Intracellular ionic concentration by calibration from fluorescence indicator emission spectra, its relationship to the $K_d$, $F_{\text{min}}$, $F_{\text{max}}$ formula, and use with Na-Green for presynaptic sodium

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Abstract

The emission spectra calibration curves for a fluorescence indicator and the $F_{\text{min}}$, $F_{\text{max}}$, and $K_d$ formula were shown to be related. Using the known calibrated fluorescence emitted by Sodium Green (Na-Green) and photo-multiplier-tube quantum efficiency, we calculated the detection signal over a range of sodium concentrations. The calculated calibration curves were compared for optical filters passing a narrow band, medium band or full spectrum. We found that a method based on the full emission spectrum was the most appropriate. Given a known resting concentration of intracellular sodium, calibrated readings can be converted to concentration values. This method is applicable to any fluorescence indicator when curves for emission spectra over a range of concentrations are available. We measured sodium concentration changes during trains of action potentials (APs) at a crayfish motor axon’s presynaptic terminals injected with Na-Green. During low frequency AP trains, net sodium increases asymptotically with frequency. Average net Na-flux per AP decreases for increasing terminal size. The terminals of crayfish motor axon have surface area to volume ratio which is 7700 times larger than for squid. Thus, in comparison to squid, crayfish terminals exhibit a larger change in $[\text{Na}^+]_i$ during equivalent AP activity. © 2002 Elsevier Science B.V. All rights reserved.

Keywords: Area ratio method; Channel density; Ratiometric formula; Area to volume ratio; Sodium flux density; Fluorescence calibration

1. Introduction

Fluorescent dyes are routinely used with confocal microscopy to determine intracellular concentration of ions during physiological experiments. Changes in ionic concentrations activate or control mechanisms, hence measurement precision is an issue. We investigated a procedure for estimating ionic concentration with a non-ratiometric indicator dye.

There are two methods to determine concentration using fluorescence light. In the case of dyes (e.g. the $\text{Na}^+$-sensitive indicator SBF1) for which the absorbed fluorescence spectrum is altered by concentration change, the emitted fluorescence can be measured at two different wavelengths and the ratiometric method (RMM) used to determine concentration changes (Gryniewicz et al., 1985; Harootunian et al., 1989; Minta and Tsien, 1989; Tsien and Waggoner, 1995). In contrast, for a monochromatic or near-monochromatic dye such as Sodium Green (Na-Green) (Molecular Probes Handbook, 1998; Szmacinski and Lakowicz, 1997) the ratio of fluorescence change to resting fluorescence is measured within a filtered interval of light wavelengths. Usually, only relative concentration change is given (Regehr, 1997). Near-monochromatic dyes are widely used and many papers in the literature report relative fluorescence change; if this was converted to concentration units, comparisons with other data would be possible.

If fluorescence intensity were linearly related to concentration, the relative ionic concentration could be estimated. However, the relationship is not linear over a wide concentration range. We analyzed the
calibration curves and derived an *area ratio method* (ARM) in which the ensemble of intensities at all wavelengths (λ) of emitted fluorescence is used as the detection signal. Since light intensity data are collected for a ≤ λ < ∞, where a is the lower cutoff wavelength of the filter, the calculated calibration curve has to reflect this. It will be shown that: (1) narrow band optical filters are not as accurate because they omit data, particularly when normalization is used; (2) the ARM calibration curve, which does not require measurement of maximum fluorescence (Fmax) is related to the equation that uses Fmin, Fmax, and Kd, where Fmin is minimum fluorescence and Kd is the dye dissociation constant; and (3) when resting concentration is available, the absolute concentration change can be calculated; and (4) this method is applicable to any fluorescent indicator when the emission spectra versus concentration curves are available.

We employed the ARM to estimate sodium concentration in crayfish presynaptic terminals during low frequency (≤ 15 Hz) stimulus pulse trains. We found that presynaptic sodium concentration increases twofold during AP trains at relatively low frequencies in relatively small nerve terminals of crayfish neuromuscular junctions. These terminals have a larger surface area to volume ratio than squid giant synapse, in which a small increase was reported for comparable stimulus frequencies (Hodgkin and Keynes, 1955). The ARM enhances the opportunities for experimental comparison of Na+ dynamics in different nerve terminals. A preliminary report of this work appeared in abstract form (Winslow et al., 1996).

### 2. Methods and materials

We used Na-Green, impermeant form (Molecular Probes, Inc. S-6900, lot #2241, Kd = 21.0 mM), as the fluorescence indicator for Na+ in conjunction with confocal microscopy to measure the sodium response to stimulation at the crayfish opener neuromuscular preparation. See Figs. 1A and 3.

#### 2.1. Measured fluorescence ratio

The relative emitted fluorescence light from a source region is,

$$\tilde{F} = \frac{F_{\text{stim}} - F_{\text{rest}}}{F_{\text{rest}}}$$

where $F_{\text{stim}}$ and $F_{\text{rest}}$ are the fluorescence intensities measured during stimulation and rest, respectively. $F_{\text{rest}}$ reflects the intra-terminal value, and confocal microscopy helps to remove the effects of tissue absorbance. A larger varicosity may appear brighter than a small varicosity because fluorescence at a single image pixel $F(x, y)$ is the result of summing the signal along the z-column perpendicular to the plane of the image and interior to the region.

Total fluorescence from the region is the sum of the $F(x, y)$ values in the region. If $f(p)$ is fluorescence per voxel at $(x, y, z)$, then the total detected fluorescence for region $R$ with volume $V$ is,

$$F(R) = \int_{R} f(p) \, dv,$$

where $dv$ is an element of volume, i.e. voxel. Thus average fluorescence in the region is,

$$\hat{F}(R) = \frac{1}{V} \int_{R} f(p) \, dv.$$

The rest and stimulated average values are, respectively $\hat{F}_{\text{rest}}(R) = F_{\text{rest}}(R)/V$ and $\hat{F}_{\text{stim}}(R) = F_{\text{stim}}(R)/V$. Replacing $F_{\text{stim}}$ and $F_{\text{rest}}$ by $\hat{F}_{\text{stim}}$ and $\hat{F}_{\text{rest}}$ in the formula for $\hat{F}$ gives,

$$\hat{F}(R) = \frac{\hat{F}_{\text{stim}}(R) - \hat{F}_{\text{rest}}(R)}{\hat{F}_{\text{rest}}(R)} = \frac{(F_{\text{stim}}(R) - F_{\text{rest}}(R))/F_{\text{rest}}(R)}{F_{\text{rest}}(R)},$$

hence, $\hat{F}(R) = \hat{F}(R)$. Thus $\hat{F}(R)$ is the normalized average fluorescence over the measured region. Consequently, since $V$ does not appear in the equation for $\hat{F}(R)$, size of the terminal does not influence the $\hat{F}(R)$ measurements. Fig. 3 shows $\hat{F}$ in relative fluorescence units for the wavelength pass interval $[a, b] = [515, \infty]$ nm. Note that, square brackets denote end point membership in the interval, whereas parentheses do not.

#### 2.2. Detection signal

The calibration curves for Na-Green (Molecular Probes Handbook, 1998, Fig. 24.5, bottom) were measured from lot #2241 and #2231, which, respectively displayed a 7.8 × and 7.0 × increase in emission intensity at maximum compared with background (difference due to path absorbance). When normalized to the maximums, the curves were identical. The purity of both lots was 96% by HPLC; the extinction coefficient for lot 2241 was 157 357 and for lot 2231 was 158 300/cm/M. For all lots, 200 nM NaCl in 10 mM MOPS (pH 7.2) was used (Molecular Probes technical discussion).

The calibration curves give relative fluorescence versus emitted light wavelength $F(\lambda, [Na])$ for different concentrations of sodium, $Na \equiv [Na^+]$ (to abbreviate). The emitted light after passing through filter(s) of net pass interval $[a, b]$ is detected by a photo-multiplier-tube (PMT) with quantum-efficiency response curve $E(\lambda)$ (BioRad MRC-600 Handbook) which is the relative efficiency of capturing photons of wavelength $\lambda$. Consequently, the resultant fluorescence signal $s(Na)$ measured per Na value is,
s(Na) = \int_a^b F(\lambda, \text{Na}) \, E(\lambda) \, d\lambda.

To calculate s(Na), we need \( F(\lambda, \text{Na}) \) and \( E(\lambda) \). See Fig. 1B.

Note that the quantum-efficiency response curve \( E(\lambda) \) varies across PMTs. Thus the \( E(\lambda) \) curve specific for the detection system used, is required. See Section 4.

2.3. Area ratio method

The essential concept of the ARM is to calculate the ratio of areas under the emission spectra curves \( (N_c \text{ of them}) \) which change for different concentrations of the target ion. Specifically the ARM uses: (1) the full pass spectrum of emitted light \( a \leq \lambda \leq b \); (2) the calibrated emission response of the indicator dye; (3) rescaling to remove attenuation of the signal by intervening tissue; (4) the calibrated efficiency of the PMT; and (5) rescaling to remove gain of the electronics. Because calibrated intermediate signals are used, concentration values are available when a reference concentration is available.

2.4. ARM steps

The steps in the conversion of the emitted fluorescence \( F \) to calibrated signal, \( S(\text{Na}) \) are shown in Fig. 1. The calibrated total emitted fluorescence, \( S(\text{Na}) \) versus Na is equivalent to the area under each curve for \( E(\lambda)F(\lambda, \text{Na}) \), normalized to the area under the curve for \( \text{Na} = 0 \), as shown in Fig. 1D.

For \( F(\lambda, \text{Na}) \), the calibration curves (Molecular Probes Handbook, 1998) for Na-Green with \([\text{Na}^+]_0 = 135 \text{ mM} \) were digitized as one image. The axes and curves were each traced as a polygonal line (Winslow et al., 1987) and stored in an ASCII file of \((X, Y)\) pixel coordinates. A program written by JLW read and processed data from this file. The sequence of points for each polygonal line per Na value was translated and rotated such that the abscissa was horizontal and the origin was at \((0, 0)\), then scaled appropriately. The resultant points,

\[
\{(\lambda_i, F_i); \ i = 1, 2, \ldots, N_j\},
\]

give values for \( F(\lambda_i, \text{Na}_j) \) versus \( \lambda \) curve, for the different \( \text{Na}_j; \ j = 1, 2, \ldots, N_c \). \( N_j \) varied, \( 80 \leq N_j \leq 120 \), depending on the curvature of the graphs. A cubic spline function (Johnson and Riess, 1977; Press et al., 1988) was fit to each \( F(\lambda, \text{Na}) \) versus \( \lambda \) curve. Each curve was interpolated using the fitted cubic spline interpolation, then expressed as \( F(\lambda, \text{Na})/\max F_0 \) where \( \max F_0 \) is the maximum of \( F(\lambda, \text{Na}) \) versus \( \lambda \) for \( \text{Na} = 0 \) as shown in Fig. 1A.

The figure of the curve for the PMT provided for the BioRad MRC-600 was similarly converted to a digital function for \( E(\lambda) \), and expressed as a ratio, \( 0 \leq E(\lambda) \leq 1 \), with respect to the peak; see Fig. 1B. Fig. 1C shows the result of the product of cubic spline interpolant functions \( F(\lambda, \text{Na})E(\lambda) \). The value of \( s(\text{Na}) \) per Na value was computed using the product of the cubic spline functions for \( F \) and \( E \) then integrated by the trapezoid rule (Johnson and Riess, 1977; Press et al., 1988). Next, the normalized fluorescence signal,

\( S(\text{Na}) = s(\text{Na})/s(0) \),

versus Na \((s(0) = 1)\) was calculated and is shown in Fig. 1D, middle curve (+), for each of the \( N_c \) concentrations in Fig. 1A.

2.5. Interpolation

The digitized points of the \( F(\lambda, \text{Na}_j) \) versus \( \lambda \) curves, were linearly interpolated by using the trapezoid rule for integration. To evaluate \( S(\text{Na}) \) between the data points \( S(\text{Na}_j) \) versus \( \text{Na}_j; \ j = 1, 2, \ldots, N_c \) we can use linear interpolation or a cubic spline. Linear interpolation is shown by the dashed line in Fig. 1D. The cubic spline method of interpolation gives continuous first and second derivatives at the data points (knots of the cubic spline) and is preferable because it yields a smooth curve. A cubic spline function was calculated for these data points as shown by the solid middle line in Fig. 1D. See Section 4.

2.6. Calibration

Two reference points are available in the experimental data, namely, \( S(\text{Na}) \) for \( N_a = 0 \) and \( \text{Na} = [\text{Na}^+]_0 = 17.4 \pm 0.4 \text{ mM} \), the resting value in crayfish axon (Wallin, 1967; Atwood, 1982). We use \( \text{Na}^t \), from ventral cord axon in the same species Procambarus clarkii, and assume that \( \text{Na}^t \) is the same as in motoneurons and corresponds to \( F_{\text{rest}} \) in the measurements. The calibrated value \( \text{Na}^t \) (Wallin, 1967) has small standard error because large cytoplasm samples were taken from a large axon and integrating flame photometry was used to determine concentration. The appropriate calibrated response is,

\[
\Phi(\text{Na}) = (S(\text{Na}) - S(\text{Na}^t))/S(\text{Na}^t)
= (s(\text{Na}) - s(\text{Na}^t))/s(\text{Na}^t).
\]

The raw fluorescence signal from a region (reg) measured in an experiment, \( F_{\text{stim}}(\text{reg}) \), corresponds to the signal \( s(\text{Na}) \) and \( F_{\text{rest}}(\text{reg}) \) corresponds to the calibration signal in the region.

\[ s(\text{Na}^t) = \int_a^b F(\lambda, \text{Na}^t) \, E(\lambda) \, d\lambda. \]
Thus, the normalized fluorescence signal, $\tilde{F}$, will equal the calculated calibration response $\Phi(Na)$. Hence, the sodium concentration is given by the inverse function for $\Phi$.

$$Na = \Phi^{-1}(\tilde{F}),$$

which is calculated by linear interpolation from the $(Na, \Phi)$ data points. The curve for $\Phi(Na)$ is shown in Fig. 2 as the dark center curve. There were 135 data points, originating from the integer values of $\lambda$ in $[a, b]$, where $F(\lambda, Na)E(\lambda)$ is non-zero.

2.7. Relation to equation using $F_{\text{min}}, F_{\text{max}},$ and $K_d$

Because fluorescence emitted by dyes such as Na-Green or calcium green-5N do not show shifts in excitation or emission spectra on binding their targeted ions, it is not possible to use ratiometric measurements to calibrate fluorescence in terms of absolute free ionic...
concentration. Consequently, ionic concentration [ion] can be related to fluorescence \( F \), \( F_{\text{min}} \), and \( F_{\text{max}} \) using the dissociation constant \( K_d \) by the equation,

\[
[\text{ion}] = K_d \frac{(f - f^*)}{(1 - f)} = K_d \frac{(F - F_{\text{min}})}{(F_{\text{max}} - F)},
\]

where \( F_{\text{min}} \) and \( F_{\text{max}} \) are the minimum and maximum possible fluorescence, \( f = F/F_{\text{max}} \) and \( f^* = F_{\text{min}}/F_{\text{max}} \) (Tucker and Fettiplace, 1995; Grynkiewicz et al., 1985). The calibration function \( S(Na) \) calculated from \( F(Na, \lambda), E(\lambda), \) and \( F_{\text{min}} \), can be related to a corresponding equation using \( F_{\text{min}} \) and \( F_{\text{max}} \) as follows.

Following Grynkiewicz et al. (1985), we assume that dye concentration and path length are small enough for the fluorescence contribution from any given molecular species to be proportional to the concentration of that species measured at wavelength \( \lambda \). The proportionality constants are \( A_f \) for free dye and \( A_b \) for bound dye. For a mixture of free and ion-bound indicator at respective concentrations \( C_f \) and \( C_b \), the total fluorescence intensity at wavelength \( \lambda \) will be given by,

\[
\frac{F(Na, \lambda)}{E(\lambda)} = \frac{F(Na, \lambda)}{E(\lambda)} = C_f \cdot A_f + C_b \cdot A_b.
\]
\[ F = A_t C_t + A_b C_b. \]

At equilibrium \( C_t \) and \( C_b \) are related to \( Na \equiv [Na^+] \) by the effective dissociation constant, \( K_d = NaC_t/C_b \), thus

\[ F = (A_t + A_b Na/K_d)C_t. \]

The total indicator is

\[ C_{tot} = C_t + C_b = (1 + Na/K_d)C_t. \]

Solving for \( C_t \) gives,

\[ C_t = \frac{C_{tot}K_d}{K_d + Na}. \]

and

\[ F = \frac{(A_tK_d + A_b Na)C_{tot}}{K_d + Na}. \]

If there is no free indicator, then \( C_{tot} = C_b \) and \( F_{max} = \text{limit}_{Na\to\infty} F = C_{tot}A_t \). If there is no bound indicator, then \( C_{tot} = C_b \) and \( F_{min} = \text{limit}_{Na\to0} F = C_{tot}A_t \). Thus

\[ F = \frac{F_{min}K_d + F_{max}Na}{K_d + Na}, \tag{1} \]

and solving for \( F_{tot} \) concentration \( Na \) gives,

\[ \frac{F_{tot}}{Na} = \frac{F_{max}}{F_{min}} + \frac{F_{max}Na}{F_{max} - F}. \tag{2} \]

The calculated signal \( s(\text{Na}) \) corresponds to the measured fluorescence \( F \) and \( s(0) = F_{min} \), thus

\[ \hat{F} = \frac{F - F_{min}}{F_{min}} = \frac{s(\text{Na}) - s(0)}{s(0)} = S(\text{Na}) - 1. \tag{3} \]

Since \( F_{max} \) is the limit of \( F \) when \( Na \) goes to \( \infty \), we have \( F_{min} \leq F < F_{max} \) and thus,

\[ 0 \leq \hat{F} < (F_{max} - F_{min})/F_{min}. \tag{4} \]

Substituting the above expression (1) for \( F \) into the definition (3) of \( \hat{F} \) gives,

\[ \hat{F} = \frac{(F_{max} - F_{min})Na}{(K_d + Na)F_{min}}. \tag{5} \]

Note that if concentration \( Na \downarrow 0 \), then \( F = F_{min} \), \( \hat{F} = 0 \), and \( S(\text{Na}) = 1 \). Solving for \( F_{max} \) gives,

\[ F_{max} = (\hat{F}(K_d/Na + 1) + 1)F_{min}, \]

and taking the limit of both sides as \( Na \) increases to infinity,

\[ F_{max} = \left( \lim_{Na\to\infty} \hat{F} + 1 \right)F_{min}, \]

thus

\[ \lim_{Na\to\infty} \hat{F} = \frac{F_{max} - F_{min}}{F_{min}}. \tag{6} \]

which agrees with the inequality (4). Because \( \hat{F} = S(\text{Na}) - 1 \), we have

\[ \lim_{Na\to\infty} S(\text{Na}) = F_{max}/F_{min}. \tag{7} \]

Thus from Eqs. (3) and (5),

\[ \hat{F} + 1 = S(\text{Na}) = \frac{(F_{max} - F_{min})Na}{(K_d + Na)F_{min}} + 1. \tag{8} \]

Since \( F_{min} \) is defined to be the fluorescence when there is no \( Na^+ \) bound to the indicator, thus \( s(0) = F_{min} \). Thus \( S(\text{Na}) \) in Fig. 1D can be visually inspected for \( F_{max}/F_{min} \) or using the equation with \( x = Na \), \( y = S(\text{Na}) \),

\[ y = 1 + \frac{ax}{b + x}, \]

where the coefficients \( a \) and \( b \) are found by a best fit to the curve. Then \( F_{max}/F_{min} = 1 + a \) and \( K_d = b \), where \( F_{min} = s(0) \). Recall that rectangular hyperbola \( y = ax/(b + x) \) is the form of the Michaelis–Menten equation in enzyme kinetics (Horton et al., 1996).

We have demonstrated a one-to-one correspondence between points of \( S(\text{Na}) \) versus \( Na \) and points of \( \hat{F}(\text{Na}) \) versus \( Na \) which is continuous.

### 2.8. Demonstration preparation

The presynaptic motor nerve terminals at the crayfish opener neuromuscular preparation (Wojtowicz and Atwood, 1985) were prepared as previously described (Cooper et al., 1996). We used Na-Green, impermeant form (Molecular Probes, Inc. S-6900) as the fluorescence indicator for \( Na^+ \) with confocal microscopy to measure the response to stimulation by a current pulse train of increasing steps in frequency, at 20 °C.

The tip of the injection electrode was backfilled with a solution of 3 μM Na-Green dissolved in 50 mM KCl. The indicator was loaded into the crayfish exciter motor axon by pressure injection (range 20–60 psi). After the axon and its varicosities were visible, the injections were stopped and the axon varicosities were imaged with the BioRad MRC-600 laser confocal microscope (40 × Nikon, water immersion lens, 488 nm excitation wavelength). The nerve was stimulated while recording the fluorescence signal without saturation of the dye. The emitted fluorescence of Na-Green in response to \([Na^+])\) passed through a filter with a wavelength pass interval \([a, b]\) = [515, 850] nm, then detected by a PMT at 1 frame/s, and averaged over the stimulus-record interval. In the digitized confocal video images, the varicosities were outlined and the change in fluorescence measured (see Fig. 3).

### 3. Results

The calibration of the ARM is dependent on the wavelength pass interval \([a, b]\) and hence the limits of integration. We evaluated the effect of the interval size on accuracy and found that the widest interval gave the
Fig. 3. Response of Na-Green fluorescence in nerve terminal. (A) Axon, showing recording regions and responses. (1) Rest, 1.00 s; (2) 5 Hz, 1.75 s; (3) 10 Hz, 3.75 s; (4) 15 Hz, 3.25 s. Not shown 0 Hz for 5.00 s. Scale bar (4): 20 μm. (B) Recording region of crayfish excitatory motor axon innervating the opener muscle. The circle indicates the recording region, where panel A is the circle in panel B rotated 30° counter-clockwise. (C) Relative intensity of Na-Green at the stimulus frequencies measured over the pixels in the lighted regions. The fluorescence signal $F$ for the pixels within each recording region (reg) was averaged over the duration times at each given frequency. $F = (F_{\text{stim}} - F_{\text{rest}})/F_{\text{rest}}$, where $F_{\text{stim}}$ and $F_{\text{rest}}$ are the measured fluorescence during stimulation and initial rest (0 Hz), for each region.
best results. Na-Green signals from presynaptic axonal varicosities were then used to demonstrate the ARM. The test demonstrated that relative fluorescence and hence [Na⁺] increases with stimulus frequency.

3.1. Effects of varying filter interval width

We compared the ARM using a long pass filter and hence integration over \([a, b] = [515, \infty)\) nm, with: (1) a worst-case use of the wavelength pass interval when \(a = b\), denoted as the intensity ratio method (IRM), i.e. a filter passing only one wavelength is between the tissue and the PMT; (2) the case in which a narrow band filter \(\lambda_0 \pm 10\) nm is used, for wavelength \(\lambda_0\), where \(F(\lambda, Na)\) is maximum for \(Na = 0\); and (3) the case in which a narrow band filter \([\lambda_0 - 5, \lambda_0 + 50]\) nm is used as reported by some investigators. Thus we demonstrate the effects of varying the width of the filter interval.

3.1.1. IRM: Single wavelength filter

The maximum of each \(F(\lambda, Na)E(\lambda)\) was calculated and normalized with respect to the curve for \(Na = 0\) (MAX and RMAX in the inset table of Fig. 1C), then plotted as rfmax(Na) in Fig. 1D (lower curve). Note in Fig. 1C, that the wavelength, \(\lambda\), at which \(F(Na)\) and \(F(\lambda, Na)E(\lambda)\) is maximum, per Na value, is not constant.

3.1.2. Narrow band filter

When a filter \([\lambda_0 - 10, \lambda_0 + 10]\) nm is used (data not show), the resulting calibration curve is almost exactly the same as the result for the single wavelength, except for a slight (1%) difference in the two largest Na calibration values.

3.1.3. Band filter

When a filter interval \([\lambda_0 - 5, \lambda_0 + 50]\) nm (thick bar on horizontal axis of Fig. 1C is used), the resulting calibration curve, Snf(Na) is greater than the result for the ARM approach, S(Na), as shown in Fig. 1D (upper curve). For the unnormalized signals, Snf(Na) ≤ S(Na) because there is less area under the \(F(\lambda, Na)E(\lambda)\) curves when integrated. However, when normalized \(S(Na) \leq Snf(Na)\). In Fig. 1D, the difference in the Snf(Na), S(Na), and rfmax(Na) curves increases for Na > 25 mM because the area under the curves is non-linear with respect to the maximum of the curves. For a relative fluorescence value 3.23 on the vertical axis, the corresponding value of Na on the horizontal axis using Snf(Na) is 32.9 mM; using S(Na) the Na value is 37.0 mM, and using rfmax(Na) the Na value is 54.4 mM (by linear interpolation).

3.2. Calibrated concentration

A cubic spline function was fitted to the calibrated response of Na versus Na-Green fluorescence \(\Phi(Na)\) (S(Na) of Fig. 1D). Noting that the calculated \(\Phi(Na)\), corresponds to the measured \(\bar{F}\), then \(Na = \Phi^{-1}(\bar{F})\) gives the concentration of sodium. The preparation specific calibrated response Na versus \(\Phi(Na)\) for the known resting concentration \(Na^r = 17.4\) mM (Wallin, 1967) is shown in Fig. 2a (thick solid curve).

3.3. Effect of deviation of Na

To determine the error of \(Na = \Phi^{-1}(\bar{F})\) induced by the standard error of \(Na^r\), two additional curves are plotted in Fig. 2b and c using \(Na^r = 17.4 - 0.4 = 17.0\) mM and \(Na^r = 17.4 + 0.4 = 17.8\) mM, resulting in a error. When \(\Phi(Na) = 0.5\), the error is 5 mM, which is 10%.

To compare IRM with ARM, the corresponding curve for the IRM (d) was obtained by fitting a cubic spline function to the data points for rfmax(Na) shown in Fig. 1D.

For the \(\bar{F} = \Phi(Na)\) values (thick marks on horizontal axis) the corresponding \(Na = \Phi^{-1}(Na)\) values are shown as thick marks on the vertical axis and crosses on the curve (a). The thick vertical marks on the curve show the difference in mM between the IRM method, \(Na = \text{rfmax}^{-1}(\bar{F})\) (dotted line) and the ARM (solid line), evaluated as

\[\Delta Na = \text{rfmax}^{-1}(\bar{F}) - \Phi^{-1}(\bar{F}).\]

When \(\bar{F} = 0.3, 0.4, 0.5, 0.6, 0.7, 0.8\) the corresponding \(Na = \Phi^{-1}(\bar{F})\) values are 28.61, 36.48, 55.10, 82.00, 98.53, 119.37 mM and the respective \(\Delta Na\) values are 1.21, 5.55, 20.17, 10.42, 10.73, 13.59 mM, which are a bit large when absolute concentrations are of interest. Note that when the maximums of each \(F(\lambda, Na)E(\lambda)\) do not occur at \(\lambda_0\) then the corresponding \(\Delta Na\) values become 0.75, 4.04, 12.15, 4.51, 4.61, 9.31 mM, which are smaller. Thus the use of \(\Phi^{-1}\) of the ARM method increases the accuracy of measurement compared to rfmax⁻¹ of the worst-case IRM method; a calibrated narrow band filter version of ARM would occur between these extremes (a and d curves). If there is induced tracing error (Fig. 1A), then the resultant error is less for the integral than for the maximums of each curve.

Note that up to this point all of the curves are from Na-Green calibration data, PMT efficiency, or have been calculated.

3.4. Measurement of relative fluorescence in nerve terminal

The one axon innervating all the regions indicated in Fig. 3A and B was stimulated by current pulse trains
with a stepwise increase at frequencies 0, 5, 10, 15, 0 Hz for durations of 1.0, 1.75, 3.75, 3.25, 5.00 s, respectively. Fig. 3C shows the relative fluorescence change with respect to background for each region (reg),

$$\tilde{F}(\text{reg}) = \left( F_{\text{stim}}(\text{reg}) - F_{\text{rest}}(\text{reg}) \right) / F_{\text{rest}}(\text{reg}),$$

where $F_{\text{stim}}(\text{reg})$ and $F_{\text{rest}}(\text{reg})$ are the measured fluorescence during stimulation and rest in each region, respectively. The resultant concentration is with respect to rest, which is assumed to be equal in all four regions. Application of the method assumes that $\Phi(\text{Na})$ corresponds to $\tilde{F}(\text{reg})$ from measurements,

$$\Phi(\text{Na}) \equiv \tilde{F}(\text{reg}),$$

thus the inverse function $\Phi^{-1}$ gives Na.

Fig. 4A shows the resulting $\tilde{F}(\text{reg})$ on the left axis and Na on the right. Note in Fig. 4A, that the unequal spacing on the Na axis is due to the non-linearity of the $\Phi(\text{Na})$ function.

Fig. 4B shows measured Na = $\Phi^{-1}(\tilde{F}(\text{reg}))$ versus time for the four regions. Note the change in shape from Figs. 3C, 4A to B, which is due to the non-linearity of the transformations and the $\Phi(\text{Na})$ versus Na curve in Fig. 2. See Table 1 for actual values. The standard errors from the measurements are also converted and hence are not all equal for the initial resting state.

### 3.5. Net Na\(^+\) flux density

The sodium concentration in an axonal varicosity depends on influx due to APs and Na:Ca exchange and removal by the Na:K pump. Does the net Na\(^+\)-flux density stay constant for increasing stimulus frequency and for the different terminals? To answer this, the net flux density per region per stimulus interval is given by,

$$F_{\text{D,reg}} = \Delta N_{\text{Na,reg}} V_{\text{reg}} / A_{\text{reg}} \Delta t,$$

where $\Delta N_{\text{Na,reg}}$, $V_{\text{reg}}$, $A_{\text{reg}}$, and $\Delta t$ are, respectively $[\text{Na}\^+]_i$, per region after a stimulus interval minus $[\text{Na}\^+]_i$ at start of interval, volume of the region, surface area of the region, and duration of the stimulus interval. We approximated the axonal terminals as ellipsoids of revolution with length (len) and diameter (diam). An ellipsoid (prolate spheroid) with major and minor radii $a = \frac{1}{2} \text{len}$ and $b = \frac{1}{2} \text{diam}$, respectively has volume

$$V_{\text{reg}} = \frac{4}{3} \pi ab^2,$$

and surface area (Beyer, 1991),

$$A_{\text{reg}} = 2\pi \left[ b^2 + \frac{a^2b}{c} \sin^{-1} \left( \frac{c}{a} \right) \right],$$

where $c^2 = a^2 + b^2$ and $a > b$. The measurements of the terminals, rank ordered by size are shown in Table 2. Also shown is the area/volume ratio (μm) and its dimensionless normalization as area $\times r/\text{vol}$, where $r = \frac{1}{2} \text{diam}$.

The resulting flux density is shown in Table 3A. This is better expressed in Table 3B as net $F_{\text{D,reg}}$ per AP, calculated from Table 3A by dividing by the number of APs during the interval. Except for the large varicosity (#1) the flux density per AP is approximately the same, which suggests that the sodium channel density is similar per recorded region.

For each stimulus frequency note that $F_{\text{D,reg}}/\text{AP}$ tends to decrease as terminal size increases. As pulse frequency increases, $F_{\text{D,reg}}/\text{AP}$ tends to decrease. This is possibly due to increasing $[\text{Na}\^+]_i$, which decreases the net Na-driving force, thus reducing Na\(^+\) entry. The fact that calculated $F_{\text{D,reg}}/\text{AP}$ is not strictly monotonic decreasing for increasing stimulus frequency and time may be due to either: (1) errors in our estimates of effective terminal shape; (2) non-varicosity axon included; (3) the volume occupied by intracellular organelles such as mitochondria and vesicles; or (4) the effect of a strong dynamic regulatory mechanism controlling $[\text{Na}\^+]_i$, which compensates for surface area to volume ratio size (see Section 4).

### 4. Discussion

This study demonstrates how to transform raw calibration curves of emitted fluorescence versus wavelength for different ionic concentrations to: (1) a curve for relative fluorescence versus concentration; then to
(2) Relative concentration versus fluorescence; then to (3)
concentration versus fluorescence. The givens are the
manufacturer’s concentration curves for the correct
indicator dye batch used, the quantum efficiency of
the PMT used, the optical filters used, and the measured
relative fluorescence. We applied this method to changes
in intracellular concentration based on the Na+-depend-
ent signal from fluorescence of Na-Green. The computa-
tional errors are negligible compared to the possible
efficiency of the emission spectra and
quantal efficiency of the PMT. Because the standard
efficiency of the emission spectra are not directly available,
errors are the standard
induced by the filters and the computations. With this
perspective, the possible sources of error are discussed
below.

4.1. Sources of error

1) Because this is a computational procedure, an error
in the emission spectra calibration curves will
propagate through the procedure and produce an
error in the result. To address this issue, calibration
curves with mean and standard error of emitted
fluorescence from multiple measurements from the
same dye sample and from multiple samples could
be measured by the experimenter or supplied by the
manufacturer (e.g. an ASCII file from a web site).
An increase in the number of concentration steps
would increase the measurement precision. When
standard errors are available, the well known
analysis of error can be applied to the calculations
to obtain a net error.

2) The resulting calculated curves of Figs. 1D and 2
show small inflection points, not as expected from a
simple binding reaction. This is seen in Fig. 2 for
Na > 36 mM, where the linear interpolant function
(dashed line) is compared with the cubic spline
interpolant (solid line). The measured fluorescence
values used yield Na < 33.5 mM, which is less than
the 36 mM for any possible measurement error.
This inflection is well known for cubic spline
interpolants and is the result of less than an optimal
number of data points, i.e. the fluorescence versus λ
per Na curves from which to compute the cubic
spline functions. This would give more abscissa
concentration values in Fig. 1D, which originate
from the Na+ concentration curves in Eq. (1)A. For
this curve, Na = F−1(Φ), we could have used a cubic
spline under tension, but this would have added
additional complexity, when more data points is the
preferred approach.

3) The fluorescence signal is attenuated by passing
through tissue. The signal F compensates for this
(as discussed in Section 2.1). The measurement
signal F(reg) here is physically the same and directly
corresponds with the measurement signal, Φ(reg).
Once the dye and PMT have been calibrated with-
out regard to tissue absorbance, the set-up for this
method is then completed by the indicated calcula-
tions.

4) The calibrated quantum efficiency curve for each
model of PMT must be used because there can be
differences between different models. Also the
calibration curve for each individual model of
PMT must be used because there can be individual
differences, although small, between PMTs of the
same manufacturer’s model. In practice the calibration
should not change except with long use. We
used the manufacturer’s quantum efficiency curve
supplied with a new PMT for the measurements.

<table>
<thead>
<tr>
<th>Reg #</th>
<th>Stimulus</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0 Hz, 1.00 s</td>
</tr>
<tr>
<td>1</td>
<td>17.40 ± 0.14</td>
</tr>
<tr>
<td>2</td>
<td>17.40 ± 0.88</td>
</tr>
<tr>
<td>3</td>
<td>17.40 ± 0.22</td>
</tr>
<tr>
<td>4</td>
<td>17.40 ± 0.54</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Reg #</th>
<th>Len (μm)</th>
<th>Diam (μm)</th>
<th>Area (μm²)</th>
<th>Vol (μm³)</th>
<th>Area/vol (μm⁻¹)</th>
<th>Area × r/vol (l)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>10.0</td>
<td>6.7</td>
<td>188.0</td>
<td>232.7</td>
<td>0.81</td>
<td>4.04</td>
</tr>
<tr>
<td>2</td>
<td>3.3</td>
<td>1.7</td>
<td>14.9</td>
<td>4.8</td>
<td>3.08</td>
<td>5.13</td>
</tr>
<tr>
<td>3</td>
<td>5.0</td>
<td>3.3</td>
<td>47.0</td>
<td>29.1</td>
<td>1.62</td>
<td>4.04</td>
</tr>
<tr>
<td>4</td>
<td>8.3</td>
<td>3.3</td>
<td>72.6</td>
<td>48.5</td>
<td>1.50</td>
<td>6.24</td>
</tr>
</tbody>
</table>
5) The bandwidth of the detected light passed by the optical filter(s) used affects the accuracy of the measured result. For a standard error of zero in the emission spectral curves (as we used), the ARM approach, which uses fluorescence at all passed wavelengths, is better than the narrow band ARM, which is better than the single wavelength ARM (IRM), where the wavelength is for fluorescence maximum. Noting that the IRM is not used in practice, the difference in the three methods demonstrates that the widest possible wavelength intervals gives the most accuracy. Note that the narrow band ARM has a calibration curve which is between the worst-case single wavelength version and the ARM approach.

6) The method requires resting concentration of sodium in the measured region and conversion of $S(Na)$ to $\Phi(Na)$, which compensates for signal attenuation in the tissue between source and PMT and corresponds directly to the measured signal. Note the difference in Figs. 3C and 4B for the initial measurements at 0 Hz. In Fig. 3C, $F_{rest}$ is the fluorescence signal per region at 0 Hz. In Fig. 4B, $F_{rest}$ is the fluorescence signal from Na. The latter case assumes constant Na for all regions in the axon and benefits from the small standard error, 0.4 mM.

4.2. Calibration standards

An analysis of error from error tolerances of the fluorescence emission and PMT quantum efficiency curves or tracing error can be applied to the calculations that yield the calibration curve. Because ratios are used, this source of error would be expected to be much smaller than other sources of error. The increase in accuracy of ionic concentration measurements using the ARM method is practical because it provides an increase in precision of ionic concentration measurements. However, analysis of error, not normally done in biological calibrations, would be welcome once errors of the measured emission spectral curves are available.

4.3. Non-linearities

Regardless of the filter interval used with the ARM method, the curves shown in Fig. 1D or Fig. 2 clearly demonstrate that Na is non-linear with respect to $\Phi$. The effects of this non-linearity are further seen in the change in shape of the plot for relative fluorescence versus time (Fig. 3A) and the plot for Na versus time (Fig. 3B).

In a wider context, when a confocal fluorescent measurement system is calibrated using cuvettes of different sodium concentrations and fixed Na-Green concentration, many small increments of sodium concentration must be used to capture the variable slope seen in the plot of Na versus $\Phi$. This reflects the increasing saturation or the dye with sodium. See Figs. 1D and 2.

4.4. Relation of ARM to the $F_{max}$ equation

In the function $F = A_I C_I + A_q C_q$, the coefficients are assumed to be for one wavelength, $\lambda$, and the equation $F = K_d(F - F_{min})/(F_{max} - F)$ is derived. The values of

| Table 3 |
|---|---|---|---|---|---|
| A | 0 Hz | 5 Hz | 10 Hz | 15 Hz | 0 Hz |
| 2 | 0.000 | 0.758 | 0.418 | 0.530 | -0.725 |
| 3 | 0.000 | 0.661 | 0.640 | 0.209 | -0.583 |
| 4 | 0.000 | 0.625 | 0.863 | 0.425 | -0.723 |
| 1 | 0.000 | 2.384 | 1.905 | 2.579 | -2.909 |
| B | 0.000 | 0.087 | 0.011 | 0.011 | - |
| 3 | 0.000 | 0.076 | 0.017 | 0.004 | - |
| 4 | 0.000 | 0.071 | 0.023 | 0.009 | - |
| 1 | 0.000 | 0.272 | 0.051 | 0.053 | - |
| C | Na (mM) | $\Delta$Na (mM) | Flux density (pmol/(cm$^2$ AP)) |
| 2 | 31.60 | 14.20 | 0.049 |
| 3 | 24.25 | 6.85 | 0.045 |
| 4 | 25.96 | 8.56 | 0.060 |
| 1 | 33.31 | 15.91 | 0.207 |

$^a$ indicates efflux.
\( F_{\text{min}} \) and \( F_{\text{max}} \) are measured with the filters in place. Since filters pass more than a single wavelength, the equation when \( a < \lambda < b \) should be,

\[
F = \int_{a}^{b} [A_{f}(\lambda)C_{f} + A_{g}(\lambda)C_{g}] \, d\lambda.
\]

The measured \( F_{\text{max}}, F_{\text{min}} \) method is similar to the ARM, but uses a different calibration curve. Further, the usual practice of measuring \( F_{\text{max}} \) is to have all of the indicator dye bound; that is, to increase concentration of the target ion to \( \infty \), by lysing the cell with an ionophore and titrating the ion. For the case of calcium where the usual intracellular concentration is close to zero this is practical. In contrast, when the resting concentration is high as in the case of \( \text{Na}^{+} \), the approach of ARM is possibly more accurate. At least the preparation destructive measurement of \( F_{\text{max}} \) is not required.

### 4.5. Sodium increase

We demonstrated that \([\text{Na}^{+}]\), increases monotonically by twofold for the frequency steps of 5, 10, 15 Hz over 8.75 s. This measurement of an increase during low frequency pulse trains correlates with the indirect demonstration of the effects of sodium accumulation (which was not measured) during a longer duration (7 min) at higher frequency (33 Hz) reported by Mulkey and Zucker (1992).

### 4.6. Buffering

The standardization curves were obtained using the indicator in a different buffer solution than those within the experimental preparation. Different buffering environments can result in differences of emission signals. Since this is difficult to control and we do not know the full extent of the buffering abilities within the crayfish motoneuron cytoplasm, this is a moot point; but the reader should be aware of the issue.

### 4.7. Surface to volume ratio

The twofold increase of \([\text{Na}^{+}]\), for 15 Hz stimulation is in contrast to measurements in \textit{Sepia} giant axon (Hodgkin and Keynes, 1955), where stimulation at 156 Hz for 4 min at 18 °C causes a rise in \([\text{Na}^{+}]\), from 40 to 72 mM, an 0.8-fold increase, which is substantially less for many more stimulus APs over a longer time. This is due to the different internal and external concentrations of \( \text{Na}^{+} \) and \( \text{K}^{+} \) in squid versus crayfish and possibly different Na:K pumping rates. Also a larger surface area to volume ratio, \( \sigma \) in crayfish nmj terminals compared with squid giant axon, plays a role. In general, a larger \( \sigma \), means that as ionic flux density increases, the ionic concentration increases faster than for a smaller \( \sigma \). Also, there possibly could be different rates of pumping and differential loss due to the surface area-to-volume relationship.

For a circular cylinder of radius, \( r \), and length, \( L \), with circumference, \( C \), and cross-sectional area, \( A \), the area-to-volume ratio is,

\[
\sigma = \frac{CL}{\pi r^2 L} = \frac{2}{\pi r^2 L} r.
\]

For a crayfish varicosity of diameter 4 \( \mu \text{m} \), \( \sigma = 1/\mu\text{m} \).

A squid giant axon in cross-section is an ellipse with major and minor diameters 400 and 200 \( \mu \text{m} \), respectively. An ellipse with major and minor radii, \( a \) and \( b \), respectively, with eccentricity \( k = [(a^2-b^2)/b^2]^{1/2} \), has area \( A = \pi ab \) and circumference (Rade and Westergren, 1995),

\[
C = 4a \int_{0}^{(1/2)\pi} [1 - k^2 \sin^2 \theta]^{1/2} \, d\theta,
\]

which integrated numerically gives \( \sigma = 7.7 \times 10^{-3} \mu\text{m} \).

Since \( \sigma \) for crayfish axon terminal is 7700 times larger than for squid, in crayfish \( \text{Na}^{+} \) influx has a much larger influence on \([\text{Na}^{+}]\), than in squid. Note that \( \sigma a \) for a circular cylinder is constant and an elliptical cylinder is near constant.

When the net \( \Delta \text{Na} \) for the 95 APs in the 5, 10, 15 Hz stimuli intervals is converted to pmol/(cm² AP) (Table 3C) the values for each region are 1–10% of the value 5 pmol/(cm² AP) in response to 156 Hz stimulation for 4.0 min (37440 APs) reported by Hodgkin and Keynes (1955) (Table 3) in \textit{Sepia} giant axon for net influx and efflux. Assuming that entry of \([\text{Na}^{+}]\), per channel is the same for both axon preparations, this suggests that the \( \text{Na}^{+} \) channels/cm² in the crayfish nmj terminal are 1–10% of the density in \textit{Sepia} giant axon. This suggests that there is regulation of the density of \( \text{Na}^{+} \) channels to cope with the large surface area to volume ratio.

We demonstrated: (1) how to transform measured emitted fluorescence versus ionic concentration curves to a calibration curve of concentration versus fluorescence; (2) the sources of error in using this calibration method; (3) the use of the ARM to show the effects of optical filter bandwidth on accuracy; (4) how to calculate the calibration signal when using representative optical filters; (5) a correspondence of the calibration curve to the \( K_{b}, F_{\text{max}}, F_{\text{min}} \), concentration equation; (5) a method of ionic concentration measurement which does not require determination of \( F_{\text{max}} \), usually by application of a preparation destructive ionophore; (7) application of the ARM to measure sodium ion concentration in crayfish nmj; (8) an increasing saturation of \([\text{Na}^{+}]\), during increasing pulse train frequencies at low physiological stimulus frequencies; (9) the analy-
sis of surface area to volume ratio in interpreting ionic flux density; and (10) the Na\(^+\) channel density in small axon presynaptic terminals is 1–10% of that in Sepia giant axon.

It would useful on the same preparation to directly compare our method with the method for ratio-metric Na\(^+\) giant axon.


Diarra A, Sheldon C, Church J. In situ calibration and [H\(^+\)] sensitivity of the fluorescent Na\(^+\) indicator SBFI. Am J Physiol Cell Physiol 2001;280:C1623–33.


Molecular Probes Handbook. Fig. 24.5, bottom, 1998.


