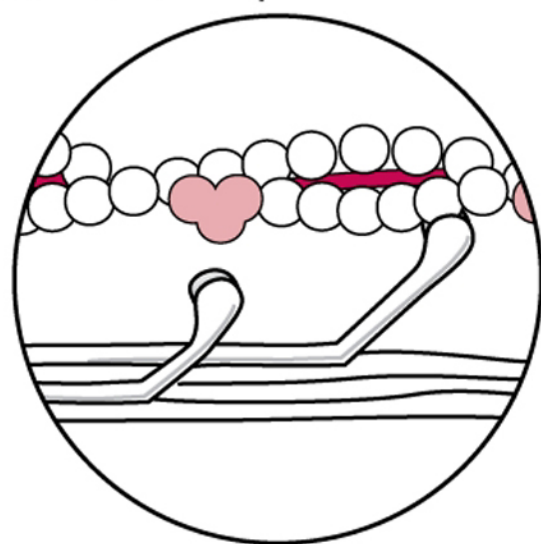
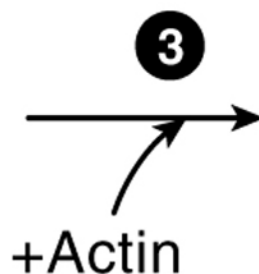
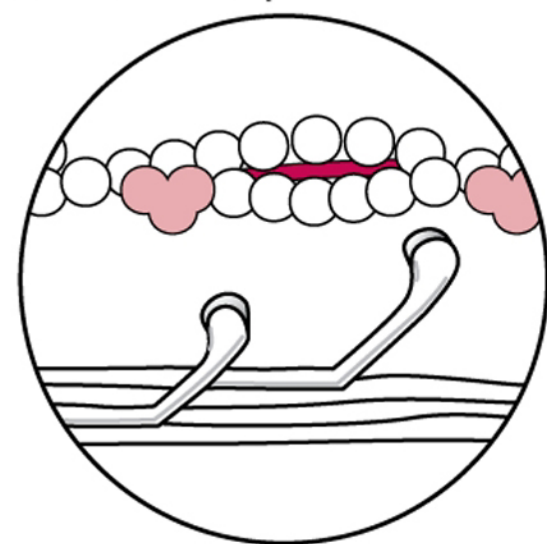


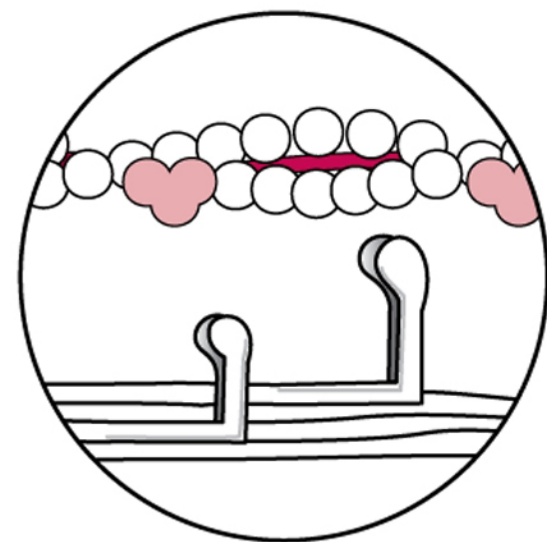
$M \cdot ADP \cdot P_i$

$A \cdot M \cdot ADP \cdot P_i$



2 \uparrow Cross-Bridge "Recharge"

$ADP + P_i \leftarrow$ Power Stroke **4**

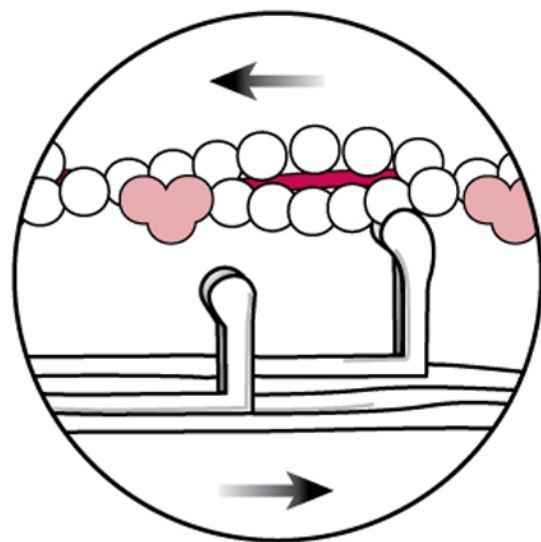


ATP

\leftarrow

$-Actin$

1



$M \cdot ATP$

AM