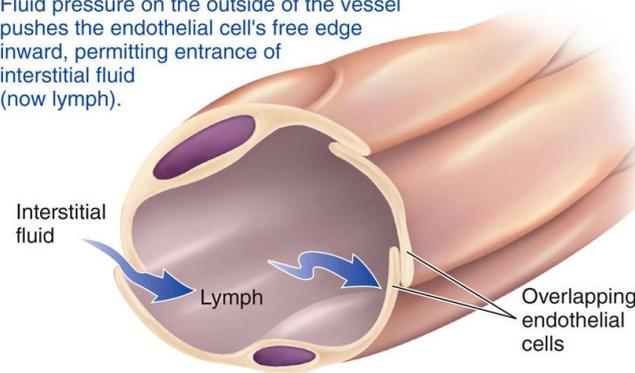
- The **lymphatic system** returns excess filtered fluid to the blood.
 - Network of **one-way vessels**
 - Interstitial fluid enters small blind-ended terminal vessels (**initial lymphatics**) to form **lymph**
 - Lymph vessels flow into the **venous system** near the heart
 - Passage of lymph through the **lymph nodes** aids in immune defense against disease
 - Lymph vessels **absorb fat** from the digestive tract

9.14 Circulatory Vessels: Lymphatic System



(a) Relationship between initial lymphatics and blood capillaries

Fluid pressure on the outside of the vessel pushes the endothelial cell's free edge inward, permitting entrance of interstitial fluid (now lymph).



Fluid pressure on the inside of the vessel forces the overlapping edges together so that lymph cannot escape.

(b) Arrangement of endothelial cells in an initial lymphatic

To venous system

Arteriole

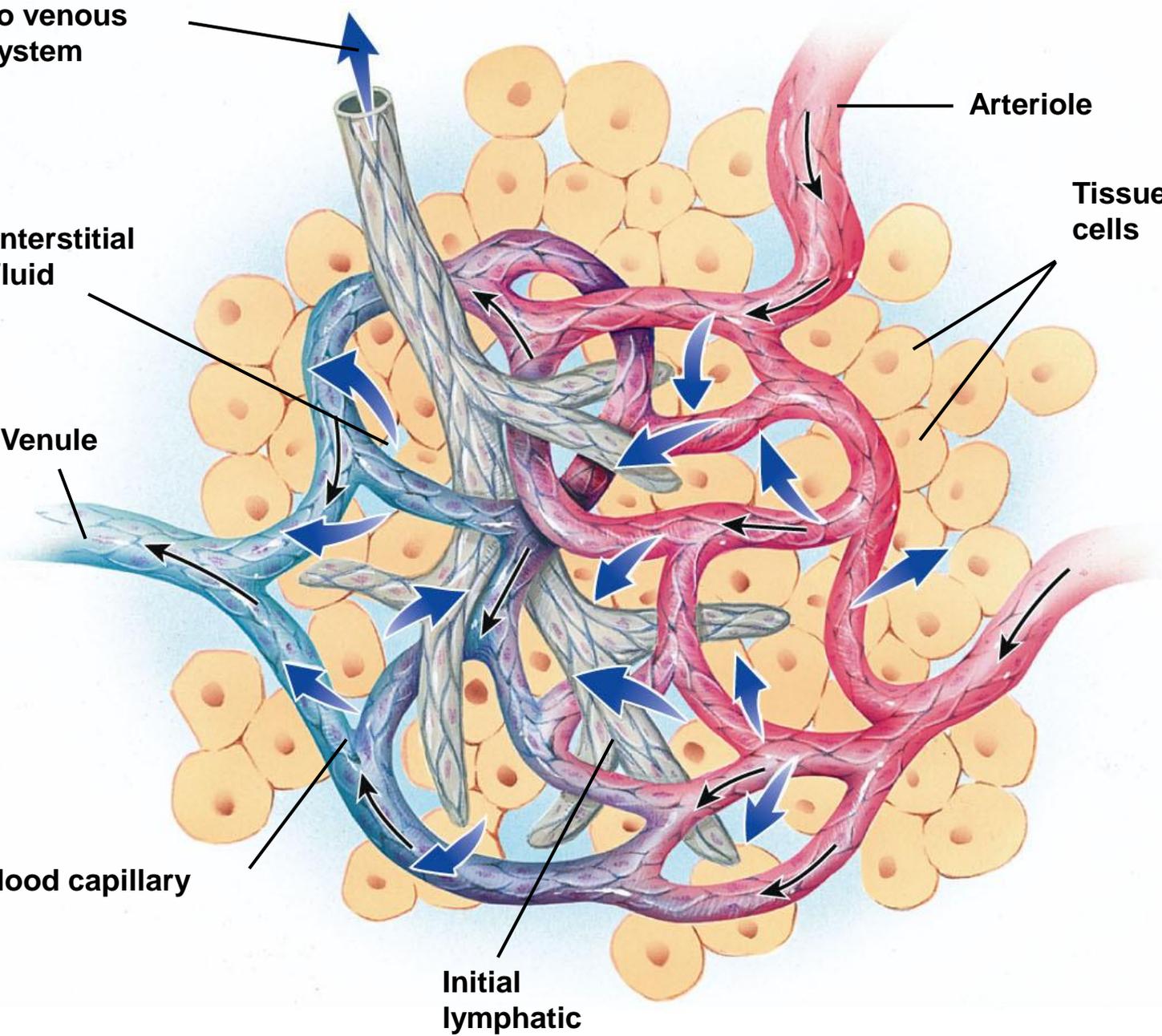
Tissue cells

Interstitial fluid

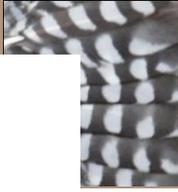
Venule

Blood capillary

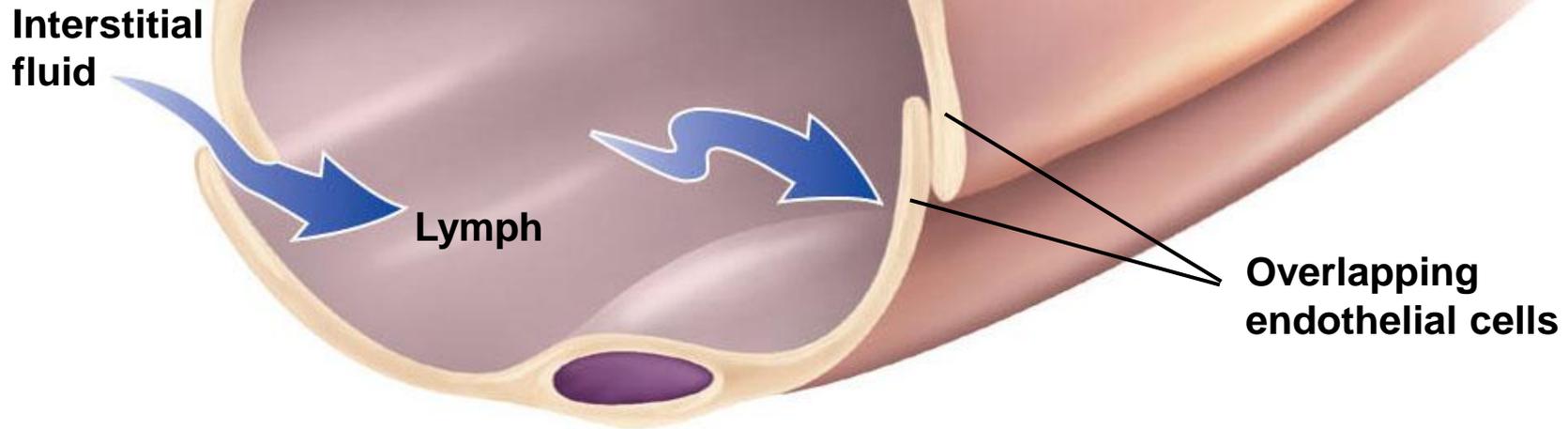
Initial lymphatic



(a) Relationship between initial lymphatics and blood capillaries



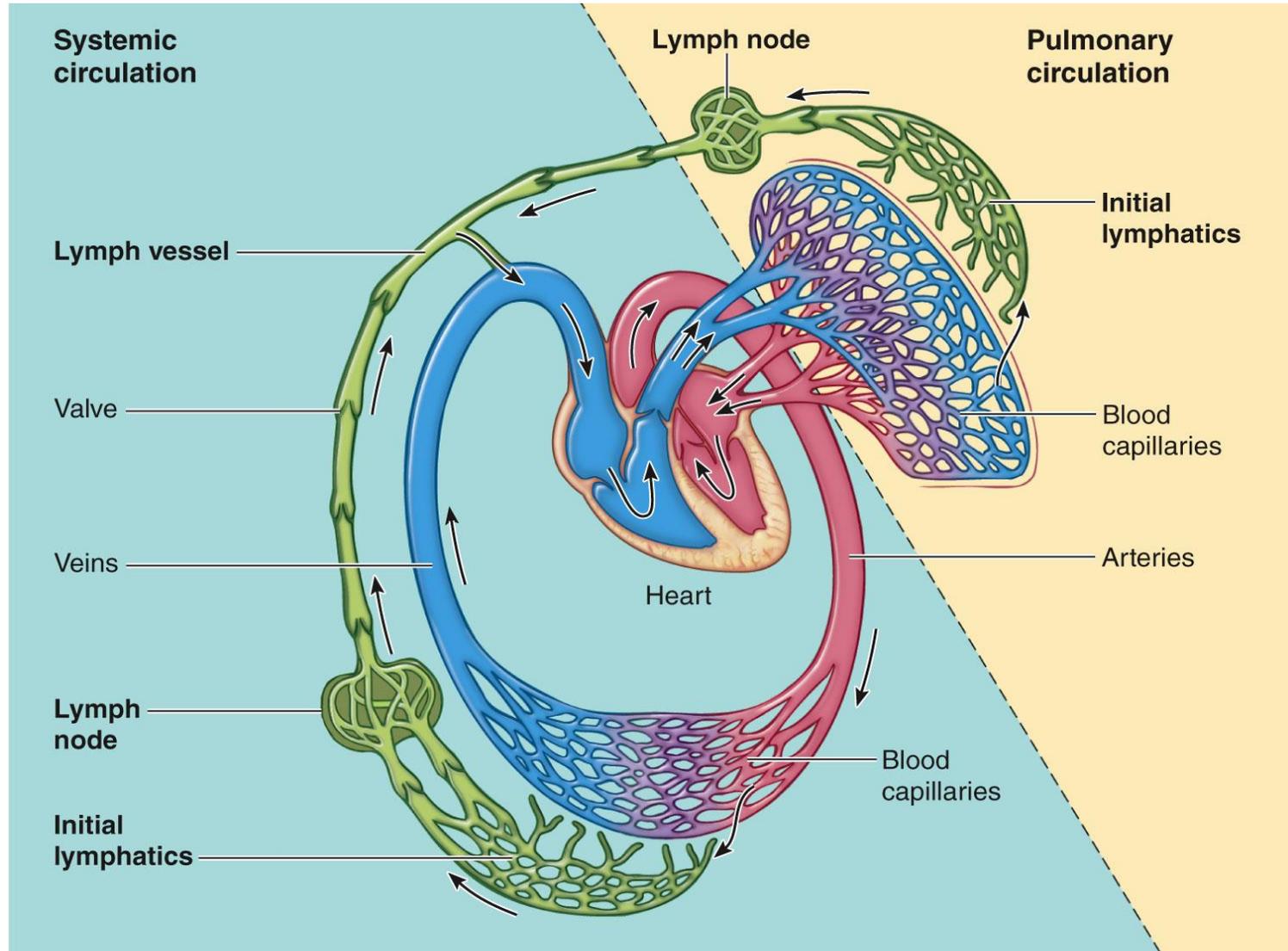
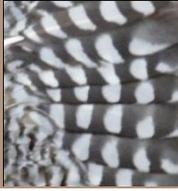
Fluid pressure on the outside of the vessel pushes the endothelial cell's free edge inward, permitting entrance of interstitial fluid (now lymph).



Fluid pressure on the inside of the vessel forces the overlapping edges together so that lymph cannot escape.

(b) Arrangement of endothelial cells in an initial lymphatic

9.14 Circulatory Vessels: Lymphatic System



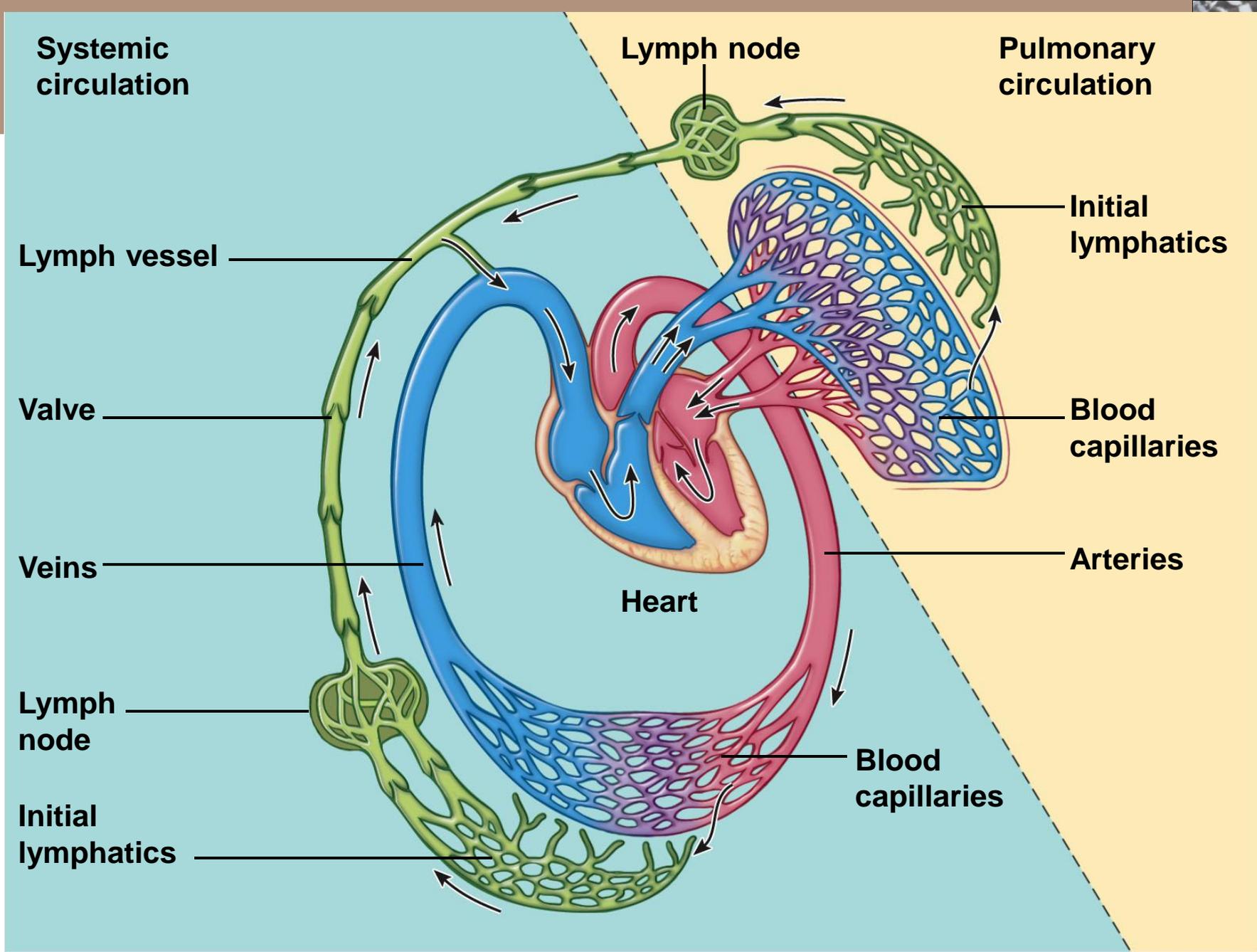


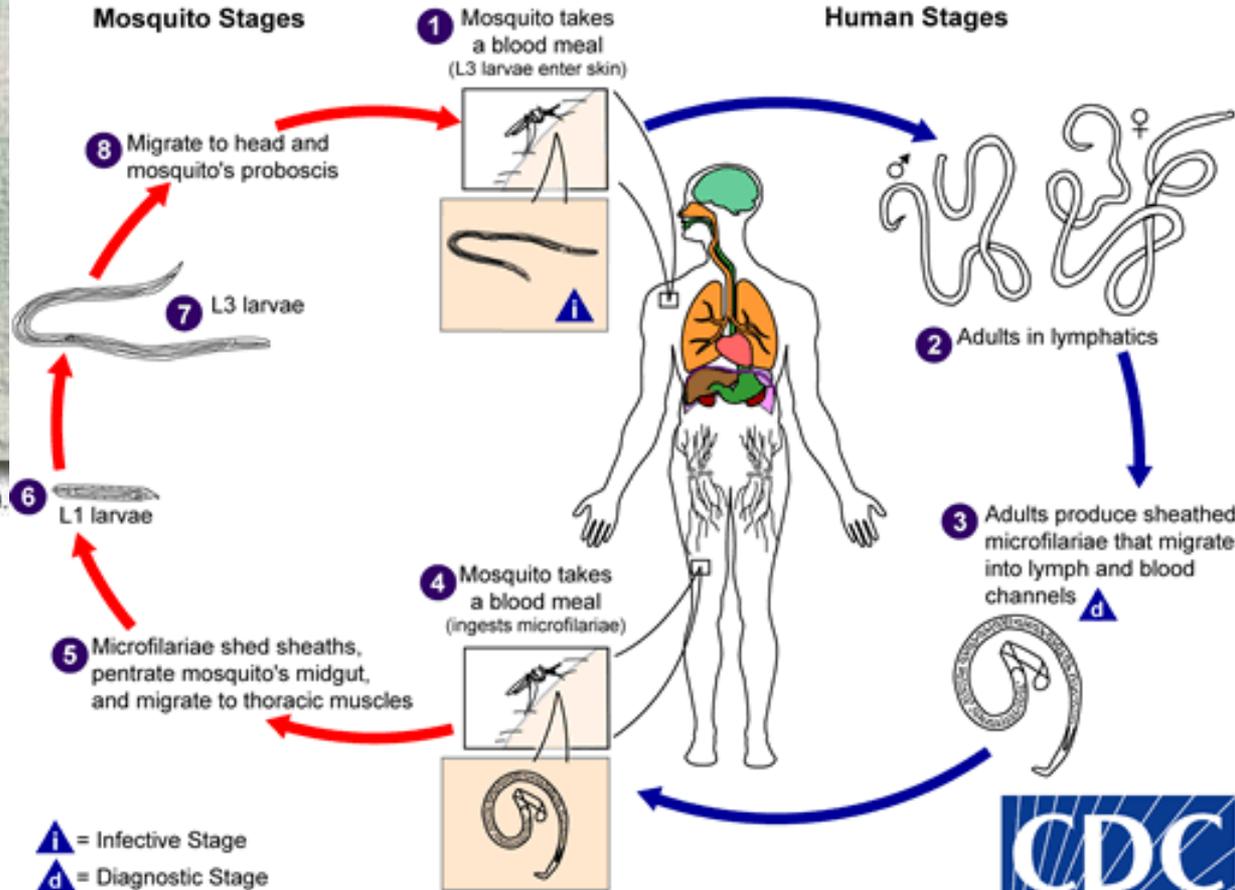
Figure 9-59 p446



Wuchereria bancrofti

Mosquito Stages

Human Stages



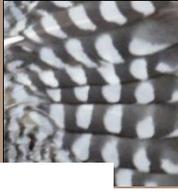
Elephantiasis of the legs due to filariasis (CDC).



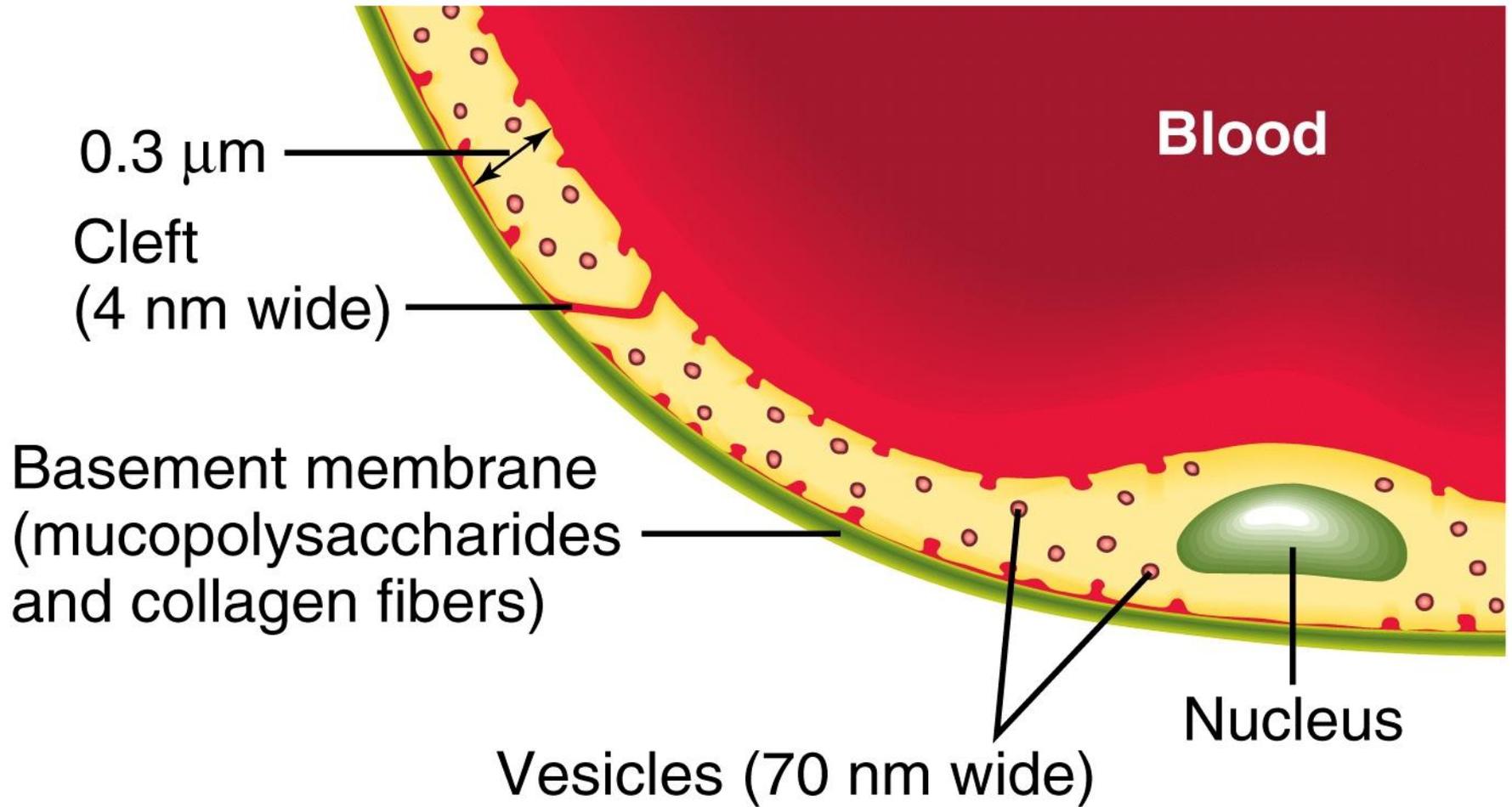
***Wuchereria bancrofti* in blood**
WHO/TDR/Stammers



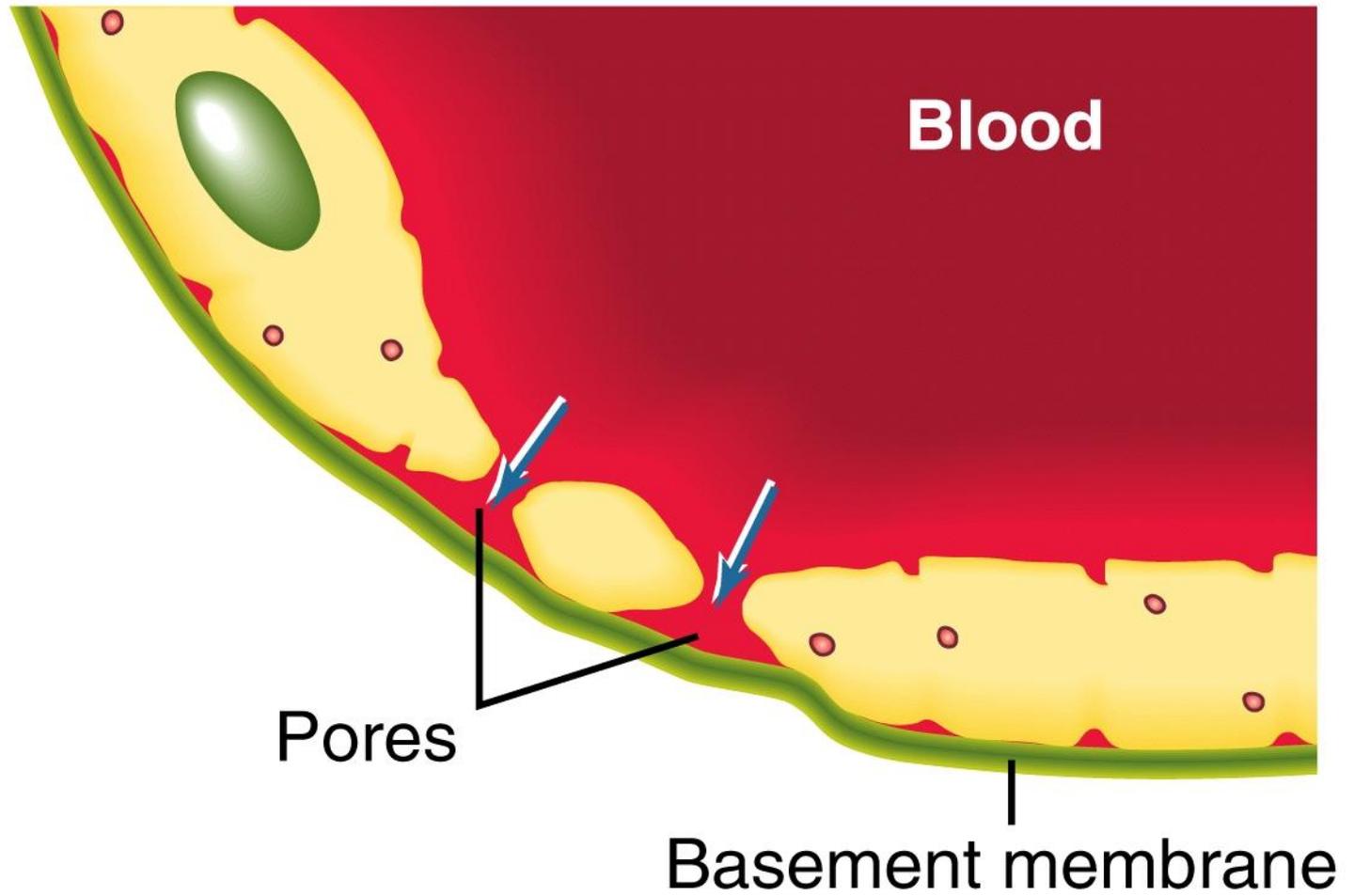
SAFER • HEALTHIER • PEOPLE™
<http://www.dpd.cdc.gov/dpdx>

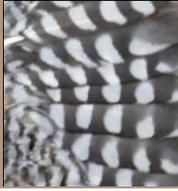


(a) Continuous capillary

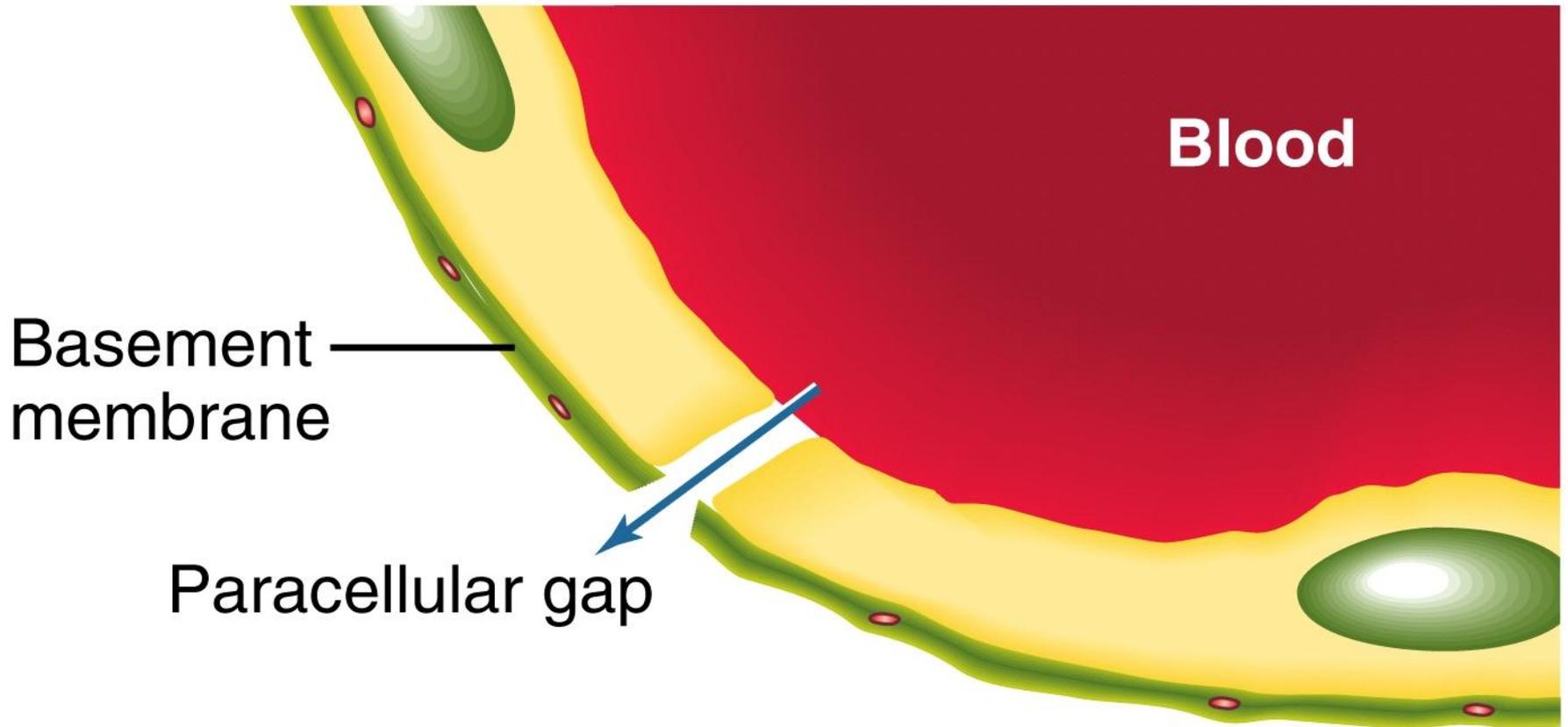


(b) Fenestrated capillary





(c) Sinusoidal capillary



9.15 Circulatory Vessels: Venules and Veins



- **Veins** serve as a **blood reservoir** and **return blood** to the heart.
 - Veins are **large** in diameter with little elasticity and low myogenic tone.
 - Easily **distend** to accommodate additional volumes of blood with no recoil (**capacitance vessels**)
 - Mammalian veins contain more than 60% of the total blood volume
 - Blood velocity accelerates on return from capillaries

9.15 Circulatory Vessels: Venules and Veins



TABLE 9-2 Features of Blood Vessels (with Human Values)

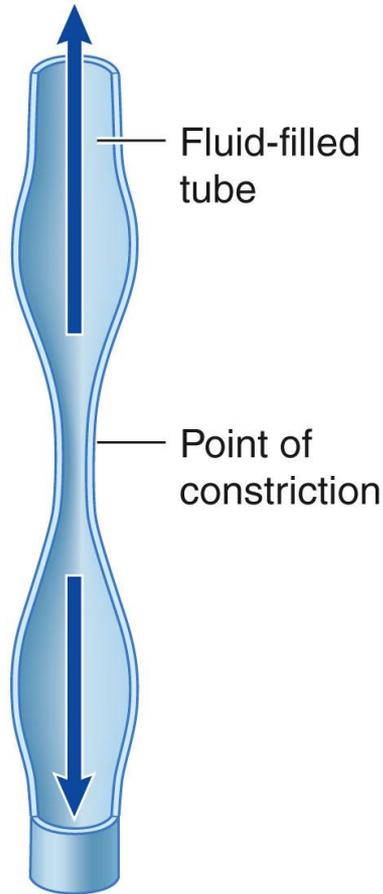
Feature	VESSEL TYPE			
	Arteries	Arterioles	Capillaries	Veins
Number	Several hundred*	Half a million	Ten billion	Several hundred*
Special Features	Thick, highly elastic, walls; large radii*	Highly muscular, well-innervated walls; small radii	Very thin walled; large total cross-sectional area	Thin walled compared to arteries; highly distensible; large radii*
Functions	Passageway from heart to organs; serve as pressure reservoir	Primary resistance vessels; determine distribution of cardiac output	Site of exchange; determine distribution of extracellular fluid between plasma and interstitial fluid	Passageway to heart from organs; serve as blood reservoir

9.15 Circulatory Vessels: Venules and Veins

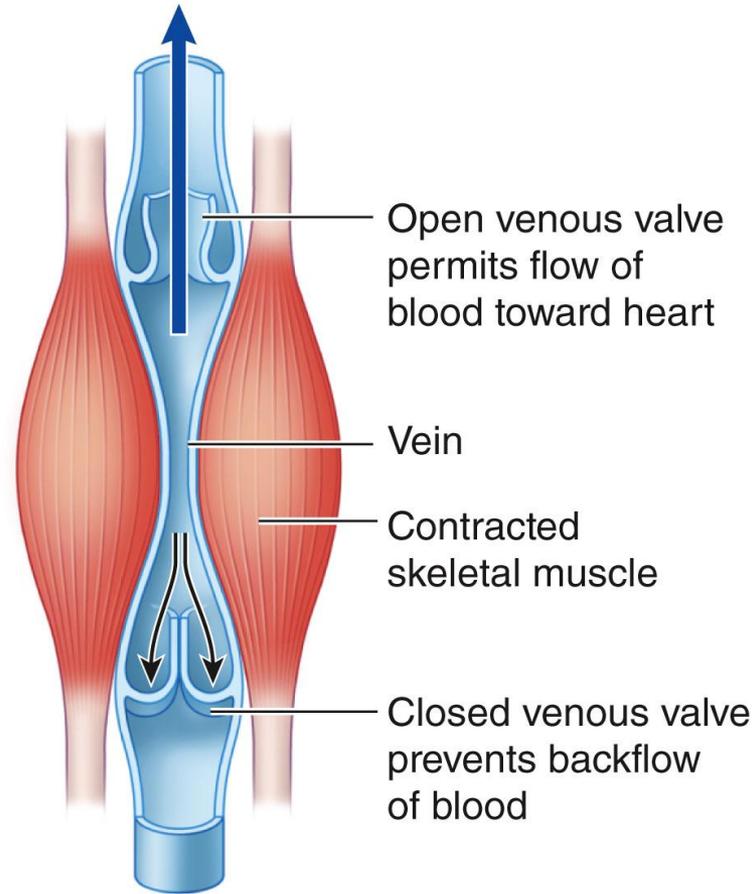


- **Factors enhancing venous return to the heart**
 - Driving pressure of **cardiac contraction**
 - **Sympathetic activity** produces venous vasoconstriction
 - Repeated **contraction of skeletal muscles** compresses veins (**skeletal muscle pump**)
 - **Venous valves** prevent blood from flowing backward (away from the heart)
 - **Respiratory activity** reduces pressure near the heart (**respiratory pump**)
 - **Cardiac suction** due to low ventricular pressures during diastole

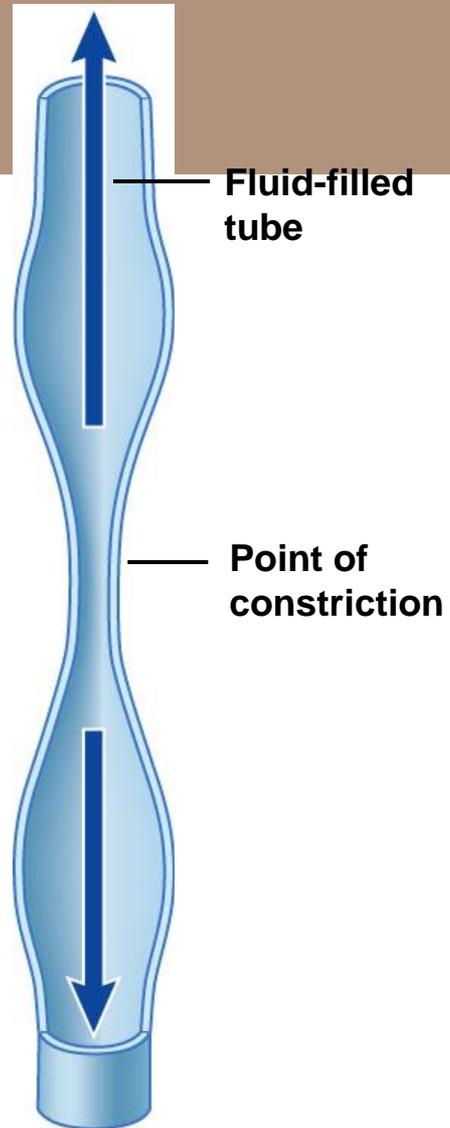
9.15 Circulatory Vessels: Venules and Veins



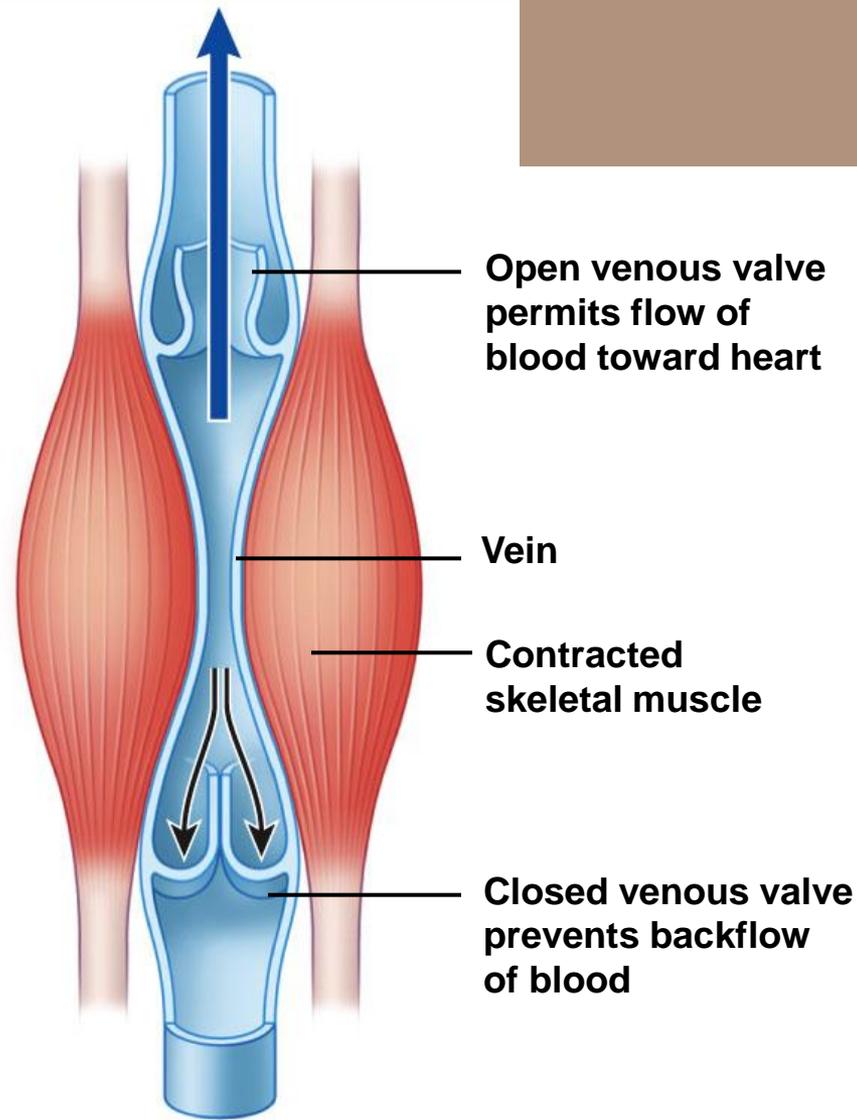
(a) Fluid moving in both directions on squeezing a fluid-filled tube



(b) Action of venous valves, permitting flow of blood toward heart and preventing backflow of blood

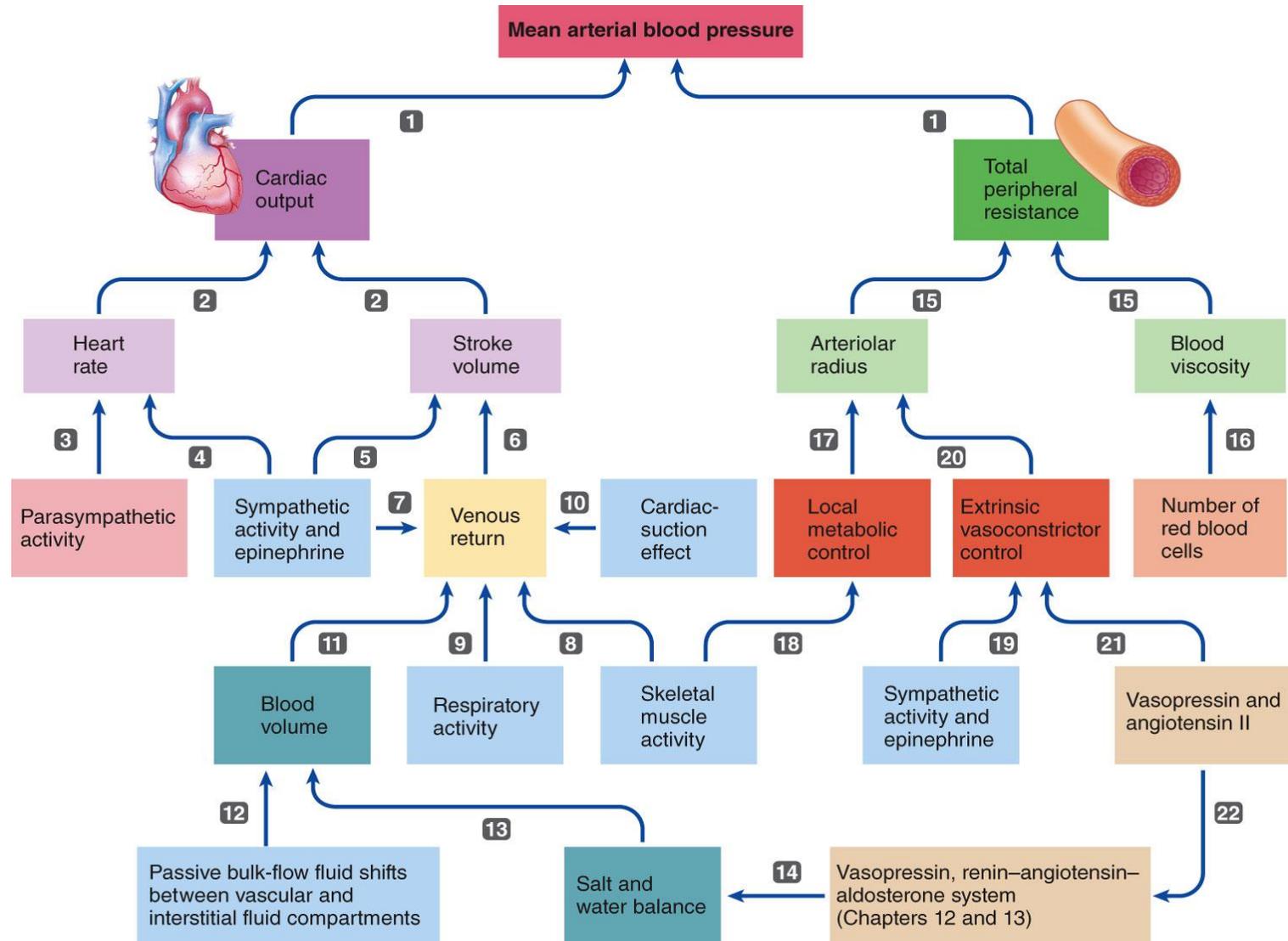


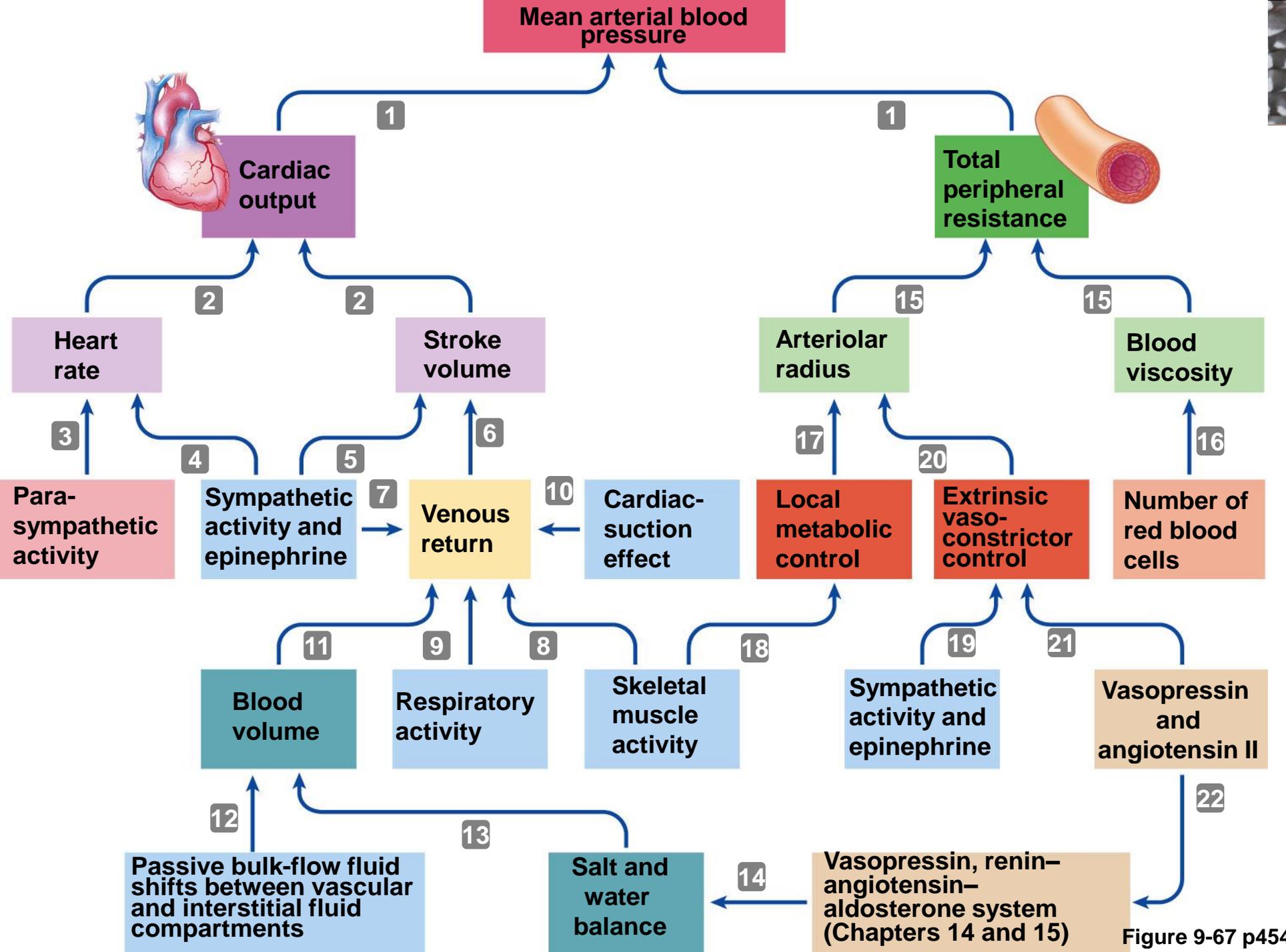
**(a) Fluid moving
in both directions
on squeezing a
fluid-filled tube**



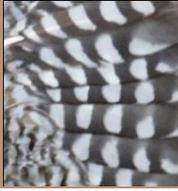
(b) Action of venous valves, permitting flow of blood toward heart and preventing backflow of blood

9.15 Circulatory Vessels: Venules and Veins





9.16 Integrated Cardiovascular Function



- Cardiovascular function is regulated in an **integrated** fashion
 - Two major goals:
 - Proper gas and heat transport
 - Maintaining arterial blood pressure
 - Cardiac output is **homeostatically regulated** when an animal is at rest to maintain consistent delivery of oxygen to key organs.
 - During activity, **cardiac output is reset higher** to boost blood flow to skeletal muscles and skin.

9.16 Integrated Cardiovascular Function



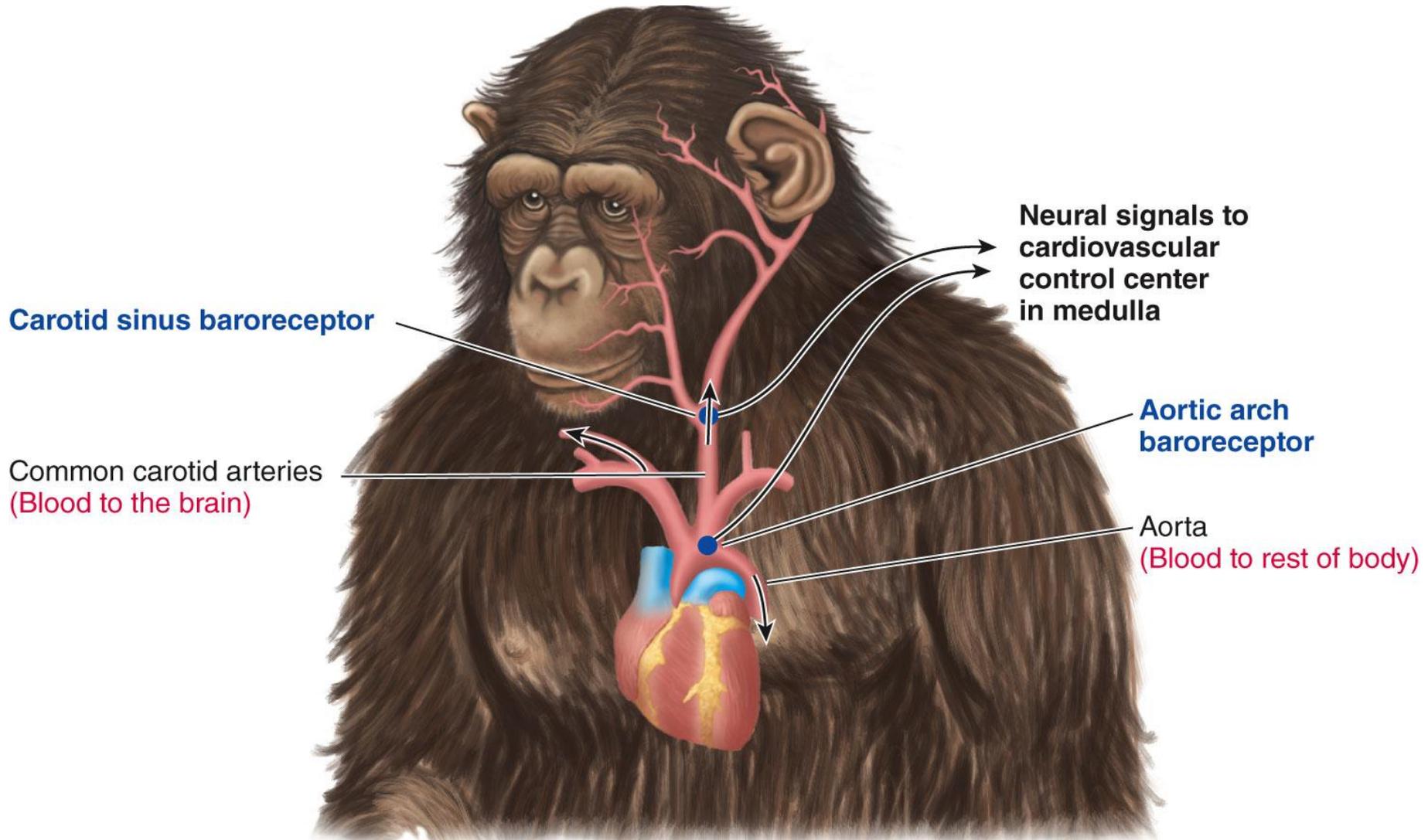
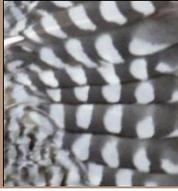
- Regulation of arterial blood pressure
 - Pressure must be high enough to overcome **gravity, friction** and other resistance factors
 - Pressure must be high enough for **ultrafiltration** in the kidneys
 - Pressure must not be so high that it creates **extra work** for the heart and increases the **risk of vascular damage**.
 - Chronic high blood pressure (**hypertension**) is due to **excess resistance**

9.16 Integrated Cardiovascular Function



- Baroreflex regulation of arterial blood pressure
 - **Arterial baroreceptors** monitor blood pressure
 - The medullary **cardiovascular control center** alters **sympathetic** and **parasympathetic** activity
 - The **heart** and **blood vessels** respond to changing autonomic output
 - Example: **Cardiovascular control center** restores falling arterial blood pressure after **standing** by increasing **sympathetic** output, thus **increasing heart rate** and **stroke volume** and **constricting blood vessels**

9.16 Integrated Cardiovascular Function



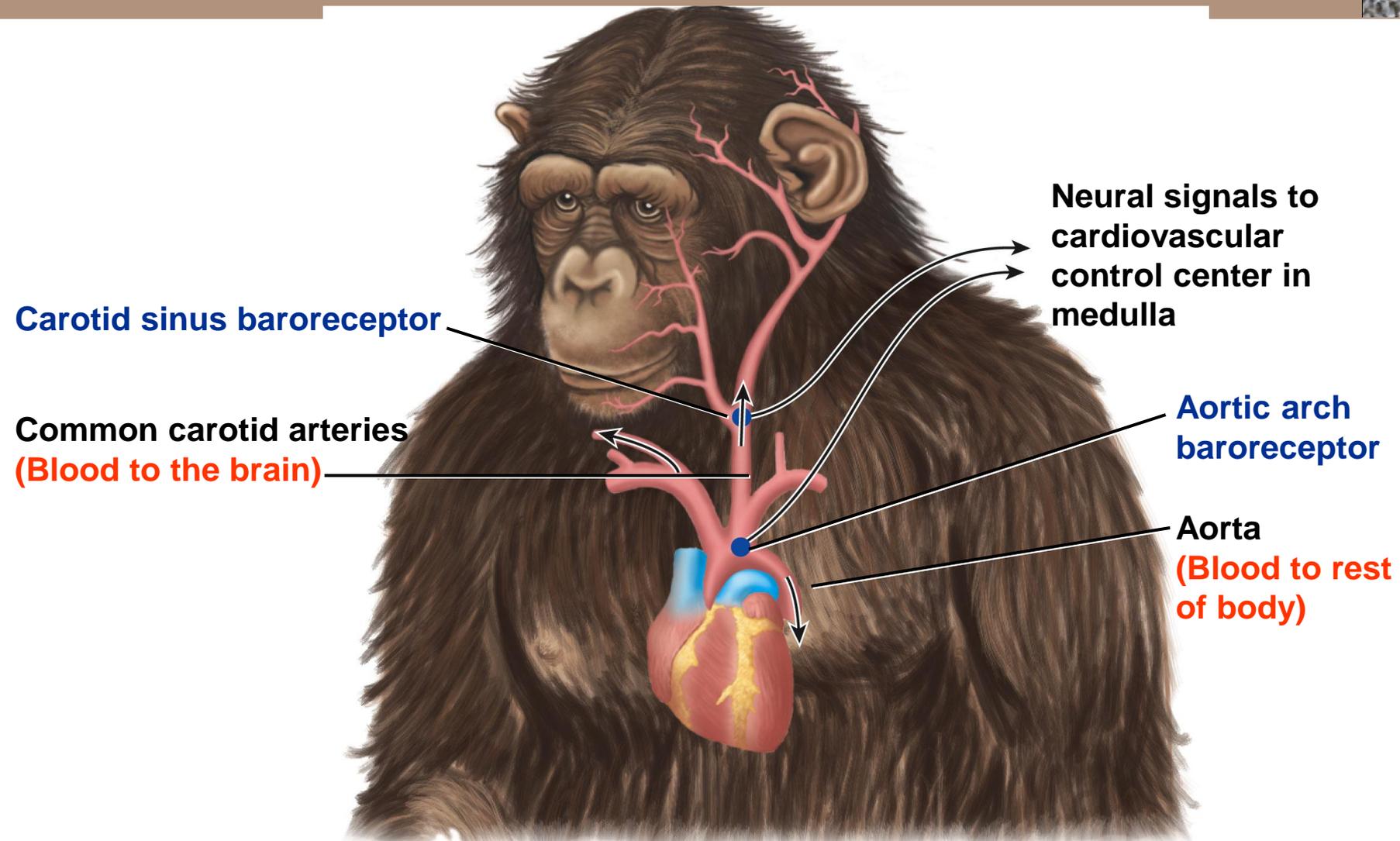
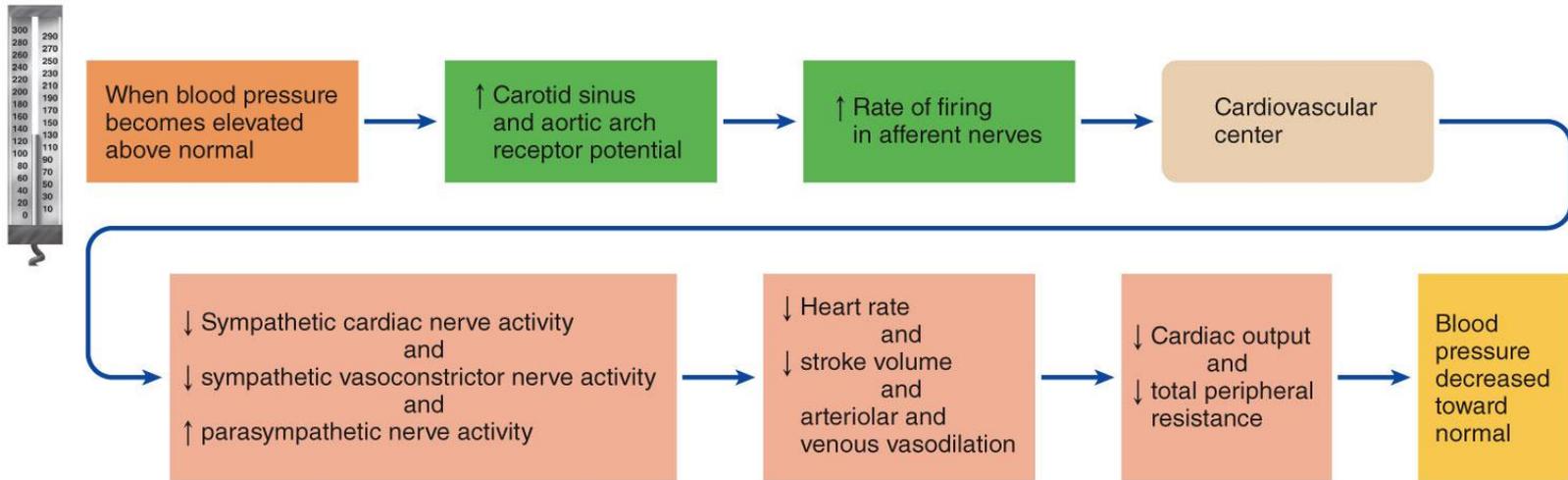
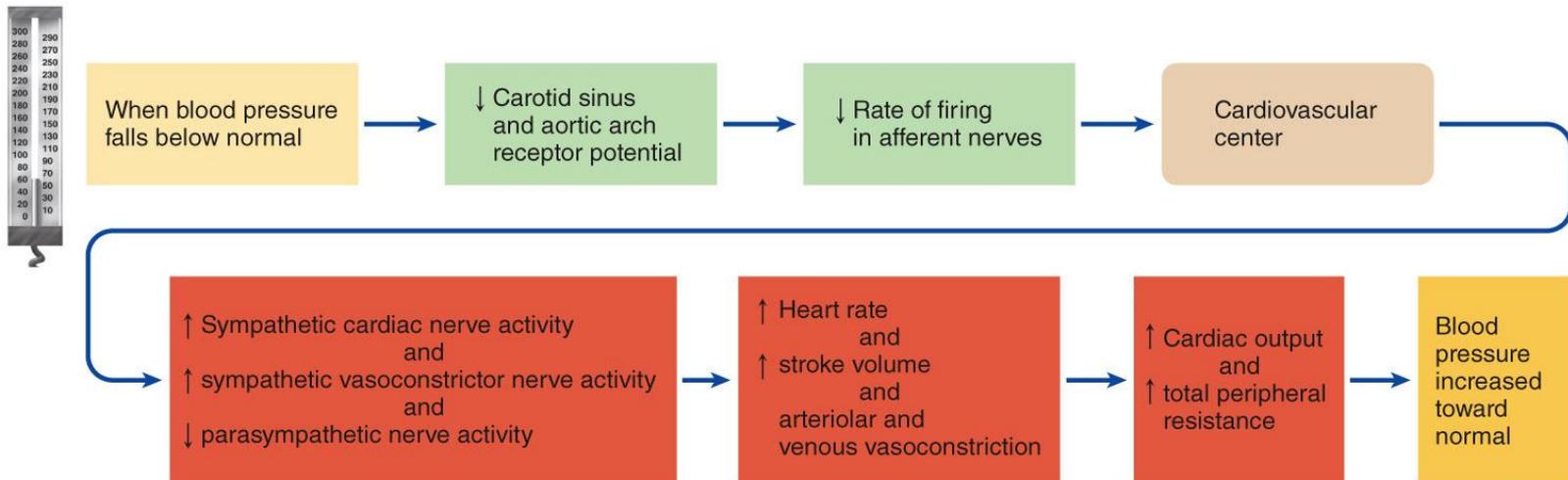


Figure 9-62 p450

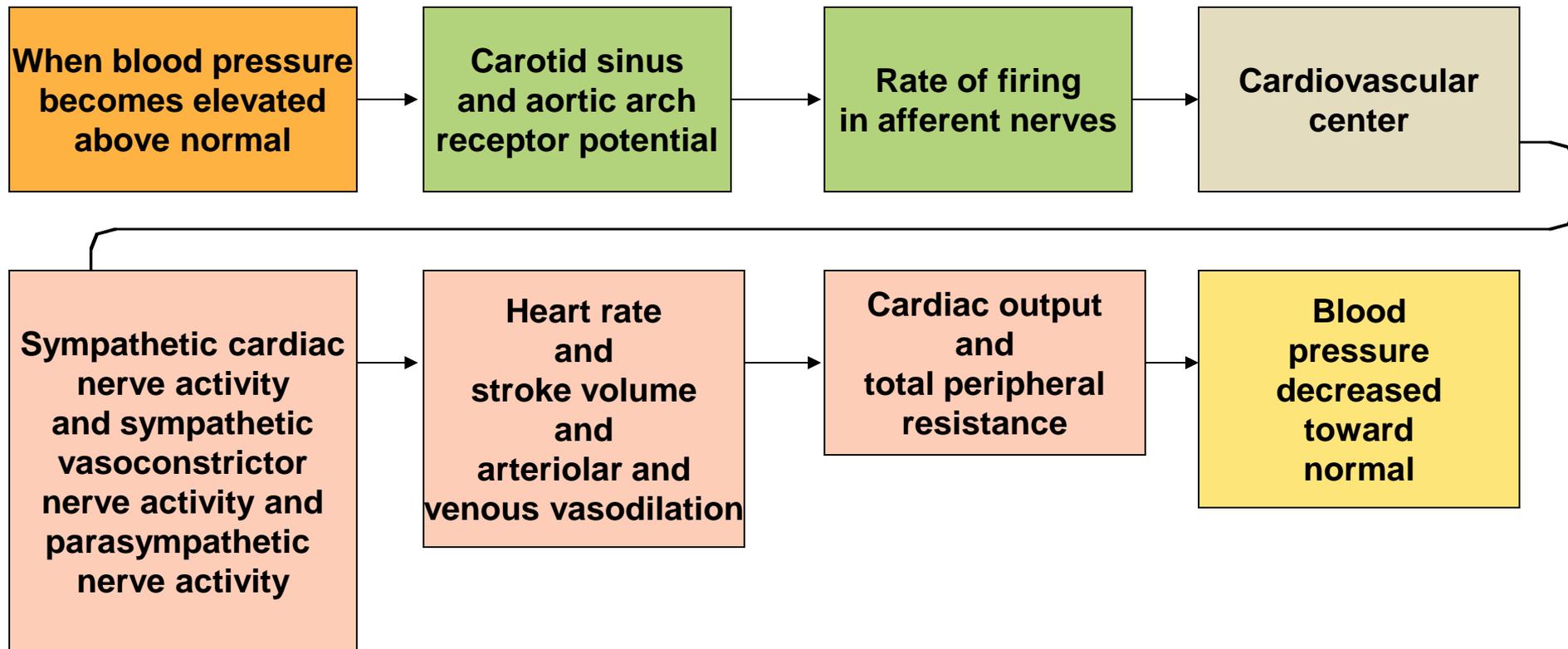
9.16 Integrated Cardiovascular Function

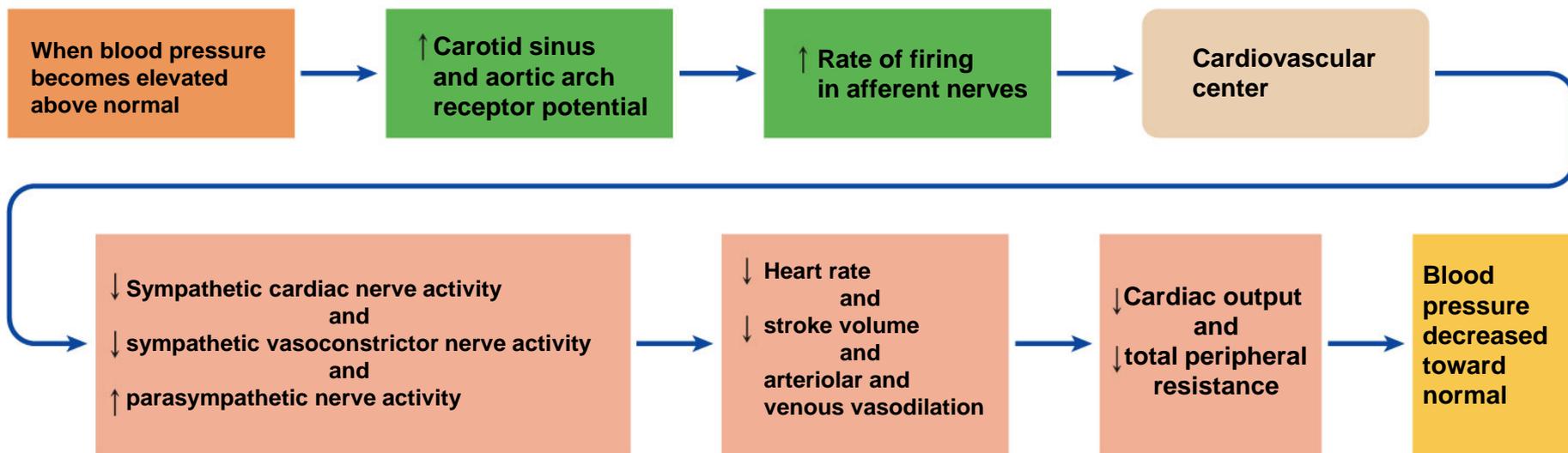


(a) Baroreceptor reflex in response to an elevation in blood pressure

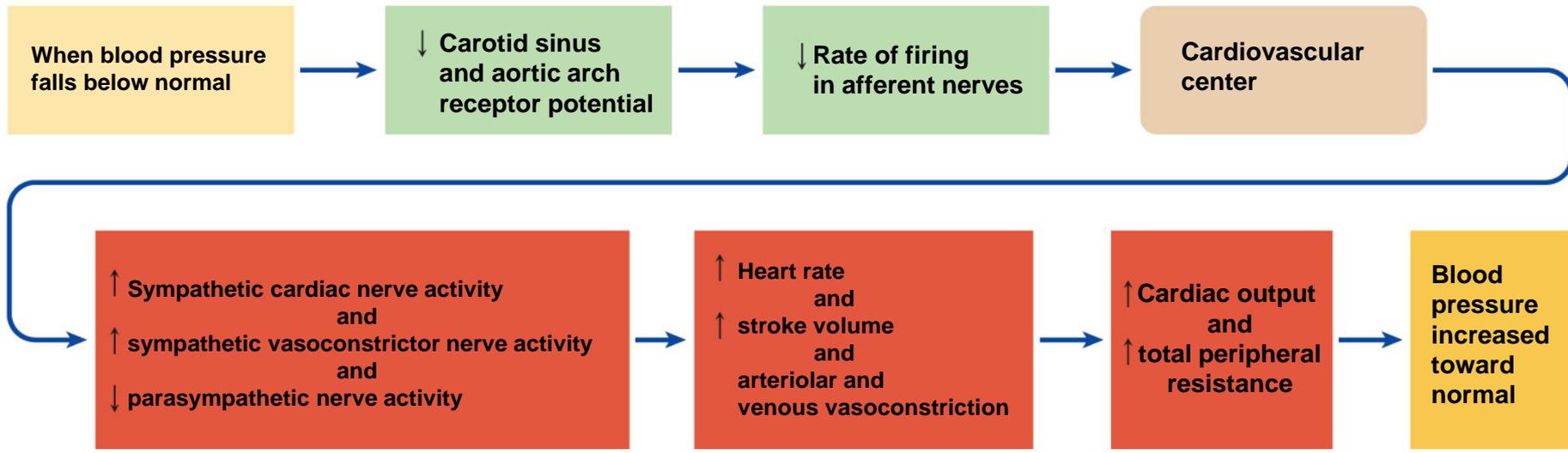
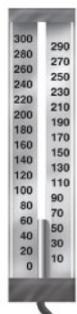


(b) Baroreceptor reflex in response to a fall in blood pressure

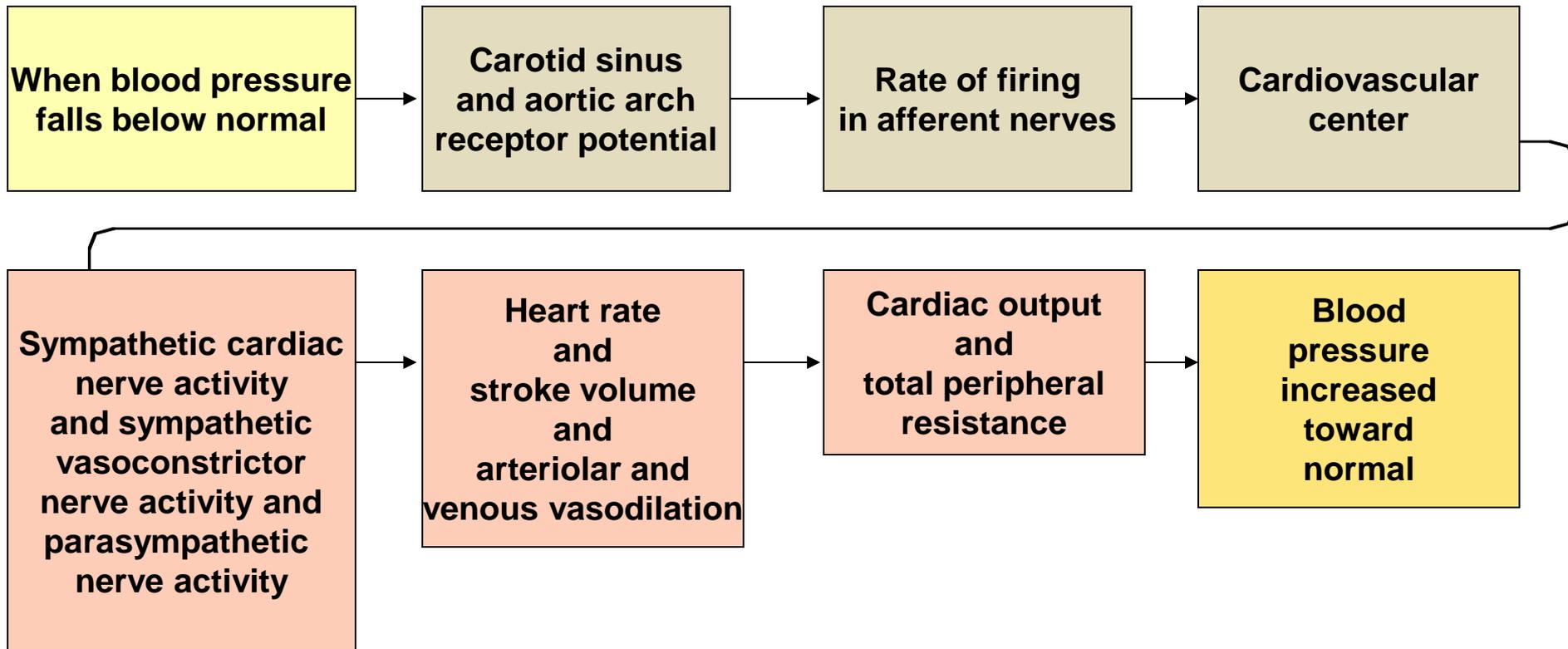




(a) Baroreceptor reflex in response to an elevation in blood pressure



(b) Baroreceptor reflex in response to a fall in blood pressure

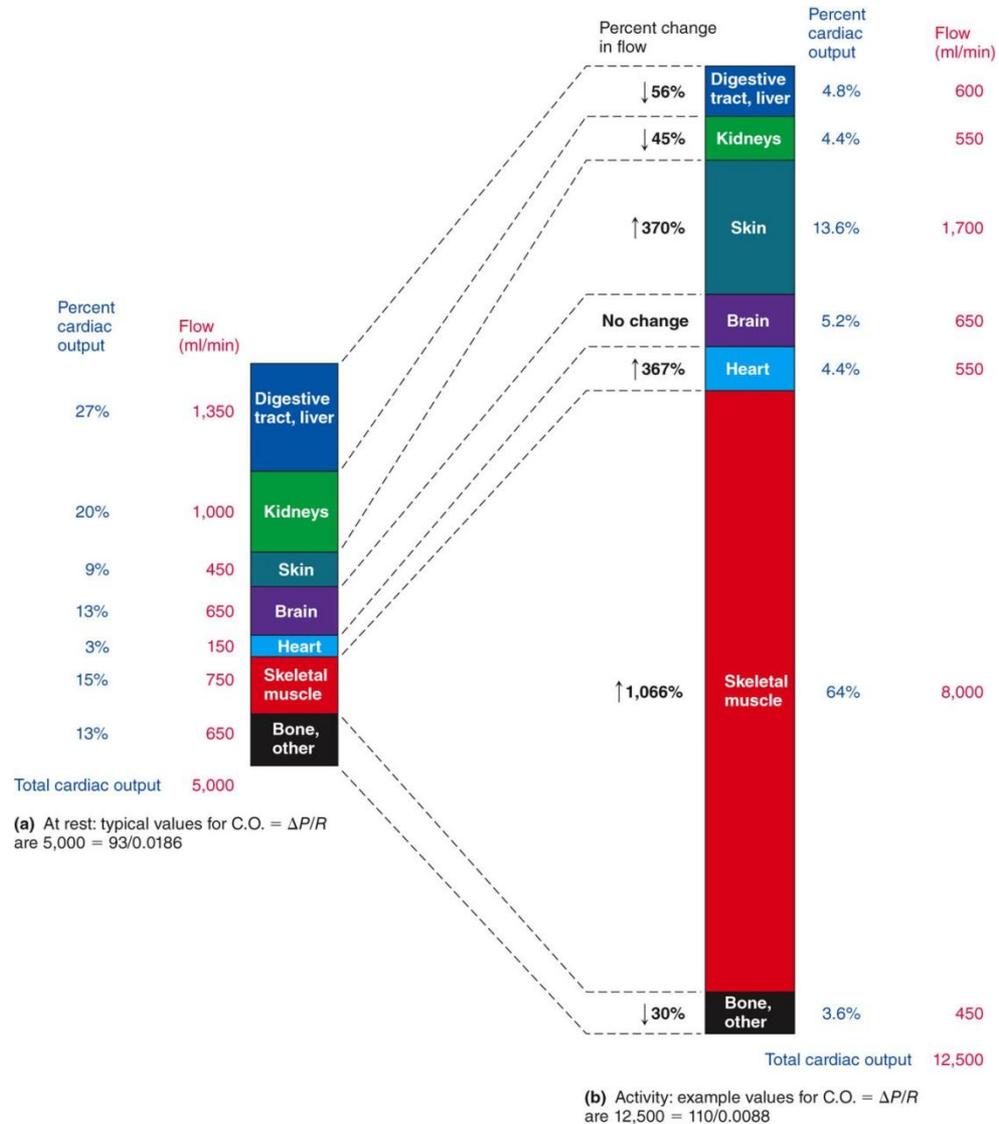


9.16 Integrated Cardiovascular Function



- Response to increased locomotor activity
 - **Increased heart rate and stroke volume** result in **increased cardiac output**
 - **Blood flow** to skeletal muscle, heart and skin **increases**
 - **Anticipatory responses**
 - Increased locomotor activity induces cardiac and vascular changes before that activity leads to disturbances in blood gases.
 - Perception of stress can trigger the fight-or-flight response

9.16 Integrated Cardiovascular Function



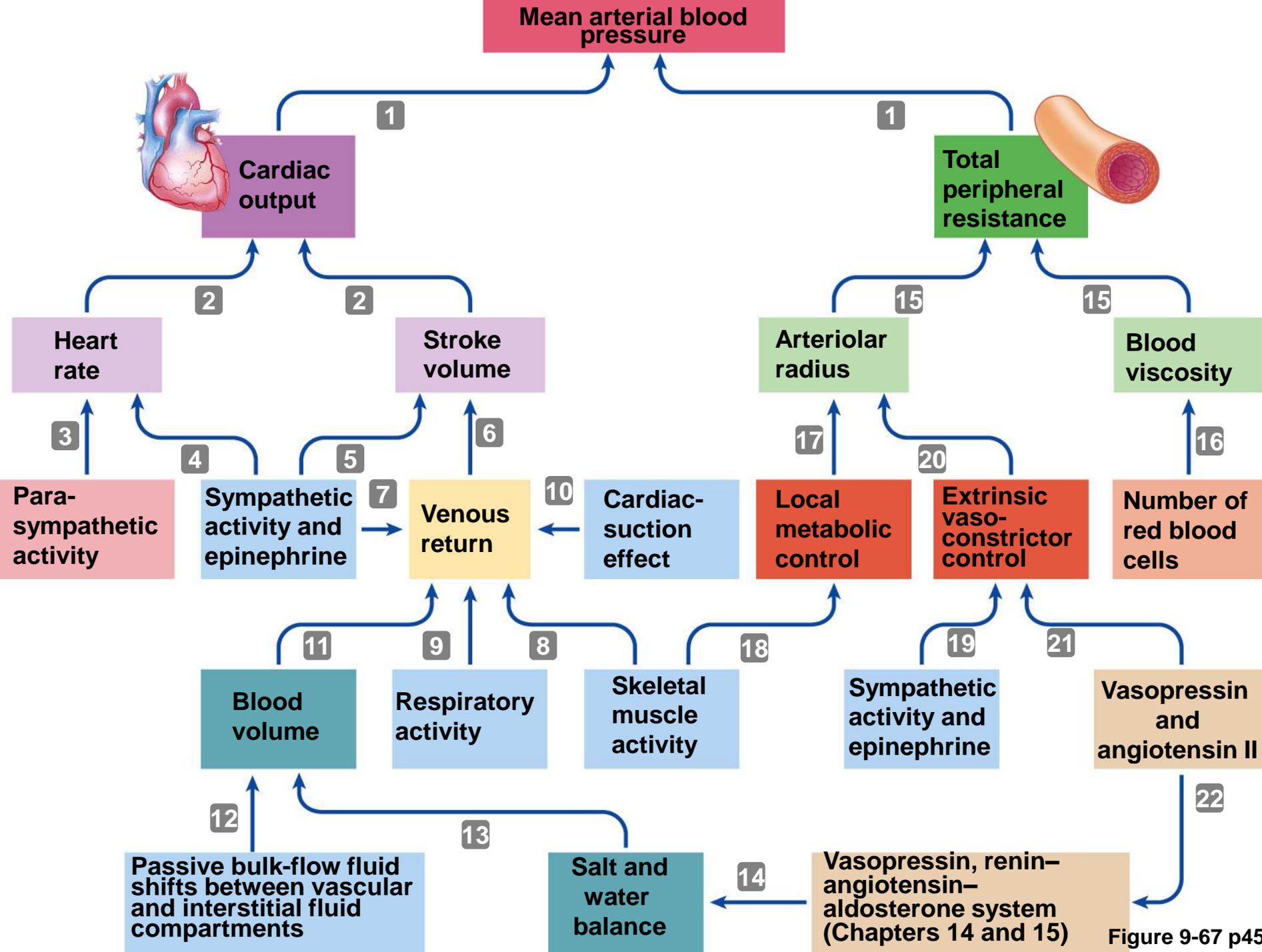


Figure 9-67 p454