

Table 14-1 Composition of extracellular fluids of representative animals\*

	Osmolality	Ionic concentrations (mM)							PO <sub>4</sub> <sup>3-</sup>	Urea
		Na <sup>+</sup>	K <sup>+</sup>	Ca <sup>2+</sup>	Mg <sup>2+</sup>	Cl <sup>-</sup>	SO <sub>4</sub> <sup>2-</sup>			
Seawater†	1000	400	10	10	50	500	27			
<b>Cochleate</b>										
Ascid (jelly fish)	FW	454	10.2	6.7	31.0	556	34.8			
<b>Reptile</b>										
Antelope (antelope)	FW	426	9.5	11.7	40.4	407	26.7			
<b>Amphibia</b>										
Amphibia (sp. sp.)	FW	450	10.1	10.8	32.4	537	34.4			
Amphibia (amphibian)	Yes	70	4.8	2.8		43				
<b>Mollusca</b>										
Amphipod (sea slug)	FW	402	9.7	11.3	49	563	29.2			
Claytonia (snail)	FW	410	20.8	11.3	31.8	502	8.8			
Amphipoda (limp)	FW	35.6	9.40	9.4	6.39	11.7	6.73			
<b>Cnidarians</b>										
Comb jelly (amphibian)	FW	180	3.8	6.1	4.2	130				
Amoeba (amoeba)	FW	473	10.8	10.8	6.7	479				
<b>Invertebrates</b>										
Cornuta	Yes	60	12	17	33					
Polychaeta (earthworm)	Yes	84	7.9	4.8	3.6	146				
<b>Cyprinodonts</b>										
Gambusia (goldfish)	FW	1000	124	6.8	8.8	23.4	532	1.7	2.1	2
Gambusia (guppy)	FW	265	130	3.2	3.8	5.1	96	0.7		0.4

\*The osmolality and composition of seawater vary, and the values given here are not intended to be absolute. The composition of body fluids of some invertebrates will also vary, depending on the composition of the seawater in which they are found.  
 †FW = freshwater; FW = freshwater; Yes = terrestrial.  
 Source: Schmidt-Nielsen and Mackay, 1952, Prentice, 1975.

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Seawater†	1000	400	10	10	50	500	27			
<b>Chondrichthyes</b>										
Anguilla (eel)	FW	1075	300	4.3	3.2	1.1	206	3	3.1	220
Cartilagineous	FW	200	5	3	2	150	8.5	4.8	152	
<b>Cochleate</b>										
Zetema	FW	181	10.3	6.8	36.7	100			200	
<b>Tetrapods</b>										
Perthodipus (desert)	FW	337	100	4	3	1	100	8.2		
Canis (dog)	FW	203	142	2	0	3	107			
<b>Amphibia</b>										
Rana (toad)	FW	239	50	3	2.3	1.6	79		2	
Rana (toad)	FW	200	123	5			96		40	
Rana (toad)	90% SW	530	252	1.4			227		300	
<b>Reptiles</b>										
Alligator	FW	275	140	3.6	3.1	3.0	111			
<b>Aves</b>										
Avia (bird)	FW	298	136	3.1	2.4		100		1.8	
<b>Mammalia</b>										
Human (adult)	Yes	143	4.0	5.8	1.0	106	3	0		
Lab rat	Yes	145	6.2	3.1	1.0	115				

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Table 14-2 Electrolyte composition of the human body fluids

Electrolytes	Serum (mmol · L <sup>-1</sup> H <sub>2</sub> O)	Interstitial fluid (mmol · L <sup>-1</sup> H <sub>2</sub> O)	Intracellular fluid (mmol · L <sup>-1</sup> H <sub>2</sub> O)
<b>Cations</b>			
Na <sup>+</sup>	142	145	10
K <sup>+</sup>	4	4	150
Ca <sup>2+</sup>	5		3
Mg <sup>2+</sup>	2		20
<b>Totals</b>	153	149	180
<b>Anions</b>			
Cl <sup>-</sup>	104	114	2
HCO <sub>3</sub> <sup>-</sup>	27	31	5
HPO <sub>4</sub> <sup>2-</sup>	2		65
SO <sub>4</sub> <sup>2-</sup>	1		80
Organic acids	6		
Proteins	12		35
<b>Totals</b>	152	145	180

Note: Some of the ions contained within cells are not completely dissolved within the cytosol, but may be partially sequestered within cytoplasmic organelles. Thus, the free free Ca<sup>2+</sup> concentration in the cytosol is typically below the overall value given in the table for intracellular Ca<sup>2+</sup>. Values of anion and cation totals to agree reflect incomplete tabulation.

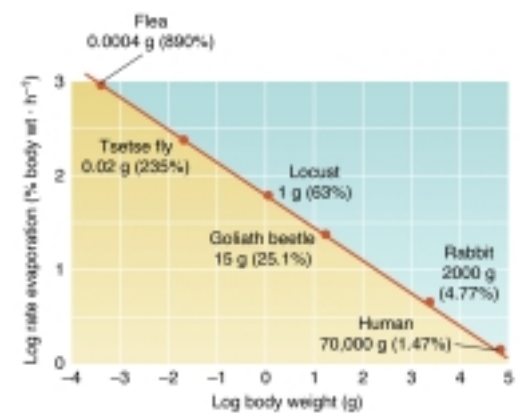
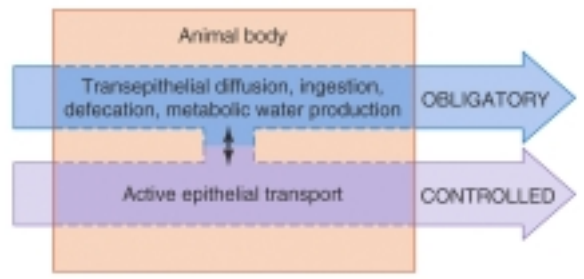


Table 14-3 Evaporative water loss of representative animals under desert conditions

Species	Water loss (mg · cm <sup>-2</sup> · h <sup>-1</sup> )	Remarks*
<b>Arthropods</b>		
Eledia (beetle)	0.20	30°C, 0% rh.
Hadronota (amphipod)	0.02	30°C, 0% rh.
Locust (desert)	0.20	30°C, 0% rh.
<b>Amphibians</b>		
Cyclops (amphipod)	4.00	25°C, 100% rh.
<b>Reptiles</b>		
Gerrhonotus (lizard)	0.22	30°C, dry air
Uta (lizard)	0.10	0°C

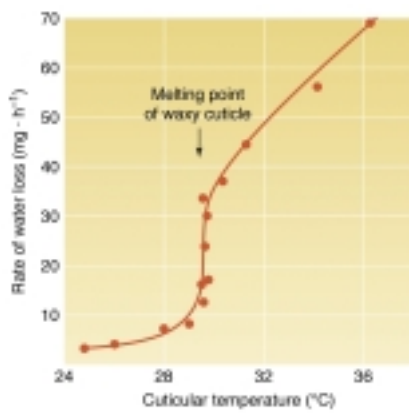
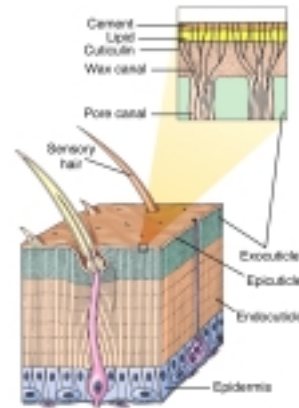
\*rh., stands for relative humidity. Values are indicated relative humidity in an arid environment.  
 †The tsetse fly and African rat are desert animals and employ various water conservation measures. Thus their evaporative water loss is much less than that of humans.  
 Source: Bailey 1952.

**Table 14-3** Evaporative water loss of representative animals under desert conditions

Species	Water loss ( $\text{mg} \cdot \text{cm}^{-2} \cdot \text{h}^{-1}$ )	Remarks <sup>a</sup>
<b>Birds</b>		
<i>Amphispiza belli</i> (sparrow)	1.46	30°C
<i>Phalaenoptilus nuttalli</i> (plover)	0.96	30°C
<b>Mammals<sup>b</sup></b>		
<i>Perognathus eremicus</i> (rock wren)	0.86	30°C
Oryz. fetus (African oxyc)	3.24	30°C
Human sapiens	20-30	70 kg male, sitting in sun, 35°C

<sup>a</sup> r.h. stands for relative humidity. Where not indicated, relative humidity is not available.

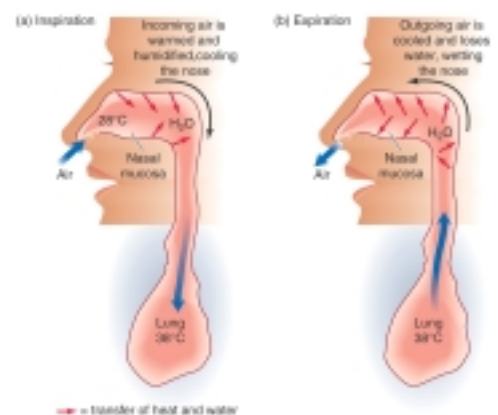
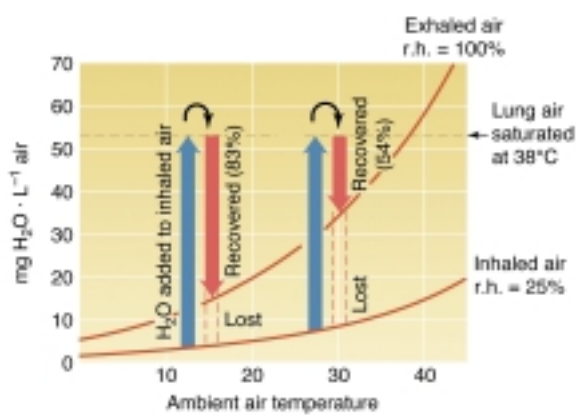
<sup>b</sup> The rock wren and African oxyc are desert animals and employ various water-conservation strategies. Their daily evaporative water loss is much less than that of humans.  
Source: Rayley, 1972.



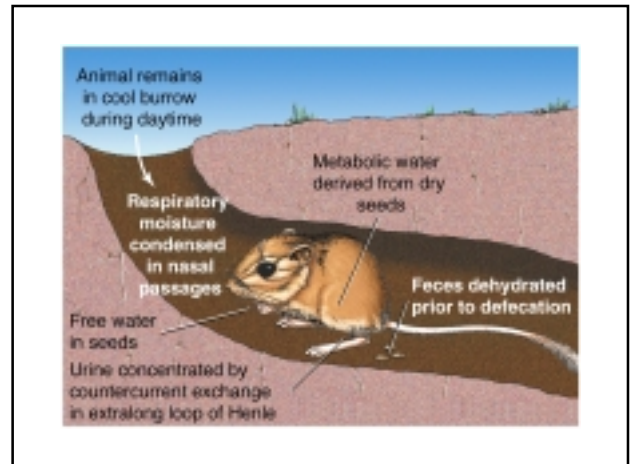
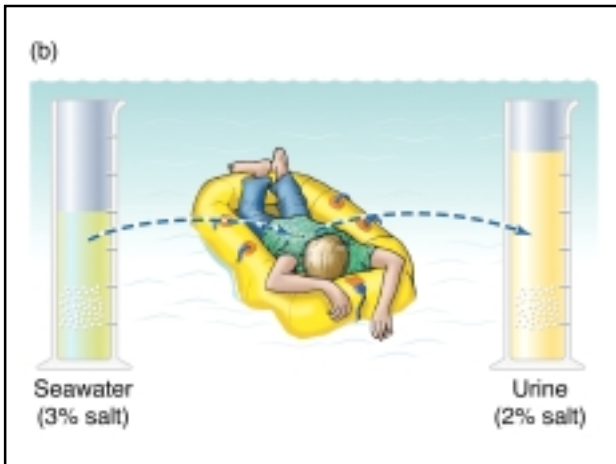
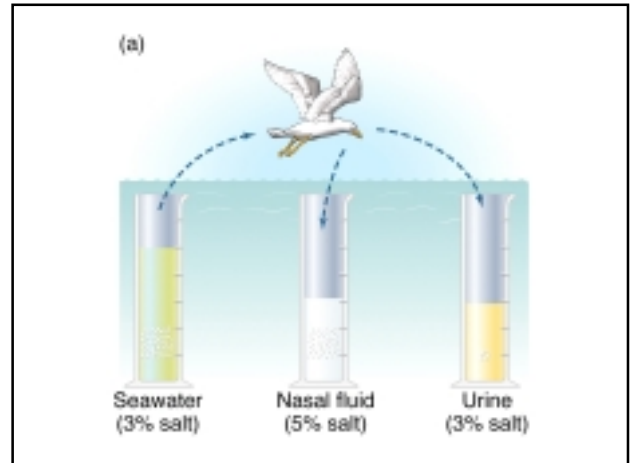
**Table 14-4** Production of metabolic water during oxidation of foods

	Food		
	Carbohydrates	Fats	Proteins
Grams of metabolic water per gram of food	0.56	1.07	0.80
Kilojoules expended per gram of food	17.58	39.94	17.54
Grams of metabolic water per kilojoule expended	0.032	0.027	0.023

Source: Eddy and Nag, 1976.



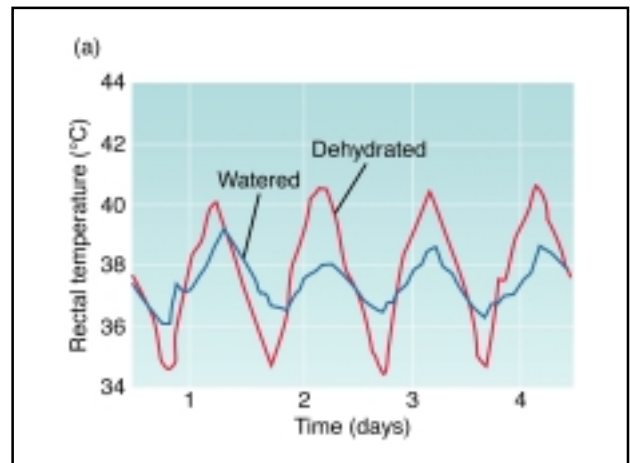
Animal	Metabolic water & excretion	Water excretion	Excretory mechanism
Marine teleost fish	Slightly hypertonic	Isotonic	Most of the water reabsorbed in the gill
Marine teleost fish	Hypertonic	Isotonic	Drink seawater Excrete salt in gill
Freshwater teleost fish	Hypertonic	Hypotonic	Drink water Excrete salt in gill
Amphibian	Hypertonic	Hypotonic	Moisture through skin
Marine teleost fish	Hypertonic	Isotonic	Drink seawater Reabsorb all $\text{Na}^+$ & $\text{Cl}^-$ in gill Excrete in water Excrete in kidney tubule
Freshwater teleost fish	-	Hypotonic	Excrete in water Excrete in kidney tubule
Marine teleost fish	Hypertonic	Hypotonic	Drink seawater Excrete in gill
Marine teleost fish	-	Hypotonic	Drink seawater Excrete in gill
Terrestrial teleost fish	-	Hypotonic	Drink freshwater

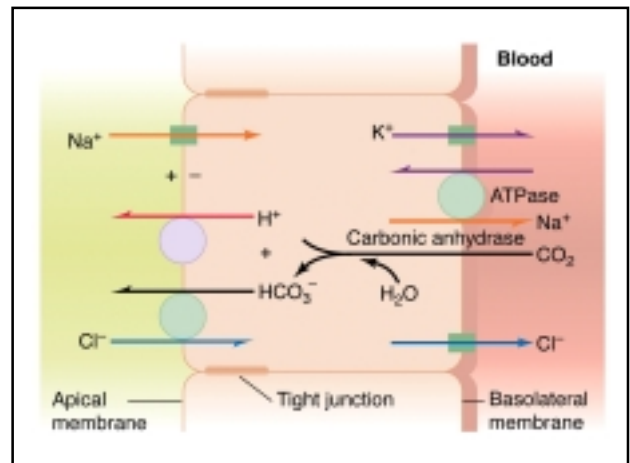
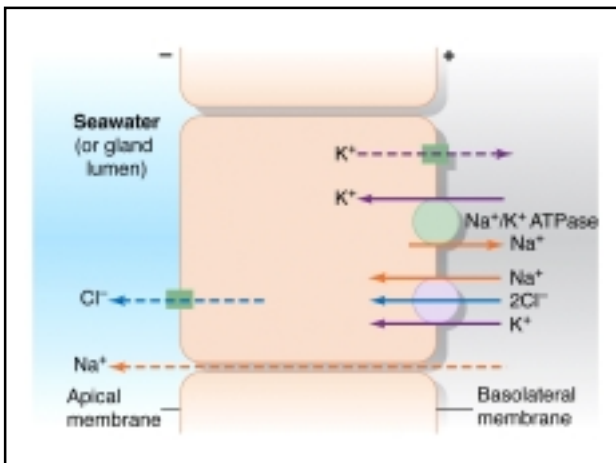
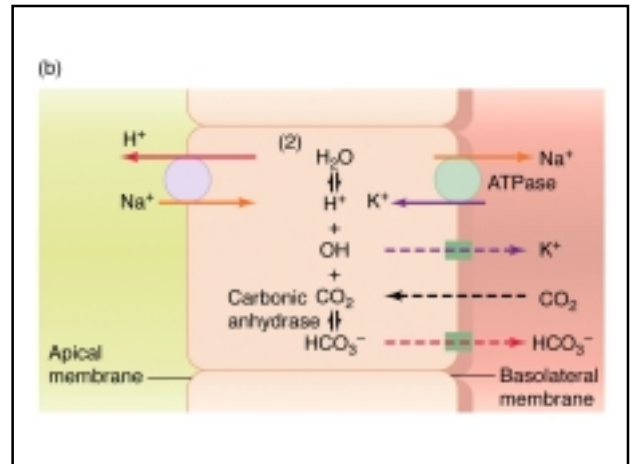
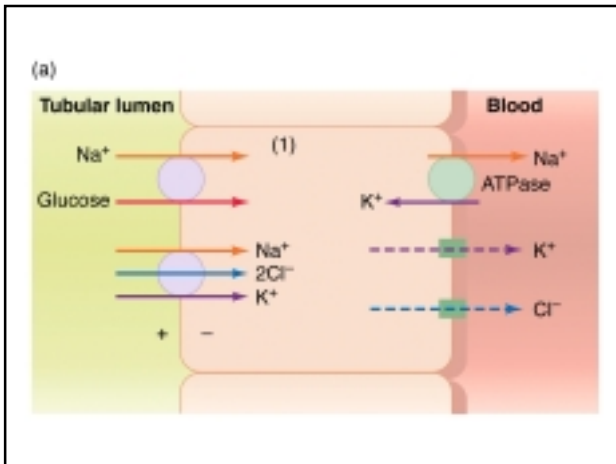
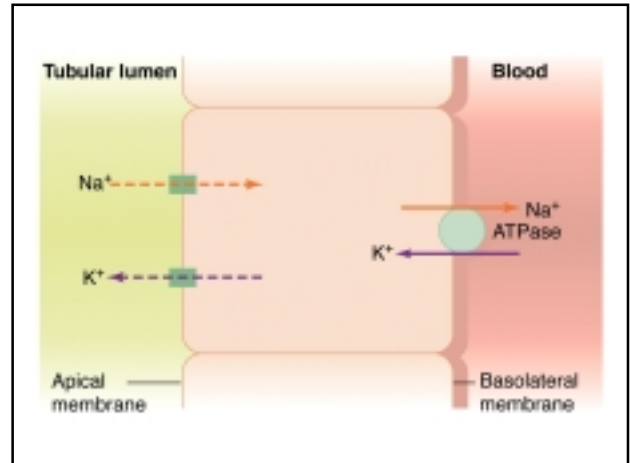
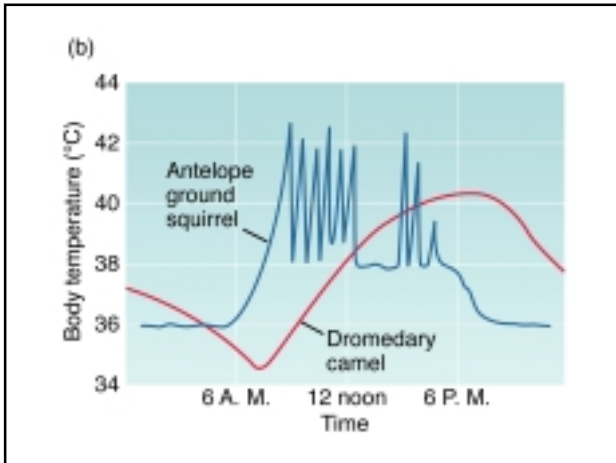


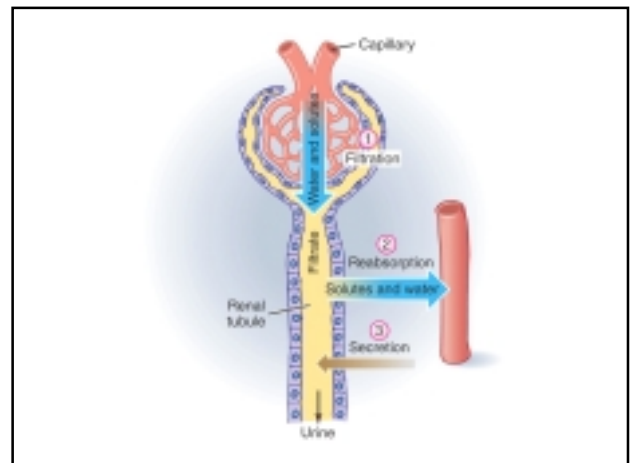
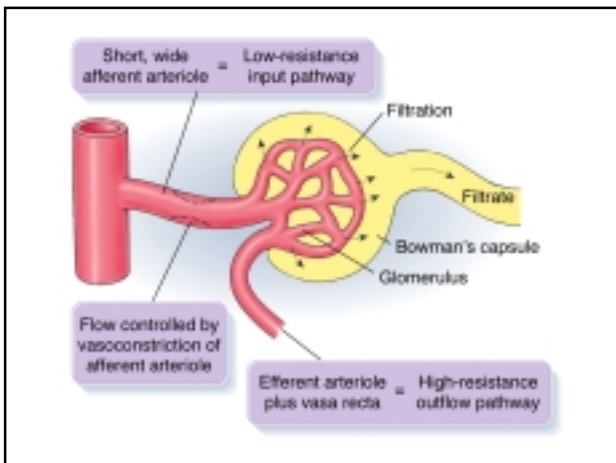
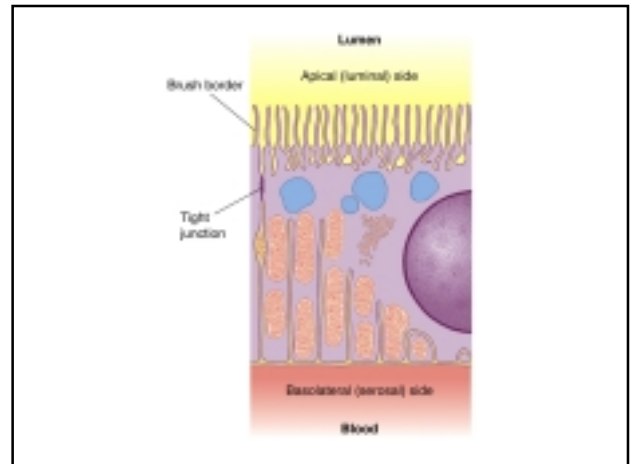
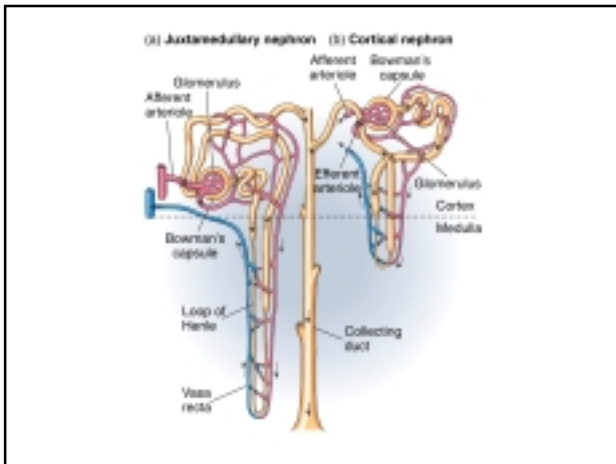
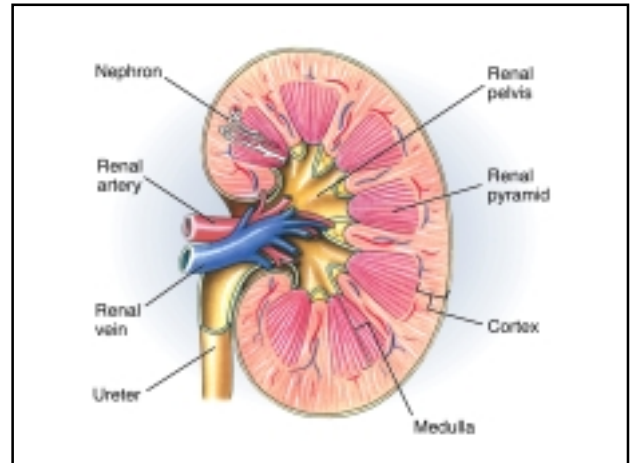
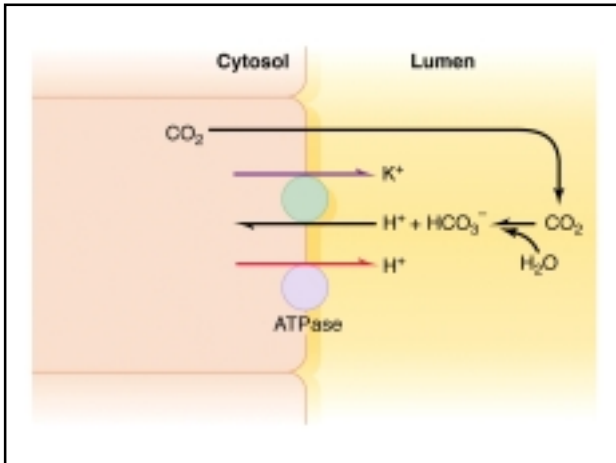
**Table 14-5 Sources of water gain and loss by the kangaroo rat**

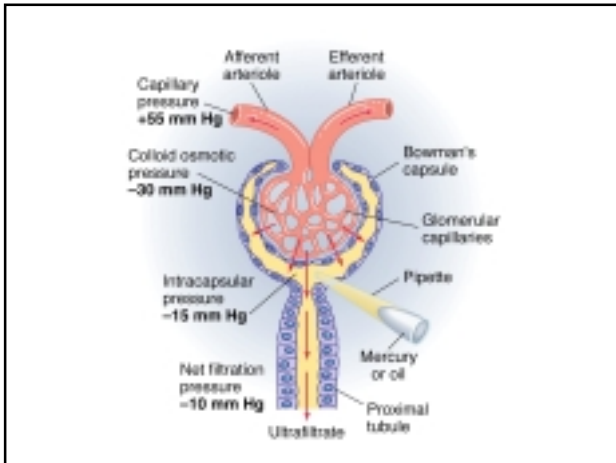
Gains		Losses	
Metabolic water	90%	Evaporation and perspiration	70%
Free water in "dry" food	10%	Urine	25%
Drinking	0%	Feces	5%
	100%		100%

Source: Schmidt-Nielsen, 1972.





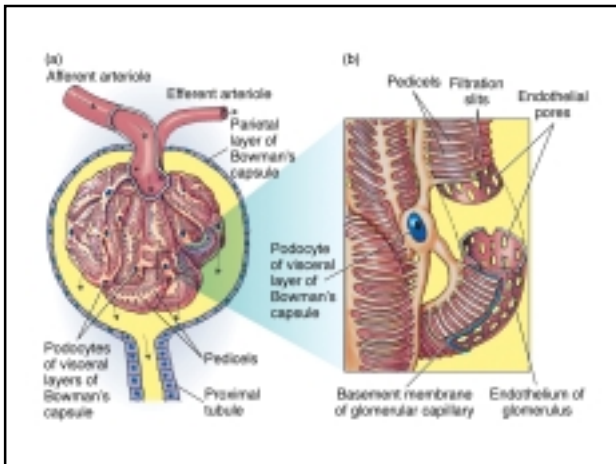




**Table 14-7 Balance sheet of pressures (in mm Hg) involved in glomerular ultrafiltration**

	Salamander	Human
Glomerular capillary pressure	17.7	55
Intracapsular pressure	- 1.5	- 15
Net hydrostatic pressure	16.2	40
Colloid osmotic pressure	- 10.4	- 30
Net filtration pressure	5.8	10

Source: Pitts, 1968; Benner et al., 1971.



**Table 14-8 Relation between the molecular size of a substance and the ratio of its concentration in the filtrate appearing in Bowman's capsule to its concentration in the plasma [filtrate]/[filtrand]**

Substance	Mol. wt.	Radius from diffusion coefficient (nm)	Dimensions from X-ray diffraction (nm)	[filtrate]/[filtrand]
Water	18	0.11		1.0
Urea	62	0.16		1.0
Glucose	180	0.36		1.0
Sucrose	342	0.44		1.0
Inulin	5200	1.45		0.95
Myoglobin	17,000	1.95		0.75
Egg albumin	43,500	2.95		0.22
Hemoglobin	68,000	3.25		0.03
Serum albumin	68,000	3.55		< 0.01

Source: Pitts, 1968.

